

ATTACHMENT 2 – CAP WEIGHT STANDARDS

| WEIGHT | MEN | | WOMEN | |
|--------|--|--|---|--|
| | USAF Standard (Maximum Allowable Weight) | CAP standard (Maximum Allowable Weight) | USAF Standard (Maximum Allowable Weight) | CAP Standard (Maximum allowable Weight) |
| 4'10" | 149 | 164 | 132 | 145 |
| 4'11" | 151 | 166 | 134 | 147 |
| 5' | 153 | 168 | 136 | 150 |
| 5'1" | 155 | 171 | 138 | 152 |
| 5'2" | 158 | 174 | 141 | 155 |
| 5'3" | 160 | 176 | 142 | 156 |
| 5'4" | 164 | 180 | 146 | 161 |
| 5'5" | 169 | 186 | 150 | 165 |
| 5'6" | 174 | 191 | 155 | 170 |
| 5'7" | 179 | 197 | 159 | 175 |
| 5'8" | 184 | 202 | 164 | 180 |
| 5'9" | 189 | 208 | 168 | 185 |
| 5'10" | 194 | 213 | 173 | 190 |
| 5'11" | 199 | 219 | 177 | 195 |
| 6' | 205 | 225 | 182 | 200 |
| 6'1" | 211 | 232 | 188 | 207 |
| 6'2" | 218 | 240 | 194 | 213 |
| 6'3" | 224 | 246 | 199 | 219 |
| 6'4" | 230 | 253 | 205 | 226 |
| 6'5" | 236 | 260 | 210 | 231 |
| 6'6" | 242 | 266 | 215 | 237 |
| 6'7" | 248 | 273 | 221 | 243 |
| 6'8" | 254 | 279 | 226 | 249 |

NOTES:

1. Members who are aged 18 and older must meet CAP weight standards in order to wear the USAF-style uniform.
2. A weight allowance of up to 3 pounds for clothing (excluding footwear) is authorized.
3. Height measurements do not include footwear.
4. Round up to the nearest inch.