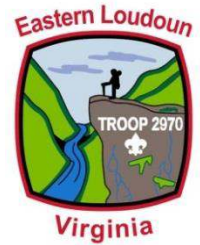


# Troop 2970

## New Scout Camping Instructional Checklist



Purpose of this document:

1. Explain why the Scout Basic Essential items are needed for every camping adventure.
2. Explain how to choose good camping gear.
3. Understand the importance of knowing how & when to use camping gear properly.

**Being prepared with the right gear is one thing, knowing how and when to use it is critical!**

### THE SCOUT BASIC ESSENTIALS can be found in your handbook, pg. 264

- **Pocket Knife** - After you have your **Totin' Chip!!!** The official BSA FOLDING pocketknife has a 2 ½" blade.
- **First-Aid Kit** – **Second Class requirement 7b.** Handbook pg. 127.
- **Extra Clothes** - Lightweight fleece jacket, even in summer – plan for the worst. Scouts dress in layers for insulation.
- **Rain Gear** – Troop 2970 recommends a Rain Jacket with a hood and rain pants.
- **Full Water Bottle or Bladder** – Always carry plenty of fresh water. Does your site have clean water? Are you sure?
- **Headlamp or flashlight** - LED, waterproof, fresh or extra batteries – **BE PREPARED.**
- **Extra Food** - At minimum, some snacks you like. Where will you store food at camp? Food, trash **CANNOT** go in your tent.
- **Waterproof Matches or Firestarter** – After you have earned your **Firem'n Chit!!!** **BE PREPARED** for emergencies.
- **Sunglasses & Sunscreen** – Glasses protect your eyes, sunscreen protects your skin. It only works if you **USE** it.
- **Map** - Waterproof or in waterproof cover (Ziploc bag) – **DON'T GET LOST.**
- **Compass** – Know how to use it! **Second Class requirement 1a.** Handbook pg. 361.

### THE REST OF YOUR GEAR

- **Duffel Bag** – To put everything into. This works for all campouts new scouts attend including summer camp.
- **Sleep System** - Sleeping Pad, Sleeping Bag, Pillow (3-season, 20-30 degree bag), Waterproof stuff sack.
- **Day Pack** – Last year's school backpack will work great for this.
- **Clothing Appropriate for the Season** – 2970 recommends synthetic material clothing. Cotton takes **FOREVER** to dry!
- **Dry Bag for Clothes** – You cannot get warm if your clothes are wet. Write your name on it.
- **Mess Kit** – Lexan, plastic or metal bowl(s) and utensils (or Spork).
- **Toiletry Ziploc** – Toothbrush & paste, hiking toilet paper (**BE PREPARED**), hand sanitizer, camping soap, small towel.
- **Personal Medications** – Give to Adult with Medical Forms.
- **Whistle** - For emergencies if you're lost or someone else is lost. Keep it available where you can reach if needed.
- **Insect Repellent or Clothing** – You have three choices here: let them eat you, use DEET, or wear enough clothing.
- **Hiking Boots** – Waterproof boots are better than cold, wet feet.
- **Scout Handbook** – You cannot get a sign off if you don't have it. Forgot a knot? Need first aid? Check the handbook.

### OPTIONAL GEAR (Remember, you pack it, you carry it):

**Chair or stool** - lightweight recommended  
**550/ Parachute Cord** -50 feet, many uses  
**Watch** – Early is on time, on time is **LATE**

**Swim Trunks and Towel** – if swimming/boating  
**Bandana, Hat and Gloves** – It gets cold in the morning  
**Hiking Staff/ Trekking Poles**

### **Questions??? Ask your Patrol Leader, that is why he is there!**

Remember...everything you pack, you must carry to your campsite  
Troop 2970 follows the principles of Leave No Trace – you pack it in, you pack it out  
No food in tents or hammocks  
Your most important essential is common sense – **BE PREPARED**





## Troop 2970 Personal Gear Checklist

	Item	Qty		
<b>A</b>	<b>Innerware</b>			
A1	Quick dry shirt, long sleeve (NO COTTON)	2	REQUIRED	
A2	Pants - zip-off preferable (NO COTTON)	2	REQUIRED	
A3	Long johns (top & bottom), polypro, thermex, capeline, etc (NO COTTON)	as needed	REQUIRED	
A4	Underwear, etc (NO COTTON)	as needed	REQUIRED	
A5	Socks, thermex/polypro inner & wool outer is preferable	as needed	REQUIRED	
A6	Hankerchiefs / Bandannas	as needed	OPTIONAL	
A7	Spare warm glove liners	1 pair	OPTIONAL	
A8	Dry bag for all clothes	1	REQUIRED	
<b>B</b>	<b>Equipment</b>			
B1	Duffel bag or small backpack	1	REQUIRED	
B2	Sleeping bag, SYNTHETIC	1	REQUIRED	
B3	Sleeping pad, closed-cell foam or self-inflating matt	1	RECOMMENDED	
B4	Insect repellent w/o perfume (4-6oz)	1	OPTIONAL	
B5	Compass	1	REQUIRED	
B6	Flashlight and/or headlamp	1	REQUIRED	
B7	Matches & waterproof match container (only if scout has Firem'n Chit)	1	REQUIRED	
B8	Small pocket knife or multitool (only if scout has Totin' Chip)	1	REQUIRED	
B9	Water bottles, quart/liter size (Nalgene bottles, Platypus water bladders)	2 each	REQUIRED	
B10	Personal camp chair		OPTIONAL	
B11	Sunglasses or goggles, polarizing preferred	1	RECOMMENDED	
B12	Sunscreen (SPF15 or greater) & lip balm (SPF15 or greater)	1	RECOMMENDED	
B13	Whistle	1	RECOMMENDED	
B14	Watch (waterproof or water resistant)	1	OPTIONAL	
B15	Cup, bowl or deep plate, spoon fork (or spork), in lexan, plastic or metal	as needed	REQUIRED	
<b>C</b>	<b>Personal Hygiene</b>			
C1	Toothbrush & paste	1	REQUIRED	
C2	Small towel or chamois washcloth	1	OPTIONAL	
C3	Personal first aid kit (small)	1	REQUIRED	
C4	Soap, non-polluting, hand cleanser	1	REQUIRED	
C5	Personal medications (e.g. bee sting kit, etc)	1	OPTIONAL	
C6	Other hygiene essentials as required	as needed	OPTIONAL	
<b>E</b>	<b>Outerwear</b>			
E1	Rain parka & pants - either breathable or waterproof - REQUIRED, REQUIRED, REQUIRED	1 set	REQUIRED	
E3	Lightweight camp shoes (e.g. tennis shoes or water shoes)	1 pair	OPTIONAL	
E4	Fleece jacket or pullover, mid-weight (Polartec-200)	1	RECOMMENDED	
E5	Hat, full brim or rain hat, sleeping hat for cold weather camping	1	REQUIRED	
E6	Gloves - warm when wet (neoprene, pogies, w/ liners, watersport gloves, etc)	1 pair	REQUIRED	

### FORBIDDEN:

- F1** Firearms
- F2** Pyrotechnics of any sort (explosives, gunpowder, fireworks, flare-type fire starters, napalm, etc)
- F3** Alcohol or tobacco products, or tobacco paraphernalia
- F4** Illegal drugs or drug paraphernalia