

**Program Description Grid for Developmental & Behavioral Services for Children (Ages 0-5)**

Program Information	High Risk Infant (HRI) Clinic		Maternal Child Health/Public Health Nursing	Autism Discovery Institute (ADI)	Developmental Behavioral Pediatrics UCSD/RCHSD	Developmental Evaluation Clinic (DEC)	Developmental Screening & Enhancement Program (DSEP)	Exceptional Family Resource Center (EFRC)	Healthy Development Services (HDS)	KidSTART	San Diego Regional Center (SDRC)		School District	
	UCSD	Radys Children's Hospital									California Early Start	SDRC		
<b>Program's Focus and Services</b>	<ul style="list-style-type: none"> <li>Assist families with follow-up care for infants and young children who are at high risk for developmental and neurological problems following discharge from the neonatal intensive care unit.</li> <li>Provide ongoing evaluation of the growth and development of these high-risk infants and young children, coordinate care with infant's pediatrician, and recommend referrals to specialty services and clinics when needed.</li> <li>The clinic sees children who are cared for in the neonatal intensive care units at Rady Children's Hospital-San Diego, Scripps Memorial Hospital La Jolla, Scripps Memorial Hospital Encinitas, Scripps Mercy Hospital, Scripps Mercy Chula Vista, Palomar Medical Center, Rancho Springs Medical Center and other participating hospitals.</li> </ul>	<ul style="list-style-type: none"> <li>Provides evaluation of the growth and development of infants and young children who are at risk for neurologic problems or developmental delays because of premature birth, low birth weight or other problems at birth.</li> <li>Assist families with follow-up care for infants and young children who are at high risk for developmental and neurological problems following discharge from the neonatal intensive care unit.</li> <li>Provide ongoing evaluation of the growth and development of these high-risk infants and young children, coordinate care with infant's pediatrician, and recommend referrals to specialty services and clinics when needed.</li> </ul>	<ul style="list-style-type: none"> <li>Improve access to healthcare and other resources for at-risk women and their children.</li> </ul>	<ul style="list-style-type: none"> <li>The Autism Discovery Institute provides comprehensive services for children (infancy -18 years) with or at-risk for Autism Spectrum Disorder.</li> <li>Licensed clinical psychologists conduct developmental diagnostic evaluations. Psychologists and BCBA/Behavior Specialists provide intervention, including ABA therapy, Social Skills Groups, and Individual Psychotherapy, all of which emphasize Parent/Caregiver Training and Education.</li> </ul>	<ul style="list-style-type: none"> <li>Infants, Toddlers, Children, and Adolescents with developmental, learning, or behavioral/mental health concerns. (e.g., developmental delays; learning or school problems; ADHD; Autism spectrum disorders; anxiety depression; sleep problems)</li> <li>Services include evaluation, treatment, medication management, medical workup, referral to intervention services and resources.</li> </ul>	<ul style="list-style-type: none"> <li>Comprehensive developmental, psychological, and neuropsychological evaluation services for infants, preschoolers, and school-age children to identify developmental, learning, and social delays.</li> <li>Determines the need for further assessment and/or intervention.</li> <li>Currently using a hybrid model that typically includes a 2-hour telemedicine caregiver interview and final feedback session and in-person testing with child and caregiver. IN-person testing ranges from 2-6 hours depending on age of child and clinical complexity.</li> </ul>	<ul style="list-style-type: none"> <li>DSEP is a collaborative program whose goal is to support the developmental and behavioral needs of children, under age six, with involvement in the San Diego County Child Welfare Services (CWS) system.</li> </ul>	<ul style="list-style-type: none"> <li>Parent-to-parent support, information, resources, and referral for families with children who have special health or learning needs or concerns.</li> </ul>	<ul style="list-style-type: none"> <li>Promote children's optimal development and learning by improving access to developmental and behavioral services</li> <li>Provides development screening and assessment, groups for global development concerns or speech concerns, 1:1 consultation for development concerns, and therapy with an OT, PT, or SLP</li> <li>Provides behavior screening and assessment, parent workshops focused on social-emotional development, 1:1 behavior coaching, behavior therapy</li> <li>Care coordination offered to families needing assistance navigating services</li> </ul>	<ul style="list-style-type: none"> <li>Provides comprehensive triage, assessments, referral, treatment, and intensive family support for children 0-5 with complex developmental, socio-emotional, and physical health concerns.</li> <li>Specializing in trauma</li> </ul>	<ul style="list-style-type: none"> <li>Provide developmental support services to children 0 to 3 years of age.</li> <li>Transition planning prior to age 3.</li> </ul>	<ul style="list-style-type: none"> <li>Provide developmental evaluation services preschoolers and school-age children to identify the existence of a developmental disability.</li> </ul>	<ul style="list-style-type: none"> <li>Provide special education and related services as described in an individualized education program (IEP) (e.g., Speech, OT, specialized preschool placement, etc.)</li> </ul>	
<b>Eligibility Criteria</b>	<ul style="list-style-type: none"> <li>Same CCS mandates as Radys (See RIGHT)</li> <li>At UC San Diego Health, we also see infants who:                             <ul style="list-style-type: none"> <li>Had a gestational age at birth less than 34 weeks.</li> <li>Had intra uterine growth restriction/small for gestational age with birth weight less than tenth percentile.</li> <li>Had intra uterine exposure to alcohol.</li> <li>Had intra uterine exposure to marijuana/cannabinoids, methamphetamine, cocaine, opiates/narcotics and/or prescription medication(s) known to have potential risks (i.e., psychotropic and anti-seizure medications).</li> <li>Had other teratogen exposure.</li> <li>Multiple congenital anomalies or genetic disorders that may affect developmental outcomes.</li> <li>Infants or children less than 42 months of age referred after discharge by primary care providers, public health nurses, or other community agencies due to abnormalities in development, not meeting developmental milestones, or due to neuromuscular status or other concerns.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>CCS mandates follow-up for certain at-risk infants, including those who:                             <ul style="list-style-type: none"> <li>Had a gestational age at birth of less than 32 weeks.</li> <li>Had a birth weight less or equal to 1,500 grams.</li> <li>Had cardiorespiratory depression at birth.</li> <li>Had pH less than 7.0 on umbilical blood sample or a blood gas obtained within one hour of life.</li> <li>Had an Apgar score of less than or equal to 3 at five minutes or less than 5 at 10 minutes.</li> <li>Had prolonged hypoxia, acidemia, hypoglycemia and/or hypotension requiring pressor support.</li> <li>Had persistent apnea that required medication (e.g., caffeine) for the treatment of apnea at discharge.</li> <li>Required oxygen for more than 28 days of hospital stay and diagnosed with chronic lung disease.</li> <li>Were on ECMO.</li> <li>Received inhaled nitric oxide or were treated with other pulmonary vasodilatory medications for pulmonary hypertension.</li> <li>Congenital heart disease requiring surgery or minimally invasive intervention</li> <li>Had or have documented seizure activity.</li> <li>Documented sepsis</li> <li>Had or have documented brain injury or intracranial pathology (IVH Grade II or worse, PVL, cerebral thrombosis, cerebral infarction or stroke, CNS abnormality other problems associated with adverse neurologic outcomes).</li> <li>Had or have other problems that could result in neurologic abnormalities.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>High-risk infants with low birth weight, Hypotonia, Prematurity of <math>\leq 32</math> weeks, APGAR scores of 0-3, Intracranial abnormal pathology, genetic, systemic, or metabolic conditions which may be associated w/ developmental delay, perinatal substance abuse exposure, positive toxicity screen for infant or signs of toxicity/withdrawal.</li> </ul>	<ul style="list-style-type: none"> <li>Under 18 years of age</li> <li>Insurance authorization obtained by referring professional or primary care physician</li> <li>Self-pay option is available.</li> <li>Had an Apgar score of less than or equal to 3 at five minutes or less than 5 at 10 minutes.</li> <li>Had prolonged hypoxia, acidemia, hypoglycemia and/or hypotension requiring pressor support.</li> <li>Required oxygen for more than 28 days of hospital stay and diagnosed with chronic lung disease.</li> <li>Were on ECMO.</li> <li>Received inhaled nitric oxide or were treated with other pulmonary vasodilatory medications for pulmonary hypertension.</li> <li>Congenital heart disease requiring surgery or minimally invasive intervention</li> <li>Had or have documented seizure activity.</li> <li>Documented sepsis</li> <li>Had or have documented brain injury or intracranial pathology (IVH Grade II or worse, PVL, cerebral thrombosis, cerebral infarction or stroke, CNS abnormality other problems associated with adverse neurologic outcomes).</li> <li>Had or have other problems that could result in neurologic abnormalities.</li> </ul>	<ul style="list-style-type: none"> <li>Under 18 years of age</li> <li>Consultation request form completed by a professional (e.g., physician, psychologist, therapist, teacher)</li> <li>Insurance authorization obtained by referring professional or primary care physician</li> <li>Intake questionnaires completed before appointment</li> <li>Self-pay option available</li> </ul>	<ul style="list-style-type: none"> <li>Under 18 years of age</li> <li>Consultation request form completed by a professional (e.g., physician, psychologist, therapist, teacher)</li> <li>Insurance authorization obtained by referring professional or primary care physician</li> <li>Intake questionnaires completed before appointment</li> <li>Self-pay option available</li> </ul>	<ul style="list-style-type: none"> <li>Infants, preschool, and school age children with developmental and/or social-emotional or behavioral concerns.</li> <li>Full-scope Medical accepted for children birth through age 5 years in San Diego and Riverside Counties.</li> <li>Accept self-pay for all aged and many commercial insurance plans for all ages.</li> </ul>	<ul style="list-style-type: none"> <li>Children birth up to 6 years old with an open CWS case.</li> </ul>	<ul style="list-style-type: none"> <li>None-Any parent wishing to gain more resources or support about their child's needs</li> <li>Note: EFRC also is the provider of Prevention Resource &amp; Referral Service (PRRS) for California Early Start which offers peer to peer support, resources &amp; referrals for families of children who were assessed by CES but not eligible for services.</li> </ul>	<ul style="list-style-type: none"> <li>Children birth through 5 years old who reside in San Diego County with mild to moderate development and behavior concerns that do not qualify for other intervention services or through insurance.</li> <li>Children are eligible until the time they enter kindergarten or reach their 6<sup>th</sup> birthday.</li> <li>Parents can participate in parenting workshops prenatally.</li> </ul>	<ul style="list-style-type: none"> <li>Children under 6 years old who are not in kindergarten with complex developmental and mental health concerns.</li> </ul>	<ul style="list-style-type: none"> <li>Established Risk conditions/Dev. delay: cognitive, social-emotional, language, adaptive, physical, (fine motor, gross motor, vision, or hearing)</li> <li>Ages 0-23 months: 33% in 1 area</li> <li>Ages 24-35 months: 50 % delay in 1 area Or 33% in 2 areas. Child with established conditions (i.e., Down Syndrome) or infant 0-36 months with a parent who has a dev disability.</li> </ul>	<ul style="list-style-type: none"> <li>Age 36 months and older: Intellectual disabilities, cerebral palsy, epilepsy, autism, or other disabling conditions known to cause intellectual disabilities.</li> </ul>	<ul style="list-style-type: none"> <li>Children 2 y. 11 months and older</li> <li>Eligibility for services is based on the assessment conducted by the district.</li> <li>If a child is eligible, appropriate goals, accommodations, services, and education setting are determined and an Individual Education Program (IEP) is developed for students who meet eligibility criteria.</li> </ul>
<b>Method of Referral</b>  <b>Preferred Method</b>	<ul style="list-style-type: none"> <li>UCSD EPIC - Enter order for HRIF</li> <li>RCHSD EPIC - Enter external referral to UCSD HRIF</li> <li>Fax: 619-543-7543 – Please include discharge summary or most recent WCC note along with referral</li> </ul>	<ul style="list-style-type: none"> <li>Enter referral via RCHSD EPIC to HRIF</li> <li>Fax referral with birth records to (858) 966-7508</li> </ul>	<ul style="list-style-type: none"> <li>Contact: (619) 542-4192</li> </ul>	<ul style="list-style-type: none"> <li>Contact 858-966-7453, Option 1 to schedule an appointment</li> <li>Primary Care Physicians may also place referrals through the EPIC-based Behavioral Health Pathway.</li> </ul>	<ul style="list-style-type: none"> <li>Consultation request form completed by a professional (e.g., physician, psychologist, therapist, teacher)</li> <li>RCHSD EPIC referral order</li> <li>Fax: 858-246-0019</li> <li>Referral Form/Intake packet: <a href="https://medschool.ucsd.edu/som/pediatrics/Divisions/general-pediatrics/dbp/Pages/Clinical.aspx">https://medschool.ucsd.edu/som/pediatrics/Divisions/general-pediatrics/dbp/Pages/Clinical.aspx</a></li> <li><a href="http://www.rchsd.org/dbp">www.rchsd.org/dbp</a></li> </ul>	<ul style="list-style-type: none"> <li>Need referral from pediatrician for all appointments and prior authorization for most commercial plans.</li> <li>Phone: (858) 966-5817.</li> </ul>	<ul style="list-style-type: none"> <li>Caregivers and Social Workers may call (858) 966-7874 to make a referral over the phone.</li> <li>Fax or Email: DSEP referral form to (858) 966-8480 or DSEPReferrals@rchsd.org with "Consent for Treatment" (04-24)</li> </ul>	<ul style="list-style-type: none"> <li>Phone: 800-281-8252</li> <li>Fax: 858-268-4275</li> <li>Email: <a href="mailto:efrc@projects.sdsu.edu">efrc@projects.sdsu.edu</a></li> </ul>	<ul style="list-style-type: none"> <li>Anyone can refer</li> <li>1-800-SFIRST5</li> <li>Central: 619-515-2406</li> <li>East: 619-515-2463</li> <li>N. Central: 858-966-7510</li> <li>N. Coastal: 858-966-8235</li> <li>N. Inland: 877-504-2299</li> <li>South: 619-495-8248</li> <li>Referral form found at: <a href="https://aapca3.org/health-y-development-services-hds/">https://aapca3.org/health-y-development-services-hds/</a></li> </ul>	<ul style="list-style-type: none"> <li>Program Info: 858-966-5990</li> </ul>	<ul style="list-style-type: none"> <li>Anyone can refer</li> <li>Referral desk Phone (858) 496-4318</li> <li>Fax: (858) 503-4471</li> <li>Email: <a href="http://www.sdrc.org">www.sdrc.org</a></li> <li>Inquiry request form: <a href="https://www.sdrc.org/apply">https://www.sdrc.org/apply</a></li> </ul>	<ul style="list-style-type: none"> <li>Anyone can refer</li> <li>Referral desk Phone: (858) 496-4318</li> <li>Fax: (858) 503-4471</li> <li>Email: <a href="http://www.sdrc.org">www.sdrc.org</a></li> <li>Inquiry request form: <a href="https://www.sdrc.org/apply">https://www.sdrc.org/apply</a></li> </ul>	<ul style="list-style-type: none"> <li>Children 3-5: <b>request for assessment must come from the child's parent</b> who contacts special ed. department for their local school district.</li> <li>SDUSD: SEEC office at 858-490-8500</li> <li>Lakeside Union School District: (619) 390-2620</li> <li>Cajon Valley Union School District: (619) 588-3146</li> <li>La Mesa-Spring Valley School District: (619) 668-5700</li> <li>Lemon Grove School District: (619) 825-5600</li> <li>Santee School District: (619) 956-4500</li> <li>Email: <a href="http://www.sandi.net/Page/48167">http://www.sandi.net/Page/48167</a></li> </ul>	