

WEEK OF 11/2/2018



Rebuilding lives  
Removing stigma  
Restoring dignity  
Resource for mental health recovery

# GOC WEEKLY GAZETTE

## Members needed for The Amazing Give

You may be wondering what The Amazing Give is. The Amazing Give is a 24-hour online fundraising event for nonprofits. It is hosted by the Community Foundation of North Central Florida. The Community Foundation of North Central Florida's mission is to help philanthropies in our community by finding funding sources and helping them to run more efficiently.

The registration date for The Amazing Give is December 1st. We need testimonials from our members. Testimonials are personal successes and stories about how the GOC has helped you in your recovery. By putting these online, donors can see the impact our organization has had on the community. Staff would be willing to help you develop a page if you had questions or concerns.

Last year, the GOC was able to raise \$17,500 through this online campaign. We were in the top 15 nonprofits in the area, and we are hoping to surpass this goal with this next event.



The actual fundraiser will take place on March 20-21st, 2019. However, donations can begin being collected as soon as we are registered. The largest way we raise funds is peer-to-peer fundraising. Members can make pages on the website and share on social media so people can donate to the cause.

There are plenty of ways Members can get involved with fundraising and publicity efforts for this event. Please speak to a staff member if you are interested in getting involved or putting a testimonial online.

### Thanksgiving Hours

Tuesday: 9am—5pm; Thanksgiving celebration at noon

Wednesday: 9am-12pm

Thursday: Closed

Friday: Closed

Monday: Open regular hours 9am-5pm



### GOC Field Day

On Saturday, November 24th, we will be having a field day as our monthly social event. This will take place at Tom Petty Park, located at 400 NE 16th avenue 32601, from 11-2pm. There will be physical activities such as a relay race and kickball. There will be lighter activities such as board games and light stretching. We will be grilling out for lunch.

The wellness unit will be in charge of this event. They will be discussing the importance of regular exercise and balanced nutrition.

# GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Do we need improvement? Members and staff will discuss the weekly standard at each day's morning meeting.

## Standard #15

**The work-ordered day engages members and staff together, side-by-side, in the running of the Clubhouse. The Clubhouse focuses on strengths, talents and abilities; therefore, the work-ordered day must not include medication clinics, day**

*Members have a **Right** to a safe place to come.*

*Members will be treated with dignity and respect at the GOC.*

*Members have a **Responsibility** to treat others how they wish to be treated.*

## Activities

Monday 11/19	Tuesday 11/20	Wednesday 11/21	Thursday 11/22	Friday 11/23
9:00: Club opening tasks 10:00: Morning meetings 11:00: Lunch Prep 12:00: Lunch 12:30: Lunch Cleanup 1:00-3:00: Tech Class 3:00-5:00 Media Unit 4:00: Closing tasks 5:00 Close	9:00: Club opening tasks 10:00: Morning Meeting 11:00: Lunch Prep 12:00: Thanksgiving Lunch 12:30: Lunch Cleanup 1:00: Crafting/Business 4:00: Closing tasks 5:00: Close	9:00: Club opening tasks 10:00: Morning meetings 11:00: Lunch 12:00: Close	Closed	Closed

## MENU

Monday 11/19	Tuesday 11/20	Wednesday 11/21	Thursday 11/22	Friday 11/23
Baked Chicken Green Bean casserole Salad	Thanksgiving lunch: Turkey Side dishes	Leftovers	Closed	Closed

Monday 11/19	Tuesday 11/20	Wednesday 11/21	Thursday 11/22	Friday 11/23
				
76/50	75/50	75/52	73/57	78/60