

## Basic Disaster Supply Kit

For more information go to [ready.gov](http://ready.gov), [readyglenellen.com](http://readyglenellen.com), [halterproject.org](http://halterproject.org)

In the event of a major disaster you may need to shelter in place. Some scenarios suggest we could be on our own for up to 2 weeks without regular outside resources. This basic kit is designed to help survive inside or outside your home. Add to the list to meet your needs.

To assemble your kit, store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a large duffel bag. You may need to drag them out of storage to use them.

A basic emergency supply kit could include the following recommended items:

- WATER - one gallon per person per day for at least 3 days, for sanitation and drinking. Water purifying tablets and/or a LifeStraw are good to have in case of contaminated water.
- FOOD - at least a three day supply of nonperishable food. (crackers and dry cereal need to be stored in an air tight bin)

- Canned food - fruits, beans, vegetables, meat, tuna, stew...	- Baby food and food for special diet needs
- Dried fruit	- Nutritional/Protein bars
- Canned nuts	- Nut butters (peanut, almond)
- Bottled or canned juice	- Powdered milk
- Crackers	- Dry cereal

- EATING AND COOKING

- Camp stove and fuel.	- Manual can opener
- Sharp knife	- Paper towels
- Non breakable plates, cups and utensils	- Hard sided cooler in case ice is available

• SANITATION

- Portable toilet or bucket with lid	- Disinfectant wipes/Bleach
- Shovel	- Feminine hygiene supplies
- Toilet paper	- Cat litter with plastic garbage bags and twist ties

• PERSONAL ITEMS

- Medications	- Boots or sturdy shoes
- Glasses, reading and sunglasses	- Heavy work gloves
- Hat	- Warm socks
- Soap, Shampoo	- Underwear
- Toothbrush and tooth paste, floss	- Long pants
- Hairbrush	- Shirts (warm and cool weather)
	- Raingear

• SAFETY and TOOLS

- First Aid Kit	- Dust Masks
- Scissors	- Duct tape
- Sewing kit	- Rope
- Flashlight with extra batteries	- Sleeping bag or space blanket
- Goggles or safety glasses	- Tent
- Portable radio with extra batteries	- Shovel
- Fire Extinguisher	- Wrench (Shut off valves)
- Axe/saw	- Crow bar

• PETS

- Food	- Leashes
- Medications	- Cat litter and poop bags
- Crates	

