

WEEK OF  
09/02/2019



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# GOC WEEKLY GAZETTE

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## Announcements:

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9/4	10:15AM	Yoga with Rose
9/5	10AM	Job Readiness with Shoab

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### Meet Cham; Gateway Artist and Friend By: Maggie Hannon

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Throughout the Gateway Clubhouse you will see paintings & drawings by Cham. His art reminded me of Picasso, and a Gainesville local Artist, Lenny Kesl. I inquired about who the artist was and Jose (a Gateway Colleague) pointed over to the snack bar replied that's Cham, isn't his art wonderful! Later that day I learned that his apartment was full of his art work. I just had to see it.

So I approached Cham the next day and introduced myself and let him know how much I enjoyed his art and wondered if he would be willing to show me more. He thanked me and said sure! So we set up a time.

As I walked into his apartment I was overwhelmed by all the pieces of art. Cham stated he's been drawing since he was a child. He earned a Bachelor of Arts from Lander College in 1986. He exhibits his work several times a year at various art shows. He currently has an exhibit in Gainesville Ga.

We sat and talked ...he was gracious to let me write this article. I asked about why he painted? His reply "It relaxes me." He wasn't able to identify any type of process that he uses other than if he's working on a series and then it just seems to evolve. In addition, he is also motivated by others response to his art.

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Every day we share a Clubhouse Standard.  
These standards come from The International Clubhouse Coalition.  
Are we meeting or exceeding these standards?  
Do we need improvement? Members and staff will discuss the  
day's morning meeting.

## Standard #17

**The Clubhouse is open at least five days a week. The work-ordered day parallels typical working hours.**

*Members have a **Right** to a safe place to come.*

*Members will be treated with dignity and respect at the GOC.*

*Members have a **Responsibility** to treat others how they wish to be treated.*

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## Activities

Monday 9/02	Tuesday 9/02	Wednesday 9/03	Thursday 9/04	Friday 9/05
9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks
10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings
11:00 Lunch Prep	11:00 Lunch Prep	11:00 Lunch Prep	10:00 Job Readiness	11:00 Lunch Prep
12:00 Lunch	12:00 Lunch	12:00 Lunch	11:00 Lunch Prep	12:00 Lunch
12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:00 Lunch	12:30 Lunch Cleanup
1:00 Computer Class	1:00 Gardening	1:00 Art Class	12:30 Lunch Cleanup	1:00 GOC Website
4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks
5:00 Close	5:00 Close	5:00 Close	5:00 Close	5:00 Close

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## Menu

Monday 9/02	Tuesday 9/03	Wednesday 9/04	Thursday 9/05	Friday 9/06
Hot Dogs & Potato Tots	Moroccan Lamb & rice/ beans	Mac & Philly Cheese Pizza/Salad	Nacho Tacos	Sandwiches & Fries

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**There is a storm expected Monday/Tuesday. Please keep in touch with us to make sure we are open for business. If the city of Gainesville is closed at any point we will be closed also.**

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