

5 Stages Of Chronic Kidney Disease

Stages	Definition	GFR	Possible Clinical Actions
Stage 1	Normal or increased kidney function with evidence of kidney damage	≥ 90	Treat underlying cause Slow progression Smoking cessation Physical Activity Dietary Restriction Reduce Cardiovascular Risk
Stage 2	Kidney Damage with mild deduction of kidney function	60-89	Medication Review Estimate progression
Stage 3	Moderate decrease in Kidney function	30-59	Continue assessment: blood and urine tests Evaluate and treat complications
Stage 4	Severe decrease in kidney function	15-29	Prepare for Kidney Replacement therapy Plan for dialysis or kidney transplant options
Stage 5	Kidney Failure	< 15	Kidney Replacement Therapy