



*Continuum of  
Care at Home*

**PRIVATE DUTY  
HOME CARE  
SERVICES**

Bathing  
Walking Assistance  
Laundry  
Meal Preparation  
Medication Reminder



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[www.mjmhealthagency.com](http://www.mjmhealthagency.com)

# Our Mission

To provide compassionate care while striving for excellence beyond accepted standards. We recognize that individuals and families are the true experts in their own care. MJM honors providing quality service.

## **Teaching Performance and/or assistance with Non-Medical Personal Care**

Bathing  
Non-Medical Skin care  
Dressing  
Feeding  
Assistance with established exercise programs  
Walking and transferring  
Medication reminders

## **Light Housekeeping including**

Laundry  
Vacuuming  
Dusting  
Sweeping/Mopping  
Keeping the kitchen and bathroom clean  
Changing linens and making beds

## **Other**

Teaching proper clothing care  
Shopping  
Planning and preparing meals  
Transporting to and accompanying to and from appointments and other places for personal business

Team MJM understands the struggles and challenges that comes with caring for a loved one. We will work with families and care givers to achieve a common goal . . . Health and Wellness.

## **Serving the following counties**

- Cook
- Dupage
- Will
- Kankakee
- Grundy
- Kane
- Kendall

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