

Happy Bear

Teaching children about inappropriate touching and how to deal with it.



Empowering young children to be brave and strong and protect themselves from sexual abuse.

Happy Bear is an audience-interactive, active learning program designed to teach children, ages 4-8, how to:

- Determine if a touch is good (helping) or if it is bad (one that makes them feel sad, mad or scared).
- Say “No” and walk away and tell someone, because we never keep secrets about touches.
- Understand that if a child gets a bad touch, they are not a bad kid. It is not their fault.

Parents are encouraged to attend. In fact, the program needs parents alongside the teachers and other “safe” grown-ups in the room.



Contact the CAPS office at
785-825-4493 for further assistance.



More than 3,000 Saline and Ottawa county children and their teachers participate in this program every year

Happy Bear is scheduled in all kindergarten, first and second grade classrooms in Salina Public Schools, Ell-Saline, Southeast of Saline, Minneapolis, Bennington, Tescott and St. Mary's grade school, as well as area preschools and licensed child care centers. The program creates a safe atmosphere where kids can hear the message without feeling defensive or forced to participate.

Happy Bear will open the door for conversations at home—private parts are the parts covered by swimsuits and private means that they belong to the child, etc. Parents need to talk openly and often with their child about his/her body and, as age appropriate, about sex. Use “doctor” names (penis, vagina and breasts) instead of laughable nicknames. Your child needs good information.

As difficult as this topic is to address, avoiding it can have serious consequences. Sadly, we see the effects of children who did not have adequate information about their bodies and about touches. That is why we present this program in over 160 classrooms every school year. Empowering young children to be brave and strong and protect their bodies from sexual abuse is our important goal!

**Carry on the learning at home.
Talk about the prevention of sexual abuse.**



A PROGRAM OF CHILD ADVOCACY & PARENTING SERVICES, INC.

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