



CVAM WILL NOW BE OFFERING TELEMEDICINE SERVICES

Requirements for Telemedicine are:

- Telephone device with audio / visual communication
- Internet
- Download [iPMD](#) Application on Smart Device
- Quiet and well-lit area for visualization

Ways to prepare for your visit:

- Blood pressure cuff. If you are checking your blood pressure please remain in calm and seated 5 minutes prior to checking your blood pressure.
- Scale
- Thermometer for temperature
- All medications and supplements that are being taken

Please contact us at (480) 641-5400 to schedule your Telemedicine appointment.

Thank you