



2019-2020

**OC Elite Cheer
Parent/Athlete Handbook**

Elite Program

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www.ocelitecheer.com

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**If you'd like to join an amazing Competitive Cheer team whose program showcases amazing stunts, transitions, and routines then OC Elite is the place for you!!!
We offer both Competitive and Recreational Cheer, Dance and Tumbling.**

TEAM PRACTICE DAYS & TIMES: *Calendars will be provided well in advance to allow families to schedule appointments, vacations, etc. Please understand that we do our very best to provide the most accurate schedules possible, however schedule changes can and will occur based on team or coaching needs.*

Exact Teams and levels will be determined based on results of tryouts. Some teams may be combined, removed or added as necessary to meet the needs of the athletes & teams. Everyone makes a team; team placement is based off of age and skill level. Staff reserves the right to place athletes as they see fit.

POTENTIAL 2019-20 Teams & Schedules shown below (tentative, finalized @ Welcome party):

Sapphires (Mini, Age 5.5-8)- Mondays 6:15-7:15 & Wednesday 6:30-7:45pm

Black Pearls (Youth Advanced, Age 7-12) – Tuesdays & Thursday 6:00-7:30pm

Jade (Youth, Age 12 & under)- Monday & Wednesday 6-7:30pm

Diamonds (Junior, Age 13 & under) – Tuesdays & Thursday 7:15-8:45pm

Infinity (Junior Advanced, Age 13 & under) – Tuesday & Thursday 7:15-8:45pm

Onyx (Senior, Age 17 & under) – Monday & Wednesday 7:15-8:45pm

*1 weekly Tumbling class included – please select your tumbling class @ Welcome Party

CROSSOVERS:

It is very common in the competitive cheer industry to have cheerleaders compete on more than one team. We will be asking some of our cheerleaders to crossover to help teams be more successful or athletes may request to participate on more than one team. There will be a \$25 tuition charge per month for crossing over to a 2nd team, as well as additional competition & music fees (see competition page). Tuition will be based on the team with the highest tuition; the second team will be \$25 per month.

OC Elite Teams Practices:

All practices are MANDATORY! 100% commitment is expected and required of every team member! If for any reason you cannot attend a practice, **you must call the OC Elite Director or Coach and inform them of your absence.** Missing excessive practices hampers progress of the entire team. Members may be removed from the team due to excessive absenteeism and/or tardiness. Team members are allowed **no more than 5 absences** from the month of September 2019- May 2020. If a team member has excessive unexcused absences during the summer, they will not be allowed to be part of the competition team. If you will be taking a vacation, please notify your coaching staff at least 2 weeks prior to your vacation. Coaches have the authority to remove a team member at any time for consecutive absences. Athletes will not be allowed to miss practice the week prior to a competition for any reason other than a contagious illness; a doctor's note must be provided should they be ill. If additional practices are needed, additional fees will apply.

For safety reasons and to help our cheerleaders and coaches remain focused, no parents will be allowed on the cheer/dance floor. Parents will be able to view from the designated Parent room only.

CODE OF CONDUCT: A successful program is made up of a family of athletes working toward the same goals. In addition to our cheerleaders being Champions on the floor, we believe that it is also extremely important to show that our program is comprised of Champions OFF the floor as well.

As cheerleaders, parents and coaches, we are ALL representing our program at all times, individually and collectively. It is extremely important that we are respectful to everyone, at all times. EVERY representative of this program – parents & cheerleaders alike – are expected to behave in a manner that reflects our spirit of superior sportsmanship, courtesy and enthusiasm – even when the results aren't what we wanted.

The golden rule of treating others in a way you would like to be treated applies in our program. Unfortunately the negative actions or words of just one person can taint the reputation of our entire

program. If a Parent or athlete is reflecting negatively toward the program or its athletes, they may be asked to leave.

SQUAD PLACEMENT AND REMOVAL POLICY

- Please note that no athlete has an absolute guarantee of a spot in a performance or competition; if absences occur, the cheerleader may be removed from a routine or placed in a different position.
- Please note that athletes may be removed from the team at any time for reasons that may include, but are not limited to:
 - Attitude problems – athlete or parent
 - Excessive absences or tardiness
 - Lack of work ethic
 - Lack of financial responsibility
 - Personality conflicts between athletes, coaches, parents, or anyone involved in our program
- In most circumstances the athlete and his/her parents would be notified of a potential problem long before dismissal would occur so that they may rectify the situation. There is zero tolerance for bullying; a student may be dismissed without notice for bullying another athlete (this is up to the coach's digression).
 - **Athletes are never guaranteed a specific stunting position on a squad, such as flying or basing. Coaches' decisions regarding these positions are final.**
 - The Coaches will be placing the cheerleaders in stunting positions. It is unacceptable to demand your child be in a certain position. It is the coach's job to make a decision where they will be placed.
 - **If an athlete quits their team and does not fulfill their 11 month commitment, a \$200.00 fine will be due upon their last practice.**

Cheerleading is very competitive, physical and strenuous. To be successful, athletes are expected to be in top physical condition. This includes flexibility, strength and endurance. We take precautionary measures to limit injuries, however we also expect that athletes respect their bodies. Athletes are expected to refrain from the use of tobacco, alcohol, vaping, illegal drugs or any other substances. To protect the integrity of our program, OC Elite reserves the right to remove or refine placement of any athlete due to attendance, conduct, skills, finances or parent conflicts.

SOCIAL NETWORKING:

Twitter, Facebook, Websites, Chat Rooms, Blogs, etc. have all been very beneficial to the cheerleading industry, however it also becomes quite easy to destroy a reputation with these tools. Trash talking, profanities, negativity, and any inappropriate comments about any team, coach or athlete in ANY program is unacceptable. All athletes and parents are expected to maintain appropriate decorum when using these tools. Athletes must keep clean and respectful social media pages; if athletes or parents are not representing OC Elite in a professional manner, you may be asked to change your social media pages. If you post negative comments about OC Elite you will be dismissed from the team.

In the name of confidentiality, we require that our athletes and their friends and families do not post videos of any OC Elite's routine on YouTube or any other social networking site. You are welcome to post still photos, however NO VIDEO may be posted until after the final competition of the season. While we understand that we cannot control what others do, we respectfully request this of our own families.

MONTHLY TUITION FEES: Tuition is based on an 11 month period, paid in 11 equal monthly increments **June 2019 through May 2020**. There may be some months that have more practices than others and additional practices may be added based on individual team needs throughout the year to assure team readiness. Typically, additional practices may be added in the months of November, December and prior to Nationals Events. If a Holiday or gym closure should occur on your practice date, there will not be a change in tuition, and makeup classes may or may not be offered. If an athlete should quit prior to their 11 month commitment, they will be fined a \$200 early termination fee. Competition and uniform fee's are non refundable; if an athlete quits or gets dismissed from the team, they will not receive a refund.

The season begins the first week of **June 2019 and ends the 2nd week of May 2020**. OC Elite will be **closed July 8-12** so that athletes and their families may vacation during this period. Tuition will not be prorated.

PAYMENT PROCESS:

Tuition is due by the 1st of every month. You have a **7-day grace period**. If payments are not received by the 7th of the month, you will be charged a \$10.00 late fee each week that the account has an outstanding balance.

Athletes with a past due balance of 30 days will be temporarily suspended until payment is up to date. **Returned Check Policy:** If a check is returned due to insufficient funds, a \$35 fee will be imposed upon the parent.

Venmo, cash and checks accepted. Credit Card accepted, processing fee added.

SIBLING DISCOUNTS are offered for families with multiple cheerleaders! This applies to Tuition ONLY. **Second child is 20% off, third child and beyond is 50% off.** Full priced and discounted tuition will be based on cheerleader with highest tuition rate.

TUMBLING SKILLS:

Tumbling has become increasingly important in competitive cheer and OC Elite is continuing to place an emphasis on tumbling this year! Realizing the value of having skilled tumblers within our program, tumbling will be mandatory. Tuition includes one tumbling class; athletes will need to enroll into a level appropriate tumbling class once they have been placed on a team.

CHEER CAMP:

Cheer Camp will be offered and is **highly recommended** for all competitive ELITE teams; **mandatory for Black Pearls**. WCC cheer camp is a 2 day cheer camp held August 3 & 4th at Pomona Fairgrounds, Hotel -Sheraton and is \$115 for day camp, or \$220 per cheerleader for overnight (stay at the hotel). The camp is a 2 day camp; camp instruction runs from 10am-4:30pm. Parents will be responsible for transportation to and from camp. Camp clothes will be required - \$35 for 2 shirts and a bow (must provide your own black cheer shorts).

MUSIC FEES:

The music used for all OC Elite routines is custom mixed by some of the most reputable professionals in the industry. Each team will have music custom fit to the routine being performed. While some programs choose to combine this charge into other expenses and increase the costs of other fees, we have elected define this expense separately to avoid confusion and clarify the service for which you are paying. Each Cheer team will pay *one* Custom Music Fee (regardless of the number of athletes). Music Fees will include any and all revisions, voiceovers, specialization, necessary licensing authorizations, etc.

UNIFORMS:

Uniforms are a mandatory items and include uniform, nfinity cheer shoes, & bow. Warm-ups are optional, but athletes will not be able to wear any other pants or jackets to competition. Uniform deposits are non-refundable; if athlete quits or is removed from the team they will not be refunded.

COMPETITIONS: OC Elite will be attending several local competitions and one out of state competition in Las Vegas. Please note that the Competition schedule is subject to change at the discretion of the OC Elite Director depending on the event schedules, team needs, quality of events, etc. Please understand that any changes that may be required will be based on the best interest of our program. While we fully anticipate participating in every competition on our schedule, please be aware that any competitions cancelled or removed from the schedule due to acts of nature, injuries, inability to compete safely, etc. will NOT be refunded. We appreciate your flexibility in the event that changes are necessary. Please check the TENTATIVE Competition Schedule for the anticipated events.

COMPETITION FEES:

Costs will cover Competition Registration Fees, Coaching Costs and expenses. It is important that timely payments are received so that we can take advantage of early registration discounts and avoid additional fees. Competition fees are non refundable.

- **ALL COMPETITIONS are MANDATORY. If a cheerleader misses a competition for any reason other than severe illness or family emergency, they will be removed from the competition team; no exceptions.**

PRACTICE CLOTHES:

Cheerleaders must come to practice prepared to cheer and engage in athletic activity. Hair needs to be worn securely up and away from the face and neck. No claw clips or hair accessories that protrude from the head. All jewelry must be removed: this includes, but is not limited to, piercings (of any kind), necklaces, bracelets, watches, and rings. Cheerleaders are required wear form-fitting athletic attire. Fingernails need to be kept short and fake nails will not be permitted. Cheer shoes must be worn at all practices.

Parents/Guardians may not make their own “spirit wear” or promote their own “pro shop.” Anyone using the OC Elite Cheer logo or name without expressed written consent by the owner will be asked to leave the program.



2019-2020 TENTATIVE Competition Schedule

Listed below are the local competitions that the OC Elite Competition Cheer Teams are tentatively planning to attend for 2019-2020. Please keep in mind that competition details may be subject to change and that some competitions could be changed, added or removed based on the requirements of the hosting companies and the needs of our teams. We will keep everyone updated if any changes occur.

COMPETITIVE YOUTH TEAMS WILL BE COMPETING AT THE FOLLOWING TENTATIVE COMPETITIONS:

(Final Schedule will be released in September):

Sapphires, Jade, & Diamond, Infinity, Onyx tentative competition schedule:

December: Jamz Holiday Showcase – Dec 14

January: TBA
Jamz Nationals Las Vegas - Jan 24-26

February: TBA

March: TBA

April: NRG SoCal Classic – April 6th
Jamz SoCal Challenge Cup – April 18 - UC Irvine Bren Center

May: NRG Nationals- May 2nd

Black Pearls tentative competition schedule:

December: Jamz Holiday Showcase – Dec 14
TBA

January: TBA
Jamz Nationals Las Vegas - Jan 24-26

February: TBA

March: THE QUEST – ESPN ZONE World of Sports - Florida

April: Jamz SoCal Challenge Cup – April 18 - UC Irvine Bren Center

May: NRG Nationals- May 2nd



RULES AND REGULATIONS CONTRACT

I _____ have read, understand, and agree without exceptions to abide by the
Cheerleader's Name
Parent and Athlete Handbook. I understand that consequences shall occur for not following the set forth rules and regulations.

Cheerleader's Signature

Parent's Signature

Date

By signing below, I/we agree to:

1. Encourage good sportsmanship by demonstrating positive support for all teams, coaches, and officials at each practice and competition.
2. Teach my child that doing one's best is more important than winning.
3. Not ridicule or yell at my cheerleader or other participants and/or staff for making a mistake or blame my child and/or his/her teammates for placement in a competition.
4. Emphasize positive accomplishments and learning from mistakes.
5. Be a positive role model for my athlete.
6. Respect the decisions of the coaches and officials and teach my child to do the same.
7. Ensure my child arrives at least **10** minutes early to all practices, events, and competitions.
8. Teach my child to resolve conflicts without resorting to hostility, violence, or bullying.
9. Bring any issues immediately to the attention of OC Elite Cheer Director at an appropriate time and not solicit support from other cheer parents.
11. Not post competition music or negative comments on the internet (i.e., YouTube, Facebook, etc)
13. Uphold the OC Elite Cheer dress code and image at all times while at practice, in public, at events/competitions, especially while in uniform.
14. Not engage in negative commentary at any event where OC Elite Cheer is participating (this includes inside the parent room, as well as outside of the gym).
15. Understand and agree to absence policy.

I/We, _____, have read,
(print parents/guardians names)

understand, and agree without exceptions to abide by the Parent and Athlete Handbook. I/We understand that if I/we don't follow the rules set forth in this contract, I/we may be asked to leave the program, forfeit any payments. If the 11 month commitment is terminated, I understand that there will be a \$200 fine.

Parents/Guardians Signature

Date



2019-2020 ATHLETE REGISTRATION FORM

Student's Name (first and last): _____ Age: _____
Grade Level for 2019-2020: _____ Birth Date: ____/____/____

Mother/Guardian's Name (first and last): _____
Address: _____ City: _____ Zip: _____
Cell #: _____ Home #: _____
E-mail Address: _____

Father/Guardian's Name (first and last): _____
Address: _____ City: _____ Zip: _____
Cell #: _____ Home #: _____
E-mail Address: _____
Emergency Contact: _____ Phone Number: _____

Medical Information

Family Doctor: _____
Phone: _____
Insurance Company: _____
Policy #: _____
Heart Condition: yes no Asthma: yes no Diabetes: yes no Allergies: yes no Convulsions: yes no
Medications currently taking: _____

Any pre-existing injuries: _____

Allergies: _____
How did you hear about OC Elite Cheer? _____ Internet Search _____ Event _____ Flier
Referred by _____

Release of Liability

By permitting my child to participate in the OC Elite Cheer All Stars program or Tumble Class (or by my participation) I understand the fact that participation in cheerleading and tumbling involves a certain degree of risk of injury to participant. I agree to assume such risk, and hereby release OC Elite Cheer All Stars, it's owners, employees, jointly and severally, from any and all personal injury claims arising through or from participation in activities as a student of OC Elite Cheer All Stars. I also understand that I am expected to carry accident and/or medical insurance on the above registered student and/or myself and that such insurance is not provided by OC Elite Cheer All Stars.

I HEREBY CERTIFY THAT I HAVE READ AND UNDERSTOOD THE FOREGOING.

I do hereby allow _____ to fully participate in this program.

Parent/Guardian Signature: _____ Date: _____

Print Parent/Guardian Name: _____



COST FOR ELITE CHEER PROGRAM

***WELCOME PARTY MAY 16th – 6-8pm** - Meet your Coaches, Nfinity Shoe Fittings, Team Registration, Camp Registration, Food (available for purchase), Jumper and more

Monthly Tuition Fees: \$105 (June 2019-May 2020)

Due at Welcome Party – May 16th, 2019

- **Registration fee** (yearly) - **\$50**
- **Nfinity Cheer Shoes** - \$100 approximately
- **Camp registration** (mandatory for Black Pearls, highly suggested for all other teams)

Uniform fee - \$400 (Split into 2 payments - \$200 6/1, \$200 7/1)

Music Fee, Competition Bow, Choreography - \$100 – Due August 1st

Competition fees:

- \$500 - Split into 2 payments of \$250, **due 9/1 & 11/1**
(6-8 competitions)
- ** Black Pearls Competition fees will cost more and will be listed on a separate financial sheet with Florida info

Competition Make up - Must purchase on your own at MAC store (3 eyeshadows, blush, lipstick)

Extra mandatory items: Coaches Christmas Gift (\$5 per coach), Coaches Banquet Gift (\$5 per coach), Cheer sister gift (2-3 per season @ \$5), Team Photo \$15 (Due Feb 1)

Optional Items (not mandatory)

- Warm-Ups = \$150 (Jacket and Pants), Pants only \$50
- Nfinity Backpack = \$95

Cheer Camp (highly recommended for Sapphires, Jade, Diamonds, Infinity, Onyx; mandatory for Black Pearls)

- \$115 (day only, no overnight) OR \$220 (camp + overnight at Sheraton)- **Due June 15th**
 - Camp clothes Pack 2 shirts + Bow \$35 (provide your own black shorts for both days)
 - Camp food package available for purchase, or pack your own food

Crossovers (If you are on 2 teams):

- Tuition \$25 a month for the 2nd team you are enrolled in
- Additional Competition fees for crossovers is approximately \$225
- Bow (x2)
- Music Fee (x2)
- Photos x2

Any returning cheerleaders with residual balances from the 2018-2019 season must pay their accounts *in full* in order to participate in tryouts for the 2019-2020 season.

Payments may be made using Cash, Check or Venmo (include Athletes name and team).

Credit Cards are accepted with a flat fee of \$3 for items up to \$100 (3% for anything over \$100)

Optional Events throughout the season: Trunk or Treat, Holiday Gingerbread House Party, Cheer Sleepover, Swim Parties (not included in above costs).