

WEEK OF
08/5/2019



GOC WEEKLY GAZETTE

Announcements:

- 8/5 10:15am Chair Yoga with Rose
- 8/7 10:15am Chair Yoga with Rose
- 8/7 1pm-3pm Art Workshop
- 8/8 10am to 12pm Job Readiness Workshop with Shoab
- 8/9 1pm-3pm Media Unit (Using Adobe InDesign for our monthly newsletter)
- 8/9 1pm-2:30pm Keith Perry visits the Clubhouse
- 8/10 9am-1pm Art Market



Senator Keith Perry is coming to visit the Clubhouse next Friday for a roundtable discussion. A Gainesville native, he and his family enjoy Gator Football. He is the owner of a successful roofing company called Perry Roofing. He is an active supporter of Habitat for Humanity, founding President of House of Hope. He also supports The Boys and Girls Club, The Dignity Project, and Reichert House. He served on the Board of The Salvation Army and has been active with The Woman's Center. As a small business owner who never went to college, Keith has always been a unique voice in Tallahassee. He doesn't fit in with the establishment crowd. Keith will always vote his principles.

GOC WEEKLY GAZETTE

Every day we share a Clubhouse Standard.
 These standards come from The International Clubhouse Coalition.
 Are we meeting or exceeding these standards?
 Do we need improvement? Members and staff will discuss the
 daily standard at each day's morning meeting.

Standard #26

The Clubhouse is located in an area where access to local transportation can be assured, both in terms of getting to and from the program and accessing transitional employment opportunities. The Clubhouse provides or arranges for effective alternatives whenever access to public transportation is limited.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 8/5	Tuesday 8/6	Wednesday 8/7	Thursday 8/8	Friday 8/9
9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks
10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings
11:00 Lunch Prep	11:00 Lunch Prep	11:00 Lunch Prep	10:00 Job Readiness	11:00 Lunch Prep
12:00 Lunch	12:00 Lunch	12:00 Lunch	11:00 Lunch Prep	12:00 Lunch
12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:00 Lunch	12:30 Lunch Cleanup
1:00 Computer Class	1:00 Gardening	1:00 Art Class	12:30 Lunch Cleanup	1:00 GOC Website
4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks
5:00 Close	5:00 Close	5:00 Close	5:00 Close	5:00 Close

Menu

Monday 8/5	Tuesday 8/6	Wednesday 8/7	Thursday 8/8	Friday 8/9
Marinara Sauce Ravioli Salad	Chicken Couscous Tabouli Salad	Ribs Baked Beans Mac and Cheese	Chicken Salad Sandwiches Caesar Salad Fruit	Loaded Hot Dogs Potato Salad 3 Bean Salad

Monday 8/5



88/72

Tuesday 8/6



88/72

Wednesday 8/7



89/72

Thursday 8/8



89/72

Friday 8/9



89/72