

## Honey Mustard Salmon with Riced Broccoli

## Ingredients:

- 1 pound salmon fillets
- ¼ cup Dijon mustard
- ¼ cup honey
- ¼ teaspoon onion powder
- ¼ teaspoon garlic powder

- ¼ teaspoon dried parsley
- Salt and pepper, to taste
- 1 tablespoon olive oil
- 1 package Nature's Earthly Choice™ Riced Broccoli

## Directions:

- 1. In a shallow bowl, combine the mustard, honey, and spices. Place the salmon in the bowl and coat with the sauce.
- 2. In a medium skillet over medium heat, warm the olive oil. Cook the salmon for 4 minutes, skin side up. Flip over and cook for another 3 to 4 minutes or until flaky and opaque.
- 3. Squeeze the pouch of riced broccoli to separate the grains. Microwave on high for 90 seconds. Toss with vegetables of choice and serve with the salmon.