



Volunteer Opportunities:

Food Pantry Interviewer Volunteer Description:

- Greet and welcome Food Bank customers
- Determine if Food Bank customer is new, have them fill out paperwork
- Explain the Food pantry's procedures and processes

Skills Necessary:

- Good interpersonal, communication and customer service skills
- Comfortable in a busy environment

Food Pantry Boxer Volunteer Description:

- Box up customer's groceries
- Check groceries against grocery list
- Help customers carry groceries to cars as needed

Skills Necessary:

- Good interpersonal, communication and customer service skills
- Ability to stand for hours at a time and lift boxes repeatedly throughout shift
- Comfortable in a busy environment

Food Pantry Helper Volunteer Description:

- Help stock pantry shelves, refrigerators, freezers, and tables, staging for food items for customer distribution

Skills Necessary:

- Lift heavy objects repeatedly
- Courtesy and helpfulness expected

Quality Assurance Volunteer Descriptions:

Sort Perishable Food Products:

- Check expiration dates
- Discard damaged/spoiled products unfit for human consumption
- Repackage and date fit items for distribution to the customers

Sort Nonperishable Food:

- Checking for secure packages, food quality dates, and sorting with like items

Repack Bulk Food:

- Repacking food (rice, pasta, sugar, fresh potatoes, bags of onions, flour, cereal, pet food, etc) into more family/individual sizes

Sanitation & Cleanliness:

- May be asked to sweep, dust, mop, disinfect, stock boxes or perform other light cleaning/organizational tasks as needed to ensure food warehouse/pantry standards

Skills Necessary:

- Knowledge and experience in cooking, food, working in a kitchen, food safety and handling, and knowledge of good vs bad perishable foods
- Good observational skills
- Ability to work on your feet in a fast paced environment for several hours

Backpack Specialist Volunteer Description:

- Pack Backpacks, prepare for departure from the Flathead Food Bank to 21 area schools

Skills Necessary:

- Volunteers must be able to stand for long periods of time
- Perform repetitive activities
- Lift heavy objects 35 – 40 pounds repeatedly

Backpack Delivery Volunteer Description:

- Ongoing weekly volunteer shift to deliver bags of food, BackPacks to 19 local schools
 - Deliveries must be made during regular school hours

Skills Necessary:

- Valid driver's license
- Transportation
- Able to lift objects 35 – 40 pounds repeatedly

Mobile Pantry (Martin City, Kila, & Marion) Program Volunteer Description:

- Assist with the distribution of food under the supervision of a staff person

Skills Necessary:

- Please see the Interviewer, Boxer, and Pantry Helper Volunteer Descriptions

Senior Commodities Specialist Volunteer Description:

- Prepare 1,200+ bags of food for delivery to 600+ senior citizens in our community

Skills Necessary:

- Must be able to stand for long periods
- Perform repetitive activities
- Lift 15 – 20 pounds repeatedly

Senior Commodities Delivery Volunteer Description:

- Ongoing monthly volunteer shift
- Deliver bags of food to seniors in our community

Skills Necessary:

- Valid driver's license
- Transportation
- Lift 15 – 20 pounds repeatedly

Special Events Volunteer Description:

- Volunteers help with various tasks involved in conducting one of our special, seasonal, community or fundraising events

Skills Necessary:

- TBD based on function