

» Choosing the Right Executive Coach

So you're thinking about getting a coach. You want to accelerate your results and improve your performance. You're committed to spend time on your development and your personal growth is important to you. If this is you, a coach is a great investment. When you are ready to engage a coach, how do you find the best coach for you?

There are four factors to consider when choosing a coach: Clear Coaching Methodology, Quality of Clients, Measurement of ROI, and Accreditation. [Here](#) is a description of each factor along with conversation starters and questions to ask a potential coach.

I am proud to share that I recently received my advanced accreditation from the International Coaching Federation. After 18 months of hard work and lots of support from my family, mentor coach, teachers and many others, I can now call myself a Professional Certified Coach (PCC).

If you are looking for a coach, for yourself or someone on your team, give me a call. You can be sure you are hiring a coach who is committed to her development and the coaching profession.

Sincerely,

Jane Dolan

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