

## Troop 2970 COVID Guidelines

Goal: to limit the three C's: contact, confinement (or poor air circulation) & crowds.

In order to participate in an in person activity attendees:

1. Must agree to follow VA health department COVID-19 prevention guidelines.  
<https://www.vdh.virginia.gov/coronavirus/prevention-tips/>
2. Must not have experienced any of the following new symptoms in the last 14 days: fever (over 100 degrees without fever reducing medication), cough, shortness of breath or difficulty breathing, chills, muscle pain, headache, sore throat, new loss of taste or smell, nausea, vomiting, diarrhea.
3. Must have not had any known exposure to COVID-19 or to someone that has tested positive in the last 14 days.
4. Must follow Virginia's Department of Health's guidelines for travelers found here:  
<https://www.vdh.virginia.gov/coronavirus/coronavirus/travel-to-areas-with-widespread-on-going-community-spread/>
5. Scouts and adults must agree to wear face coverings at all in person scout events (indoor and outdoors). Face coverings should:
  - Fits snugly but comfortably against the side of the face
  - Completely cover the nose and mouth and chin
  - Be secured with ties or ear loops
  - Include multiple layers of fabric
  - Allow for breathing without restriction
  - Are disposable or can be laundered and machine dried without damage or change to shapeThese guidelines can be found here: [vdh.virginia.gov/coronavirus/cloth-face-covers/](https://www.vdh.virginia.gov/coronavirus/cloth-face-covers/)
6. Must agree to practice physical distancing while attending the in-person activity (stay at latest 6 feet apart).

Our troop will:

1. Maintain attendance records for each in person gathering.
2. Separate scouts into patrols that are no larger than 10 scouts and 2 adults. We will track who is in which patrol.
3. When we do activities where scouts move from station to station, activities will be led by someone from your patrol. Scouts will not lead stations for the whole troop.
4. Meet outside at OSWLC. We do not have access to the inside of the building. (Each attendee will need to bring his/her own chair.)
5. Review these guidelines at each committee meeting or as deemed necessary by our Scoutmasters/SPLs.
6. Plan in person activities that allow for social distancing and use minimal materials. Those materials will either need to be single use items or items that can be disinfected between users.

7. To start out, our in person meetings will be one hour long (7:30-8:30). Meetings will be used to teach the Scout, Tenderfoot, 2nd and 1st Class rank requirements that are best taught in person. We will use Star, Life and Eagle scouts to teach these requirements. When a scout needs a partner to demonstrate a skill, they will partner with their parent or sibling.
8. At this time we will not be doing activities that include eating or serving food.
9. To reduce risk, household members should provide transportation to in-person events. When that is not possible, those that are carpooling together should:
  - Wear face coverings.
  - Disinfect the vehicle's high touch areas before and after the trip
  - Open the vehicles windows
  - Arrange carpools with your patrol members.
  - The troop should keep a record of each vehicle's occupants
10. All parents/drivers must remain at all in person events until its conclusion in case of inclement weather or other unexpected event that requires evacuation.

#### Progression:

We will proceed cautiously from troop meetings, to short outings that don't require a meal, then day trips, then local overnight camping, followed by activities outside of our area.

#### **For when we are comfortable doing these things....**

##### Snacks and Meals:

- While preparing and serving food, maintain physical distancing, wear a facemask and gloves.
- Prioritize the use of prepackaged items that are "grab & go."
- Limit contact during the preparation and serving process. (Avoid buffet style. One designated person, wearing gloves & mask, serves food instead of multiple people touching the same serving utensil.)
- Eat outdoors

##### Patrol Cooking:

- Scouts must wash hands with soap and water for 20 seconds before and after food preparation and serving.
- Must wear gloves and face coverings while preparing meals.
- For a clean food preparation surface, use an approved disinfectant on solid surfaces according to the instructions. Cover porous tables with plastic table cloth and disinfect (wooden or concrete picnic tables).

##### Tenting:

- Scouts should each have their own tent.