



LIONS AREA

OAL OUTDOOR ACTIVITE LEADERSHIP PROGRAM

FOR GUIDERS

2019 - 2020

We are lucky to live in the middle of our very own outdoor playground.

Getting outside, enjoying nature and challenging ourselves are some of the best parts of the Guiding experience and are central to the Girl Guide philosophy and program.

Guiding is all about a 'progression of skills' for both girls and Guiders. The OAL Program follows the 'progression of skills' needed for short outdoor activities, through to residential and tent camping and then on to more challenging adventure camping trips.

This 'stepping stone' approach helps both girls and Guiders build and 'try out' their new skills all in a safe and supportive learning environment. As your comfort level in the outdoors grows, so will your girls'.

FOR GIRLS

We nurture and guide our young Sparks as they go to a sleepover for the first time. Brownies are pretty proud when they come home from camp having washed dishes and looked after their belongings for the weekend! Guides learn how to prepare and cook nutritious meals at camp, pitch a tent and hang a tarp over their outdoor kitchen. Our Pathfinders, TREX and Ranger Programs further challenge and support the girls as they plan and participate in overnight hikes and paddles through our OAL Adventure Program.

Information included for:

Getting Outside

Residential Camp Planning

Tent Camping Enrichment aka Adult Camp Skills

Explanation of TEAM Training pins

Go Camping ping – recognizes camping with girls

FIRST STEP of the OAL Stream

If you are new to Guiding at any level - Sparks, Brownies, Guides, this is a good place to start!

The purpose of the 'first step' is to show Guiders how to take an outdoor activity and make it fun and accessible for girls

GETTING OUTSIDE – This year we are trying something new!

This interactive session will be offered at 'Come Grow With Us' (January 2020)

Watch for details and sign up!

This training is for the newer Guider and includes activity ideas and skills for planning safe outdoor fun with girls! This session will include outdoor games, orienteering, nature walk resources and other activities that provide fun examples. The session will include samples of paperwork, first aid resources and methods of ensuring you have all your participants and haven't lost anyone along the way and will lay the foundation for a 'love of nature and the outdoors' for many years to come!

***More details will be provided on the 'Come Grow With Us' session descriptor! Let's have fun in the outdoors!**



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SECOND STEP of the OAL Stream

RESIDENTIAL CAMP PLANNING - 5W's & How! This year we are also trying something new!

This interactive session will be offered at 'Come Grow With Us' (January 2020)

Watch for details and sign up!

The girls love to go camping and often their first experience is in a building, we call this 'Residential Camping'.

Build success into your camping experience by having the necessary tools to plan and execute the perfect camp!

We will cover all aspects of planning, timelines, sharing the tasks and responsibilities, program, agendas, possible venues, rainy day activities, themes, food & nutrition and camp life...all while ensuring a safe and fun environment! We will also cover day camps and mother & daughter sleepovers.

Needs Assessment

Perhaps you are ready for some additional challenges?

Depending on the needs and experience of the Guiders who register for this session, we can include additional information and skills for you to take your girls to an established tenting camp (platform tents, huts etc.) where the focus is on safe and fun outdoor camp life!

Please join us...the magic of camp awaits!

***More details will be provided on the 'Come Grow With Us' session descriptor! Let's have fun in the outdoors!**

THIRD STEP of the OAL Stream

ADULT CAMP SKILLS

This is the OAL Tent Camping Enrichment Module and is for Guiders of any experience level who are interested in developing their outdoor tent camping skills in order to take girls to camp. This full-day features hands-on training with tents, tarps and shelters, outdoor kitchen set-up and cooking outdoors plus program activities.

NOTE: Dates for this important training opportunity for Guiders and girls are set by the Lions Area Camp Training Committee. When dates are set, information will be sent by District Commissioners directly to Guide Leaders.

ADULT TRAINING OPPORTUNITIES

Training and Enrichment for Adult Members benefits not just our adult members. The ultimate beneficiaries are the girls. The TEAM program includes different coloured TEAM pins which represent completion of our different training & enrichment streams.

TEAM pins for completing different segments of the Outdoor Activity Leadership stream.

GREEN PIN – complete Getting Outside + Residential Camp Planning

YELLOW PIN – complete Tent Camping Enrichment including overnight

DARK GREEN PIN – complete Adventure Tent Camping modules





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In addition to the TEAM Pins, there is an OAL GO Camping Pin which recognizes camping experience with girls!



Pre-requisite

Completion of or equivalency in OAL Residential or Tent Camping modules

Purpose

To recognize Guiders for giving girls the overnight residential or tent camping experience

Requirements

- Residential or Tent Camping - 4 nights as an adult supervisor. *Not required to be consecutive.
- 2 of the 4 nights must be as the Responsible Guider

To apply, please complete and return the TR.10 form, download [HERE](#).