

Curriculum Vitae
Dayna Lee-Baggley, Ph.D.
(other names Dayna Sherry)

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Citizenship: Canadian

EMPLOYMENT

- 2017-present **Cross Appointment**, Department of Surgery, Dalhousie University, Halifax, NS
- 2016-present **Assistant Professor**, Department of Family Medicine, Dalhousie University, Halifax, NS
- 2016-present **Part Time Teaching Appointment**, Department of Industrial and Organizational Psychology, Saint Mary's University
- 2016-present **Clinical Associate**, Department of Psychology and Neuroscience, Dalhousie University, Halifax, NS
- 2015-present **Adjunct Faculty**, Department of Industrial and Organizational Psychology, Saint Mary's University
- 2013-present **Core Faculty**, Behaviour Change Institute, Nova Scotia Health Authority, Halifax, NS
- 2008-present **Registered Psychologist**, Psychology Department, QEII Health Sciences Center, Nova Scotia Health Authority (formerly Capital Health), Halifax, NS
- 2007-2008 **Psychologist (Candidate Register)**, Psychology Department, QEII Health Sciences Center, Capital Health, Halifax, NS
- 2006-2007 **Post-Doctoral Fellow**, Michael Smith Foundation for Health Research, University of British Columbia, Vancouver, BC

PROFESSIONAL QUALIFICATIONS

- 2017 **Certified EFT Couples Therapist**, International Centre for Excellence in Emotionally Focused Therapy (ICEEFT)
- 2008-present **Registered Psychologist (#R0598)**, Nova Scotia Board of Examiners in Psychology, NS

EDUCATION

- 2005-2006 **Pre-Doctoral Internship in Clinical Psychology** (CPA and APA accredited), Saskatoon Health Region, Saskatoon, SK
- 2002-2006 **Doctor of Philosophy** (Clinical Psychology; CPA and APA accredited), University of British Columbia, Vancouver, BC
- 2000-2002 **Master of Arts** (Clinical Psychology; CPA and APA accredited), University of British Columbia, Vancouver, BC
- 1996-2000 **Bachelor of Science** (Honours, Psychology), University of Calgary, Calgary, AB

GRANTS¹

- 2017-2019 **Lee-Baggley, D. L.**, Vallis, M., & Tennekore, K. “Predicting and Reducing Non-Adherence in Kidney Disease: Validating a Novel Clinical Tool” *Kidney Foundation of Canada, Allied Health Grant* (\$100,000).
- 2017-2019 Vallis, M., Edwards, L., Comeau, J., & **Lee-Baggley, D.** “Supporting psychosocial distress in diabetes care: a patient-centered integrated care management initiative - Western Zone, NSHA” *Translating Research Into Care (TRIC) Healthcare Improvement Research Program Level 3* (\$60,000).
- 2017-2018 Vallis, M., Sampalli, T., **Lee-Baggley, D. L.**, Ryer, A., & Kumanan, K. “Changing Systems to Integrate Health Behaviour Change Competencies into Primary Care” *Translating Research Into Care (TRIC) Healthcare Improvement Research Program Level 2* (\$30,000).
- 2017 **Lee-Baggley, D. L.**, Vallis, M. T., & Rosen, N. “The Experience of Obesity.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$4,236). This grant is to provide funds to support a research assistant.
- 2016-2017 Day, A., Leiter, M., Kelloway, K., **Lee-Baggley, D. L.**, Chorney, J., Laschinger, H., et al. “The Healthy & Productive Workplace Partnership” *Canadian Institutes of Health Research (CIHR)/ Social Sciences and Humanities Research Council of Canada Partnership Development Grants Special Initiative* (\$148,260).

¹ Names of students whom I co-supervised in completing grants, publications, presentations, etc. are underlined.

- 2016 **Lee-Baggley, D. L.**, Vallis, M. T., Kirk, S., & McLellan, K. “Health outcomes and cost effectiveness of a 52-week, multidisciplinary, obesity management treatment group.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$4,190). This grant is to provide funds to support a research assistant.
- 2016-2019 Rosen, N., Chorney, J., George, R., **Lee-Baggley, D. L.**, Pukall, C., Snelgrove-Clarke, E., Pierce, M. “A longitudinal study of biopsychosocial predictors of postpartum genito-pelvic pain: 12 and 24 months later.” *Nova Scotia Health Research Foundation, Establishment Grant*. (\$150,000).
- 2017-2020 Rosen, N., Chorney, J., George, R., **Lee-Baggley, D. L.**, Pukall, C., Snelgrove-Clarke, E., “Biopsychosocial predictors of postpartum genito-pelvic pain: A two-year follow-up” *Canadian Institutes of Health Research, Project Grant*. (\$85,425).
- 2015-2016 Finkle, S., N., Landry, D., Tennankore, K., **Lee-Baggley, D.L.**, & Jensen, M. “Non-Pharmacological Management of Depression in Dialysis Patients, a Scoping Review.” *Translating Research into Care (TRIC) Healthcare Improvement Research Program, Level 1*. (\$2,995)
- 2014-2016 **Sherry, D. L.**, Nealis, L. J., & Sherry, S. B. “Understanding the perfectionism-stress link: A biopsychosocial perspective on perfectionism and stress in healthcare workers.” *Capital Research Health Fund*. (\$15,000).
- 2014 **Sherry, D. L.**, & Sherry, S. B. “Other-oriented perfectionism in social networks.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,456). This grant provided funds to support an undergraduate research assistant.
- 2014 Sherry, S. B., & **Sherry, D. L.** “Other-oriented perfectionism and interpersonal problems.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,248). This grant provided funds to support an undergraduate research assistant.
- 2013-2018 Sherry, S. B., Pratt, M. W., Stewart, S. H., & **Sherry, D. L.** “Not so perfect after all: Self-critical perfectionism in romantic relationships and breakups.” *Social Sciences and Humanities Research Council of Canada Insight Grant*. (\$181,400).
- 2013 Sherry, S. B., & **Sherry, D. L.** “Researching depression in Nova Scotians.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,236). This grant provided funds to support an undergraduate research assistant.
- 2012 **Sherry, D. L.**, & Sherry, S. B. “Researching stress and mental health in Nova Scotians.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,420). This grant provided funds to support an undergraduate research assistant.
- 2011-2012 Graham, A. R., **Sherry, D. L.**, & Sherry, S. B. “Testing the perfectionism model of binge eating in parent-daughter dyads: An experience sampling study of an at-risk sample.” *Capital Health Research Fund Training Grant*. (\$5,000).
- 2011-2012 **Sherry, D. L.**, Sherry, S. B., & Stewart, S. H. “Health anxiety and healthcare utilization: Using the interpersonal model of health anxiety to understand

- patterns of frequent healthcare utilization.” *Capital Health Research Fund*. (\$15,000).
- 2010-2013 Sherry, S. B., Antony, M. M., Stewart, S. H., & **Sherry, D. L.** “Perfectionism, conflict, stress, and depression: Testing an integrative biopsychosocial model in a high risk sample.” *Nova Scotia Health Research Foundation Health Research Grant*. (\$150,000).
- 2010-2012 Sherry, S. B., & **Sherry, D. L.** “Perfectionistic concerns, social problems, and depressive feelings in romantic couples.” *Dalhousie University Research Development Fund for the Humanities and Social Sciences*. (\$3,500).
- 2008-2010 Sherry, S. B., Stewart, S. H., & **Sherry, D. L.** (2008) “Perfectionism, rumination, regret, and depression: A four-wave longitudinal study in an at-risk sample.” *Department of Psychiatry Research Fund*. (\$10,000).
- 2003-2004 DeLongis, A., & **Lee-Baggley, D. L.** (2003). Daily assessment of stress and coping. *University of British Columbia Humanities and Social Sciences Research Small Grant Award*. (\$2,280).

PUBLICATIONS AND PRESENTATIONS

Peer-Reviewed Articles

1. Vallis, M., **Lee-Baggley, D. L.**, Sampalli, T., Ryer, A., Ryan-Carson, S., Kumanan, K., Edwards, L. (2018). Equipping providers with principles, knowledge and skills to successfully integrate behaviour change counselling into practice: A primary healthcare framework. *Public Health, 154*, 70-78.
2. Nealis, L. J., Collins, J. L., **Lee-Baggley, D. L.**, Sherry, S. B., & Stewart, S. H. (2017). One of these things is not like the others: Testing trajectories in drinking frequency, drinking quantity, and alcohol-related problems in undergraduate women. *Addictive Behaviors, 66*, 66-69.
3. Pow, J., **Lee-Baggley, D. L.**, & DeLongis, A. (2017). Who is most likely to seek and give support in the face of agentic and communal threat? The roles of extraversion and agreeableness. *Journal of Research in Personality, Journal of Research in Personality, 70*, 66–72.
4. Chorney, J., Warren, M., McLaughlin, E., Gillespie, J., **Lee-Baggley, D. L.**, & Vallis, M. T. (2016). Back off, forge ahead or play the long game: The ethics of working with adolescents who “aren’t ready.” *Clinical Practice in Pediatric Psychology, 4*, 318-328.
5. Nealis, L. J., Sherry, S. B., **Sherry, D. L.**, Stewart, S. H., & Macneil, M. A. (2016). Revitalizing narcissistic perfectionism: Evidence of the reliability and validity of an emerging construct. *Journal of Psychopathology and Behavioral Assessment, 38*, 493–504.
6. Piccinini-Vallis, H., **Lee-Baggley, D. L.**, Stewart, M., & Ryan, B. L. (2016). Gestational weight gain trajectories in primary care. *Canadian Family Physician, 62*, e407-e414.
7. Pow, J., **Lee-Baggley, D. L.**, & DeLongis, A. (2016). Threats to communion and agency mediate associations between stressor type and daily coping. *Anxiety, Stress and Coping, 29*, 660-672.

8. Gautreau, C. M., Sherry, S. B., **Sherry, D. L.**, Birnie, K. A., Mackinnon S. P., & Stewart, S. H. (2015). Does health-related catastrophizing maintain health-related worry? A 14-day daily diary study with longitudinal follow-up. *Behavioural and Cognitive Psychotherapy*, *43*, 502-512.
9. Nealis, L. J., Sherry, S. B., MacNeil, M. A., **Sherry, D. L.**, & Stewart, S. H. (2015). Toward a better understanding of narcissistic perfectionism: Evidence of factorial validity, incremental validity, and mediating mechanisms. *Journal of Research in Personality*, *57*, 11-25.
10. **Sherry, D. L.**, Sherry, S. B., Hewitt, P. L., Mushquash, A., & Flett, G. L. (2015). The existential model of perfectionism and depressive symptoms: Tests of incremental validity, gender differences, and moderated mediation. *Personality and Individual Differences*, *76*, 104-110.
11. **Sherry, D. L.**, Sherry, S. B., Vincent, N. A., Stewart, S. H., Hadjistavropoulos, H. D., Doucette, S., & Hartling, N. (2014). Anxious attachment and emotional instability interact to predict health anxiety: An extension of the interpersonal model of health anxiety. *Personality and Individual Differences*, *56*, 89-94.
12. Sherry, S. B., Gautreau, C. M., Mushquash, A. R., **Sherry, D. L.**, & Allen, S. L. (2014). Self-critical perfectionism confers vulnerability to depression after controlling for neuroticism: A longitudinal study of middle-aged, community-dwelling women. *Personality and Individual Differences*, *69*, 1-4.
13. Sherry, S. B., Gralnick, T. G., Hewitt, P. L., **Sherry, D. L.**, & Flett, G. L. (2014). Perfectionism and narcissism: Testing unique relationships and gender differences. *Personality and Individual Differences*, *61-62*, 52-56.
14. Sherry, S. B., Richards, J. E., **Sherry, D. L.**, & Stewart, S. H. (2014). Self-critical perfectionism is a vulnerability factor for depression but not anxiety: A 12-month, 3-wave, longitudinal study. *Journal of Research in Personality*, *52*, 1-5.
15. Sherry, S. B., **Sherry, D. L.**, Macneil, M. A., Smith, M. M., Mackinnon, S. P., Stewart, S. H., & Antony, M. M. (2014). Does socially prescribed perfectionism predict daily conflict? A 14-day daily diary study of romantic couples using self- and partner-reports. *Personality and Individual Differences*, *61-62*, 24-27.
16. Birnie, K. A., Sherry, S. B., Doucette, S., **Sherry, D. L.**, Hadjistavropoulos, H. D., & Stewart, S. H. (2013). The interpersonal model of health anxiety: Testing predicted paths and model specificity. *Personality and Individual Differences*, *54*, 856-861.
17. Mushquash, A. R., Sherry, S. B., **Sherry, D. L.**, & Allen, S. L. (2013). Latent self-oriented and socially prescribed perfectionism: Tests of factorial, convergent, and discriminant validity using self- and informant reports. *Personality and Individual Differences*, *54*, 640-646.
18. Mushquash, A. R., Stewart, S. H., Sherry, S. B., Mackinnon, S. P., Antony, M. M., & **Sherry, D. L.** (2013). Heavy episodic drinking among dating partners: A longitudinal actor-partner interdependence model. *Psychology of Addictive Behaviors*, *27*, 178-183.

19. Mushquash, A. R., Stewart, S. H., Sherry, S. B., **Sherry, D. L.**, Mushquash, C. J., & MacKinnon, A. L. (2013). Depressive symptoms are a vulnerability factor for heavy episodic drinking: A short-term, four-wave longitudinal study of undergraduate women. *Addictive Behaviors, 38*, 2180-2186.
20. Sherry, S. B., MacKinnon, A. L., Fossum, K., Antony, M. M., Stewart, S. H., **Sherry, D. L.**, Nealis, L. J., & Mushquash, A. R. (2013). Perfectionism, discrepancies, and depression: Testing the perfectionism social disconnection model in a short-term, four-wave longitudinal study. *Personality and Individual Differences, 54*, 692-697.
21. Sherry, S. B., Nealis, L. J., Macneil, M. A., Stewart, S. H., **Sherry, D. L.**, & Smith, M. M. (2013). Informant reports add incrementally to the understanding of the perfectionism-depression connection: Evidence from a prospective longitudinal study. *Personality and Individual Differences, 54*, 957-960.
22. Mackinnon, S. P., Sherry, S. B., Antony, M. M., Stewart, S. H., **Sherry, D. L.**, & Hartling, N. (2012). Caught in a bad romance: Perfectionism, conflict and depression in romantic relationships. *Journal of Family Psychology, 26*, 215-225.
23. McGrath, D. S., Sherry, S. B., Stewart, S. H., Graham, A. R., Allen, S. L., Nealis, L. J., & **Sherry, D. L.** (2012). Reciprocal relations between self-critical perfectionism and depressive symptoms: Evidence from a short-term, four-wave longitudinal study. *Canadian Journal of Behavioural Science, 44*, 169-181.
24. Roxborough, H. M., Hewitt, P. L., Kaldas, J., Flett, G. L., Caelian, C. F., Sherry, S. B., & **Sherry, D. L.** (2012). Perfectionistic self-presentation, socially prescribed perfectionism, and suicide in youth: A test of the perfectionism social disconnection model. *Suicide and Life-Threatening Behavior, 42*, 217-233.
25. Sherry, S. B., Hewitt, P. L., Stewart, S. H., MacKinnon, A. L., Mushquash, A. R., Flett, G. L., & **Sherry, D. L.** (2012). Social disconnection and hazardous drinking mediate the link between perfectionistic attitudes and depressive symptoms. *Journal of Psychopathology and Behavioral Assessment, 34*, 370-381.
26. Fitzpatrick, S., Sherry, S. B., Hartling, N., Hewitt, P. L., Flett, G. L., & **Sherry, D. L.** (2011). Narcissism, perfectionism, and interest in cosmetic surgery. *Plastic and Reconstructive Surgery, 127*, 176e-177e.
27. Mackinnon, S. P., Sherry, S. B., Graham, A. R., Stewart, S. H., **Sherry, D. L.**, Allen, S. L., Fitzpatrick, S., & McGrath, D. S. (2011). Reformulating and testing the perfectionism model of binge eating: A short-term, three-wave longitudinal study. *Journal of Counseling Psychology, 58*, 630-646.
28. Graham, A. R., Sherry, S. B., Stewart, S. H., **Sherry, D. L.**, McGrath, D. S., Fossum, K., & Allen, S. L. (2010). The existential model of perfectionism and depressive symptoms: A short-term, four-wave longitudinal study. *Journal of Counseling Psychology, 57*, 423-438.
29. Sherry, S. B., Hewitt, P. L., **Sherry, D. L.**, Flett, G. L., & Graham, A. R. (2010). Perfectionism dimensions and research productivity in psychology professors: Implications for understanding the (mal)adaptiveness of perfectionism. *Canadian Journal of Behavioural Science, 42*, 273-283.

30. Puterman, E., DeLongis, A., **Lee-Baggley, D. L.**, & Greenglass, E. (2009). Coping and health behaviors in times of global health crises: Lessons from SARS and West Nile. *Global Public Health*, 4, 69-81.
31. Sherry, S. B., Vriend, J. L., Hewitt, P. L., **Sherry, D. L.**, Flett, G. L., & Wardrop, A. A. (2009). Perfectionism dimensions, appearance schemas, and body image disturbance in community members and university students. *Body Image*, 6, 83-89.
32. Hewitt, P. L., Habke, M., **Lee-Baggley, D. L.**, Sherry, S. B., & Flett, G. L. (2008). The impact of perfectionistic self-presentation on the cognitive, affective, and physiological experience of a clinical interview. *Psychiatry: Interpersonal and Biological Processes*, 71, 93-122.
33. Sherry, S. B., Hewitt, P. L., Flett, G. L., & **Lee-Baggley, D. L.** (2007). Perfectionism and undergoing cosmetic surgery. *European Journal of Plastic Surgery*, 29, 349-354.
34. Sherry, S. B., Hewitt, P. L., Flett, G. L., **Lee-Baggley, D. L.**, & Hall, P. A. (2007). Trait perfectionism and perfectionistic self-presentation in personality pathology. *Personality and Individual Differences*, 42, 477-490.
35. Sherry, S. B., **Lee-Baggley, D. L.**, Hewitt, P. L., & Flett, G. L. (2007). Perfectionism as a contraindication for cosmetic surgery: A reply to Clodius (2007). *European Journal of Plastic Surgery*, 29, 357-359.
36. **Lee-Baggley, D. L.**, Preece, M., & DeLongis, A. (2005). Coping with interpersonal stress: Role of Big Five traits. *Journal of Personality*, 73, 1141-1180.
37. Sherry, S. B., Hewitt, P. L., **Lee-Baggley, D. L.**, Flett, G. L., & Besser, A. (2005). Perfectionism and interest in cosmetic surgery. *Plastic & Reconstructive Surgery*, 115, 1806-1807.
38. **Lee-Baggley, D. L.**, DeLongis, A., Voorhoeave, P., & Greenglass, E. (2004). Coping with the threat of SARS: The role of threat appraisals and coping responses in health behaviours. *Asian Journal of Social Psychology*, 7, 9-24.
39. Sherry, S. B., Hewitt, P. L., **Lee-Baggley, D. L.**, Flett, G. L., & Besser, A. (2004). Perfectionism and thoughts about having cosmetic surgery performed. *Journal of Applied Biobehavioral Research*, 9, 244-257.

Articles Submitted for Publication/In Preparation

1. **Lee-Baggley, D. L.**, Lillis, J., Day, A., Owen, R., & Vallis, M. (2018). *Motivating health behaviour change in obesity using Acceptance and Commitment Therapy* (manuscript in preparation).
2. **Lee-Baggley, D. L.**, Vallis, M., Chorney, J., Sampalli, T., Ryan-Carson, S., Edwards, L., Nova Scotia Renal Program. (2018). *Self-management of chronic disease: Assessing readiness for change in healthcare providers* (manuscript submitted for publication).
3. Bartel, S. J., Sherry, S. B., Nealis, L. J., Collins, J. L., **Lee-Baggley, D.L.**, & Stewart, S. H. (2017). *Drinking frequency, drinking quantity, and alcohol-related problems as trait-states: A 4-wave, 18-month longitudinal study of female undergraduates* (manuscript submitted for publication).

4. Rancourt, K.M., Bergeron, S., **Lee-Baggley, D.**, & Rosen, N.O. (2017). *Change trajectories of sexual communication patterns for couples receiving cognitive-behavioral couple therapy versus medical intervention for genito-pelvic pain/penetration disorder* (manuscript submitted for publication).

Presentations, Workshops and Training

1. **Lee-Baggley, D. L.** & Helson J. (2018, January). “Finding your voice in the workplace; How to recognize and respond to harassment”. Workshop for Women in Film and Television Atlantic (WIFT-AT), Halifax, NS.
2. **Lee-Baggley, D. L.** (2018, January). “How things fall apart: Real life application of interventions”. Presentation to graduate program in Human Communication Disorders, Dalhousie University, Halifax, NS.
3. **Lee-Baggley, D. L.** (2018, January). “Behaviour Management: The ‘Difficult Patient’”. Presentation to education day for Hemodialysis nursing staff, NSHA, Halifax, NS.
4. **Lee-Baggley, D. L.** (2017, December). Introduction to Acceptance and Commitment Therapy. Workshop to Mental Health and Community Health Teams, Hants Community Hospital, East Hants, NS.
5. **Lee-Baggley, D. L.** & Day, A. (2017, November). “EMPOWER Partnership: Resiliency Coaching for employees.” Presentation to staff from College of Registered Nurses, College of Physician & Surgeons, and the College of Licensed Practical Nurses, Halifax, NS.
6. Day, A. & **Lee-Baggley, D. L.** (2017, November). “The EMPOWER Partnership: Taking ACTION towards Healthy Workers”. Presentation to Occupational Health Nurses Association Nova Scotia Fall 2016 Education Day.
7. **Lee-Baggley, D. L.** (2017, October). “Behaviour change management in chronic disease”. Plenary for the National Conference of the Canadian Association of Nephrology Nurses and Technologists, Halifax, NS.
8. **Lee-Baggley, D. L.** (2017, October). “Coping with difficult behaviour.” Workshop for the National Conference of the Canadian Association of Nephrology Nurses and Technologists, Halifax, NS.
9. **Lee-Baggley, D. L.** (2017, October). “Introduction to Professional Resiliency”. Presentation provided to Cancer Care nurses NSHA, Halifax, NS.
10. **Lee-Baggley, D. L.** (2017, September). “My patients will not do what I tell them!”. Presentation for the 27th Annual Cardiovascular Symposium Current Perspectives in Cardiovascular Disease, Saint John, New Brunswick.
11. **Lee-Baggley, D. L.** (2017, September – December). “Professional Readiness and Behavior Change Skills for Healthcare Providers”. Workshop provided for Department of Occupational Health Safety and Wellness (NSHA Provincial program), Halifax, NS.
12. **Lee-Baggley, D. L.** & Day, A. (2017, July). “Professional Resiliency: the ACTION program.” Presentation provided for 2017 OHP Summer Institute, Halifax, NS.

13. **Lee-Baggley, D. L.** (2017, July). “Motivating your clients or employees to be Safer and Healthier.” Presentation provided for 2017 OHP Summer Institute, Halifax, NS.
14. **Lee-Baggley, D. L.** (2017, July). “Introduction to Acceptance and Commitment Therapy.” Workshop provided for ACBS Atlantic Canada Chapter.
15. **Lee-Baggley, D. L.** (2017, June). “The art and science of Acceptance and Commitment Therapy.” Presentation for Continuing Education for Psychology QEII discipline meeting.
16. **Lee-Baggley, D. L. & Rosen, L.** (2017, June-August). “Mindfulness for healthcare providers.” 8-week workshop on mindfulness offered at the Nova Scotia Health Authority, Central Zone.
17. Gordon, T., & **Lee-Baggley, D. L.** (2017, June). “Burnout Inoculation: Using ACT to Prevent Burnout in the Workplace and in Yourself” Workshop provided at the 2017 World Congress, Association for Contextual Behavioral Science, Seville, Spain.
18. **Lee-Baggley, D. L., & Day, A.** (2017, May). “EMPOWER Partnership: Resiliency Coaching for NSHA employees” Presentation provided at the North American Occupational Safety and Health Conference, Halifax, NS.
19. **Lee-Baggley, D. L.** (2017, May). “The Fix-It Urge: Professional resiliency for residents.” Presentation for the Psychology Residents Seminar Series.
20. **Lee-Baggley, D. L., Leck Merner, K., & Vallis, T. M.** (2017, April). “Putting the Life into Lifestyle Management.” Workshop at the 5th Canadian Obesity Summit by the Canadian Obesity Network, Banff, Alberta, Canada.
21. **Lee-Baggley, D. L.** (2017, March). “What the heck is RFT”. Presentation for ACT peer support group, Halifax, Nova Scotia, Canada.
22. **Lee-Baggley, D. L. & Day, A.** (2017, January). “EMPOWER: Creating healthy workplaces”. Presentation for Public Health, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
23. **Lee-Baggley, D. L.** (2017, January). “Introduction to Acceptance and Commitment Therapy”. Presentation for Mental Health Program Stadacona Military Base, Halifax, Nova Scotia, Canada.
24. **Lee-Baggley, D. L., Vallis, T. M., Kirk, S., & Earle, D.** (2017, January). *Obesity Panel: Addressing Stigma in Obesity Management*. Presentation for medical residents, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
25. **Lee-Baggley, D. L. & Day, A.** (2016, November). “*ACTion study*”. Presentation for Occupational Health, Safety & Wellness, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
26. **Lee-Baggley, D. L.** (2016, November). “*How to cope with making a mistake*”. Presentation for 6B Education Days (3 sessions), Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
27. **Lee-Baggley, D. L. & Vincent, N.** (2016, November). “*Professional Resiliency for Physicians*”. 4-week Workshop for Nephrology Academic Rounds, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
28. **Lee-Baggley, D. L.** (2016, November). “*How to get patients out of bed and back to their life*”. Presentation for MOTP Education Day, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.

29. **Lee-Baggley, D. L.** (2016, November). *“Introduction to Professional Resiliency”*. Presentation for Renal Education Days (4 sessions), Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
30. **Lee-Baggley, D. L.** (2016, August). *“Multilevel Modeling for Couples Research”*. Workshop in the Department of Neuroscience and Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
31. **Lee-Baggley, D. L.** (2017, August). *“Using ACT to foster health behaviours”*. Presentation for ACBS Sponsored Peer Supervision Group, Halifax, Nova Scotia, Canada.
32. **Lee-Baggley, D. L.** & Vincent, N. (2016, June-July). *“Behaviour Change tools for physiotherapists”*. Presentation for Physiotherapists Continuing Education, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
33. **Lee-Baggley, D. L.** (2016, March). *“Acceptance and Commitment Therapy: An Introduction”*. Workshop provided for ACBS Sponsored Peer Supervision Group, Halifax, Nova Scotia, Canada.
34. **Lee-Baggley, D. L.** & Chorney, J. (2016, February-May). *“Professional Resiliency”*. Training for Multi Organ Transplant Program, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
35. **Lee-Baggley, D. L.**, Vallis, T. M., Kirk, S., & Earle, D. (2016, January). *Obesity Panel: Addressing Stigma in Obesity Management*. Presentation for medical residents, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
36. Vallis, M. T., & **Lee-Baggley, D. L.** (2016, January). *“Behaviour Change in Obesity Management”*. Training for Partners for Healthier Weight, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
37. **Lee-Baggley, D. L.** (2015, December). *“Working with Challenging Patients”*. MOTP 6B Education Day, Halifax, Nova Scotia, Canada.
38. **Lee-Baggley, D. L.** (2015, December). *“Behaviour Change Tools: How to get patients to engage in healthy behaviours.”* Workshop for Community Health Team Cobequid Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
39. **Lee-Baggley, D. L.**, Chorney, J., Harvill, S. (2015, November-December). *“Professional Resiliency”*. Training for Multi Organ Transplant Program, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
40. **Lee-Baggley, D. L.** (2015, October). *“Behaviour Change”*. Workshop for Nova Scotia Hearing and Speech Centres Annual Conference, Halifax, Nova Scotia, Canada.
41. **Lee-Baggley, D. L.** (2015, September). *“Behaviour Change Tools: How to get patients to engage in healthy behaviours.”* Workshop for Community Health Team Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
42. **Sherry, D. L.** (2015, May). *“What to do when your patient won’t change: Behaviour change skills for Primary Care”*. Workshop for Primary Health Care Week. Primary Care, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
43. **Sherry, D. L.** (2015, May). *Building capacity in practice to support emotion management for patients*. Education session for Primary Health Care Week. Primary Care, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
44. **Sherry, D. L.** (2015, May). *“Communication Struggles in the Workplace”*. MOTP Education Day, Halifax, Nova Scotia, Canada.

45. **Sherry, D. L.** (2015, April). “*Working with ‘Challenging’ Patients*”. Training provided to staff in the 6B inpatient unit at Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
46. **Sherry, D. L.** (2015, March 25). Clinical Psychology. Presentation to Health and Human Services Class, Citadel High School.
47. **Sherry, D. L., & Haley, J.** (2015, March-April). *Behaviour Change Skills Competency Training Modules*. Workshop (4 sessions) provided to staff in the Nephrology Program at Capital Health, Halifax, Nova Scotia, Canada.
48. **Sherry, D. L.** (2015, February). *Addressing non-adherence: Behaviour Change Tools*. Presentation for medical residents, Capital Health, Halifax, Nova Scotia, Canada.
49. **Sherry, D. L.** (2015, January). *Obesity Panel*. Presentation for medical residents, Capital Health, Halifax, Nova Scotia, Canada.
50. **Sherry, D. L.** (2014, December). *Motivational Communication*. Presentation for Nephrology Orientation Day, Capital Health, Halifax, Nova Scotia, Canada.
51. **Sherry, D. L., & McLaughlin, E.** (2014, November). *What to do with the "non-compliant" patient: Special issues in dealing with children, adolescents, and families*. Presentation for the Atlantic Provinces Pediatric Hematology/Oncology Network Conference.
52. **Sherry, D. L.** (2014, November). *What to do with the “non-compliant” patient: Behaviour change tools for pharmacists*. Presentation for the Dalhousie Continuing Pharmacy Education Annual Refresher, Halifax, Nova Scotia, Canada.
53. **Sherry, D. L.** (2014, October). *How pharmacists can be agents of behavior change*. Presentation for the Pharmacy Conference: Non Traditional Roles in Pharmacy, Halifax, Nova Scotia, Canada.
54. **Sherry, D. L., & McLaughlin, E.** (2014, October). *What to do with the "non-compliant" patient: Special issues in dealing with children, adolescents, and families*. Presentation for Continuing Education for IWK Nephrology Team.
55. Vallis, T. M., Chorney, J., **Sherry, D. L.,** Gillespie, J., & McLaughlin, E. (2014, October). *Motivational Communication*. Two-day training provided to staff at the IWK, Halifax, Nova Scotia, Canada.
56. **Sherry, D. L., & Haley, J.** (2014, May-June). *Behaviour Change Skills Competency Training Modules*. Workshop (4 sessions) provided to staff in the Nephrology Program at Capital Health, Halifax, Nova Scotia, Canada.
57. **Sherry, D. L.** (2014, July). *Behaviour change tools for dieticians*. Presentation for the Capital Health Dieticians meeting, Halifax, Nova Scotia, Canada.
58. **Sherry, D. L.** (2014, May). *What to do when patients don’t take their meds (and other behavioural problems)*. Presentation for the Nova Scotia Branch of the Canadian Society of Hospital Pharmacists Education Day, Halifax, Nova Scotia, Canada.
59. **Sherry, D. L.** (2014, May). *Achieving a Healthy Weight: Tools for Success*. Presentation for Take Off Pounds Sensibly (TOPS) Provincial Recognition Days, Halifax, Nova Scotia, Canada.

60. **Sherry, D. L.,** & Sherry, S. B. (2014, February). *Managing “difficult” patients*. Presentation for the Capital Health Nephrology Program Lunch and Learn Series, Halifax, Nova Scotia, Canada.
61. **Sherry, D. L.,** & Sherry, S. B. (2014, February). *What to do with the “non-compliant” patient*. Presentation for the Multi-Organ Transplant Program Lunch and Learn Series, Halifax, Nova Scotia, Canada.
62. **Sherry, D. L.** (2013, June). *Coping with difficult behaviour*. Presentation for the Regional Symposium of the Canadian Association of Nephrology Nurses and Technologists, Dartmouth, Nova Scotia, Canada.
63. **Sherry, D. L.,** & Sherry, S. B. (2013, June). *Coping with difficult behaviour*. Paper presented at the Regional Symposium of the Canadian Association of Nephrology Nurses and Technologists, Dartmouth, Nova Scotia, Canada.
64. McIntyre, B., & **Sherry, D. L.** (2011, April). *Work up for kidney-pancreas transplant: A case study*. Presentation for Nursing/Allied Health Education Rounds, Halifax, Nova Scotia, Canada.
65. **Sherry, D. L.,** & Sherry, S. B. (2011, November). *The perfectionism model of binge eating*. Presentation for the QEII Continuing Education Series for Psychology, QEII Health Sciences Centre, Halifax, Nova Scotia, Canada.
66. **Sherry, D. L.** (2009, March). *These are all good ideas...Now how do I put them into action? Making healthy changes*. Invited talk presented at the LiveRight Education Sessions for the Canadian Liver Foundation, Halifax, Nova Scotia, Canada.
67. **Sherry, D. L.,** & Hutchings, V. M. (2008, May). *Suicide: What you need to know*. Presentation for Rehabilitation Rounds, Halifax, Nova Scotia, Canada.

Scholarly Presentations²

1. Bartel, S. J., Sherry, S. B., Nealis, L. J., **Lee-Baggley, D. L.,** & Stewart, S. H. Drinking frequency, drinking quantity, and alcohol-related problems as trait-states: A 4-wave, 18-month longitudinal study of female undergraduates. Poster presented at Psychiatry Research Day, 2017: Halifax NS.
2. **Lee-Baggley, D. L.** (2017, June). “ACT for obesity: Clinical techniques and research outcomes” In D. Gillanders (Chair), *Same Technology, Different Delivery: Varieties of Formats of ACT Interventions for Chronic Health Problems*. Symposium conducted at the 2017 World Congress, Association for Contextual Behavioral Science, Seville, Spain.
3. **Lee-Baggley, D. L.,** Lillis, J., Owen, R. (2017, June). “Health Behavior Change: How to use RFT Principles and ACT Interventions to Change Habits” In D. Lee-Baggley (Chair), *ACT Interventions for Health Problems*. Symposium conducted at the 2017 World Congress, Association for Contextual Behavioral Science, Seville, Spain.
4. Day, A., **Lee-Baggley, D.L.,** & Helson, T. (2017, May). *ACTing to Improve Well-Being and Reduce Strain*. Paper presented at the 2017 European Association for Work and Occupational Psychology Congress, Dublin, Ireland.
5. **Lee-Baggley, D. L.** (2016, October). *The Use of Compassion in the Treatment of Obesity*. In **S. Kirk** (Chair), *Moving Beyond BMI: Does a Focus on*

² Published abstracts are indicated with a star (*).

- Childhood Obesity Help or Harm Our Children? Symposium conducted at the 2016 Canadian Association of Pediatric Health Centres., Halifax, NS.
6. **Lee-Baggley, D. L.**, Chorney, J., & Day, A. (2016, June). *Professional Resiliency Program for Healthcare Providers*. In **D. L. Lee-Baggley** (Chair), *Helping the helpers: ACT interventions for healthcare providers*. Symposium conducted at the 2016 World Congress, Association for Contextual Behavioral Science, Seattle, WA.
 7. **Lee-Baggley, D. L.** (2016, June). When the desire to help goes astray: Using ACT to help physicians and nurses not work harder than their patients. Ignite Session conducted at the 2016 World Congress, Association for Contextual Behavioral Science, Seattle, WA.
 8. **Lee-Baggley, D. L.** (2016, June). “*Dealing with challenging patients*”. Invited presentation at Dialysis Education Rounds, Halifax, Nova Scotia, Canada.
 9. **Lee-Baggley, D. L.** (2016, June). “*How to Get Patients Out of Bed and Back to Their Lives after Transplant: A Motivational Perspective*”. Invited presentation at MOTP Education Day, Halifax, Nova Scotia, Canada.
 10. Cohen, J., **Lee-Baggley, D. L.**, & Whitehorn, D. (2016, April). *An introduction to third Wave Cognitive Behaviour Therapist: Acceptance and Commitment Therapy, Dialectical Behaviour Therapy and Mindfulness-Based Approaches*. Invited presentation at XXVII W. O. McCormick Academic Day, Halifax, Nova Scotia, Canada.
 11. **Lee-Baggley, D. L.** (2016, March). “*Assessing Suitability for Transplant from a Psychological Perspective: A Case Study*” Presentation for Dalhousie University Department of Psychology and Neuroscience, Clinical Rounds/Case Conference, Halifax, Nova Scotia, Canada.
 12. **Lee-Baggley, D. L.** (2016, January). “*Professional Resilience & Acceptance and Commitment Therapy (ACT) in the Workplace*”. LEARN speaker series, Saint Mary’s University, Halifax, Nova Scotia, Canada.
 13. Piccinini, H., **Sherry, D. L.**, Stewart, M., & Bridget, R. (2015, May). *Gestational Weight Gain Trajectories In Nova Scotia Primary Care*. Presentation for Dalhousie University Department of Family Medicine Grand Rounds.
 14. Piccinini, H., **Sherry, D. L.**, Stewart, M., & Bridget, R. (2015, April). *Management of Gestational Weight Gain in Primary Care*. Toronto. Invited plenary keynote presentation. Canadian Obesity Summit, Toronto, ON.
 15. Pow, J., **Sherry, D. L.**, & DeLongis, A. (2015, May). *Daily coping with a focus on self and other: The role of stressor type, appraisals, and the big five*. Poster presented at the American Psychological Association, New York, NY.
 16. Collins, J. L., Sherry, S. B., **Sherry, D. L.**, & Stewart, S. H. (2014, June). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Poster session presented at the 37th Annual Research Society on Alcoholism Meeting, Bellevue, WA, U.S.A.
 17. Ramasubbu, C., Sherry, S. B., Gautreau, C. M., **Sherry, D. L.**, Nealis, L. J., Hadjistavropoulos, H. D., & Stewart, S. H. (2014, May). *Do catastrophizing of bodily sensations and health-related reassurance-seeking maintain health-related anxiety? Evidence from a 28-day daily diary study with*

- longitudinal follow-up*. Poster session presented at the Canadian Association of Cognitive and Behavioural Therapies Meeting, Halifax, Nova Scotia, Canada.
18. Ramasubbu, C., Sherry, S. B., Gautreau, C. M., **Sherry, D. L.**, Nealis, L. J., Hadjistavropoulos, H. D., & Stewart, S. H. (2014, April). *Do catastrophizing of bodily sensations and health-related reassurance-seeking maintain health-related anxiety?* Paper presented at the 40th Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
 19. Collins, J. L., Sherry, S. B., **Sherry, D. L.**, & Stewart, S. H. (2013, March). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Paper presented at Crossroads: An Interdisciplinary Health Research Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 20. Collins, J. L., Sherry, S. B., **Sherry, D. L.**, & Stewart, S. H. (2013, November). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Paper presented at the 47th Annual Association for Behavioral and Cognitive Therapies Convention, Nashville, TN, U.S.A.
 21. Collins, J. L., Sherry, S. B., **Sherry, D. L.**, & Stewart, S. H. (2013, June). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Poster session presented at the 4th Annual West Coast Symposium on Addictive Disorders, La Quinta, CA, U.S.A.
 22. *Gautreau, C., Sherry, S. B., Stewart, S. H., **Sherry, D. L.**, & Mackinnon, S. P. (2013, June). *Does catastrophizing maintain health-related worry? A 14-day daily diary study*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
 23. *Gralnick, T. M., Sherry, S. B., Mushquash, C. J., **Sherry, D. L.**, Hewitt, P. L., & Flett, G. L. (2013, June). *Perfectionism and suicide: A meta-analysis*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
 24. Macneil, M. A., Sherry, S. B., Mushquash, A. R., Antony, M. M., Stewart, S. H., & **Sherry, D. L.** (2013, January). *Perfectionists don't play nicely with others: Perfectionism, conflict and depression in a 7-day, 14-occasion experience sampling study*. Poster session presented at the Society for Personality and Social Psychology 2013 Convention, New Orleans, LA, U.S.A.
 25. *Nealis, L. J., Sherry, S. B., Macneil, M. A., Stewart, S. H., & **Sherry, D. L.** (2013, June). *Self- and informant reports of narcissistic perfectionism predict changes in hostility*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
 26. *Sherry, S. B., Hall, P. A., & **Sherry, D. L.** (2013, June). *Perfectionism, difficulty accepting the past, and depression: A 2-wave longitudinal study of community members*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
 27. Smith, M., Sherry, S. B., Mackinnon, S. P., Stewart, S. H., **Sherry, D. L.**, & Antony,

- M. M. (2013, July). *The relationship between neuroticism and perfectionistic discrepancies: A longitudinal actor-partner interdependence model*. Poster session presented at the International Society for the Study of Individual Differences Annual Conference, Barcelona, Spain.
28. *Smith, M., Sherry, S. B., Macneil, M. A., **Sherry, D. L.**, Mackinnon, S. P., Antony, M. M., & Stewart, S. H. (2013, June). *Does socially prescribed perfectionism predict daily conflict? A 14-day diary study of romantic couples using self- and partner reports*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
 29. *Kaldas, J., Roxborough, H. M., Hewitt, P. L., Flett, G. L., Caelian C. M., Sherry, S. B., & **Sherry, D. L.** (2012, June). *Perfectionistic self-presentation, socially prescribed perfectionism, and suicide in youth: A test of the perfectionism social disconnection model*. Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
 30. MacKinnon, A. L., Sherry, S. B., Antony, M. M., Fossum, K., Graham, A. R., McGrath, D. S., Nealis, L. J., **Sherry, D. L.**, & Stewart, S. H. (2012, January). *Testing the social disconnection model in a short-term, four-wave longitudinal study*. Poster session presented at the Society for Personality and Social Psychology 2012 Convention, San Diego, CA, U.S.A.
 31. MacLean, S., Macneil, M. A., Sherry, S. B., Nealis, L. J., Stewart, S. H., **Sherry, D. L.**, & Smith, M. (2012, November). *Informant reports add incrementally to understanding of the perfectionism-depression connection: Evidence from a longitudinal study*. Poster session presented at the Psychiatry Research Day 2012, Dalhousie University, Halifax, Nova Scotia, Canada.
 32. Macneil, M. A., Mushquash, A. R., Sherry, S. B., Stewart, S. H., Mackinnon, S. P., Antony, M. M., & **Sherry, D. L.** (2012, April). *Heavy episodic drinking among dating partners: A longitudinal actor-partner interdependence model*. Paper presented at the 38th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 33. *Mushquash, A. R., Stewart, S. H., Sherry, S. B., **Sherry, D. L.**, MacKinnon, A. L., Alexander, S., & Mushquash, C. J. (2012, June). *Depressive symptoms and heavy episodic drinking in university women: A four-wave longitudinal study*. Poster session presented at the Canadian Psychological Association Annual 2012 Convention, Halifax, Nova Scotia, Canada.
 34. *Mushquash, A. R., Stewart, S. H., Sherry, S. B., Mackinnon, S. P., Antony, M. M., & **Sherry, D. L.** (2012, June). *Heavy episodic drinking among dating partners: A longitudinal actor-partner interdependence model*. Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
 35. Nealis, L. J., MacNeil, M. A., Smith, M., MacLean, S., Ramasubbu, C., & **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2012, April). *Narcissistic perfectionism: A framework for understanding grandiose, entitled, demanding, and critical people*. Paper presented at the 38th Annual In-House Conference of the

Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.

36. *Nealis, L. J., Macneil, M. A., Smith, M., MacLean, S., Ramasubbu, C., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2012, June). Revitalizing the narcissistic perfectionism construct. In S. B. Sherry (Chair), *Perfectionists don't play nicely with others: Understanding, assessing, and treating perfectionists and their interpersonal problems*. Symposium conducted at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
37. Sherry, S. B., Mackinnon, S. P., Mushquash, A. R., & **Sherry, D. L.** (2012, July). *Why do perfectionists binge eat? Evidence from longitudinal and experience sampling designs*. Paper presented at Further Advances in Perfectionism Research, York St John University, York, England.
38. Smith, M., Sherry, S. B., Mackinnon, S. P., Stewart, S. H., **Sherry, D. L.**, Antony, M. M., & Hartling, N. (2012, May). *Is neuroticism a risk factor for perfectionism? A longitudinal actor-partner interdependence model*. Paper presented at the 36th Annual Science Atlantic Undergraduate Psychology Conference, Acadia University, Wolfville, Nova Scotia, Canada.
39. *Smith, M., Sherry, S. B., Mackinnon, S. P., Stewart, S. H., **Sherry, D. L.**, Antony, M. M., & Hartling, N. (2012, June). *Is neuroticism a source trait for perfectionism? A longitudinal actor-partner interdependence model*. Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
40. *Fitzpatrick, S., Hartling, N., Sherry, S. B., Hewitt, P. L., Flett, G. L., & **Sherry D. L.** (2011, June). *Perfectionism and interest in cosmetic surgery*. Poster session presented at the Canadian Psychological Association 2011 Convention, Toronto, Ontario, Canada.
41. Mackinnon, S. P., Sherry, S. B., Graham, A. R., Stewart, S. H., **Sherry, D. L.**, Allen, S. L., Fitzpatrick, S., & McGrath, D. S. (2011, April). *The perfectionism model of binge eating: A self-perpetuating cycle*. Paper presented at the 37th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
42. *•Mackinnon, S. P., Sherry, S. B., Stewart, S. H., Antony, M. M., **Sherry, D. L.**, & Hartling, N. (2011, June). Self-critical perfectionism, abrasiveness, and depressive symptoms: An actor-partner interdependence model. In S. B. Sherry (Chair), *Perfectionism and depression: New theory and evidence relevant to clinical practice*. Symposium conducted at the Canadian Psychological Association 2011 Convention, Toronto, Ontario, Canada.
43. **Sherry, D. L.**, & Sherry, S. B. (2011, November). *The perfectionism model of binge eating*. Paper presented at the QEII Continuing Education Series for Psychology, QEII Health Sciences Centre, Halifax, Nova Scotia, Canada.
44. Sun, M., Graham, A. R., Allen, S. L., Bordman, Z., Lapp, M., Harris, B., Kinden, R., Stevens, K., **Sherry, D. L.**, & Sherry, S. B. (2011, October). *Studying other-oriented perfectionism using self- and informant reports: Do mothers and daughters agree?* Poster session presented at the Psychiatry Research Day 2011, Dalhousie University, Halifax, Nova Scotia, Canada.

45. *Allen, S. L., Graham, A. R., McGrath, D., Breen, E. K., Tonet, J., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2010, August). *The existential model of perfectionism and depressive symptoms*. Poster session presented at the American Psychological Association 2010 Convention, San Diego, CA, U.S.A.
46. Allen, S. L., Mackinnon, S. P., Graham, A. R., Tonet, J. T., Breen, E. K., McGrath, D. S., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2010, May). *Refining and extending the perfectionism model of binge eating: A 4-wave, 28-day longitudinal study*. Poster session presented at the 34th Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.
47. Fitzpatrick, S., Mackinnon, S. P., Hartling, N., Allen, S. L., Orchard, B., Miller, K., Stewart, S. H., **Sherry, D. L.**, & Sherry, S. B. (2010, April). *Understanding the origins and the consequences of perfectionistic demands in romantic relationships*. Poster session presented at the 36th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
48. Fitzpatrick, S., Mackinnon, S. P., Hartling, N., Orchard, B., Allen, S. L., Miller, K., Stewart, S. H., **Sherry, D. L.**, & Sherry, S. B. (2010, May). *The social disconnection model: A common fate perspective*. Poster session presented at the 34th Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.
49. Fitzpatrick, S., Sherry, S. B., Hartling, N., Hewitt, P. L., Flett, G. L., & **Sherry, D. L.** (2010, October). *Narcissism, perfectionism, and interest in cosmetic surgery*. Poster session presented at Psychiatry Research Day 2010, Dalhousie University, Halifax, Nova Scotia, Canada.
50. MacKinnon, A. L., Sherry, S. B., Hewitt, P. L., **Sherry, D. L.**, & Stewart, S. H. (2010, October). *Perfectionistic attitudes, social disconnection, alcohol-related problems, and depressive symptoms: Testing and extending the social disconnection model*. Poster session presented at Psychiatry Research Day 2010, Dalhousie University, Halifax, Nova Scotia, Canada.
51. Mackinnon, S. P., Hartling, N., Orchard, B., Fitzpatrick, S., Allen, S. L., Miller, K., Stewart, S. H., **Sherry, D. L.**, & Sherry, S. B. (2010, April). *Caught in a bad romance: A test of the social disconnection model in romantic couples*. Paper presented at the 36th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
52. Orchard, B., Mackinnon, S. P., Hartling, N., Fitzpatrick, S., Allen, S. L., Miller, K., Stewart, S. H., **Sherry, D. L.**, & Sherry, S. B. (2010, May). *The social disconnection model in a sample of university romantic couples: A test of incremental validity*. Paper presented at the 34th Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.
53. *Roxborough, H., Hewitt, P. L., Flett, G. L., Caelian, C. F., **Sherry, D. L.**, Garland, J., & Sherry, S. B. (2010, August). *Impact of social disconnection on suicide*

- risk of perfectionists*. Poster session presented at the American Psychological Association 2010 Convention, San Diego, CA, U.S.A.
54. Allen, S. L., Graham, A. R., McGrath, D. S., Breen, E. K., Tonet, J. T., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, April). *A preliminary test of the existential alienation model: A three-wave longitudinal study*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 55. Allen, S. L., Graham, A. R., McGrath, D. S., Breen, E. K., Tonet, J. T., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, May). *Testing the existential alienation model: A cross-sectional study in an undergraduate sample*. Poster session presented at the 35th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 56. *Breen, E. K., Graham, A. R., Allen, S. L., Tonet, J. T., McGrath, D. S., Stewart, S. H., **Sherry, D. L.**, & Sherry, S. B. (2009, June). *The perfectionism model of binge eating: A second test of an emerging integrative model*. Poster session presented at the Canadian Psychological Association 2009 Convention, Montreal, Quebec, Canada.
 57. Graham, A. R., Allen, S. L., McGrath, D. S., Breen, E. K., Tonet, J. T., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, May). *Perfectionistic concerns, catastrophizing, difficulty accepting the past, and depressive symptoms: A short-term, 4-wave prospective study*. Paper presented at the 35th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 58. *Graham, A. R., Sherry, S. B., **Sherry, D. L.**, Flett, G. L., Hewitt, P. L., & Hall, P. A. (2009, August). *Socially prescribed perfectionism, difficulties in accepting the past, and depressive symptoms*. Poster session presented at the American Psychological Association 2009 Convention, Toronto, Ontario, Canada.
 59. Hartling, N., Doucette, S., Fossum, K., Hamilton, A., Sutherland, S. L., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, May). *A preliminary test of the interpersonal model of health anxiety in romantic couples*. Poster session presented at the 33rd Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Mount Saint Vincent University, Halifax, Nova Scotia, Canada.
 60. Hartling, N., Doucette, S., Fossum, K., Hamilton, A., Sutherland, S. L., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, April). *Testing the interpersonal model of health anxiety: Does health-related worry mediate the relation between interpersonal neuroticism and reassurance-seeking?* Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 61. Hartling, N., Doucette, S., Fossum, K., Hamilton, A., Sutherland, S. L., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, May). *Testing the interpersonal model of health anxiety: Interpersonal neuroticism, health-related worry, health-related reassurance-seeking, and health-related alienation in romantic couples*. Paper presented at the 35th Annual In-House Conference

- of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
62. Hartling, N., Vincent, N., Doucette, S., Hussman, J., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, October). *The interactive effect of anxious attachment and emotional instability on health anxiety: An extension of the interpersonal model of health anxiety*. Poster session presented at Psychiatry Research Day 2009, Dalhousie University, Halifax, Nova Scotia, Canada.
 63. Sherry, S. B., Graham, A. R., McGrath, D. S., Breen, E. K., Allen, S. L., Tonet, J. T., **Sherry, D. L.**, & Stewart, S. H. (2009, April). *The perfectionism model of binge eating: A short-term, 4-wave longitudinal study of vulnerability, pathoplastic, and complication effects*. Paper presented at the 35th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 64. Sutherland, S. L., McGrath, D. S., Graham, A. R., Breen, E. K., Allen, S. L., Tonet, J. T., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, April). *Perfectionism and depression: Testing vulnerability, scar, and reciprocal hypotheses in a 3-wave longitudinal study*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 65. Allen, S. L., Vriend, J. L., **Sherry, D. L.**, Sherry, S. B., Hewitt, P. L., Flett, G. L., & Wardrop, A. A. (2008, April). *Perfectionistic self-presentation and symptoms of body dysmorphic disorder*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 66. *Doucette, S., Sherry, S. B., Hewitt, P. L., **Sherry, D. L.**, & Stewart, S. H. (2008, June). *Do social disconnection and depressive symptoms mediate the relationship between perfectionism and alcohol abuse?* Poster session presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, Nova Scotia, Canada.
 67. Doucette, S., Sherry, S. B., Hussman, J., **Sherry, D. L.**, Vincent, N., & Stewart, S. H. (2008, April). *A preliminary test of the Interpersonal Model of Hypochondriasis*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 68. Doucette, S., Sherry, S. B., Stewart, S. H., Hussman, J., **Sherry, D. L.**, & Vincent, N. (2008, April). *The mediational role of reassurance seeking in the relationship between anxious attachment and hypochondriacal alienation: A preliminary test of the Interpersonal Model of Hypochondriasis*. Poster session presented at the 34th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 69. Doucette, S., Sherry, S. B., Stewart, S. H., **Sherry, D. L.**, Hussman, J., & Vincent, N. (2008, October). *The Interpersonal Model of Health Anxiety: Preliminary support for an integrative model*. Poster session presented at Psychiatry Research Day 2008, Dalhousie University, Halifax, Nova Scotia, Canada.

70. Hartling, N., Sherry, S. B., **Sherry, D. L.**, Hewitt, P. L., Flett, G. L., & Graham, A. R. (2008, October). *Is there a link between perfectionism and research productivity? Implications for understanding the (mal)adaptiveness of perfectionism*. Poster session presented at Psychiatry Research Day 2008, Dalhousie University, Halifax, Nova Scotia, Canada.
71. Kozel, P., Graham, A. R., Sherry, S. B., **Sherry, D. L.**, Flett, G. L., Hewitt, P. L., & Hall, P. A. (2008, October). *Understanding the role of ruminative regret in the connection between perfectionism and depression*. Poster session presented at Psychiatry Research Day 2008, Dalhousie University, Halifax, Nova Scotia, Canada.
72. *Roxborough, H., Sherry, S. B., Hewitt, P. L., Caelian, C. F., Flett, G. L. & **Sherry, D. L.** (2008, June). *The interpersonal aspects of perfectionism and suicide in youth: A test of the social disconnection model*. Poster session presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, Nova Scotia, Canada.
73. Sherry, S. B., **Sherry, D. L.**, Hewitt, P. L., & Flett, G. L. (2008, April). *Does perfectionism impede research productivity? A study of psychology professors*. Paper presented at the 34th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
74. •Sherry, S. B., **Sherry, D. L.**, Hewitt, P. L., Flett, G. L., & Graham, A. R. (2008, November). *Perfectionism dimensions and research productivity in psychology professors: Implications for understanding the (mal)adaptiveness of perfectionism*. Paper presented at the Psychology Colloquia Series, Saint Mary's University, Halifax, Nova Scotia, Canada.
75. *•Sherry, S. B., Stewart, S. H., Doucette, S., Hussman, J., **Sherry, D. L.**, & Vincent, N. (2008, June). The Interpersonal Model of Hypochondriasis. In S. H. Stewart (Chair), *Current research in health psychology*. Symposium presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, Nova Scotia, Canada.
76. *Vriend, J. V., Sherry, S. B., Hewitt, P. L., **Sherry, D. L.**, Flett, G. L., & Wardrop, A. A. (2008, June). *Perfectionism, appearance schemas, and symptoms of body dysmorphic disorder*. Poster presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, Nova Scotia, Canada.
77. *Hewitt, P. L., **Lee-Baggley, D. L.**, Sherry, S. B., & Flett, G. L. (2007, August). *Impact of concealing imperfections on treatment-related issues*. Symposium conducted at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.
78. ***Lee-Baggley, D. L.**, Hewitt, P. L., Mead, N., & Flett, G. (2007, May). *Perfectionism and headaches: The mediating role of perceived discrepancies*. Poster session presented at the 87th Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
79. *Puterman, E., Steeves, S., DeLongis, A., **Lee-Baggley, D. L.**, & Greenglass, E. (2007, August). *Health behaviors and sources of information during the SARS crisis*. Poster presented at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.

80. *Puterman, E., Steeves, S., DeLongis, A., **Lee-Baggley, D. L.**, & Greenglass, E. (2007, May). *Sources of information and health behaviours during the SARS crisis*. Poster session presented at the 87th Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
81. *Quaale, R., **Lee-Baggley, D. L.**, Sherry, S. B., Hewitt, P. L., & Flett, G. L. (2007, May). *Aged to perfection? Studying the relationship between perfectionism and age*. Poster session presented at the 87th Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
82. *Quaale, R., Sherry, S. B., Hewitt, P. L., Flett, G. L., & **Lee-Baggley, D. L.** (2007, May). *Does perfectionism impede research productivity? A study of psychology professors*. Poster session presented at the 87th Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
83. DeLongis, A., **Lee-Baggley, D. L.**, Puterman, E., Welsted, A., Pomaki, G., & Greenglass, E. (2006, July). *Coping with the threat of infectious disease: SARS and West Nile Virus*. Invited presentation, International Association of Applied Psychology, Athens, Greece.
84. *Letourneau, J., Sherry, S. B., Hewitt, P. L., Flett, G. L., **Lee-Baggley, D. L.**, & Hall, P. A. (2006, June). *Trait perfectionism, perfectionistic self-presentation, and disordered personality*. Poster session presented at the 67th Annual Convention of the Canadian Psychological Association, Calgary, AB, Canada.
85. *Letourneau, J., Sherry, S. B., **Lee-Baggley, D. L.**, Hewitt, P. L., Flett, G. L., & Law, A. (2006, June). *Contingencies of self-worth as mediators of the relationship between trait perfectionism and low self-esteem*. Poster session presented at the 67th Annual Convention of the Canadian Psychological Association, Calgary, AB, Canada.
86. Amari, E., Sherry, S. B., Hewitt, P. L., Besser, A., Flett, G. L., & **Lee-Baggley, D. L.** (2005, April). *Dependent perfectionism, reassurance seeking, and depressive symptoms*. Poster session presented at the 85th Annual Convention of the Western Psychological Association, Portland, OR.
87. Amari, E., Sherry, S. B., Hewitt, P. L., Flett, G. L., **Lee-Baggley, D. L.**, & Hall, P. A. (2005, April). *Dimensions of perfectionism and pathological personality traits*. Poster session presented at the 85th Annual Convention of the Western Psychological Association, Portland, OR.
88. DeLongis, A., Holtzman, S., **Lee-Baggley, D. L.**, Puterman, E., & Pomaki G. (2005, Aug). *Dyadic Coping and Support Processes*. Symposium conducted at the 19th Annual Conference of the European Health Psychology Society, Ireland.
89. ***Lee-Baggley, D. L.**, Albert, A., Puterman, E., & DeLongis, A. (2005, June). *The role of work and family stressors in individual health and marital well-being*. Poster session presented at the 66th Annual Convention of the Canadian Psychological Association, Montreal, QC, Canada.
90. *Letourneau, J., Sherry, S. B., **Lee-Baggley, D. L.**, Hewitt, P. L., & Flett, G. L. (2005, June). *Perfectionism and narcissism: A meta-analytic review*. Poster session presented at the 66th Annual Convention of the Canadian

- Psychological Association, Montreal, QC, Canada.
91. DeLongis, A., **Lee-Baggley, D. L.**, & Greenglass, E. (2004, Aug). *Coping with the threat of SARS*. Symposium conducted at the 112th Annual Convention of the American Psychological Association, Honolulu, HI.
 92. Greenglass, E., DeLongis, A., **Lee-Baggley, D. L.**, & Voorhoeave, P. (2004, Aug). *SARS and its effects: Coping with the threat*. Symposium conducted at the Annual Conference of the International Congress of Psychology, Beijing, China.
 93. **#Lee-Baggley, D. L.** (2004, May). *Stress and coping: Work, marriage and health*. Paper presented at the Green College 10th Anniversary Lecture Series, Vancouver, BC, Canada.
 94. DeLongis, A. Holtzman, S., & **Lee-Baggley, D. L.** (2003, Sept). *Stress, coping, and social support in couples living in step-families: A longitudinal study*. Symposium conducted at the 17th European Health Psychology Society Conference, Kos, Greece.
 95. DeLongis, A., Preece, M., & **Lee-Baggley, D. L.** (2003, May). *Stress, coping, and social support processes among couples in step-families*. Symposium conducted at the 83rd Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
 96. *Greenglass, E. R., DeLongis, A., **Lee-Baggley, D. L.**, & Bishop, G. D. (2003, Aug). *Coping with the threat of infection*. Symposium conducted at the 111th Annual Convention of the American Psychological Association, Toronto, ON, Canada.
 97. Holtzman, S., **Lee-Baggley, D. L.**, & DeLongis, A. (2003, Nov). *The role of stress appraisals and social support among couples living in stepfamilies*. Poster session presented at the 65th National Council on Family Relations Annual Conference, Vancouver, BC, Canada.
 98. Koopman, L., **Lee-Baggley, D. L.**, & DeLongis, A. (2003, May). *Predictors of marital satisfaction and adjustment among couples in step-families: A two-year prospective study*. Poster session presented at the 83rd Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
 99. **#Lee-Baggley, D. L.** (2003, May). *My life at prison: Musings from a clinical psychology student working at a maximum security men's federal penitentiary*. Green College Member Speaker Series Presentation, Vancouver, BC, Canada.
 100. **#Lee-Baggley, D. L.** (2003, Sept). *Practicum at prison: Psychology on the inside of a maximum security men's federal penitentiary*. Presentation for the Department of Psychology, Clinical Seminar Series, Vancouver, BC, Canada.
 101. **Lee-Baggley, D. L.**, & DeLongis, A. (2003, Feb). *The use of daily process methodology in studying stress and coping*. Paper presented at the 2003 Conry Conference on Measurement, Evaluation and Research Methodology, Vancouver, BC, Canada.
 102. **Lee-Baggley, D. L.**, DeLongis, A., Grover, R., & Chan, T. (2003, May). *Coping with family stress: relationship and mood outcomes*. Poster session presented at

- the 83rd Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
103. ***Lee-Baggley, D. L.**, Preece, M., & DeLongis, A. (2003, Aug). *Factors predicting divorce and marital satisfaction among couples in step-families*. Poster session presented at the Annual Convention of the American Psychological Association, Toronto, ON, Canada.
 104. **Lee-Baggley, D. L.**, Preece, M., DeLongis, A., Holtzman, S., & Chorney, D. (2003, Nov). *Coping with family stress: Implications for long term marital outcomes among couples in step-families*. Paper presented at the 65th National Council on Family Relations Annual Conference, Vancouver, BC.
 105. ***Lee-Baggley, D. L.**, DeLongis, A., & Campbell, J. D. (2002, June). *A daily process study of the role of personality and coping strategies in stress outcomes*. Symposium conducted at the 62nd Annual Convention of the Canadian Psychological Association, Vancouver, BC, Canada.
 106. ***Lee-Baggley, D. L.**, DeLongis, A., Holtzman, S., & Campbell, J. D. (2002, June). *Emotion-, problem- and relationship-focused coping in stress outcomes among couples*. Poster session presented at the 62nd Annual Convention of the Canadian Psychological Association, Vancouver, BC, Canada.
 107. *Holtzman, S., DeLongis, A., Newth, S., & **Lee-Baggley, D. L.** (2001, June). *Social support among patients with rheumatoid arthritis: A daily process study*. Poster session presented at the 62nd Annual Convention of the Canadian Psychological Association, Quebec City, QC, Canada.
 108. Holtzman, S., DeLongis, A., Newth, S., & **Lee-Baggley, D. L.** (2001, July). *Social support and pain: A daily process study*. Poster session presented at the annual convention of the World Congress of Behavioural and Cognitive Therapies, Vancouver, BC, Canada.
 109. Holtzman, S., DeLongis, A., Newth, S., & **Lee-Baggley, D. L.** (2001, August). *Personality and social support among patients with rheumatoid arthritis*. Poster session presented at the 109th Annual Convention of the American Psychological Association, San Francisco, CA.
 110. ***Lee-Baggley, D. L.**, DeLongis, A., O'Brien, T., Holtzman, S., & Campbell, J. D. (2001, June). *Personality, stress, and coping in step-families: A daily process study*. Poster session presented at the 62nd Annual Convention of the Canadian Psychological Association, Quebec City, QC, Canada.
 111. **Lee-Baggley, D. L.**, DeLongis, A., O'Brien, T., Holtzman, S., & Campbell, J. D. (2001, July). *Personality and coping in couples*. Poster session presented at the annual convention of the World Congress of Behavioural and Cognitive Therapies, Vancouver, BC, Canada.
 112. **Lee-Baggley, D. L.**, DeLongis, A., O'Brien, T., Holtzman, S., & Campbell, J. D. (2001, August). *A daily process study of the role of personality in coping*. Poster session presented at the 109th Annual Convention of the American Psychological Association, San Francisco, CA.
 113. ***Lee-Baggley, D. L.**, & Mahoney, A. (2000, June). *The relationship between response styles to depression and negative mood regulation expectancies*. Poster session presented at the 61st Annual Convention of the Canadian Psychological Association, Ottawa, ON, Canada.

Book Chapters

1. **Lee-Baggley, D. L.**, Nealis, N., & Sherry, S. B. (2016). Working with perfectionists in a clinical context: A practitioner's perspective. A. Hill (Ed.) *The Psychology of Perfectionism in Sport, Dance, and Exercise*. Routledge.

Books

1. **Lee-Baggley, D. L.** (2019). *Healthy habits suck: How to be healthy when you really want to lie on the couch and eat ice cream*. New Harbinger Press.

Theses

1. **Lee-Baggley, D. L.** (2005). *Stable, situational and interpersonal influences in stress and coping: A daily process study*. Dissertation. University of British Columbia, Vancouver, BC, Canada.
2. **Lee-Baggley, D. L.** (2002). *Personality, stress and coping in step-families: A daily process study*. Masters thesis. University of British Columbia, Vancouver, BC, Canada.
3. **Lee-Baggley, D. L.** (2000). *The relationship between response styles to depression and negative mood regulation expectancies*. Honours thesis. University of Calgary, Calgary, AB, Canada.

MEDIA RELATIONS

1. Grudic, J. (2018, January 27). Workshop aims to put a spotlight on sexual misconduct. Global News at 6 Halifax. Retrieved from <https://globalnews.ca/video/3991695/workshop-aims-to-put-spotlight-on-sexual-misconduct>.
2. Corfu, N. (2018, January 18). Alleged harassment at French film festival leads to Halifax workshop for women. CBC News. Retrieved from <http://www.cbc.ca/news/canada/nova-scotia/sexual-harassment-cannes-screen-industry-workshop-atlantic-canadian-women-1.4495432>
3. Frisko, B. (2018, January 26). Sexual harassment in the workplace. CTV Atlantic. Retrieved from <https://atlantic.ctvnews.ca/video?clipId=1312556>
4. Blanchet, S. (2018, January 28). Harcèlement sexuel : identifier ce qui est ou non acceptable ICI Radio Canada Nouvelle Ecosse. Retrieved from <http://ici.radio-canada.ca/nouvelle/1080796/harcelement-sexuel-metoo-industrie-cinema-television-atlantique-formation>
5. Marina von Stackelberg, M. (2018, January 28). Local film industry working on sexual harassment policy. CBC News. Retrieved from <http://www.cbc.ca/news/canada/nova-scotia/women-in-film-workshop-1.4507798>
6. Squires, D. (2017, May 5). Physical activity can help you with your mental health. Global News at 6 Halifax. Retrieved from <http://globalnews.ca/video/3430488/physical-activity-can-help-you-with-your-mental-health>

7. Grudic, J. (2016, October 25). Canadian health professionals meet in Halifax, discuss childhood obesity. Global News at 6 Halifax.
8. **Lee-Baggley, D. L.** Death, Dying, and the “Fix-It-Urge” *Impact Ethics*, August 16, 2016. Retrieved from <https://impactethics.ca/2016/08/16/death-dying-and-the-fix-it-urge/>
9. **Sherry, D. L., & Ramasubbu, C.** “Obesity’s causes and effects.” Published in: The Chronicle Herald Opinions, Saturday June 13, 2015.
10. McLean, E. (2015, January 30). All too perfect. Capital District Health Authority Media Centre. Retrieved from <http://www.cdha.nshealth.ca/media-centre/news/all-too-perfect>
11. Sherry, S. B., **Sherry, D. L., & Ramasubbu, C.** (2015, May 9). Anxiety is a costly issue. *Truro Daily News*. <http://www.trurodaily.com/Opinion/Letters-to-the-Editor-5467>
12. Sherry, S. B., **Sherry, D. L., & Ramasubbu, C.** (2015, May 4). Depth, breadth of anxiety. *The Chronicle Herald*. Retrieved from <http://thechronicleherald.ca/letters/1283945-voice-of-the-people-may-4-2015>
13. Chan, L. (2007, February). It’s a pain to be perfect. *UBC Reports*, 55, 5.
14. Low, R. (2007, March 29). Perfectionism. *CTV Your Health News*.

TEACHING AND SUPERVISORY EXPERIENCE

SUPERVISORY EXPERIENCE

Healthcare Professionals			
Year		Name	Supervisory Role
Start	Finish		
2017		Robert, Celine (MA Psychologist)	NSBEP Registration Supervisor
2017		Davidson, Kelly (M.Ed, Counselling Therapist)	Clinical Supervisor in EFT for couples
2017		Green, Hilary (PhD Psychologist)	Clinical Supervisor in EFT for couples
2017		Alyaa Abouzied (MD, Family Physician)	Clinical Supervisor in ACT
2016	2017	Luedemann, Paula (MA Psychologist)	Clinical Supervisor in ACT
2016	2018	Vincent, Nicole (PhD Psychologist)	NSBEP Registration Supervisor
Graduate Students			
Year		Student Name	Supervisory Role
Start	Finish		
2018	2018	Krsmanovic, Adrijana	Pre-Doctoral Clinical Psychology Residency Supervisor

February 2018

2018		Bilsbury, Tanya	Clinical Practicum Supervisor
2016	2017	Rosen, Lianne	Pre-Doctoral Clinical Psychology Residency Supervisor
2017	2017	Bailey, Kristen	Clinical Practicum Supervisor
2016	2016	Rancourt, Kate	Clinical Practicum Supervisor
2015	2016	O'Brien, Karen	Pre-Doctoral Clinical Psychology Residency Supervisor
2014	2015	Williamson, Kate	Pre-Doctoral Clinical Psychology Residency Co-Supervisor
2014	2015	Page, Gabrielle	Pre-Doctoral Clinical Psychology Residency Co-Supervisor
Undergraduate Students			
Year		Student Name	Supervisory Role
Start	Finish		
2016	2017	Helson, Thomas	Research Project Co-Supervisor
2015	2016	Logan, Nealis	Research Project Co-Supervisor
2011	2012	Graham, Aislin	Research Project Co-Supervisor

TEACHING EXPERIENCE

- 2017 *Part time teacher, Saint Mary's University*
-taught first year psychology course (Social Psychology)
- 2016-present *Guest Lecturer, Dalhousie University*
-provided guest lectures for graduate courses in Clinical Interventions and Clinical Rounds/ Case Conference, Advanced Clinical Skills
- 2012-present *Guest Lecturer, Dalhousie University*
-provided guest lectures for undergraduate course in abnormal and personality psychology
- 2002-2007 *Guest Lecturer, University of British Columbia and University of Saskatchewan*
-provided guest lectures for undergraduate and graduate courses in personality psychology, abnormal psychology, and health psychology
- 2001-2004 *Teaching Assistant, University of British Columbia*
-graded exams and term papers, held regular office hours, and handled student concerns for undergraduate courses in abnormal psychology, health psychology, culture and evolution, and history of psychology

PROFESSIONAL ACTIVITIES

Membership in Professional Organizations

2017-present	President, Atlantic Canada Chapter, Association for Contextual Behavioral Science
2016-2017	President-Elect, Atlantic Canada Chapter, Association for Contextual Behavioral Science
2016-present	Vice Chair, Halifax Chapter, Canadian Obesity Network
2016-present	Member, Atlantic Canada Chapter, Association for Contextual Behavioral Science
2015-present	Member, The Obesity Society
2014-present	Member, Association for Contextual Behavioral Science
2013-present	Member, International Centre for Excellence in Emotionally Focused Therapy
2013-present	Member, Canadian Obesity Network
2000-2006	Member, American Psychological Association
1999-present	Member, Canadian Psychological Association

Committees and Community Involvement

2015-present	Member, Professional and Ethical Standards Committee, Psychology:QEII
2014-present	Lead, Multi-Organ Transplant Program Respectful Workplace Team Plan
2013-present	Member, Partners for Healthier Weight Advisory Board and Research Committee
2013-present	Member, Multi-Organ Transplant Program Quality Control Committee
2013-present	Expert Contributor, Nova Scotia Renal Program, Home Dialysis Steering Committee
2012-2015	Member, Psychology Advocacy Action Committee, Psychology: QEII
2007-present	Member, Selection Committee, Psychology- QEII Predoctoral Residency in Clinical Psychology
2007-2009	Co-Chair, Multi-Organ Transplant Program Promise Council on outcomes measurement, Capital Health
2005-2006	Member, Resident Advisory Committee
2003-2006	Campus Representative, American Psychological Association of Graduate Students (APAGS)
2003-2004	Co-Coordinator, Clinical Seminar Series
2002	Volunteer, Dining with Dignity
2001-2002	Treasurer, Psychology Graduate Student Council
2001-2002	Co-chair, Green College Social Committee
2001	First Year Representative, Psychology Graduate Student Council
2001	Co-editor, Green College <i>Conversations</i> Publication
2000-2002	Director, Green College Dining Society Board of Directors
2000-2001	Director of Student Affairs (Elected Executive), UBC Graduate Student Society
2000-2001	Member, Green College Outreach Committee

Ad-Hoc Reviewer

Personality and Individual Differences

SAGE Open

BMC Obesity

Canadian Journal of Diabetes

Journal of Contextual Behavioral Sciences

CONTINUING EDUCATION

1. 2-day workshop on An introduction to Compassion Focused Therapy (CFT) with Paul Gilbert, Dennis Tirsch, and Laura Silberstein (2017, Seville, Spain).
2. 5-day ACBS World Conference 15 (2017, Seville, Spain)
3. 1-day workshop on Emotion Focused Therapy for Individuals with Dr. Cheryl Aubie (2017, Halifax, NS).
4. 8-day clinical workshop (I served as a facilitator) Core Skills for Emotion Focused Therapy with Marlene Best, Gail Palmer, Normand Gingras and Paul Greenman (2017, Halifax, NS).
5. 4-day clinical workshop (I served as a facilitator) on Emotion Focused Therapy: A Four Day Externship in Emotionally Focused Therapy for Couples” with Gail Palmer and Robert Allan (2017, Halifax, NS).
6. 1-day workshop on Designing & Conducting Focus Groups in Health Research by Olga Kits, Research Methods Unit (2017, Halifax, NS)
7. 2-day workshop on Acceptance and Commitment Therapy with Dr. Lisa Coyne (2016, Halifax, NS)
8. 1-day workshop on Acceptance and Commitment Therapy with Dr. Susie McAfee (2016, Halifax, NS)
9. 2-day Advanced Externship in Emotion Focused Therapy with Robert Allan, Ph.D. (2016, Halifax, NS)
10. 4 hours individual supervision in Acceptance and Commitment Therapy with Jason Luoma, Ph.D. (2016-2017)
11. 20 hours group supervision in Emotion Focused Therapy with Margaret MacDonell (2015-2016, Halifax, NS)
12. 11 hours individual supervision in Emotion Focused Therapy with Robert Allan, Ph.D. (2016, Halifax, NS)
13. Monthly peer supervision group on Acceptance and Commitment Therapy co-sponsored by Atlantic Canada Chapter of ACBS (2016-present)
14. 8-week online training Advanced workshop on Acceptance and Commitment Therapy with Russ Harris, Ph.D. (2016, Halifax, NS)
15. 2-day clinical workshop on “Mastering the Clinical Conversation: Language as Intervention” (Relational Frame Theory) with Matthieu Villatte, Ph.D., Jennifer L. Villatte, Ph.D., and Steven C. Hayes, Ph.D. (2016, Seattle, WA, USA).
16. Monthly peer supervision group on Acceptance and Commitment Therapy (2015-2016)
17. 4-day clinical workshop (I served as a facilitator) on Emotion Focused Therapy titled: A Four Day Externship in Emotionally Focused Therapy for Couples” with Gail Palmer (2015, Halifax, NS).

18. 1-day clinical workshop on Acceptance and Commitment Therapy in Primary Care with Patricia Robnson, Ph.D. and Kirk Strosahl, Ph.D. (2015, London, UK)
19. 1-day clinical workshop on Functional Analytic Psychotherapy with Robert Kohlenberg, Ph.D. and Mavis Tsai, Ph.D. (2015, Seattle, WA, USA)
20. 1-day clinical workshop on Acceptance and Commitment Therapy in Primary Care with Patricia Robnson, Ph.D. and Kirk Strosahl, Ph.D. (2015, Seattle, WA, USA)
21. 8-week online training workshop on Acceptance and Commitment Therapy with Russ Harris, Ph.D. (2015, Halifax, NS)
22. 6-week research workshop on Qualitative Health Research by Olga Kits, Research Methods Unit (2015, Halifax, NS)
23. 1-day clinical workshop on legal issues in clinical psychology: “Be Prepared: The Law Will Find You: Understand your rights and ethical responsibilities when interacting with lawyers and the Courts” with Myles Genest, Ph.D. Chief Psychologist of Genest MacGillivray Psychologists and Dan Ingersoll, QC of Cox & Palmer Law Firm (2014, Halifax, NS)
24. 4-day clinical workshop on Emotion Focused Therapy titled: A Four Day Externship in Emotionally Focused Therapy for Couples” with Gail Palmer, MSW, RMFT, one of the Founding Members of the Ottawa Couple and Family Institute and co-director of the International Centre of Excellence in Emotionally Focused Therapy (2013, Halifax, NS)
25. 1-day CPA workshop titled “Advocacy Workshop: How to Engage and Influence Decision Makers and the Public” with John Service, Ph.D., Director of CPA's Practice Directorate and Meagan Hatch, CPA's Manager of Government Relations (2012, Halifax, NS)
26. 2-day advanced statistical workshop on longitudinal and structural equation modeling with Mplus with program creators Linda and Bengt Muthen, Ph.D.s (2009, Baltimore, MD)
27. 1-day statistical workshop on meta-analysis presented by the Nova Scotia Foundation for Health Research with Joseph Beyene, Ph.D. and Jill Hayden, Ph.D., from the Cochrane Collaboration (2009, Halifax, NS)
28. 2-day statistical workshop on structural equation modeling with Mplus with program creators Linda and Bengt Muthen, Ph.D.s (2008, Baltimore, MD)
29. 10-day statistical workshop on longitudinal analyses with multilevel modeling and structural equation modeling as part of the Summer Programme in Data Analysis presented by the Institute for Social Research at York University and the Social Sciences and Humanities Council of Canada (2007, Toronto, ON)
30. Half-day clinical workshop on treatment of anxiety in children/youth with Sandra Clark, Ph.D., presented by University of British Columbia Psychology Clinic (2007, Vancouver, BC)
31. 3-day statistical workshop on multilevel modeling with SAS with Daniel Bauer, Ph.D. (2007, Toronto, ON)
32. 6-week, weekly seminar on Cognitive Behavioural Analysis System of Psychotherapy for chronic depression with John E. Carr, Ph.D. (2007, Seattle, WA)
33. 5-day statistical workshop on multilevel modeling with Zin Ma, Ph.D. (2006, Edmonton, AB)
34. 2-day clinical workshop on Dialectical Behaviour Therapy with Lawrence Y. Katz, M.D. (2006, Moose Jaw, SK)
35. 1-day clinical workshop on clinical health psychology with T. Michael Vallis, Ph.D. (2005, Saskatoon, SK)
36. 2-day statistical workshop on structural equation modeling with AMOS with program creator, John Raz, Ph.D. (2005, Washington, DC)

37. 2-day clinical workshop on Mindfulness-Based Cognitive Therapy for depression with Zindel Segal, Ph.D. (2005, Vancouver, BC)
38. 3-day statistical workshop on hierarchical data modeling with HLM 6.0 with program creators, Steve Raudenbush, Ph.D. and Tony Bryk, Ph.D. (2004, Chicago, IL)
39. 1-day clinical workshop on generalized anxiety disorder and social phobia, presented by University of British Columbia Psychology Clinic and the Anxiety Disorders Clinic of the University of British Columbia hospital. (2003, Vancouver, BC)
40. 2-day clinical workshop on Core Depression Changeways Treatment Program with Randy Patterson, Ph.D. (2003, Vancouver, BC)

HONOURS AND AWARDS

- Women of Excellence Award category of Health, Sport, and Wellness (2017)
- Social Sciences and Humanities Council of Canada, Summer Programme in Data Analysis Travel Award (2007)
- Michael Smith Foundation for Health Research Post-Doctoral Fellowship (2006-2007)
- Western Psychological Association Student Scholarship Award (2003)
- Michael Smith Foundation for Health Research Doctoral Trainee Award (2002-2006)
- Social Sciences and Humanities Research Council Doctoral Award (2001-2006)
- University of British Columbia Graduate Fellowship (2001-2002)
- Lougheed Award of Distinction, Alberta Heritage Scholarship Foundation (2001)
- University of British Columbia Graduate Fellowship (2000)
- Green Graduate Scholar Award (2000)
- Ken Lem Carter Graduate Award, the Canadian Scholarship Trust Plan (2000)
- Muriel Kovitz Prize, University of Calgary, for distinction in scholarship (2000)
- Governor General's Medal, for distinction in scholarship (2000)
- Lieutenant Governor's Gold Medal, for distinction in scholarship (2000)
- Faculty of Social Sciences, University of Calgary, Gold Medal, for distinction in scholarship (2000)
- Psychology Department Silver Medallion, University of Calgary, for distinction in scholarship (2000)
- Alberta Heritage Fund for Medical Research Summer Scholarship (2000)
- Rhodes Scholar Nominee, University of Calgary (2000)
- Leaders of Tomorrow Award, in recognition for outstanding contributions to the community through volunteer service (2000)
- First Calgary Savings Scholarship (1999)
- Louise McKinney Post-Secondary Scholarship (1997-1999)
- University of Calgary Matriculation Merit Award (1996-1999)
- West Canadian Graphic Scholarship (1996)
- Alexander Rutherford Scholarship (1996)
- Dean's List (1996-2000)

CLINICAL EXPERIENCE

1. Registered Psychologist

Sep. 2013-present

Site: Behaviour Change Institute, Capital Health, Halifax, NS

February 2018

Description: Responsibilities include providing presentations, training, and workshops in theory-driven, evidence- and competency-based behaviour change counselling strategies for healthcare providers promoting health behaviour change.

2. *Registered Psychologist*

Oct. 2010-present

Site: QEII Health Sciences Centre, Halifax, NS

Description: Clinical responsibilities include assessment, treatment, and consultation for transplant recipients in the Liver and Kidney/Pancreas Transplant Program and assessment, treatment, and consultation of living kidney donors in the Kidney Transplant Program as part of an interdisciplinary team. Interdisciplinary team includes surgeons, physicians, nurses, nurse practitioners, social workers, dietitians, occupational therapists, physiotherapists, and pharmacists. Presenting problems include adjusting to and managing chronic illnesses, promoting lifestyle changes, recovering from surgery, coping with and managing stress, anxiety and mood disorders, adjustment disorders, substance use disorders, obesity, sleep disorders, somatisation and health anxiety, grief, chronic pain, interpersonal problems, and personality disorders. Clinical services are conducted with a commitment to evidence-based approaches including cognitive-behavioural, behavioural, motivational enhancement, and interpersonal orientations.

3. *Registered Psychologist*

Sep. 2013-present

Site: Partners for Healthier Weight, Halifax, NS

Description: Clinical responsibilities include assessment, treatment, and consultation for Partners for Healthier Weight. This program is the first medically and psychologically focused obesity management centre in Atlantic Canada. The program includes a multidisciplinary team of healthcare professionals includes psychologists, physicians, dietitians, nurses, and physiotherapists.

4. *Registered Psychologist*

Aug. 2008-Oct. 2009

5. *Psychologist (Candidate Register)*

July 2007-July 2008

Site: QEII Health Sciences Centre, Halifax, NS

Description: Clinical responsibilities included assessment, treatment, and consultation for transplant recipients in the Liver Transplant Program and assessment, treatment, and consultation of living kidney donors in the Kidney Transplant Program as part of an interdisciplinary team. Also responsible for psychological services (e.g., assessment, consultation, individual and group treatment) for inpatients with chronic illness, traumatic injuries, brain injuries, neurodegenerative diseases, and musculoskeletal conditions in Rehabilitation Services as part of an interdisciplinary team. Interdisciplinary teams in both services included surgeons, physicians, nurses, nurse practitioners, social workers, dietitians, occupational therapists, physiotherapists, and pharmacists. Presenting problems included adjusting to and managing chronic illnesses, promoting lifestyle changes, recovering from surgery, coping with and managing stress, anxiety and mood disorders, adjustment disorders, substance use disorders, obesity, sleep disorders, somatisation and health anxiety, grief, chronic pain, interpersonal problems, and personality disorders. Clinical services were conducted with a commitment to

evidence-based approaches including cognitive-behavioural, behavioural, motivational enhancement, and interpersonal orientations.

6. *Psychology Resident*

Sept. 2005-Aug. 2006

Site: Saskatoon Health Region, Saskatoon, SK

Description: *Rehabilitation Health (F.I.T. for Active Living)*. Responsible for assessment, individual and group therapy, and consultation for clients injured in motor vehicle accidents as part of an interdisciplinary rehabilitation day program. Presenting problems included PTSD, chronic pain, depression, adjustment disorders, anxiety, issues of loss, and problems with motivation for rehabilitation. Provided individual and group psychotherapies. Orientations involved cognitive-behavioural, interpersonal, motivational enhancement, psycho-educational, and behavioural management with a focus on empirically supported interventions.

Clinical Health Psychology (Royal University Hospital). Provided outpatient psychotherapy and inpatient consultation for children, adolescents, and adults with comorbid medical diagnoses (e.g., diabetes, obesity, cardiac conditions, headaches, blindness, and epilepsy) and psychological issues (e.g., challenges in coping, stress related problems, anxiety and affective disorders, psychosomatic illnesses, adjustment disorder, pain disorder, interpersonal problems, and personality disorders). Interventions included cognitive-behavioural, interpersonal therapy, psycho-educational, and short-term psychodynamic, with a focus on empirically supported treatments. Provided individual and group psychotherapy for patients and psycho-educational sessions for patients and their families.

Community Mental Health (Prince Albert Mental Health Centre). Provided assessment, individual, and group therapy for individuals of all ages (i.e., child, youth, adult, and geriatric populations) from diverse socio-cultural and ethnic backgrounds in a multidisciplinary community mental health clinic with inpatient and outpatient services. Presenting problems included psychiatric conditions including mood disorders, anxiety disorders, schizophrenia, Axis II disorders, developmental disorders, somatization, and chronic pain. Orientations included cognitive-behavioural, emotion-focused, interpersonal, motivational enhancement, psycho-educational, and behavioural with an emphasis on empirically supported treatments.

7. *Practicum Student*

Sept. 2004-May 2005

Site: Psychology Clinic, University of British Columbia, Vancouver, BC

Description: Provided individual outpatient therapy for clients with personality pathology, interpersonal problems, and chronic health problems (e.g., irritable bowel syndrome). Orientations included interpersonal, emotion-focused, and cognitive-behavioural therapy.

8. *Practicum Student*

April 2004-Aug. 2004

Site: Back in Motion Rehabilitation, Surrey, BC

Description: Responsible for individual outpatient cognitive-behaviour therapy for

depression and pain management. Part of an interdisciplinary team for a return-to-work program in a rehabilitation clinic.

9. Practicum Student

Sept. 2003-Aug. 2004

Site: Changeways Program, University of British Columbia Hospital, Vancouver, BC

Description: Conducted structured diagnostic interviews (i.e., SCID assessments) and served as a co-therapist for cognitive-behavioural group therapy for depression, assertiveness, and relaxation. Provided psycho-educational sessions on depression to family and friends of patients.

10. Practicum Student

Sept. 2003-May 2004

Site: Psychology Clinic, University of British Columbia, Vancouver, BC

Description: Provided outpatient therapy for individuals with anxiety disorders (e.g., panic disorder and obsession compulsive disorder) using cognitive-behavioural therapy.

11. Practicum Student

May 2002-Aug. 2002

Site: Regional Reception Assessment Centre, Matsqui Institution, Correction Services Canada, Abbotsford, BC

Description: Completed risk, personality, and intelligence assessments on new federal inmates. Participated in interdisciplinary treatment planning for new inmates. Conducted emergency psychology evaluations and crisis interventions for inmates.

12. Practicum Student

Sept. 2001-May 2002

Site: Psychology Clinic, University of British Columbia, Vancouver, BC.

Duties: Provided long-term outpatient interpersonal therapy for individuals with personality pathology and interpersonal problems.

13. Practicum Student

Sept. 2000-May 2001

Site: Psychology Clinic, University of British Columbia, Vancouver, BC.

Description: Conducted assessments and provided parent training based on cognitive-behaviour therapy with families of children with disruptive behaviour disorders.