

**FOR IMMEDIATE RELEASE****CONTACT:** Laura Grimes, [laura@theportlandballet.org](mailto:laura@theportlandballet.org), 971.322.9452**The Portland Ballet offers  
free beginning ballet classes**

PORTLAND, Ore. – [The Portland Ballet](http://ThePortlandBallet.org) offers a series of free beginning ballet classes in September for ages 6-9. Each series is three classes held once a week at TPB's studio, 6250 S.W. Capitol Highway.

The free classes introduce young dancers to the fundamentals of ballet and help them decide if ballet is right for them. TPB welcomes all new dancers in this commitment-free series with the goal of giving students the basic foundations and an appreciation of dance. The classes develop motor skills, creativity, confidence, social skills, balance, focus, and flexibility, all in a safe and non-competitive environment. TPB is devoted to nurturing, student-centered ballet training.

The final class acts as a placement assessment for the Curriculum Ballet program. Students must attend the full series (all three classes) but are not required to pay an audition fee. Parents who wish to enroll their children must complete a Registration Form. Class sizes are limited, and they may be cancelled if they do not meet minimum enrollment.

**Dates and times:** Saturdays, September 14, 21 & 28, 2019

11:15 a.m.-12:15 p.m.

12:30 p.m.-1:30 p.m.

**Dress code:**

- Girls: Pink tights, pink ballet shoes and a leotard of any color. No skirts or tutus.
- Boys: Black tights, a white T-shirt and black ballet shoes.

**To register:** [theportlandballet.org](http://theportlandballet.org) or 503.452.8448

**The Portland Ballet**, a world-class dance academy in Portland, Oregon, is committed to fostering the future of ballet by building the next generation of dancers and audiences. Founded in 2001, TPB is shaped by the vision, artistic experience, and family-centered sensibility of the founding directors. **Artistic Director Nancy Davis** and **Executive Director Jim Lane** trained at the School of American Ballet and enjoyed distinguished professional careers in companies throughout the U.S. After retiring as principal dancers of the Los Angeles Ballet – where their partnership onstage led to a marriage and family off the stage – they moved to Portland, Oregon, and founded The Portland Ballet.

**Graduates** have carried TPB's reputation for excellence into professional companies and conservatory programs throughout the U.S. and abroad. TPB alumni have gone on to dance with Pacific Northwest Ballet, Houston Ballet, Boston Ballet, Miami City Ballet, Saint Louis Ballet, Sacramento Ballet, Ballet West, Nevada Ballet Theatre, Royal Swedish Ballet, Eugene Ballet, Batsheva Dance Company, Mariinsky Ballet, Pennsylvania Ballet, and other professional companies.

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