

# Heritage Lunch/Supper Menu

## June 2021

Mon	Tue	Wed	Thu	Fri
	<p><i>1</i> <b>Heritage</b> Orange Chicken over Brown Rice, 1/2c Mixed Vegetable, 1/2c Tropical Fruit</p>	<p><i>2</i> CN Cheese-burger on a WGR Bun, 1/2c Corn, Fresh Banana, Ketchup Packet</p>	<p><i>3</i> <b>Heritage</b> Turkey Ham &amp; Cheese BBQ on a WGR Bun, 1/2c Green Beans, 1/4c Pineapple</p>	<p><i>4</i> (4) Cn Fish Sticks, WGR Roll 1/2c Oven Fries, 1/2c Coleslaw, Tartar Sauce, Ketchup</p>
<p><i>7</i> CN Meatball &amp; Cheese Sub on a WGR Roll, 1/2c Green Beans, 1/4c Pineapple Tidbits</p>	<p><i>8</i> CN Popcorn Chicken, 1/2c Tater Tots, 1/4c Pears, WGR Roll, Ketchup Packet</p>	<p><i>9</i> <b>Heritage</b> Cheese Pizza WGR Crust, 1/2c Buttered Corn, Fresh Apple</p>	<p><i>10</i> <b>Heritage</b> Beef and Cheese Taco Salad, 1c Lettuce, 1/4c Tomato WGR Tortilla Chips</p>	<p><i>11</i> 2 CN Turkey Breakfast Sausages, WGR Pancakes, CN Hash Brown, Fresh Orange, Syrup</p>
<p><i>14</i> CN BBQ Chicken Sandwich on a WGR Bun, 1/2c Collards, 1/4c Pineapple</p>	<p><i>15</i> CN Hamburger on a WGR Bun, 1/2c Oven Fries, Fresh Apple, 2 Ketchup Packets</p>	<p><i>16</i> <b>Heritage</b> Beef &amp; Cheese Quesadilla on a WGR Wrap, 1/2c <b>Heritage</b> Corn Salad, Fresh Banana</p>	<p><i>17</i> CN Chicken and <b>Heritage</b> WGR Waffle, 1/2c Hash Browns, Fresh Orange, Syrup</p>	<p><i>18</i> <b>Heritage</b> Turkey &amp; Cheese on a WGR Wrap, 1/4c Cole Slaw, 1/2c Fresh Watermelon Chunks</p>
<p><i>21</i> <b>Heritage</b> WGR Spaghetti w/ Meat Sauce, <b>Heritage</b> Side Salad, Italian Dressing, Fresh Apple</p>	<p><i>22</i> <b>Heritage</b> Beef &amp; Cheese Tacos on a WGR Wrap, 1/2c <b>Heritage</b> Corn Salad, 1/4c Salsa</p>	<p><i>23</i> <b>Heritage</b> Teriyaki Chicken over Brown Rice, 1/2c Mixed Veg Fresh Orange</p>	<p><i>24</i> <b>Heritage</b> Sloppy Joe on a WGR Bun, 1/2c Sweet Potato Fries, 1/4c Pineapple Tidbits</p>	<p><i>25</i> <b>Heritage</b> Chicken Crunch WGR Wrap w/ 1/2c Slaw, 4oz Kiwi frozen 100% Fruit Cup</p>
<p><i>28</i> <b>Heritage</b> Beef &amp; Cheddar on a WGR Bun, 1/2 Oven Fries, 1/4c Diced Pears, Ketchup Packet</p>	<p><i>29</i> <b>Heritage</b> Chicken Salad on a WGR Bun, 1/4c Carrot Sticks, 4oz 100% Frozen Fruit Cup</p>	<p><i>30</i> <b>Heritage</b> Beef &amp; Cheese Walking Taco, 1c Lettuce 1/4c Tomato, WGR Chips, Ranch Packet</p>	<p>Lunch/Supper is Served with Milk! 8oz 1% White or 1% Chocolate</p> <p>All Juices served are 100% and Pasteurized Menu is Subject to Change.</p>	