

12/16/2020

CURRICULUM VITAE

NAME: Alexander Sangor Strauss BIRTH DATE: 3/13/79

BUSINESS ADDRESS: CENTRA CITIZENSHIP: USA
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 Marlton, NJ 08053

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EDUCATION, TRAINING AND EMPLOYMENTUNDERGRADUATE:

1997-2001 Duke University BS, Psychology, May 2001
 Durham, NC

MEDICAL SCHOOL:

2001-2005 Feinberg School of Medicine MD, May 2005
 Northwestern University
 Chicago, IL

POST GRADUATE:

7/2005-6/2008 Resident Adult Psychiatry *Program Director:*
 Western Psychiatric Institute & Clinic Michael Travis, M.D.
 University of Pittsburgh Medical Center
 Pittsburgh, PA

7/2008- 6/2010 Fellow Child & Adolescent Psychiatry *Program Director:*
 Western Psychiatric Institute & Clinic Abigail Schlesinger, M.D.
 University of Pittsburgh Medical Center
 Pittsburgh, PA

EMPLOYMENT

10/2018-present Consulting Sport Psychiatrist
 Temple University Athletics
 Philadelphia, PA

EMPLOYMENT (Continued)

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|----------------|---|--|
| 1/2012-present | Partner –Adult, Child and Adolescent Psychiatrist Centra, P.C Marlton, NJ and Philadelphia, PA | |
| 7/2010-12/2011 | Associate –Adult, Child and Adolescent Psychiatrist Centra, P.C Marlton, NJ and Philadelphia, PA | |
| 7/2010-10/011 | Staff Physician On Call University of Medicine and Dentistry New Jersey UMDNJ School of Osteopathic Medicine Cherry Hill, NJ | <i>Department Chair:</i> Geetha Kumar, M.D. |

CERTIFICATION AND LICENSUREMEDICAL LICENSURE

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|--------------|-------------|--------------|
| 2010-present | CDS License | New Jersey |
| 2010-present | DEA License | New Jersey |
| 2009-present | MD License | New Jersey |
| 2018-present | MD License | Pennsylvania |
| 2018-present | DEA License | Pennsylvania |

CERTIFICATION

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|------|---|
| 2019 | Certificate of Additional Training in Sports Psychiatry International Society for Sports Psychiatry (ISSP) |
| 2011 | Board Certified Child and Adolescent Psychiatry by the ABPN |
| 2010 | Board Certified Psychiatry by the American Board of Psychiatry and Neurology (ABPN) |

HONORS / PRESENTATIONSHONORS

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|------|--|
| 2020 | Top Docs for Kids SJ Magazine March 2020 |
| 2019 | Top Docs for Kids SJ Magazine March 2019 |

HONORS (Continued)

- 2018-current **Member, Expert Advisory Panel**
New Jersey Psychiatric Association
Expert on Child & Adolescent, Brain Injury, Sports Psychiatry & Psychotherapy
- 2018 **Top Docs**
SJ Magazine September 2018
- 2018 **Top Docs for Kids**
SJ Magazine March 2018
- 2017 **Top Docs**
SJ Magazine September 2017
- 2017 **Top Physicians**
South Jersey Magazine August 2017
- 2017 **Top Docs for Kids**
SJ Magazine March 2017
- 2017 **Outstanding Service Award**
Regional Council of Child and Adolescent Psychiatry
- 2016 **Top Docs**
SJ Magazine September 2016
- 2016 **Top Docs for Kids**
SJ Magazine March 2016
- 2015 **Distinguished Fellow (DFAACAP)**
American Academy of Child and Adolescent Psychiatry
- 2015 **Top Docs for Kids – SJ Readers Pick**
SJ Magazine March 2015
- 2014 **Fellow (FAPA)**
American Psychiatric Association
- 2010 **Outstanding Child Teaching Resident**
Western Psychiatric Institute and Clinic
- 2009-2010 **Academic Psychiatry Journal**
Manuscript reviewer

APPOINTMENTS

2014-current **Clinical Assistant Professor**
Department of Psychiatry at Rutgers Robert Wood Johnson Medical School

PRESENTATIONS

- 2020 **Sports Psychiatry in Youth: Experiences and Challenges
Special Interest Group Saturday October 24th, 2020**
American Academy of Child & Adolescent Psychiatry 67th Annual Meeting
Co-Presenter with Raymond Pan, MD
- 2020 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management
Workshop Friday October 23rd, 2020**
American Academy of Child & Adolescent Psychiatry 67th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD
- 2020 **Sports Medicine Grand Rounds at Cooper University Hospital May 12th, 2020**
Sports Related Concussion and Mental Illness
- 2019 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management
Workshop 19 Thursday October 17th, 2019**
American Academy of Child & Adolescent Psychiatry 66th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD
- 2018 **Starting a Private Practice Workshop Friday October 26th, 2018**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Chair of the workshop on private practice
- 2017 **We can See It Coming! Clinical Management of Violent Youth In The World of
Outpatient Child and Adolescent Psychiatry Clinical Case Conference 8 Wednesday
October 25th, 2017**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Chair of the clinical case conference on violent youth
- 2017 **Starting a Private Practice Workshop 16 Thursday October 26th, 2017**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Chair of the workshop on private practice
- 2017 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management
Workshop 20 Thursday October 26th, 2017**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD

PRESENTATIONS (continued)

- 2016 **Starting a Private Practice Workshop 6 Wednesday October 26th, 2016**
American Academy of Child & Adolescent Psychiatry 63rd Annual Meeting
Chair of the workshop on private practice
- 2016 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 42 Saturday October 29th, 2016**
American Academy of Child & Adolescent Psychiatry 63rd Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD
- 2015 **Starting a Private Practice Workshop 48 Saturday October 31st, 2015**
American Academy of Child & Adolescent Psychiatry 62nd Annual Meeting
Chair of the workshop on private practice
- 2015 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 43 Saturday October 31st, 2015**
American Academy of Child & Adolescent Psychiatry 62nd Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD
- 2015 **Sports Psychiatry Special Interest Study Group 15 Friday October 30th, 2015**
American Academy of Child & Adolescent Psychiatry 62nd Annual Meeting
Chair of the Special Interest Group on Sports Psychiatry and Sports-Related Concussion
- 2015 **Psychiatric Treatment of the Concussed Athlete January 11th, 2014**
The Eastern Athletic Trainers' Association 2015 Convention
Lectured on the mental health and treatment following concussion
- 2014 **Starting a Private Practice Workshop 29 October 24th, 2014**
American Academy of Child & Adolescent Psychiatry 61st Annual Meeting
Chair of the workshop on private practice
- 2014 **Concussion, Sports and Psychiatry Wednesday October 22nd, 2014**
American Academy of Child & Adolescent Psychiatry 61st Annual Meeting
Presented as a part of On and Off the Field: The Role of Sports in Child, Adolescent and Young Adult Development. Clinical Perspectives.
- 2014 **Treatment of the Psychiatric Component of a Concussion June 7th, 2014**
Rothman Institute at Jefferson Sports Medicine Symposium
Presented Breakout Session 1 to athletic trainers and physical therapists
- 2013 **Keys to Private Practice Workshop 29 October 25th, 2013**
American Academy of Child & Adolescent Psychiatry 60th Annual Meeting
Co-leader of the workshop on private practice

PRESENTATIONS (continued)

- 2013 **Mild Traumatic Brain Injury (Concussion) September 28th, 2013**
Neuropsychiatric Complications and Treatment Options
 Child and Adolescent Psychotherapy and Psychopharmacology (CAPP) Conference
 Regional Council of Child and Adolescent Psychiatry
 Presented to psychiatrists on post-concussive syndrome and treatment options
- 2012 **Successful Transitions to Practice Member Service Forum 6 October 26th, 2012**
 American Academy of Child & Adolescent Psychiatry 59th Annual Meeting
 Presented on the topic of private practice
- 2012 **Keys to Private Practice Workshop #5 October 24th, 2012**
 American Academy of Child & Adolescent Psychiatry 59th Annual Meeting
 Co-leader of the workshop on private practice
- 2012 **Preschool Bullying September 4th, 2012**
 M’Kor Shalom in Cherry Hill, NJ
 Presented on preschool behavior, normal development from birth to age 5, warning signs of
 problem behavior and techniques to address concerns
- 2012 **NAMI NJ Educating the Educator Presentation June 28th, 2012**
 NJ DFC School in Cherry Hill
 Presented on psychiatric disorders, diagnosis and treatment options
- 2012 **Bullying and Teasing – No Laughing Matter May 1st, 2012**
 Virtua’s Child Development Center
 Presented on preschool behavior, normal development from birth to age 5, warning signs
 of problem behavior and techniques to address concerns
- 2012 **Preschool Bullying March 21st, 2012**
 Temple Emanuel in Cherry Hill, NJ
 Presented on preschool behavior, normal development from birth to age 5, warning signs of
 problem behavior and techniques to address concerns
- 2011 **School Anxiety Disorders Presentation December 2nd, 2011**
 Sequoia Alternative Program, Lenape Regional High School District
 Presented on the field of child and adolescent psychiatric anxiety disorder, its effects on
 education, diagnosis and treatment options
- 2011 **NAMI NJ Educating the Educator Presentation September 2nd, 2011**
 Quinton School Staff in Quinton, NJ
 Presented on psychiatric disorders, diagnosis and treatment options

PRESENTATIONS (continued)

- 2011 **Child and Adolescent Psychiatry Overview September 1st, 2011**
 Brookfield Academy Staff in Cherry Hill, NJ
 Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders
- 2011 **Concussion and Mental Health Lecture May 18th, 2011**
 St. Joan of Arc School Marlton, NJ– Parent Teacher Association Meeting
 Presented on concussions and the mental health implications of concussions
- 2011 **Concussion and Mental Health Lecture April 2nd, 2011**
 Advocare LLC Pediatric Update - Continuing Medical Education Program at Virtua Health
 Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2010 **Child and Adolescent Psychiatry Overview November 19th, 2010**
 Lenape Regional High School District Child Study Team Department Meeting
 Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders
- 2010 **Child and Adolescent Psychiatry Overview October 11th, 2010**
 Lenape Regional High School District Sequoia Alternative Program
 Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders
- 2010 **Concussion, Sports and Psychiatry Grand Rounds April 2nd, 2010**
 Western Psychiatric Institute and Clinic in Pittsburgh, Pennsylvania
 Presented on concussions, post concussive syndrome and the neuropsychiatric complications of mild traumatic brain injury
- 2009-2010 **Video Presentation on Concussion October 30th, 2009**
 Allegheny Intermediate Unit, a branch of the Pennsylvania Department of Education
 Presented on concussions including second impact syndrome and post concussive syndrome
- 2009 **Evidence-Based Psychotherapy Interventions for Treatment of Depression in the Elderly Presentation October 19th, 2009**
 Veterans Administration Medical Center in Erie, Pennsylvania
 Presented on cognitive behavioral therapy in patients with post traumatic stress disorder, traumatic brain injury and other special considerations
- 2009 **Resident Night Poster Presentation September 14, 2009**
 Self assessed psychotherapy competence and interest in residency
 Strauss A., Travis M. and Friedman E.

PRESENTATIONS (continued)

- 2009 **Annual WPIC Research Day Poster Presentation June 4, 2009**
Self assessed psychotherapy competence and interest in residency
Strauss A., Travis M. and Friedman E.
- 2009 **AADPRT Annual Meeting Poster Presentation March 11-15, 2009**
Self assessed psychotherapy competence and interest in residency
Strauss A., Travis M. and Friedman E.
- 2008 **Resident Night Poster Presentation September 15, 2008**
Self assessed psychotherapy competence in residents (pilot study)
Strauss A., Travis M. and Friedman E.
- 2007 **WPIC Wide Journal Club**
Presented “Glad for what TADS adds, but many TADS grads still sad and did some have less self-harm than they should have had”
Strauss A. and Brent D.

PUBLICATIONS

- 2015 **JAACAP Connect**
Chellew, C, Strauss A. Concussion: Not Just a Bump on the Head Assessment and Management of a Complex Population. *JAACAP Connect*. 2015; 2 (2): 12-16
- 2013 **Adolescent Psychiatry**
Strauss, A. Special Invited Article Concussion, Sports and Psychiatry. *Adolescent Psychiatry*. 2013; 4 (3): 307-315
- 2003 **Journal of General Internal Medicine - Abstract**
Makoul G, Strauss A. Building therapeutic relationships during patient visits. *J Gen Intern Med*. 2003; 18 (1): 275.

LEADERSHIP ACTIVITIES

- 2020-present **ISSP (International Society for Sports Psychiatry) Mentorship Chair**
Managing and developing mentorship opportunities for physicians interested in the field of sports psychiatry.
- 2013-present **Treasurer**
Regional Council American Academy of Child and Adolescent Psychiatry (AACAP)
- 2013 **Co-Chair Career Development Forum October 24th, 2013**
American Academy of Child & Adolescent Psychiatry 60th Annual Meeting

LEADERSHIP ACTIVITIES (continued)

- 2012 **Co-Chair Career Development Forum October 25th, 2012**
American Academy of Child & Adolescent Psychiatry 59th Annual Meeting
- 2011-2014 **Co-Chair for Early Career Psychiatrists (ECPs)**
Regional Council American Academy of Child and Adolescent Psychiatry (AACAP)
- 2009-2010 **Chief Resident for Education and Chair of the Academic Administrative Clinical Educator Track (AACE) Track**
Organized resident educational activities and chaired the Academic Administrative Clinical Educator Track
- 2008-2009 **Chief -Vice Chair to the AACE Track**
Vice chair to the Academic Administrative Clinical Educator Track
- 2007-2008 **Vice President**
Western Psychiatric Institute and Clinic resident Vice President
- 2006-2007 **Class Representative**
Western Psychiatric Institute and Clinic PGY-2 representative
- 2005-2006 **Class Representative**
Western Psychiatric Institute and Clinic PGY-1 representative

PROFESSIONAL ACTIVITIES

- 2018-present **ISSP (International Society for Sports Psychiatry) Mentor**
Supporting mentees in their development as sports psychiatrists
- 2014-2018 **AACAP Member of the Committee on Member Benefits**
Member of American Academy of Child and Adolescent Psychiatry committee on Member Benefits
- 2011-present **AACAP Mentor**
American Academy of Child and Adolescent Psychiatry Mentor
Mentor to local psychiatric residents interested in child and adolescent psychiatry.
- 2014-2015 **Assembly Delegate**
Regional American Academy of Child and Adolescent Psychiatry (AACAP)

PROFESSIONAL ACTIVITIES (Continued)

- 2013 **Psychiatry Supervision for a Jefferson Psychosomatic Fellow**
 Provided clinical supervision to a Jefferson Fellow
- 2010-2013 **AACAP Member of the Committee on Medical Students & Residents**
 Member of American Academy of Child and Adolescent Psychiatry committee on
 Medical Students and Residents
- 2009-2010 **PROCAP Resident Representative**
 Resident representative to the Pittsburgh Regional Organization for Child and Adolescent
 Psychiatrists
- 2009-2010 **Curriculum Committee Representative**
 Resident representative on the curriculum committee
- 2008-2010 **Robert Morris University Moonlighting**
 Provided school and therapist consultation, evaluation/medication treatments to clients
 Robert Morris University
- 2008-2010 **Pittsburgh Pastoral Institute Moonlighting**
 Provided consultation to therapists, evaluation/medication treatments to clients
 Pittsburgh Pastoral Institute
- 2008-2010 **Physician Advisory Committee Representative**
 Resident representative for matters regarding electronic medical records
 Western Psychiatric Institute and Clinic
- 2008-2010 **Clinician Educator Committee Representative**
 Resident representative to the faculty academic clinical educator track
 Western Psychiatric Institute and Clinic
- 2007-2010 **Psychotherapy Training Committee Representative**
 Resident representative for matters regarding psychotherapy training
 Western Psychiatric Institute and Clinic
- 2007-2009 **Consultation-Liaison Moonlighting**
 Provided consultation-liaison services to four community hospitals in Pittsburgh
 (UPMC Shadyside, Southside, St. Margaret's and Passavant Hospitals)
- 2007-2008 **Severe Emergency Shelter Volunteer**
 Performed psychiatric evaluations and short term management
 Severe Emergency Shelters in Pittsburgh, PA

PROFESSIONAL ACTIVITIES (Continued)

- 2007-2008 **Electronic Medical Record Committee Representative**
Resident representative for matters regarding the electronic medical record
Western Psychiatric Institute and Clinic
- 2006-2008 **Perspectives Dinners**
Co-founder of monthly dinners to discuss topics not taught during residency
- 2006-2010 **Resident Recruitment Interviews and Meals**
Western Psychiatric Institute and Clinic
- 2006-2007 **Medical Moonlighting**
Performed medical evaluations on psychiatric patients
Western Psychiatric Institute and Clinic

TEACHING ACTIVITIES

- 2020 **Sports Related Concussion and Mental Health November 17th, 2020**
Temple University Athletics Department
Presented to the athletic department on the mental health aspects of post concussion
- 2020 **Concussion, Traumatic Brain Injury and Psychiatry Lecture August 27th, 2020**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2019 **Starting a Private Practice Lecture February 28th, 2019**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on transitioning from training to private practice
- 2019 **Pediatric Concussion Inter-Disciplinary Grand Rounds February 15th, 2019**
RowanSOM Rowan University School of Osteopathic Medicine
Co-presenter on the mental health aspects of pediatric concussion
- 2018 **Pediatric Psychopharmacology Update November 2nd, 2018**
West Deptford Pediatrics
Presented to pediatricians medication for children with depression and anxiety
- 2018 **Decreasing Youth Violence: More Safety Presentation June 14th, 2018**
Local Community
Presented to the community on risk and protective factors regarding youth violence

TEACHING ACTIVITIES (Continued)

- 2017 **Post Traumatic Stress Disorder and Oppositional Defiant Disorder October 3rd, 2017**
Yorkship Family School teachers and staff
Taught 30 minute class on PTSD and ODD
- 2017 **Starting a Private Practice Lecture April 18th, 2017**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on transitioning from training to private practice
- 2017 **Psychopharmacology Update January 11th, 2017**
Woodbury Family Practice Residents
Taught a 1 hour class on atypical antipsychotics
- 2016 **Concussion, Traumatic Brain Injury and Psychiatry Lecture April 28th, 2016**
Widener University Psychology Students
Taught a 1.5hr class on TBI and mental health
- 2015 **Fear and Anxiety in Adolescents Confirmation Class January 6th, 2015**
Temple Emanuel 10th grade confirmation class
Taught a 1.5 hour class on fear, anxiety and coping skills.
- 2014 **Starting a Private Practice Lecture December 23rd, 2014**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on transitioning from training to private practice
- 2014 **Concussion, Traumatic Brain Injury and Psychiatry Lecture December 23rd, 2014**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2012 **Concussion, Traumatic Brain Injury and Psychiatry Lecture December 19th, 2012**
Children's Hospital of Philadelphia (CHOP)
Children's Hospital of Philadelphia (CHOP) child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2012 **Concussion, Traumatic Brain Injury and Psychiatry Lecture April 25th, 2012**
Thomas Jefferson University
Thomas Jefferson University child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment

TEACHING ACTIVITIES (Continued)

- 2012 **Private Practice Psychiatry February 2nd, 2012**
University of Pittsburgh Medical Center (UPMC) Western Psychiatric Institute and Clinic
Western Psychiatric Institute and Clinic (WPIC) psychiatry residents and fellows
Presented on transitioning from training to private practice
- 2011 **Concussion, Traumatic Brain Injury and Psychiatry Lecture November 30th, 2011**
Children's Hospital of Philadelphia (CHOP)
Children's Hospital of Philadelphia (CHOP) child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of
traumatic brain injury and treatment
- 2011 **Child and Adolescent Post Traumatic Stress Disorder (PTSD) June 22nd, 2011**
Crossroads Programs, Inc. Providers and Treatment Parents
Presented on PTSD with a focus on the diagnosis and treatment of children and
adolescents
- 2011 **The Mental Game – Interactive Workshop June 8th, 2011**
Bombers Baseball Medford, NJ
Players ages 10 to 12 years old and their parents
Presented on building confidence, a positive approach to the game and
increased awareness to the obstacles that may get in our way
- 2011 **Concussion, Traumatic Brain Injury and Psychiatry Lecture March 22nd, 2011**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of
traumatic brain injury and treatment
- 2010 **Concussion, Traumatic Brain Injury and Psychiatry Talk October 20th, 2010**
Centra, P.C Staff Meeting
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of
traumatic brain injury and treatment
- 2010 **Sports and Psychiatry Lecture March 24th, 2010**
University of Pittsburgh in Pittsburgh, Pennsylvania
Presented on mental illness in athletes to students of physical therapy and athletic training
- 2010 **Concussion Lecturer January 12th, 2010**
St. Margaret's Hospital as part of the University of Pittsburgh Medical Center
Lecture for family medicine residents on the psychiatric aspects of concussion
- 2008-2010 **Psychopharmacology Lecturer**
Western Psychiatric Institute and Clinic
Lectured psychology interns on mood stabilizers and antipsychotics

TEACHING ACTIVITIES (Continued)

- 2008-2010 **Child and Adolescent Psychiatry Lecturer**
Western Psychiatric Institute and Clinic
Lectured 3rd year medical students about child and adolescent psychiatry
- 2007-2010 **Small Group Leader**
University of Pittsburgh Medical School
Taught 3rd Year University of Pittsburgh Medical School students psychiatry
- 2009 **1st Year Medical Student Patient Interviewing**
Western Psychiatric Institute and Clinic
Led group of medical students through the process of psychiatric interviewing
- 2008-2009 **Co-leader of Resident as Teacher Workshop**
Western Psychiatric Institute and Clinic
Led psychiatry interns in 3 hour workshop on teaching techniques
- 2006 **Superuser Trainer**
UPMC Shadyside Hospital
Trained attending physicians in the use of the electronic medical record
- 2006 **Problem Based Learning Leader**
University of Pittsburgh Medical School
Taught 1st Year University of Pittsburgh Medical School students psychiatry

SUPPLEMENTAL EDUCATION DURING RESIDENCY

- 2010 **Counseling the Athlete Across the Life Span March 18th, 2010**
American Counseling Association Conference in Pittsburgh, Pennsylvania
- 2009 **PSY 430/530: Introduction to Sport & Exercise Psychology (observer)**
Chatham University class taught by Aimee Kimball, Ph.D.
- 2009 **Trauma-Focused Cognitive Behavioral Therapy for Traumatized Children & Their Families**
Allegheny General Hospital
- 2007 **BUS-240-NC60 Small Business Management 1**
Community College of Allegheny County class taught by Eric Wortzmann
- 2006-2007 **Psychodynamic Psychotherapy Training**
Year long course taught by the psychoanalytic institute in Pittsburgh
James T. McLaughlin Training Program
- 2006 **EMDR**
Level I training in Eye Movement Desensitization and Reprocessing (EMDR)
Western Psychiatric Institute and Clinic

ELECTIVE TRAINING

- 2010 **CABS Program with David Axelson MD and Boris Birmaher MD**
Evaluation and treatment of bipolar children
- 2009-2010 **STAR Program with David A. Brent MD**
Evaluation and treatment of depressed and suicidal adolescents at the Services for Teens at Risk (STAR) Center.
- 2009-2010 **Child and Adolescent ADHD Program with Oscar Bukstein MD**
Evaluation and treatment of children and adolescents with Attention Deficit Hyperactivity Disorder (ADHD), including National Collegiate Athletic Association (NCAA) specific evaluations and reports.
- 2009-2010 **Concussions in the child and adolescent with Mark Lovell PhD and Cara Reddy MD**
Training with neuropsychologists and physical medicine and rehabilitation physicians in the evaluation and treatment of post-concussive syndrome
- 2009-2010 **Psychodynamic and Play Therapy Eleanor Irwin PhD**
Psychodynamic and Play therapy treatment and training
- 2008-2010 **Medication Management for the Psychology Intern Program with Duncan Clark MD**
Patient evaluation/medication treatment with consultation for the psychology interns
- 2007-2010 **Psychodynamic Psychotherapy with Joseph Hinchliffe MD**
Treating multiple long term psychodynamic psychotherapy cases
- 2009 **Child and Adolescent Dual Diagnosis Program with Oscar Bukstein MD**
Treatment of children and adolescents with substance use disorders and other co-morbid mental illness.
- 2008-2009 **Family Therapy with Lenny Woods, LCSW**
Family therapy treatment and training
- 2008-2009 **IBD study with Eva Szigethy MD PhD**
Cognitive Behavioral Therapy (CBT) treatment for children with Inflammatory Bowel Disease
- 2007-2008 **Pittsburgh Action Against Rape**
Trauma therapy training and treatment
- 2007 **Adolescent Dual Diagnosis Group Therapy**
Group therapy co-leader for adolescents' with drug, alcohol and mental illness
- 2007 **University of Pittsburgh Counseling Center**
Evaluations and medication management for University of Pittsburgh students

CONTRACT WORK

- 2012-present **Garfield Park Academy**
Psychiatric evaluation and medication management for students
- 2011-2019 **Brookfield School**
Psychiatric consultant to Brookfield Academy and Elementary Schools
- 2011-2013 **Crossroads Programs**
Psychiatric evaluation and medication management for children and adolescents in the foster care and group home setting

VOLUNTEER SUPPORT

- 2020-current **Physician Support Line**
Covid-19 on call resource for physicians nationwide

PROFESSIONAL MEMBERSHIPS

- 2011-present South Jersey Psychiatric Association
2010-present New Jersey Psychiatric Association
2007-present International Society for Sports Psychiatry (ISSP)
2003-present American Psychiatric Association (APA)
2003-present American Academy of Child & Adolescent Psychiatry (AACAP)

NON-PROFESSIONAL BOARD APPOINTMENTS

- 2020-present Northwestern University Club of Philadelphia
2019-present Sunnybrook Swim Club

NON-PROFESSIONAL MENTORSHIP

- 2020-present Virtual Heart-to-Hearts Program
Northwestern University Feinberg School of Medicine
- 2020-present Winter Break Mentorship
Duke University