

WEEK OF 11/12/2018



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

GOC WEEKLY GAZETTE

Thanksgiving Celebration

On Tuesday, November 20th, we will be serving a Thanksgiving lunch at twelve noon. Friends and family are welcome to attend as well, however, we do need a head count of how many people will be attending. There will be a sign up sheet at the reception desk for those who want to attend. Please indicate if you're bringing guests. Please try to limit it to two guests if possible.



We will provide the main course of Turkey. However, you can bring food if you would like to contribute. It is not required, but encouraged. Some dish ideas are sweet potato casserole, pies, fruitcake and green beans. In honor of Thanksgiving, we will be closing at noon on Wednesday, November 21st and will reopen on Monday, November 26th for regular hours.

Goodbye, Ann!

Ann has been a volunteer art teacher for us for about four years! She led our Wednesday art class every week from 1-3. She will be moving to Madison, Wisconsin, and her last day was Wednesday, November 7th. Now, staff member Ouida will now be taking over teaching the art class.

Ann was instrumental in aiding our members learn new skills and accomplishing goals members would have never found attainable. She was instrumental in boosting their self esteem, which allowed our members to want to try other clubhouse tasks they may have felt they couldn't do. She will surely be missed by all!

GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Do we need improvement? Members and staff will discuss the weekly standard at each day's morning meeting.

Standard #13

The Clubhouse is located in its own physical space. It is separate from any mental health center or institutional settings, and is impermeable to other programs. The Clubhouse is designed to facilitate the work-ordered day and at the same time be attractive, adequate in size, and convey a sense of respect and dignity.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.



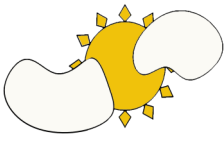
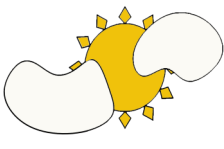
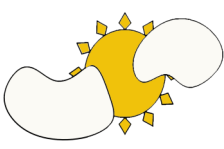
*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 11/12	Tuesday 11/13	Wednesday 11/14	Thursday 11/15	Friday 11/16
9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks
10:00: Morning meetings	10:00: Morning Meeting	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings
11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep
12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch
12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup
1:00-3:00: Tech Class	1:00: Crafting/Business	1:00: Art Class	1:00: Job Readiness	1:00: Games
3:00-5:00 Media Unit	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks
4:00: Closing tasks	5:00: Close	5:00 Close	5:00: Close	5:00: Close
5:00 Close				

MENU

Monday 11/12	Tuesday 11/13	Wednesday 11/14	Thursday 11/15	Friday 11/16
Tortellini Veggies Salad	Baked Chicken Veggies Salad	Casserole Veggies Salad	Hamburgers Veggies Salad	Leftovers Salad

Monday 11/12	Tuesday 11/13	Wednesday 11/14	Thursday 11/15	Friday 11/16
				
81/65	78/41	58/42	67/47	72/52