

WEEK OF
07/29/2019



GOC WEEKLY GAZETTE

Announcements:

- 7/29 10:15am Chair Yoga with Rose
- 7/29 1pm and 3pm CIT Training for law enforcement officials and members
- 7/30 1pm Redesign of GOC Logo
- 7/31 10:15am Chair Yoga with Rose
- 7/31 1pm Art Workshop (Learn To Draw)
- 8/1 10am to 12pm Job Readiness Workshop with Shoab
- 8/2 1pm-3pm Media Unit (Using Adobe InDesign for our monthly newsletter)



Susan Thomas will be the GOC member representative that will be going to the Clubhouse International Training in South Carolina from August 12th to August 23rd. Susan is a great candidate for the training since she has been a member of the GOC for four years, and she's involved with both the Office and Culinary Units. Susan says, "I am looking forward to learning how to better help other members, as well as the process toward accreditation."

GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard.
 These standards come from The International Clubhouse Coalition.
 Are we meeting or exceeding these standards?
 Do we need improvement? Members and staff will discuss the
 weekly standard at each day's morning meeting.

Standard #25

The Clubhouse assists members to further their vocational and educational goals by helping them take advantage of adult education opportunities in the community. When the Clubhouse also provides an in-house educational program, it significantly utilizes the teaching and tutoring skills of members.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

*Members have a **Responsibility** to treat others how they wish to be treated.*

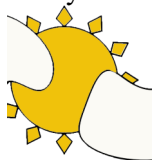
Activities

Monday 7/22	Tuesday 7/23	Wednesday 7/24	Thursday 7/25	Friday 7/26
9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks
10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings
11:00 Lunch Prep	11:00 Lunch Prep	11:00 Lunch Prep	10:00 Job Readiness	11:00 Lunch Prep
12:00 Lunch	12:00 Lunch	12:00 Lunch	11:00 Lunch Prep	12:00 Lunch
12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:00 Lunch	12:30 Lunch Cleanup
1:00 Computer Class	1:00 Gardening	1:00 Art Class	12:30 Lunch Cleanup	1:00 GOC Website
4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks
5:00 Close	5:00 Close	5:00 Close	5:00 Close	5:00 Close

Menu

Monday 7/29	Tuesday 7/30	Wednesday 7/31	Thursday 8/1	Friday 8/2
Curry Chicken Vegetables	Veggie casserole	Ribs Greek Salad	Baja Chicken Stir Fry	Pizza

Monday 7/29



89/68

Tuesday 7/30



91/69

Wednesday 7/31



92/71

Thursday 8/1



90/71

Friday 8/2



89/71