

June
11:15 a.m. – 12 p.m. CT
Manager/Mentor Orientation
Orientation to apprenticeship / internship program and mentoring initiative
Managers/Mentors ONLY

July
11:15 a.m. – 12 p.m. CT
Mentoring Session #1
Self-awareness and relationship building

August
11:15 a.m. – 12 p.m. CT
Mentoring Session #2
Visioning, goal setting, and habits

September
11:15 a.m. – 12 p.m. CT
Mentoring Session #3
Giving and receiving feedback

October
11:15 a.m. – 12 p.m. CT
Mentoring Session #4
Managing my money

November
11:15 a.m. – 12 p.m. CT
Mentoring Session #5
Gratitude and self-care


January
11:15 a.m. – 12 p.m. CT
Mentoring Session #6
Curiosity and growth mindset

February
11:15 a.m. – 12 p.m. CT
Mentoring Session #7
Navigating change

March
11:15 a.m. – 12 p.m. CT
Mentoring Session #8
Interpersonal skills and collaboration

April
11:15 a.m. – 12 p.m. CT
Mentoring Session #9
Influencing others and self-advocacy

May
11:15 a.m. – 12 p.m. CT
Mentoring Session #10
Closing Celebration



NOTES:

- Orientation and mentoring sessions #1 – 9 will be facilitated virtually, and mentoring session #10 will be hosted in person as part of our closing celebration.
- Mentoring sessions will include 15 minutes of coaching followed by 30 minutes of interactive, 1:1 mentoring discussions and activities using resources provided.
- We will provide pulse check surveys to all participants to continually assess the experience and provide 1:1 coaching as needed and requested.