

CHRONICLES & CAPERS

Issue 66 • January 2016

Better People Photography



Lovin'
On the Road to Enjoying Photograph

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CHRONICLES & CAPERS

BC Retired Principals' &
Vice-Principals' Association

Issue 66 • January 2016

Musings from the President by Vivian Rygnestad



“It takes a village to raise a child”. What about “a village” for adults?

A friend of mine passed away last month. She was elderly and had no family other than distant relatives in Europe with whom she had lost contact. She had

been a widow for over 30 years, and had worked hard throughout her life at various jobs that offered no pension benefits. She lived for many years in a co-op, managed with her minimal government pension, and saved for years for her dream trip to Iceland. Although she had chronic health concerns, she was always cheerful, thoughtful, positive, and filled her days with volunteering, phoning friends, crocheting little gifts, and activities and computer time at her local community centre. We were friends.

I became concerned when I suddenly couldn't contact her. With the help of police officers, I discovered that she had passed away. At home. Alone.

No family – who/where was her “village” or her “community” to care for her upon her death? Who cared for her during her life? Who did she consider to be her “village”? Her “community”?

For my friend, her community was those with whom we both volunteered. As members of her community, we organized a celebration of life for our friend. It was touching. It was beautiful. It was sad.

Who is your “community”? Who considers you to be part of their “community”? In thinking and discussing the concept of “community” with friends, we realized

that we often do not realize that we may be part of someone else's community, and that they may be looking to us for friendship and support. Are we always aware of our influence? A quote comes to mind: “Everyone has a burden of which they do not tell. Be kind. Always.”

How can our BCRPVPA be part of your “community”? My hope for our association has always been to be relevant, engaging and of assistance to our members and to our colleagues in schools. At the May 2015 AGM, we passed our revised BCRPVPA Bylaws that included a clause for Associate Membership i.e. spouses of deceased members. This enables widows/widowers to retain access to member benefits such as our extended health/travel plans, but without voting rights. I am pleased to report that the new Associate Membership category has already been of benefit to two grateful widows. If you know of others who may qualify for Associate Membership please ask them to contact me through the BCPVPA office.

A reminder that we now offer a choice between two extended health/travel benefit plans. Lisa Hansen of Johnson Inc. will speak at our next meeting on January 13 (09:45 at the BCPVPA office) about the new BC Retired Teachers/BCRPVPA benefit plan. Accompanying her will be a benefits analyst from Johnson Inc. who will be available to speak privately with members.

I hope that the meeting speakers, and newsletter articles are of interest and of benefit to you. We welcome and appreciate your feedback, ideas and articles for future newsletters.

[\(continued page 6\)](#)

What A Ride! by Rick Ashe

My retirement letter to the district was three words, “what a ride”. Appropriate since I retired from the home of the Williams Lake Stampede.

My spouse is also a teacher. Our careers took us through most of the province’s regions from the Okanagan, the Kootenays, the Northwest area of Nechako, the Cariboo Chilcotin followed with retirement about a block away from Vancouver City Hall and the BCPVPA office.

Thirty years, three districts, eight schools, and one district staff position. I made it a rule never to stay longer than 5 years in an assignment.

My spouse and I did daycare of our grandchildren prior to their public school entrance.

This was my most significant work after retirement and an opportunity to serve those most important and close to me after a career of serving others.

I read voraciously throughout my career on leadership and human nature. I would recommend reading *The Servant Leader* by James Autry. He pointed out five ways of being: be authentic, be vulnerable, be accepting, be present, and be useful.

I am one of those people who perplex those who discuss “how young” and “inexperienced” today’s principals are. I began a career in administration at 28 years old after 3 years of teaching following short career stints with TD Bank and Canada Safeway. Youth and inexperience create great opportunity along with the challenges.

‘Opportunity’ is the reward of teaching outside the lower mainland and in the far reaches of the province. Hence I served on many local and provincial associations and committees throughout my career. It included the BCTE, the BCPVPA, the Ministry of Education, and the BC Government, and organizing two major provincial conferences.

Prior to joining the executive of BCRPVPA I was a successful applicant for faculty of the University of Phoenix (Vancouver Campus) teaching graduate students seeking the Masters in Education. That is where I met Joy Ruffeski. Joy was in charge of interviewing and selecting new faculty. Joy also became President of the BCRPVPA during my stint with U of P. When attending my first meeting, a vacancy for Vice-President was open. The rest is history.



I always viewed my career as being in service and I approached my time as President of this association in the same manner. Though I have no patience with unhealthy “politics of status” in education, I believe in association, involvement and having a say. As a Charter Member of the BCPVPA I was around for the separation.

I refer to it as irreconcilable differences. When personal, professional or political interference occurred I would remind those involved, “its not about you”.

Funniest thing I encountered was a prominent member who requested to be severed from the organization because we acted like retired people. The most direct political involvement was a letter to the Minister George Abbott regarding changes to the College of Teachers.

During my tenure at the BCRPVPA I enjoyed fulfilling the role of helping our association achieve improvements. I brought from my career a multitude of technology experience from my six years at the Board Office as District Principal in that area. Hence I felt helping bridge our immense geographical divide using the Internet made sense. Using Google Mail, Survey Monkey and developing the bcpvpa.ca web site made sense to me. I hope it makes sense to the members far and wide.

I am currently pondering an invitation from KIVA to volunteer as a team leader. They gave me some time to think about it. 🐼

Better People Photography: On the road to ~~Enjoying~~ Loving Photography:
A Presentation by Dennis Ducklow Reported by Gerald Soon



Dennis Ducklow, a retired Delta administrator, is passionate about photography. At the last General Meeting of the BCRPVPA, he shared his expertise with members, focusing on better people photography.

There are three basic things to remember:

1. Placement in the frame
2. Background
3. Good light

Using examples of poor photographs, Dennis asked us to consider what we felt were wrong with each one. Then, he focused on each basic point.

Placement in the Frame

One of the basic errors that people make when taking a picture is that they place the subject in the centre of the frame. This could be because most people have the

focus point in the centre of their viewfinder. We were encouraged to perhaps deliberately place the subject off centre, provide a hint of context of where the photo is taken, or even take a shot at a diagonal.

In general, the shoulders of the subject should be at a diagonal to the camera. Better shots avoid placing the subject straight on. Compose the shot so that the subject has space to move into. Placement in a frame can contribute to a sense of energy. The least energetic place to put a subject is dead centre of the photo.

Backgrounds

Choose backgrounds that support the subject without distraction.

Really LOOK at what is in your photograph. A busy background creates confusion. It takes practice

to consider the backgrounds when we take shots because we are used to filtering out distractions. When possible, try to think about the background first. Find one that is simple so you can maintain attention on your subject. Backgrounds can make or break your picture. A soft background is beautiful and will not compete for the viewer's attention.

Examine the background of the photo you are taking. If it is full of distractions, move your camera to see if you can lessen the distraction. One shot was taken facing up, as it was the only way to simplify the background. The resulting angle gave the child in the photo a sense of height and power. Sometimes, you can get close to minimize background detail. Also don't be afraid to cut off part of your subject's head.

Backgrounds can provide information to tell a story, or tell where the photo is being taken. If you put space between your subject and the background, it allows the background to go soft.

Choosing Good Light

There are properties of light that photographers need to know:

- Light has direction: side light, front light, or back light
- Light has quality: hard vs. soft
- Light has colour temperature: warm vs. cool.

Side light:

Side light creates interesting shadows and adds a sense of depth. This is important as you are trying to create a 3D image in a 2D format.

You can use side light in landscape photography as well to highlight textures that would not show up at all with other light. Side lighting is very desirable in portrait photography.

You can use create side light with when you place your subject next to a window. Light from windows is soft and directional. All you need is a window that is not exposed to direct light. Any window can work on a cloudy day. If you see a gradient of light on your subject's face, it is desirable as it creates a sense of depth.

Front Lighting:

Light that faces the subject is front lighting. This is generally the least desirable.

Back Lighting:

Back lighting comes from behind your subject, resulting in a rim of light around the edges of the subject. This acts to separate your subject from the background. When you use this technique be aware that additional light needs to be added to the faces. Back lighting against a darker background really works.

Catch lights:

An important quality of a photo is to have some light reflecting in the subject's eyes. These are called catch lights. Catch lights add life to the portrait. All you need is something facing the subject that reflects light. It will add a point of light in the subject's eyes.

Quality of light: hard vs. soft

Light that is direct from the sun has strong shadows and high contrast. Not usually desirable for shots of people, it can be utilized effectively for creating certain moods. Hard light is very challenging to work with.

Indirect light is softer, and can be filtered through clouds or reflected. A lower contrast light, it is much more pleasing for portraits. On cloudy and rainy days, colours really pop.

If you are in hard light, turn your subjects so that the light is behind them. You will need to add light to their faces with flash or a reflector. On a bright sunny day, look for shade!

As you take photos, notice the effect that the direction of light has on your subjects. Soft side light will usually provide wonderful results.

Near the end of the session, Dennis asked his audience to examine the original photos once again, and they were asked to identify the common errors. Then, they were shown another photo and were asked to identify what made the picture work.

Giving a presentation to a seasoned audience of educational leaders can be a daunting task, but Dennis combined his excellent teaching skills with his passion for photography and wowed his audience.

Dennis Ducklow, of Double Exposure Photography can be reached at dennis@doubleexposure.ca. His website is www.doubleexposure.ca.

As well as photography for Family, Business or an Event, Dennis provides photography instruction. He can be contacted at 604.418.6689. 📞

BCRPVPA Scholarship/Bursary Recipients 2015

by Eileen Phillips

This is our first year of: 4 x \$1000 Scholarships!
Introducing our recipients with just a taste of what their applications provided:



**Morgan Grigg,
Princeton Secondary (SD # 58)**

Career goal: to attend Okanagan College in Kelowna in the Water Engineering Technology Diploma Program and then on to Thompson River University to complete a degree in Water Engineering.

Volunteer Activities: Coach for soccer and basketball, Dry Grad fundraising.

Academic: He was awarded the Governor General's medal – highest overall GPA for Grades 11 and 12 in the school. Also Top All Round student in Grade 12.

Quote from his Vice-Principal: Morgan is the type of student who leads by example. I can think of several examples where Morgan chose to do the right and fair option instead of the popular or easy choice.

Quote from one of his teachers, the English

(continued from page 2)

2016 marks the 20th anniversary of our association during which we have grown from 14 to more than 700 members. In upcoming newsletters we will feature articles about our past presidents and others. We invite all members to join us at our AGM on May 4th to reconnect, to share stories, and to honour those who contributed so much time and energy to form and to develop the BCRPVPA.

Thank you for being part of our BCRPVPA community. – Vivian Rygnestad

Department Chair: I wholeheartedly wish him success in his future endeavours and plead with anyone that is considering his application for a scholarship to grant it to him... he deserves it and I know he will make good use of it.



**Nancy Mei-Xin Lu,
Britannia Secondary (SD # 39)**

Career goal: Attaining a business degree from the Sauder program at UBC.

Volunteer Activities: Former Secretary and VP of Key Club and P in Grade 12; over 7 years volunteering at Strathcona Community Centre – Day Camp assistant leader, Dragon Boat team's Lead Stoke, VP then P of the Youth Council; timer and scorer of school games.

Academic: Graduation Program with Honours; IB Program

Quote from Nancy: I feel I should continue to give back to the community as it has supported me.

Quote from Teacher at Britannia: Nancy has always been a positive, self-motivated and open-minded individual who constantly strives to do her very best in whatever she does.

Quote from a Community Youth Worker at Strathcona Community Centre: ... her parents encouraged Nancy to participate in school and community activities and raised her to be the best she could be.

Other: VP of marketing and sales for Junior Achievement Student Company that won the CIBC student company of the year award.



**Thomas Riley Rodney Whittaker,
Kelowna Secondary
(SD #23)**

Career goal: To graduate from UBC with a Masters in Chemical Engineering

Volunteer Activities: President of graduating class; middle school tutor; Salvation Army bell ringer; assistant for senior patrons at Kelowna Actors' Studio; Got Health initiative; basketball referee; player on volleyball, basketball, soccer teams

Academic: Graduation with Honours; Geology 12 Award; Principal's list; All As Grades 10, 11 and 12

Quote from Middle School Principal: His ability to successfully balance being a student, athlete, volunteer, family member, and employee show a remarkable strength of character.

Quote from Thomas: There are four children and I am the third currently attending university.

Receiving this scholarship would make a huge difference that I would appreciate and remember all my life.



**Shanna Yeung,
Point Grey Secondary (SD #39)**

Career goal: To become an ophthalmologist and perform eye surgery for underserved socioeconomically disadvantaged populations.

Volunteer Activities: founded a service organization called Music Outreach Society; co-founder and creative director of Campaign Genesis; on the ice hockey, softball and swimming teams; student journalist; writes plays and musicals

Academic: Graduation with Honours; all As Grades 10, 11, 12; has designed an iphone application to diagnose Giant Cell Arteritis, a neurological disorder that can cause blindness; member of the SHAD network

Quote from Teacher of French and Creative Writing: Every teacher I spoke to shares my appreciation of Shanna's commitment to academic pursuits, but she also endears herself to other students and teachers with her kindness, grace and firm ability to fulfill promises and commitments. Her peers are motivated by her passion and dedication.

Other: Recently, taken on as a research assistant at the Human Vision and Eye-Movement Laboratory.

Changing My Investment Strategy by Graham Mulligan

I have a small portfolio, nothing big. I invested in mutual funds because that's the way my father did it. I had an advisor and used the risk-averse method with a diversified assortment of holdings both inside my RRSP and outside. I started paying attention to my investments when the dot-com bubble burst, and then the 2008 financial collapse came. Woops! Where did the money go? Good thing my major investment is my house.

I had been to Asia several times since retiring in 2007 and had seen the 'brown cloud' from the airplane hours before landing. Like others around me I was beginning to pay attention to what was then called 'Global Warming', although I didn't know much about it. I knew there was an international effort called the Kyoto Protocol (1997) and I had read about the controversy when Canada withdrew from the Protocol (2011).

I meet once a year with my financial advisor to go over my portfolio and make any changes but usually I stick to the 'buy and hold' strategy. Since I consider myself socially aware and want to take responsibility for how my money is invested I discussed the Climate Change issue with my advisor. 'Everything is connected to fossil fuels' he told me, but I could try switching to 'Ethical Funds' (no tobacco, no nuclear) and see how it goes. That was five years ago and I didn't lose anything but I didn't gain either. I also started to do more reading about Climate Change and enrolled in some MOOCs. I learned more about sustainability, and something called [Planetary Boundaries](#) and ideas like the earth's Carbon Budget and the difference between mitigation and adaptation.

The alarming reality of Climate Change elevated in 2014 with the release of the Fifth IPCC Report that moved the 'certainty' scale up to 97 percent. More and more economists, political and business leaders began seriously examining the risks and implications of this emerging issue. One serious implication for investors is the ['stranded asset'](#) idea, for example, the Canadian energy sector is heavily invested in high cost and high emission tar sands oil production. A global shift away from oil would diminish the value of this economic asset.

I pursued the idea again with my advisor, now calling it 'divesting from fossil fuels' after the [350.org](#) movement to get universities and colleges to change their investment strategies. Unfortunately, I was told, there are no Canadian mutual funds that do what I wanted. They all held an 'Energy Sector' component of 12 to 20 percent and everything is connected to oil! If I wanted to divest from fossil fuels I would have to come up with my own investment strategy. So I started to research more deeply.

I began to construct an approach that has sustainability as the central concept. I found resources to help me clarify my thinking about this kind of investing, like [Alt Energy Stocks](#) and [Fossil Free USA](#) and [The New Climate Economy](#). Most of the resources I found initially focused on US and European investment but not much seemed available for the small Canadian investor like me. One Canadian resource however was close to home at [SHARE](#) (Shareholder Association for Research & Education). Here is a sample from their website: [Integrating the economy and the environment: an overview of Canadian capital markets](#). (You can download the PDF from here). On October 30 the [TSX launched three Climate Change related indexes](#) that will open the door to companies offering exchange-traded funds that would allow Canadian investors to steer their money away from the most carbon intensive companies.

I eventually put together a portfolio of stocks both inside my RRSP and outside that I am comfortable with as a start. I realize this will be a long journey as I shift into investing in The New Climate Economy. 🌱

The COP21 conference in Paris is now over. Governments and investors everywhere are wondering 'what's next?'. Over the next few issues we will be featuring a guest column by Brian Coote of Scotia McLeod in White Rock. Brian specializes in ecoportfolios

Green Investing in 2016 and Beyond by Brian Coote

Over my next four quarterly columns, I hope to build a case that supports the notion that each and every investor should be “going green” when it comes to their investments. I state this, not as an environmentalist, nor as someone hoping to turn the reader into one. I state it as a professional Portfolio Manager with data and experience to back up my statement. I say it not as a result of the recent global rout in fossil fuel companies share prices, nor because of the 5-plus year decline in mining company share prices. My belief that we should all be going green as investors comes from a conviction that by screening companies for strong environmental performance, as well as seeking out companies who are leading the way with green technologies for the future, investors can not only reduce the risk embedded in their portfolios, but that they can earn competitive returns at the same time.

Four years ago, when I first started considering investment solutions for eliminating heavy polluters and companies that showed disdain for the environment, I was surprised to find that, although a handful of potential investment platforms and mutual funds were available, none of them appeared to have as robust of a process as I would have expected. The tendency to use a “negative screening process” to eliminate companies operating in what were deemed “morally distasteful industries” such as tobacco or nuclear, and then to rank the remaining companies by industry, for environmental (or in some cases, social) performance and invest in those in the top 50% seemed rather simplistic. I simply could not understand how I would explain to a potential client that a fund holding companies such as Suncor Energy, Tech Resources or Calfrac Well Services was “environmentally friendly” and “green”. Upon further study, I learned that, as far as opportunities for individual investors, Canadians were underserved versus their American, and even more so, their European counterparts. In 2012, when I began researching how to create a green investment vehicle for individual investors, I called the process a “side project” that was based on a niche interest (mainly my own), and was probably years ahead of its time. And it was. But, this is slowly beginning to change.

I am passionate about finding companies that are leading change

Jumping forward to 2016, based on my observations of the Canadian investment landscape, there is a small, but growing level of interest from individual investors in green investing, but only a small minority are acting on their convictions. It is really the institutional asset managers (pension managers, endowment funds and ultra-high net worth investors) that are honing in on the benefits of this type of research when building investment portfolios. At a conference I attended in May, 2015, a pension manager I was speaking with explained to me that, in an RFP (request for proposals) process, while demonstrating a procedure for screening potential investments for environmental performance certainly wouldn't guarantee her group winning the account, NOT demonstrating a procedure would ensure her firm did not win the account. This was not the case in 2012.

This type of environmental-based screening of companies for their exposure to risks such as those resulting from carbon emissions, water stress, toxic emissions and waste as well as other environmental factors is what I employ in the EcoPortfolios Low Carbon Portfolio. The resulting portfolio has exposure to companies from around the world, including Canada, that are strong environmental performers. You may be interested to know by using a low-carbon targeted approach, you can achieve a 76% reduction in annual carbon emissions in your stock portfolio. The vast majority of this reduction can be achieved by eliminating or reducing your investment in fossil fuel (coal, oil and gas), mining and traditional utilities companies.

But what if you want to take your process a step further? How about selecting companies not just on the basis of being “low carbon” or “water efficient” in their own operations, but instead seeking out investments in industry leaders looking to help effect change by reducing the world's reliance on fossil fuels, reducing water usage by humanity as a whole, improving energy efficiency for everyone, and providing renewable power at a lower cost than traditional generation methods? This is the approach of the EcoPortfolios Pure Green Portfolio, and I am passionate about finding companies that are leading change to include in

it. Current holdings include Canadian companies such as Northland Power and New Flyer Industries; American companies such as Tesla Motors and Xylem Inc., and foreign companies such as Israel based SolarEdge Technologies and Switzerland based ABB Ltd.

To tantalize you about the potential of these types of companies, I will leave you with a few interesting statistics that may entice you to look more closely at the clean tech sector both domestically and abroad.

Green Investment Stats and Facts:

Did you know that more Canadians are employed in the renewable energy sector than in the oil sands? Perhaps this is not surprising given that the Canadian clean tech sector (which includes renewable energy) grew by 17% in 2014, faster than any other segment of the economy, and in 2013, created more jobs than any other sector. Globally, greenhouse gas emissions were flat in 2014 versus 2013, and yet the world economy expanded. This is in part because renewable electricity production increased by 8% due to twice the investment in renewable energy versus fossil fuels. In fact, the world's current total supply of renewable electricity could have powered nearly everything on the planet in 1980. ESG, RI and SRI are all acronyms related to "Green Investing". Respectively, they are Environmental, Social, Governance (meaning corporate governance), Responsible Investing, and Socially Responsible In-


vesting. Impact Investing is a form of SRI that focuses on investments in companies or funds with the intention to generate a measurable and beneficial social or environmental impact as well as to earn a financial return. My focus with EcoPortfolios is on the 'E' in ESG, but in many cases, companies that perform well on 'E' measures, also rank highly on 'S' and 'G'.

About the Author:

Brian Coote is a Portfolio Manager at Scotia Wealth Management in White Rock, B.C. where he manages EcoPortfolios. Brian is a holder of the Certified Investment Manager designation, Sustainable Investment Professional Certification and is also a Certified Financial Planner.

For more information on Green Investing, [visit www.EcoPortfolios.ca](http://www.EcoPortfolios.ca).

You may also subscribe to Brian's newsletter, EcoPortfolios Quarterly by emailing Brian.Coote@ScotiaWealth.com.

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In Memoriam



It is with much sadness that we announce the sudden passing of Graham Leask on November 19, 2015. Graham served as the 4th president of the BCRPVPA from 2002 – 2004 and was instrumental in introducing the Affinity Program for our organization. Even in retirement his focus continued to be on assisting deserving students and under his direction the BCRPVPA established two annual scholarships/bursaries. His leadership was much appreciated by members of the BCRPVPA.

Syrian Resettlement in BC

ISSofBC(ImmigrantServices)hassetupawebsite called Refugee Readiness Hub where British Columbians can find out about what is going on and how to volunteer. Weekly newsletters will be issued by ISSofBC to keep you up to date.



Saturday June 11, 2016

Executive Plaza Hotel - Coquitlam, BC

For more information, please contact

info@jayo66reunion.com

Or, see the website:

www.jayo66reunion.com



School For Wives by Chris Harker

I've given a lot of thought to this and feel I have to share my conclusions .

Your wife of many years goes out to lunch with "a friend" and comes home with only vague comments about where she went and what she ate. Or she goes "shopping" and returns with nothing, saying, again vaguely, that she couldn't find anything she liked.

No; at this stage in life she is NOT off spending time with a secret admirer. She's gone to Mumble School.

There are special "tempt and intrigue" classes where your wife is taught to wait until you are in another room, a tap is running, the microwave on, and a truck going by outside. She then yells something like "I can't believe how" or "It's amazing that" . . . and then seems to speak and gargle at the same time. Assuming some sort of crisis, you stop what you're doing and rush back to her to find out what was said. You arrive to be told that "Oh; it wasn't important" or "Nothing; I was just talking to myself".

This tactic can be equally well applied when you are together in a car. As your steer through traffic, she'll turn to you to say "It's so tragic the Smiths are . . ." and then she'll turn to look out the side window and make a variety of noises that are both inaudible and incoherent. Talk about distracted driving.

A variation of this occurs when you are watching television. At a critical point in the action, your beloved, two rooms away, says something but cleverly manages to project only every third word. This results in you hearing something like, "neighbour . . . dog . . . bitten . .

hospital" or " police . . . drugs . . . granddaughter". Such tactics often cause one to lose the thread of the show.

The other slightly more sophisticated methodology is known as "confuse and muddle". The other day my wife asked me to record a programme called The Nature of Things. Naturally and unquestioningly I did so. Later, driving in heavy traffic, I asked her what the programme was about.

"Clean ass," was her reply. I swear that's what she said. "Babies?" was my response.

"What do you mean?" said she. She had turned to look at me so I understood her every word.

"Is it about babies?" Her look told me I was on the wrong track.

"Or donkeys?" I was flailing.

"I have no idea what you are talking about," was her retort.

Now it was both of us!

I attempted to clear things up. "You asked me to record a programme about cleaning asses. Correct?"

"Don't be ridiculous. The programme was about giraffes."

Cleverly she had managed to make me look like an idiot. Again.

Mumble School has a subtle approach to the acquisition of dominance. No wonder most of us give up and die first. 🐱

Newsletter Submissions

We now have over 700 members, all with incredible stories to tell, whether they are about travel, volunteering, new careers or hobbies or just about anything else. We would like to hear about what you are doing and if you have some photos to share, we would like that too.

Send your submissions to Graham Mulligan at grahammul@gmail.com

BCRPVPA Bulletin Board

General Meeting Dates for 2016 School Year (all Wednesdays)

- January 13
- March 9
- May 4 (AGM)

Newsletter Submission Dates

- February 22
- May 6

Membership

New members are always welcome. Share this edition with your newly retired colleagues and have them join you. Check our web site www.bcrpvpa.ca for membership forms and more information.

BCRPVPA Listserve

If you want an answer to a burning question, try the BCRPVPA listserv. With a membership of 700+ and growing we are in a great position to make this communication tool useful for everyone.

To be part of the list serve, just send an email to bcrpvpa@gmail.com and in the subject type "list-serv request to join". You will receive a message from Google Groups when we have added your name.

Are You Up to Date?

Please ensure that we have your current email address. eBulletins are sent out on an as-needed basis. Please make sure that you also add bcrpvpa@gmail.com and vrygnestad@gmail.com to your address book so your internet provider accepts the e-mail and doesn't reject it as spam. If you have changed your mailing address please email leannamgarner@gmail.com so you can continue to receive newsletters and any other mailed items.

Just Kidding

