

## **FREQUENTLY ASKED QUESTIONS – MATERNAL CHILD HEALTH/PUBLIC HEALTH NURSING**

*Disclaimer: This document represents the knowledge and practice of the individual that completed this FAQ*

**1. What is the Maternal Child Health/Public Health Nursing program?**

It is a free, voluntary prevention program that provides nurse home visitation to at-risk, low income, pregnant, and postpartum women and their children from birth to 5 years old

**2. Who is eligible for services (age, other criteria)?**

Low income, at-risk pregnant/postpartum women and their children from birth to 5 years old or high-risk infants. Any pregnancies with current/recent domestic violence, history of prenatal loss or pre-term births, no prenatal care after 1st trimester, high-risk pregnancies. Postpartum families with current/recent domestic violence, postpartum depression, bonding issues. High-risk infants with low birth weight less than 1500 g, hypotonic persisting up to 2 hours, prematurity of less than 32 weeks, APGAR score of 0-3 at 5 min, intracranial abnormal pathology, genetic, systemic, or metabolic conditions which may be associated with developmental delay, perinatal substance abuse exposure, positive toxicity screen for infant or signs of toxicity/withdrawal.

**3. What type of services are provided and for how long?**

Nurses provide support, health and parenting education, address bonding issues, medical, and mental risks. Service duration: Pregnancy and 18 months of services to infant/child

**4. What can parents expect when a Public Health Nurse comes to visit (where, how long, what does the visit entail)?**

Families can expect to receive case management and referrals to healthcare and support services available in their community.

**5. What is the best method of referral?**

Contact Public Health Nursing at: (619) 542-4192



**CONTACT INFORMATION:**

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