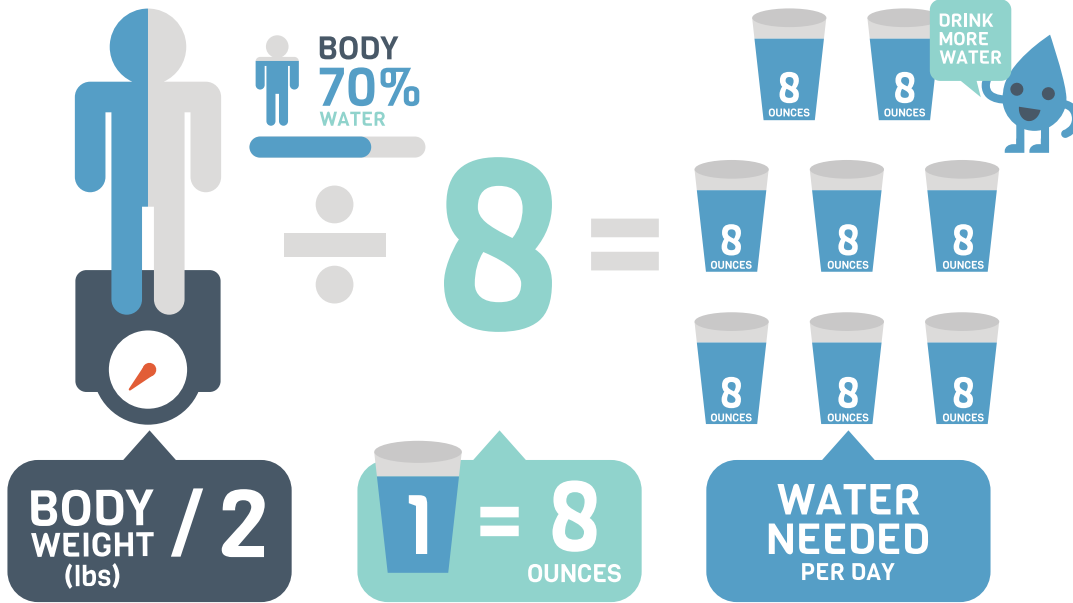


WATER



HOW MUCH
DO YOU
REALLY
NEED?



BRAIN
75%
WATER



LUNGS
90%
WATER



BONES
24%
WATER



**HELPS
CONVERT
FOOD
INTO ENERGY**



BLOOD
85%
WATER



SKIN
80%
WATER



MUSCLE
75%
WATER



**HELPS
BODY
ABSORB
NUTRIENTS**

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The Benefit Company

Six Concourse Parkway
Suite 2750
Atlanta, Georgia 30328
Phone: 678.904.9333
Toll Free: 800.837.0650

E-Mail: tbcontact@benefitcompany.com