



## DIRECTOR'S MESSAGE



*Dr. Robin Joy Berenson*

Our 34th year at CIP begins this month with great anticipation as we welcome new and returning intern-therapists and clinical staff. We look forward to a productive, rewarding year ahead serving the Marin community in this time of special need.

We know that for many families and individuals, these continue to be challenging times of uncertainty and financial insecurity. These stressors take their toll on families, adults and children alike, increasing conflict, depression and anxiety, substance abuse, and other problems. At such times, access to the timely, sliding scale counseling and psychotherapy CIP provides can be a lifeline.

In therapy, struggling families find the support to weather these difficult times. We connect individuals with needed resources, such as child care, legal aid, safe housing, or substance abuse treatment. We address the problems that compromise parents' ability to care for their children, and help youngsters to find the resilience they need to overcome problems, succeed in school and make good choices for themselves.

Whether through our outreach programs at Ritter Center, Helen Vine Detox Center, Senior Access, Canal Alliance and Marin public schools, or through our diverse onsite programs, CIP is here to provide crucial safety-net services to those in need, strengthening families, healing individuals, and making a positive, lasting difference in our community.

## REFERRALS, NEW CLIENTS WELCOME

We are pleased to announce openings for new clients interested in short- and long-term counseling and psychotherapy, adult support and therapy groups, and psychological testing. Our comprehensive services for couples, individuals, and families are available on a sliding scale fee basis; Victim's Witness and Medi-Cal are accepted. We work with depression, anxiety, trauma, PTSD, dual diagnosis, addictions and in-depth work with clients with axis II disorders.

- **Individual and Family Therapy.** Affordable, comprehensive services to resolve problems and restore emotional well being.
- **Couples Therapy Program.** Support to enhance and deepen relationships, improve communication, and end repetitive conflicts.
- **Eating Disorders Therapy Program.** Comprehensive, effective treatment for individuals struggling with food issues, disordered eating, and/or body image and weight.
- **Psychological Testing.** For adults to enhance the quality and effectiveness of individual therapy.
- **Support for Single Parents and their Children.** Counseling to improve home environments, strengthen child-parent bond, maximize children's healthy development, school readiness and performance, and prevent long-term problems.
- **Support for Survivors of Childhood Abuse.** Healing from trauma and help to overcome intimacy issues, substance abuse, and other problems.
- **Adult Therapy Groups.** Opportunities for self-exploration and interpersonal learning to enhance communication skills and the ability to set and achieve personal goals.

For more information about our programs, please visit [www.cipmarin.org](http://www.cipmarin.org).

## CIP WELCOMES NEW ASSISTANT CLINICAL DIRECTOR MICHAEL AANAVI, PhD, LAC



*This month, CIP is very pleased to welcome our new Core Staff member, Michael Aanavi, PhD, LAC.*

When I learned of an opening on the CIP staff, I was very excited at the possibility of working with an organization with a reputation for training excellence and community service. I recall first hearing of CIP during my graduate school days, from fellow students who were interns at CIP, and who spoke with reverence and pleasure of their experience; it's my privilege to become part of an organization with such impact and legacy.

*continued on page 2*

## STAFF

### CIP WELCOMES MICHAEL AANAVI (CONT. FROM P. 1)

Clinical training has been an important part of my professional life; I've served on the clinical faculty of both UCSF and CSPP/Alliant, and have supervised interns and clinical staff in a variety of other organizations and settings. I find teaching and clinical supervision rewarding, and am looking forward to working with CIP interns and trainees—and with the community in general.

Working with underserved populations has long been a commitment for me. While earning my PhD in clinical/multicultural and community psychology, I trained at both the Native American Health Center and the National Asian American Psychology Training Center, and have subsequently worked in a variety of community-based settings. After completing a post-doctoral fellowship at the Kaiser Permanente Department of Addiction Medicine (San Francisco), I served as a consultant for Thunder Road Adolescent Treatment Centers, and both before and since have worked extensively in addiction treatment/dual diagnosis settings. As behavioral health director at Tri-City Health Center in Fremont, a federally qualified health center (FQHC) providing primary care medical services to a medically indigent population, I developed an integrated behavioral health program to address chronic pain, chronic disease, and psychiatric conditions. I very much enjoy the collaborative effort so necessary in this kind of work, and see joining CIP as an assistant clinical director as a continuation of this commitment to non-profit, community based services.

Outside of CIP, I maintain a private practice in Mill Valley, in which I work from an integrative perspective with a focus on addiction, trauma, and related issues. As both a clinical psychologist and a licensed acupuncturist, I incorporate relational-analytic, Jungian, and somatic psychotherapies, acupuncture and Chinese herbal medicine, *qigong*, nutrition, and mindfulness practice in my clinical work.

I'm very happy to have moved from the East Bay to Marin in the past year, and am enjoying getting to know the trails, the culture, and my new community.

## HEARTFELT APPRECIATION FOR KAREN WEINBERGER

This September, **Karen Weinberger, LCSW**, will be leaving her position as Assistant Clinical Director and member of CIP's Core Staff. We will very much miss the exceptional insight, expertise, and heart she brought to this role. Fortunately, Karen will remain on CIP's Clinical Staff as both an individual supervisor and trainer.



## THANK YOU! TO JESSICA BATHA, MFT

All of us at CIP wish to extend a special thanks to **Jessica Kirk Batha, MFT**, who is stepping down from her role as Director of CIP's Adult Group Therapy. We appreciate her talents and expert supervision in helping our interns develop and run three successful adult therapy groups.

## CLINICAL STAFF

EXECUTIVE & CLINICAL DIRECTOR  
**Robin Joy Berenson, PhD, MFT**

ASSISTANT CLINICAL DIRECTORS  
**Michael Aanavi, PhD, LAc**  
**Cynthia Kessler, PhD**  
**Paula Sitelman, PsyD**

DIRECTOR OF PRE-DOCTORAL STUDIES  
**Paula Sitelman, PsyD**

COORDINATOR, CIP PROFESSIONAL DEVELOPMENT SERIES  
**Michael Aanavi, PhD, LAc**

COORDINATOR, INTERN TRAINING PROGRAM  
**Cynthia Kessler, PhD**

COORDINATOR, TRAINING FOR SUPERVISORS  
**Paula Sitelman, PsyD**

DIRECTOR OF ADULT THERAPY GROUPS  
**Walter Stone, PhD**

DIRECTOR OF COUPLES THERAPY PROGRAM  
**Marianne Stefancic, MFT**

DIRECTOR CANAL ALLIANCE SUPPORT PROGRAM  
**Lori Rifkin, PhD**

DIRECTOR OF EATING DISORDERS PROGRAM & EMBODY POWER PROGRAM  
**Ondina Nandine Hatvany, MFT**

DIRECTOR OF RITTER CENTER PROJECT  
**Nancy Freitas Lambert, PsyD**

DIRECTOR OF SCHOOLS PROJECT  
**Jean Hayes, PhD**

DIRECTOR OF SUBSTANCE ABUSE OUTREACH PROGRAMS  
**Belinda Ryland, MFT**

SUPERVISION OF PSYCHOLOGICAL TESTING PROGRAM  
**Nancy Olesen, PhD**

*(continued on page 3)*

### CIP WISH LIST

- LCD Projector (minimum of 2000 lumens) for projecting Powerpoint and Video presentations.
- High volume, heavy duty shredder.

## CLINICAL STAFF (con't)

### Clinical Supervisors

Barbara Adamich, LCSW  
Sophia Amargi, MFT  
Douglas Armstrong, PsyD  
Barbara Berman, PhD  
Martin Block, PhD  
Mary K. Bryan, MFT  
Carole Carrillo, LCSW  
Laura Foster Collins, MFT  
Jane Cunningham, MFT  
Mikol Davis, PsyD  
Daniel Ellenberg, PhD  
Sue Fleckles, PhD  
Susan Pease Gadoua, LCSW  
Elana Gonzales, PhD  
Bernice Goodwin, PsyD  
Ann Gordon, PhD  
Hollie Hannan, PhD, MFT  
Malka Gorman, PsyD  
Diane Harnish, PhD, PsyD  
Meghan Harris, PsyD  
Sandrah Henry, LMFT  
A.Raja Hornstein, PsyD  
Kathryn Hughes, LCSW  
Yvonne Klitsner, MFT  
Clarisse V. Lula, MFT  
Chaya Rivka Mayerson, PsyD  
Helen McMahon, MFT  
Shana Millstein, PhD  
Allison Mohan, PsyD  
Diane Ray, MFT  
Eric Reitz, PhD  
Jeana Reynolds, MFT  
Joan Robinson, LCSW  
Frederick G. Rozendal, PhD  
Janelle Salah, MFT  
Ellen Sanford, MFT  
Stephen M. Schoen, MD  
Leah Seidler, LCSW  
Roberta T. Seifert, PhD  
Ilene Serlin, PhD  
Joshua Simmons, PhD  
Gregory Smith, MFT  
Joan Sommer, PhD  
Susan Steele, MFT  
Steve Sulmeyer, JD, PhD  
Priscilla Taylor, PhD, MFT  
Karen Weinberger, LCSW  
Stephanie Weissman, PhD  
Ahria Wolf, MFT, RN

### Intern-Therapists

Elyse Boyar, MA  
Alan Camardo, MA  
Smadar deLange  
Oksana Fuchedzhi  
Reynold Fujikawa, MA  
Melanie Gilpin, MA  
Tammie Grant  
Kristie Mersereau Issacson, MA  
Jacob Kaminker, MA  
Peggy Kim  
Daniela Korozmay  
Johanna Svedberg-Lafferty  
Rob Larson, MA  
Jeff Marquardt, MA  
Debbie Maxine, MA  
Katie Mesereau, MA  
Vanessa Morrison  
Deb Nelson, MA  
Alison Panko  
Lisa Plopa, MA  
Gabriel Rabu  
Duncan Riach, MA  
Eva Tuschman  
Lesley Van Voorhees, MSW

## PROGRAM NEWS

# CIP COUPLES THERAPY PROGRAM

Marianne Haissman Stefancic, MFT



Couples often come to therapy at CIP with multiple traumas and abuse experiences from family of origin and relationships. They are often in active addiction or in recovery. They act out with affairs, are typically marginally functioning and have few resources. It is challenging for the interns who treat them to deal with the many complaints, fights and rigid repetitive negative patterns, and the many complex, disorganized attachment traumas clients bring to them that interfere with secure emotional engagement.

When I started the Couples Program at CIP in 2000 I was aware of not having a research base with outcome studies and specificity of interventions in couples therapy. Couples would learn what to do in a session, but could often not maintain the capacities when highly aroused and feeling emotionally triggered or threatened. They would revert back to their old behaviors.

When I was introduced to Emotionally Focused Couples Therapy, developed by Susan Johnson, ED, I found it to be revolutionary, providing a researched clinical methodology that has proven to be effective.

EFT is an empirically validated approach to treating distressed couple relationships. It is based on adult systemic attachment theories and interpersonal neurosciences. EFT is integrative of psychodynamic, object relations theory and differentiation processes. It looks within and between. The approach integrates an intrapsychic focus where partners become aware of their specific way of processing central attachment oriented emotional experiences,

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*I found EFT to be revolutionary, providing a researched clinical methodology that has proven to be effective.*

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with an interpersonal focus on how they create interactive patterns of painful reactive cycles. The interventions are systemic, process oriented, focused on attachment and primary emotions in the present moment. Partners learn to access and reprocess their defensive often rigidly held internal and external interactional positions toward more flexibility, accessibility, responsiveness and engagement, which are the building blocks of a secure bond.

In the course of the training and supervision, the CIP interns learn about the EFT approach which clearly delineates three stages and nine steps: deescalation, restructuring the bond and consolidation. They learn assessment of attachment processes and the negative interaction cycles.

I have been impressed with the CIP interns and their willingness and ability to learn and engage. I also appreciate the implicit excellent working relationship with the supervisors involved. There are instances when the interns get different input from me and their supervisors. I support them in thinking through the issues themselves and encourage them to refine and develop their own conclusions.

I look forward to continuing to supervise the couples program and I am thrilled that **Pat Sheldon, MFT**, has agreed to teach 5 sessions of EFT theory in the training program.

# PROFESSIONAL DEVELOPMENT SERIES 2011-2012

We are proud to announce our 2011-2012 Professional Development Program offerings, including seminars, study groups, and classes by outstanding clinicians on a wide range of topics. See below for our Fall 2011 schedule, and view the entire schedule online, along with complete course details and registration at [www.cipmarin.org](http://www.cipmarin.org). Sign up for monthly updates (see "Help CIP go green!" below).

## SEMINAR FOR PROFESSIONALS



**Shrinking Social Change: How We Can Integrate Psychotherapy and Progressive Politics**  
*with Michael Bader, DMH, and Peter Dunlap, PhD*

Saturday, 9 AM – 4 PM, October 22

Town Center, Corte Madera

CIP Members: \$65 or \$75 after October 8; Non-Members: \$100 or \$110 after October 8

## STUDY GROUPS & CLASSES



**Men Unplugged: Working Effectively with Men in Psychotherapy**  
*with Jaime Nisenbaum, PhD*

Saturday, 9 AM - 1 PM, September 17

CIP 1330 Lincoln Ave., # 201, San Rafael

CIP Members: \$40 or \$50 after September 3; Non-Members: \$65 or \$75 after September 3



**Creative Self-Care: Cultivating Well Being for Therapists Who Treat Trauma**  
*with Gail Caulfield, MFT, ATR-BC*

Saturday, 9 AM - 1 PM, October 15

711 D Street #207, San Rafael

CIP Members: \$40 or \$50 after October 1; Non-Members: \$65 or \$75 after October 1



**Bringing Dream Work into Your Practice**  
*with Meredith Sabini, PhD*

Mondays, 9-11 AM, October 31, November 7, 14, 21

CIP 1330 Lincoln Ave #301 B, San Rafael

CIP Members: \$90 or \$100 after October 10; Non-Members: \$135 or \$145 after October 10



**The Body Positive's Intuitive Health™ Model: Exploring an Empowering Approach to Eating Disorders**  
*with Elizabeth Scott, LCSW*

Friday, 9 AM - 1 PM, November 18

CIP 1330 Lincoln Ave., # 201, San Rafael

CIP Members: \$40 or \$50 after November 4; Non-Members: \$65 or \$75 after November 4

### *Help CIP go green!*

Send us your email address and receive future schedules and updates online!

- Professional Development Update
- CIP News & Notes
- Community Notes

*Send us your email address by October 1 to be entered into our Prize Drawing for a \$25 gift certificate for Il Davide. Be sure to reference "Go Green!" in your subject line or body text.*

## CIP MEMBERSHIP BRINGS BENEFITS ...

Founded in 2004, CIP's Professional Development Program offers Bay Area professionals the opportunity to become nonvoting members of the agency.

Members receive reduced member rates on all seminars, classes, and study groups. They are also eligible to submit articles for our online publications, and to share news of their practice, publications, or workshops with other Bay Area professionals through our "Members Update."

Membership Fee: \$50 Membership for licensed professionals; \$30 Associate member (unlicensed).

Become a member or renew your membership today at  
[www.cipmarin.org](http://www.cipmarin.org).

# LOVING SPOONFULS

## Marin's Soup and Dessert Challenge

### SPONSOR SPOTLIGHT: RESOLUTION REMEDIES

Resolution Remedies is Marin's premier ADR firm. Alternative Dispute Resolution is an informal process by which parties to a legal dispute meet with a neutral third party who assists in settling the case. ADR has many advantages over timely and costly litigation.

Started in 1995, Resolution Remedies has a prestigious panel of 25 former judges and experienced mediators who hear a wide variety of cases involving contract disputes, discrimination, partnership dissolution, business, employment, environment, land use, and many other areas.

In 2010, San Rafael attorney Perry D. Litchfield became President and CEO of Resolution Remedies. "It was about the same time that I was getting more involved in CIP," says Litchfield, "and I immediately saw similarities that I liked."

Resolution Remedies has assembled well-respected and highly skilled professionals, much as CIP has assembled a team of more than 90 licensed psychotherapists and counselors who oversee delivery of services by 24 interns.

"We are committed to excellence in mediation, arbitration, and other ADR modalities," Litchfield continues, "and CIP shares a commitment to provide the very best mental health services at a price point people can afford."

Resolution Remedies is a treasured sponsor for Loving Spoonfuls. "The event is a lot of fun, the food is terrific, and CIP uses the funds raised in a prudent manner. I hope other businesses will join Resolution Remedies in investing in CIP. It's an investment in the health and well being of hundreds of individuals and families that benefits the entire community."



## AFTER-SCHOOL COUNSELING HELPS CANAL ALLIANCE YOUTH

In 2007, in response to a request from Canal Alliance, CIP began providing after school counseling sessions at the Canal Alliance facility. CIP intern-therapists see middle and high school children. While the population includes youngsters from many cultures, a majority of those receiving services are Mexican American. This particular outreach program focuses on prevention that is directly related to possible cultural conflicts. Students make use of drop-in counseling, and sessions range in length depending on the need of the clients. Students are also invited to attend regularly scheduled appointments.

*Rosa, 14, lives in the Canal neighborhood in a two bedroom apartment with her mother and four siblings. Although doing well in school is very important to her, she does not always have time to complete her school work. Rosa has talked about the poverty with which her family struggles daily, and the lack of stability in her life. Rosa's mother works as a nanny and is gone most of the day and into the evening, so Rosa is her mother's helper. It is Rosa's responsibility to pick up her twin brothers from preschool, take them home, feed them and get them ready for bed before her mom arrives. In counseling after school at Canal Alliance, Rosa is learning how to communicate her feelings and needs to her mother. Rosa has reported that she and her mom have made progress in arranging for Rosa to have more time for herself and her school work.*

## MEMBER UPDATES

Former CIP Core Staff member Eloise Rivera has completed a beautiful and inspiring photography book (with writings) called *Water*. It can be purchased online at <http://www.blurb.com/bookstore/detail/2275399> or go to Blurb.com, then choose Bookstore link on top, then Portfolios on right side and scroll to find.

Dr. Kenneth Meyer is offering *Learning NonViolent Communication Skills Group for Therapists* Tuesday evenings in San Rafael, 7:30 – 9:15 PM. Group now forming and limited to 8 participants. If interested, please call (415) 775-0475 or email [ken@drkenmeyer.com](mailto:ken@drkenmeyer.com).

Intern-therapist Asya Pogodina was married to David Fettner on July 9, 2011. We wish them both much success and happiness!

After three years at CIP—two as a predoc intern-therapist and one as our first ever postdoc—Bob Nemerovski, PsyD, is seeing adult and adolescent psychotherapy clients in a private practice in Kentfield. Bob is working as a psychological assistant to Claudia Perez, PhD and is currently accepting referrals at (415) 272-3282 or [robert@drnemerovski.com](mailto:robert@drnemerovski.com). We wish him well in his new practice.

Lorrie Goldin, LCSW, published an op-ed in the May 8 *Sacramento Bee* about the shredding of the social safety net: <http://www.sacbee.com/2011/05/08/3608547/decency-is-shredded-along-with.html>.

In addition, Lorrie's San Rafael consultation groups will be open to new members starting in September. For more information, please contact Lorrie at (415) 652-0287 or [lorriegoldin77@gmail.com](mailto:lorriegoldin77@gmail.com).

*CIP is . . . a place for growth,  
compassion and healing*

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## *A Heartfelt Thank You to Our Donors*

*We gratefully acknowledge the generous support of our donors and grantors. You make our work in the community possible through your contributions. Because of you, CIP is here helping families, healing individuals, and strengthening our community. On behalf of those we serve, thank you!*

### *Individual Donors*

#### **Circle of Inspiration**

Gordon Brauer  
Laurence & Barbara Brauer  
Mary Jane Brinton  
Richard D. Hannan Family Foundation in  
Honor of Hollie J. Hannan  
James Placak

#### **Circle of Friends**

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Robin Joy Berenson, PhD, MFT  
Nancy Bertelsen  
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David & Carol Fairchild  
Laurel & Elliot Fiegenbaum in honor of Bob  
Nemerovski  
Edward Fong  
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#### **Circle of Friends (cont.)**

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IBM Employee Services Center  
The Pasha Group  
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#### *Grants*

Allensby Charity Trust  
The Benson Trust  
County of Marin  
Donald O. & Ronald R Collins Fund  
The Drexler Estate Fund  
The Freitas Foundation  
Lucasfilm Foundation  
Marin Charitable  
Nightingale Fund  
Perforce Foundation  
San Rafael Elks Lodge #1108  
Sutter Instrument Company

#### *Book Donation*

Adrienne Hart

## BOARD OF DIRECTORS 2011-2012

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Payroll Systems  
**Leslie Hanna,** Healthcare Communica-  
tions Professional  
**Paul Hickman,** Division President,  
EVP, Stewart Title of California, Inc.  
**Martin Perlmutter,** Senior Real Estate  
Advisor, Parkway Properties  
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dent California Bank & Trust

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## CIP ADVISORY BOARD

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**Jack Obedzinski MD,** Psychotherapist



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# MEET THE CIP BOARD OF DIRECTORS

*Commitment to excellence and service to others is at the heart of the CIP community, which embraces more than 100 volunteers, from our clinical supervisors and trainers to our Board of Directors. Community Institute for Psychotherapy is pleased to introduce some of the dedicated individuals who donate their time and expertise in support of CIP and our work in the Marin community.*



With a record of philanthropy and service to others, a passion for life, and a hunger for new ventures, **Perry D. Litchfield, Esq.**, President and CEO of Resolution Remedies, is an enthusiastic supporter of CIP, serving as Board president, and sponsor and Honorary Chair of CIP's fundraising events.

"I can think of no other investment more worthwhile than the lasting health and well being of our community. CIP has provided vital services for more than 30 years, efficiently, economically, excellently. Today, these important services are more urgently needed than ever before."



**Lorn Dreitzler** has enjoyed a lifelong profession in investment management, and his past affiliations include: Board of Directors, Sutro & Co San Francisco, and Managing Director, RBC Wealth Management, Oakland, CA.

Of CIP, Lorn writes, "I have been with CIP as a board member for 24 years. I have always believed in the power of the community to make positive changes, where necessary. It is important to schools, children and families to have preventative care available to them. CIP works hard to fulfill these needs."



**Liz Ecke**, VP of Business Development at Payroll Systems, founded Kids One, Inc., in 1995, for which she received the Presidential Silver Medal from President Clinton.

Elizabeth explains, "Having a long family history of mental illness, combined with generations of denial and destruction, I am compelled to promote the community support tools available."



**Leslie Hanna** has worked as a health-care communications professional in the Bay Area for the past 20 years, for Fortune 500 companies and non-profits alike. This 360 degree exposure has given her a unique perspective and understanding of the issues, and refined her expertise and passion for both healthcare and communications.

"I'm honored to join the Board and to support CIP's mission of providing quality, affordable care to Marin families and individuals. I'd like to bring additional value by leveraging the professional skills I've developed to date."



**Martin Perlmutter** has a wide ranging real estate background, with over 30 years of experience in real estate in the San Francisco Bay Area. His real estate experience includes having worked in a variety of positions including as a realty officer and leasing agent for the U.S. General Services Administration; as a residential real estate agent for Merrill Lynch Realty, and Prudential California Realty; and as a real estate consultant to various private clients.

Martin was recently appointed Commissioner of the Marin County Library Commission.



**Raymond Quan** worked for more than 15 years for major national banks mostly in retail banking divisions. For the past three years, Raymond owned and operated his own business, which he sold in 2010. In addition, Raymond is currently serving as a Youth Pastor at his church helping underprivileged youth.

Raymond has an MBA from the University of Phoenix and a BS degree in

retail marketing from SF State. In 2008, he was nominated for Citizen of the Year in San Ramon. He also served as a San Ramon Chamber of Commerce Board-member.

"Everyone deserves to be mentally and physically healthy. I joined CIP because I want to be involved in the community where I work, hopefully to make a difference."



**Willa Speck**, Assistant Vice President and Assistant Branch Manager at Bank of Marin, is the recipient of the Legendary Service Award from the Bank of Marin. Willa has 23 years banking experience with community banks here in Marin County. She belongs to the Harbor Rotary, and recently graduated from the San Rafael Chamber of Commerce Leadership Program. A Marin County native, Willa's hobbies include sewing, swimming, crafts, travel, and hiking.

"CIP is a great resource for Marin County. CIP provides attention and mental health treatment for those with an immediate need due to a crisis."



**Melissa Vincent** started her banking career in 1996 at Tamalpais Bank. In 2002, she moved to First Republic Bank where she served as branch manager and North Bay District Manager. She joined California Bank & Trust in 2009 as a private banking officer with a focus on high net worth and professional clientele.

Melissa supports CIP because of her interest in helping families with children with emotional issues. "The mental health of our society depends on addressing psychological issues early in life, preventing crime and drug dependence by giving tools to deal with the chaos of life."



COMMUNITY INSTITUTE FOR PSYCHOTHERAPY  
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**WHO WE ARE**

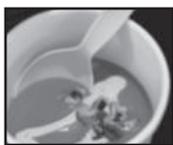
*Community Institute for Psychotherapy (CIP) is a nonprofit, tax exempt center founded in 1977 to provide high-quality, low-cost counseling and psychological services to individuals and families who don't have the resources to pay full fees for professional help. CIP offers a full range of services designed to meet a variety of needs.*

*We at CIP believe that through psychotherapy, training, education, and prevention, we have a vital role to play in personal and global change. We believe the healing of the individual and the healing of the planet are inseparable.*

*Our work is accomplished in cooperation and coordination with a wide variety of public and private agencies and individuals throughout Marin County.*

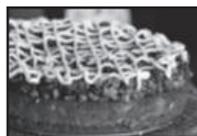
Visit us at [www.cipmarin.org](http://www.cipmarin.org)

**LOVING  SPOONFULS**  
**Marin's Soup and Dessert Challenge**



*Save the Date!*

**Saturday, January 28, 12 to 3 p.m.**



Mill Valley Community Center (180 Camino Alto)

Tickets \$20 in advance/\$25@ door Kids free!

Come savor and sample, and then cast your votes at CIP's second annual *Loving Spoonfuls: Marin's Soup & Dessert—Appetizer—Challenge!*

Two Award Categories: Expert Judges' Selections and People's Choice

Bring the family!

Silent Auction, Raffle and more!

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**2012 FOOD CONTESTANTS**

- Bank of Marin
- Brayton Purcell (2011 winner Best Dessert)
- Coopercakes (2011 winner People's Choice Dessert)
- Guaymas
- Il Davide
- Sabor of Spain (2011 winner Third Place Soup)
- Saylor's Landing
- Sol Food
- Toast (2011 winner Second Place Soup and People's Choice Soup)
- Vin Antico (2011 winner Best Soup)
- Enjoy coffee & tea from Peet's Coffee.

**2012 SPONSORS**

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- Circle Bank
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