



Clinical Internship & Psychodynamic Psychotherapy Intensive Training Program

INTERNSHIPS for ASSOCIATES, TRAINEES, and PRACTICUM STUDENTS
(LMFT, LPCC, LCSW, PsyD, PhD)

Community Institute for Psychotherapy (CIP) is a nonprofit, tax exempt agency founded in 1977 to provide high quality, sliding-scale mental health services for individuals and families who don't have the resources to pay full fees for professional help. CIP offers a broad range of counseling services designed to meet a variety of needs. At CIP we believe that psychotherapy, training, education, and prevention play a vital role in personal, community, and global change. We believe that the healing of the individual and the healing of the planet are inseparable.

CIP's rigorous clinical internship program is intended for graduate students in psychology and social work. Each year we have 22 to 24 interns pursuing their PsyD, PhD, LMFT, LPCC or LCSW degrees and approximately 45 supervisors and 45 trainers dedicated to training and mentoring them. We are a CAPIC approved two year internship site. We believe that a thorough grounding in theoretical and psychotherapeutic techniques beyond the graduate school curriculum is necessary to prepare interns for private practice careers.

CIP's internship program takes place in a community-based environment that includes:

- Work with a diverse population and wide range of issues
- Psychodynamic training informed by Object Relations, Jungian, Attachment, Mastersonian, Control Mastery, Self Psychology, Kleinian, and British Middle School points of view
- Additional training available in short-term, family systems, and mindfulness modalities
- Individual supervision, group supervision, and seminars
- Support to develop the skills needed for a successful private practice
- Opportunity to invite clients into your private practice once you are licensed
- Payment for second year interns (once registered with associate number and credentialed)
- Potential for paid contract work after licensure
- Enter post-licensure career with higher income earning potential than others in the field
- Learn how to effectively collaborate with other professionals, psychiatrists, and agencies
- A work environment that honors cultural differences and promotes an atmosphere of continuous learning

CIP's internship program is geared toward individuals interested in learning to provide long-term psychodynamically informed psychotherapy. The essentials of psychotherapy will be taught through experiential and didactic learning. With supervision, students are supported to deepen their theoretical understanding of case material and translate that understanding into practical, effective interventions with clients. Intensive examination of each case is utilized to facilitate in-depth understanding of the work. Self-exploration and peer feedback are highly valued and audio recording is used in the supervision process.

A Warm and Supportive Environment for Personal Development

Personal development is as important to the development of a psychotherapist as clinical training. At CIP we provide a holding space for interns to attend to the external and intrapsychic challenges that developing therapist's experience. Feelings of anxiety, uncertainty and eagerness to gain competence in treating individuals and families are common experiences for interns. We make it a priority to create a warm and supportive environment where interns can grow both intellectually and emotionally. In addition, we require that each intern be in weekly individual psychotherapy with a licensed practitioner.

PROGRAM DETAILS

The training year is September 1 through August 31 with 3 weeks for vacation/illness in addition to one week between Christmas and New Year's. We require that individuals make a **two-year** commitment. Students (other than first year trainees and practicum) are expected to hold a caseload of eight clients per week plus an outreach program, this increases in the second year. There is no shortage of clients for anyone who wants to see more. **Associates in their second year with us (once Beacon credentialed) will be paid for all billable client hours.**

However, in order to accommodate first year **trainees and practicum students**, you will see 8 clients instead of 12 and have one hour of individual supervision instead of two.

WEEKLY SCHEDULE

Clinical Work

Client hours - onsite	5 - 8 hours	Pre docs 7-10 hours
Outreach programs	4 - 7 hours	(excludes first year trainees & practicum)
Group Therapy, Downtown Streets Team, Helen Vine, Mills Street, Skyview, Schools Program, Wisdom Warriors (If in schools program, onsite caseload is 3 hours less)		

Supervision

Ongoing Individual Supervision	1- 2 hours	(1 hour for first year trainees & practicum)
Group Supervision	2 hours	Wed. 8:45 – 10:45 AM
Outreach Program Supervision	0 - 2 hours	TBD
Community Meetings (clinical issues)	0.5 - 1 hour	Wed 10:45 – 11:30 AM

Training

Clinical Training (September – May)	2 hours	Fri. 9:00 – 11:00 AM
Clinical Training (September – May)	2 hours	Fri. 12:00 – 2:00 PM

Paperwork/Administration

Admin Meeting (September – May)	0-.5 hour	Wed. 11:30 – 12:30 PM
Clinical Paperwork	2 hours	
Agency Tasks	2 hours	

TOTAL

Average 24 – 26 hours

Optional Specialty Training: Couples Therapy & Working with Dreams (each 2 hrs. two times per month)

APPLY


Accepting applications beginning **February 2020 for our 2020-2021** Internship and Training Program beginning in September. Occasionally we have openings in January or March/April.

To apply, please submit the following:

1. Current Curriculum Vitae
2. Three letters of reference
3. Brief personal statement describing your motivation for training in our program

Submit materials in PDF or Word by email to admin@cipmarin.org, fax to (415) 459-5602, or mail to the above address. For further information please visit our website at www.cipmarin.org or call us at (415) 459-5999 ext. #101.

Sincerely,



Robin Joy Berenson, PhD, LMFT
Executive/Clinical Director