

# BCRPVPA MEMBERS' UPDATE

December 2020

This Members' Update contains some information about new and not-so-new benefits which will make us feel more cheerful.

No doubt, most of us will be quite happy to see 2021 arrive and no doubt we will do our very best to have a great holiday season. Here's to a happy festive season to all!

All the best,

Christine Johnson, President

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## **NEXT GENERAL MEETING - January 20, 2021**

By the way, our next General Meeting will take place on Wednesday, January 20<sup>th</sup> at 9.45.am and will feature a speaker from Collette Travel who will focus his presentation on travel including River Cruises, within Canada and will reference the 2021-22 Season. To join us, let us know of your intention by messaging [info@bcrpvpa.ca](mailto:info@bcrpvpa.ca)

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## **TPP PENSION NEWS** by Marsha Arnold in consultation with Gerry Tiede

This year's cost of living adjustment (COLA) is 0.5% based on the Canadian Consumer Price Index. Our monthly pension cheques will therefore increase by 0.5% in January 2021 and this increase becomes a permanent part of your guaranteed pension.

The overall plan's net assets, based on the 2019 report, was \$35.1 billion, an increase of \$3.1 billion from 2018. Annual rate of investment return was 13%. The plan is 102.5% funded at the last valuation so there is money in reserve to carry the plan through these difficult times. Our pension continues to be secure and sustainable.

Information on this protection, annual reports, dates of monthly pension payments, T4A tax slips, income splitting and requests for changes to tax deductions and more is available at: [tpp.pensionsbc.ca](http://tpp.pensionsbc.ca) or by calling 1 866 876-8877.

Your pension ID number, found on any document or T4A slip you have received from the Teacher's Pension Plan, is needed to access your personal account.

## **MEMBERS' AFFINITY/ BENEFITS**

Be sure to visit [Membership Benefits – BCRPVPA](#) for newsletters, updates and discounts

**New!** freshprep ([www.freshprep.ca/bdbcrpvpa](http://www.freshprep.ca/bdbcrpvpa)) - a Vancouver homegrown meal kit!

Get quality ingredients delivered weekly to your door. These world-class recipes are available for as low as \$10 per serving. First 3 meals are free!

Freshprep operates in 6 centers throughout BC. Each week, choose your plan size and set dietary preferences for vegan-friendly, gluten-free, or meat options.

**Mission:** We believe that the quality of your life starts with the food you eat. By eating the right food, your mind and body can flourish and function at the best of its ability. Resorting to take-out or fast food is not the answer. That's why at Fresh Prep, we find the easiest and affordable ways for you to access the highest quality food for each of your daily meal!



### **WIN A 7-NIGHT BEACH GETAWAY IN PLACENCIA, BELIZE WITH TRIP MERCHANT!**

**Trip Merchant** provides **BCRPVPA** members a travel option with exclusive travel savings and benefits, such as the Loyalty Program!

The password for the link is: **BCRPVPATM18**.

The Placencia Resort in Belize - <https://bcrpvpa.tripmerchant.ca/the-placencia-resort-belize/>

Enter Belize Contest - <https://bcrpvpa.tripmerchant.ca//the-placencia-resort-belize-contest/>

There were only about 1000 entries with the last contest, so it's definitely better odds than buying a lotto ticket!

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### **Boomerang | Create Your Next Phase Today | Online Workshops**

Boomerang (<https://www.goboomerang.com>) is a social platform for Boomers looking to explore their passions, learn new skills and connect with their community through interactive skill-sharing experiences. From yoga, osteofit, cooking and wine tasting to writing, painting, health and wellness, and more.

All live online courses are free or inexpensive. They are informative and fun! Do consider connecting with someone who shares your interests.