

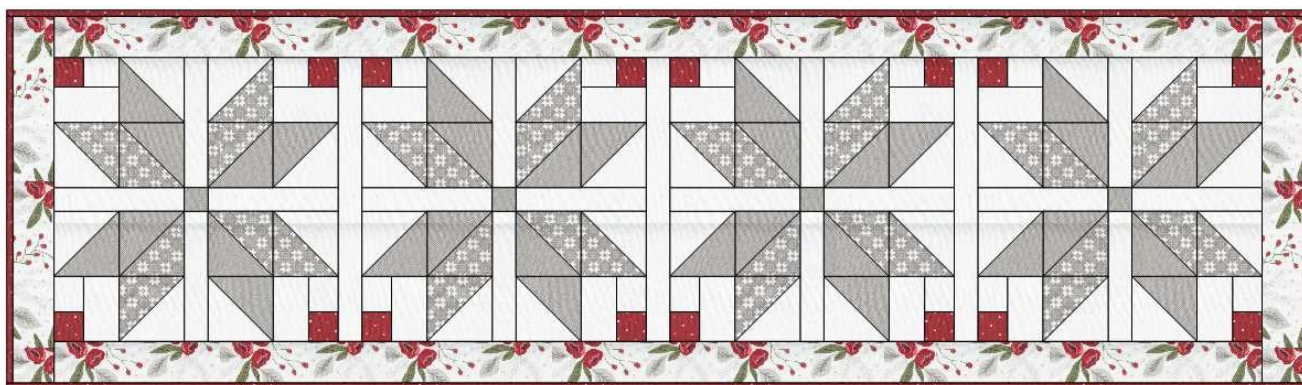
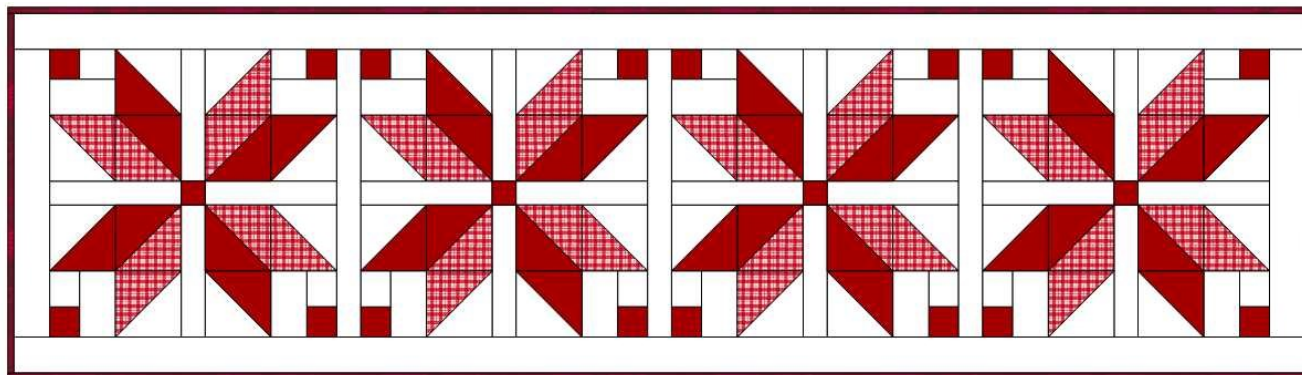


The Crafty Quilter Designs

NORDIC STAR TABLE RUNNER

A FREE PATTERN BY JULIE CEFALU

Quilt size: 15" x 54" Block size: 12" finished



Mock-up using Christmas Morning Fabric by Lella Boutique for Moda Fabrics

Supply List

- Background 3/4 yard
- Dark Red 3/8 yard
- Medium Red 1/4 yard
- Backing option 1 1 2/3 yard
- Backing option 2 5/8 yard + 1/4 yard (pieced - instructions included)
- Binding 1/3 yard
- Batting 20" x 60"

Disclosure: This is a free pattern and has not been tested for accuracy. You may contact me at Julie@TheCraftyQuilter.com if you find any errors or discrepancies and I will promptly respond.

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NORDIC STAR TABLE RUNNER

Cutting instructions

Background

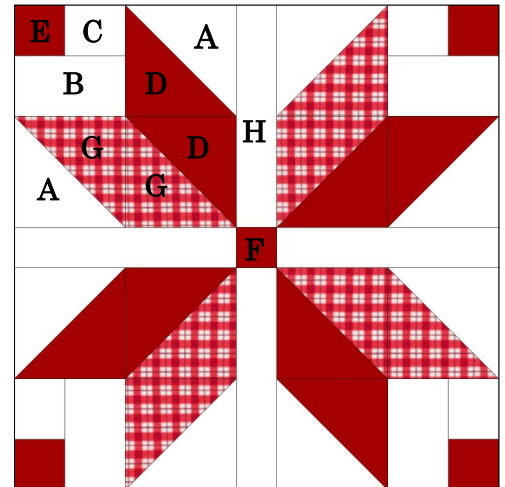
- (2) 3 3/4" x WOF strips; subcut into (16) 3 3/4" (A) squares
- (1) 3 1/4" x WOF strip; subcut into (16) 2" x 3 1/4" (B) rectangles
- (1) 2" x WOF strip for (C/E) units
- (4) 1 1/2" x WOF strips; subcut into (16) 1 1/2" x 6" (H) rectangles and (3) 1 1/2" x 12 1/2" (I) rectangles (sashing)
- (4) 1 3/4" X WOF strips for borders

Dark Red

- (2) 3 3/4" x WOF strip; subcut into (16) 3 3/4" (D) squares and (4) 1 1/2" (F) squares
- 1 3/4" x WOF strip for (C/E) units

Medium Red

- (2) 3 3/4" x WOF strip; subcut into (16) 3 3/4" (G) squares



12 1/2" unfinished

- All seam allowances are 1/4"
- RST = right sides together
- WOF = width of fabric
- HST = half-square triangle

Note: Please read through all instructions before starting this project to familiarize yourself with the pattern.

Nordic Star Block Instructions

1. Pair the 3 3/4" squares into the following combinations to make HST units: (8) A/D squares, (8) A/G squares and (8) D/G squares. (Figure 1)
2. Draw a diagonal line from corner to corner on the wrong side of one square in each pair. (Figure 2)
3. With RST, stitch 1/4" on each side of the drawn diagonal line. Cut apart on the diagonal line. Press towards the dark. (Figure 2)
4. Trim to 3 1/4" square. Make 16 HST's for each color combination. (Figure 3)
5. With RST, sew the 2" (C) strip and 1 3/4" (E) strip together and press towards the dark red. (Figure 4)
6. Cut (C/E) strip-set into (16) 1 3/4" wide units. (Figure 4)
7. With RST, stitch a (C/E) unit to a 2" x 3 1/4" (B) rectangle. Press towards B. Make 16 (B/C/E) units. (Figure 5)

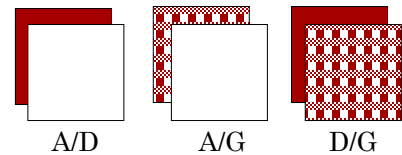


Figure 1

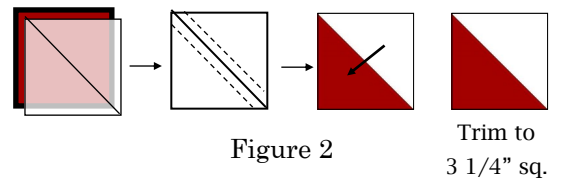


Figure 2

Trim to
3 1/4" sq.



Figure 3

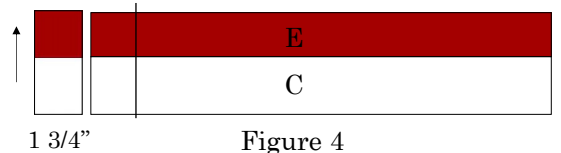


Figure 4

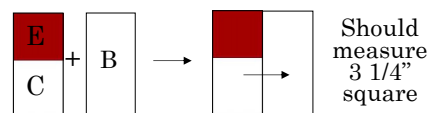


Figure 5

Block instructions (continued)

8. Arrange the HST units, and BCE units as shown. (Figure 6)

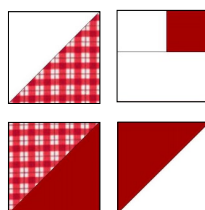


Figure 6

9. With RST, sew units together into pairs. Press. (Figure 7)

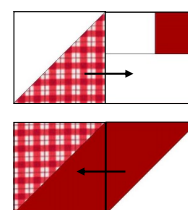


Figure 7

10. Sew pairs together to create a corner unit. Press to either side. It should measure 6" square. Make 16. (Figure 8)

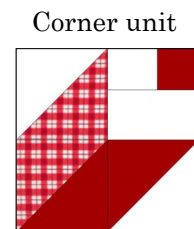


Figure 8

11. Arrange the corner units from above, the 1 1/2" x 6" (H) rectangles and 1 1/2" (F) square as shown. (Figure 9)

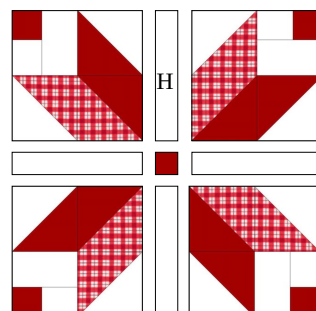


Figure 9

12. Sew together into rows; sew rows together. Press seams toward (H) rectangles. (Fig. 10) Make (4) 12 1/2" Nordic Star blocks.

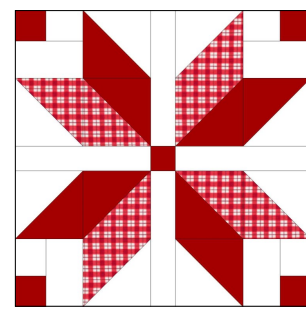


Figure 10

Table runner assembly

13. Sew the Nordic Star blocks and 1 1/2" x 12 1/2" sashing rectangles together to create the table runner. (Figure 11)

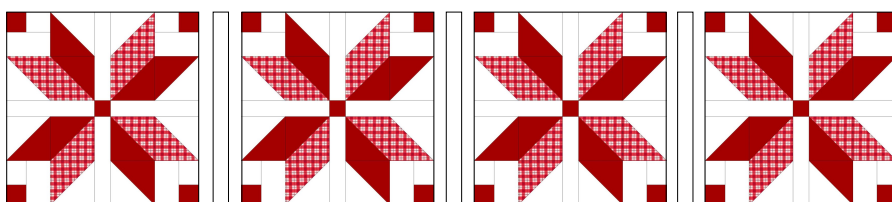


Figure 11

14. Join the 1 3/4" wide border strips to form one long continuous strip.

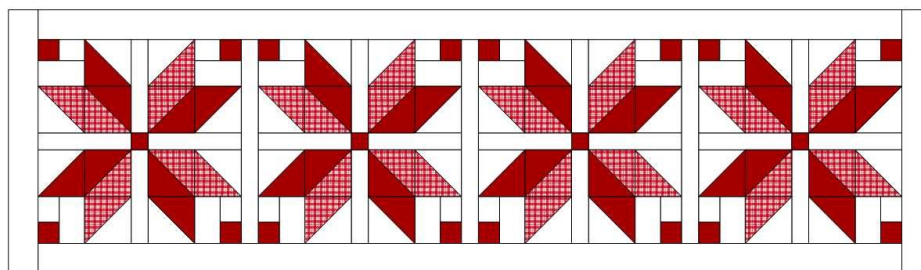
15. Measure quilt length through the center, and cut two strips to that measurement. (It should be approximately 51 1/2" long).

16. Sew border strips to each long side of the quilt and press towards the border.

17. Measure quilt width through the center including the borders and cut two strips to that measurement. (It should be approximately 15" wide).

18. Sew borders to the remaining sides of quilt.

19. Baste, quilt and bind the table runner. I quilted straight lines 1/2" apart.



Backing tip: To make more efficient use of backing fabric, you can piece together 5/8 yard (22" x 42") and 1/4 yard cut into two rectangles (9" x 22"). Sew the pieces together to make a 22" x 60" backing. This is a generous size; you can make it smaller by using a 1/2 yard and 1/4 yard for a 18" x 60" backing.

