



Becoming a (CFI) Trained Family-Focused Interventionist

Baystate Recovery Services has been providing the CFI model of intervention as a solution to families nationwide since 2009. The CFI-Training program is an opportunity for you to become a proficient and certified CFI-Trained Interventionist.

This course has been approved by Baystate Recovery Services, LLC, as a **NAADAC Approved Education Provider**, for educational credits. **NAADAC Provider #185919**, Baystate Recovery Services, LLC is responsible for all aspects of the programing.

The Baystate Recovery Services CFI-Training program has been approved by NASW for those individuals seeking Social Worker CE's (Please check with your state chapter to ensure that national approval is recognized) *"This program is Approved by the National Association of Social Workers (Approval # 886791482-5264) for 24 continuing education contact hours."*

[Step One: Complete 3-day CFI educational training process](#)

CFI 3-Day Intervention Training Workshop *(no prerequisites for participation)*

- The first step toward becoming a *CFI-Trained - Family-Focused Interventionist*
- Experienced interventionists interested in adding a new model to their approach
- Therapists, clinicians, counselors, administrators, and other providers
- Individuals seeking certification (**24 PCB, NASW, NAADAC** - Approved CE credits)

CFI-Training program includes:

- Education and support
 - Hands-on skill building
 - Video presentations
 - Small- and large-group exercises
 - Interactive lectures
 - Role play / Homework
- Understanding the CFI model of intervention
- Understanding addiction / recovery / treatment
- Understanding the practical application of the CFI model
- Application of the CFI model through mock intervention & role play
- Ethics as a business model - Professional boundaries



Step Two: Complete 90-day CFI-Extended education & support process

CFI 90-day (EES - Supervision) program *(prerequisites for participation)*

- Successfully complete initial 3-Day CFI training process (within 2 years)
- Seeking additional support for their practice as a CFI trained interventionist

Participants in our 3-day intensive training are not required to utilize the supervision portion of our training process; however, those participants will not be able to declare or advertise themselves as a CFI trained interventionist until the supervision portion has been completed to the satisfaction of BRS staff, and the individual is in pursuit of, or already has, their CIP credential. These participants will be labeled as **ETC** (Educational Training Completed) only, on our professional registry page.

Individual supervision hours

Individual supervision hours can be available for students with a CIP during the 90-days after completing our CFI-Training. These individual supervision hours can include case review, intervention prep with families, and the practical application of these tools to perform interventions. *For additional individual supervision hours beyond the 90-days included in this process, please call for pricing.*

Step Three: Certified Approved - CFI-Trained Interventionist

Practicing CFI-Trained Interventionists

Requirements:

- Complete **3-Day Intensive Training Program**
- Hold and maintain professional liability/malpractice insurance
- Hold and maintain clinical licensure - Hold or pursue CIP certification - Membership to an industry specific professional organization with a governing body of ethics
- Complete **CFI-Extended education & support** to the satisfaction of the BRS staff



FAQ's

CFI Training Program

*What does the CFI stand for?

The CFI acronym denotes a "Family-Focused" approach which allows the trained individual to utilize all aspects of the family system to achieve the desired results. This would be applicable in a variety of stages within the continuum of care including individual client support.

*What does, becoming CFI trained, mean for me or my staff?

As an approved education provider for both the PCB (Pennsylvania Certification Board) and the NASW (National Association of Social Workers), and NAADAC, we offer our students a thorough and intensive education on our model of intervention.

Our CFI training is in our model of intervention only, and is one of the many training options that an Interventionist, or interested individual, may have on their journey toward attaining their CIP credential.

We highly recommend additional trainings, supervision, and eventually the pursuit of the CIP credential through the PCB (Pennsylvania Certification Board) prior to performing independent intervention services.

*Will I, or my staff, be able to perform interventions upon completion of this training?

Although some students may have previous education and experience, others may not. Our training should serve as a part of a larger educational experience for intervention work, and should not be considered as a stand-alone training providing intervention credentials.

We highly recommend additional trainings, supervision, and eventually the pursuit of the CIP credential through the PCB (Pennsylvania Certification Board) prior to performing independent intervention services.

For those individuals seeking their CIP certification (Certified Intervention Professional) please visit the PCB (Pennsylvania Certification Board) website www.pacertboard.org to learn about the additional requirements you must fulfill in order to complete your CIP certification.



FAQ's continued...

***If our goal is to provide interventions, what steps should be taken?**

Becoming an interventionist should be like any other education. This is a complex and difficult field to work in, and will require an in-depth education in multiple modalities of intervention, along with a strong supervision and support system.

We would recommend that you review the **CIP guidelines**, as they provide a detailed outline of the path ahead for interested professionals.

For those individuals seeking their CIP certification (Certified Intervention Professional) please visit the PCB (Pennsylvania Certification Board) website www.pacertboard.org to learn about the additional requirements you must fulfill in order to complete your CIP certification.

***Who provides the supervision, and is there a sign-off that then drives certification completion?**

The supervision element of our training is customized for the participants. We have some clinicians or previously certified individuals who may need less attention, and we may have some others that require a heavier hand, so to speak.

We currently provide all supervision as group video meetings scheduled for a minimum of once a month for 90-days post-training. Given that a trainee has successfully completed the initial 24 hours and has participated in our video supervision groups they would be signed off on for program completion.

Additional supervision is available in a more case specific and interactive manner as a part of a separate package, but this level of supervision is not required to receive the CFI certificate of completion.

***Will me or my staff need to seek out additional insurance or membership to be certified?**

The insurance and membership expectations only apply if said individual intends to branch out and perform interventions on their own. It is to ensure that we are not promoting unregulated individuals seeking to build their own brand as interventionists from running around uninsured or without some oversight. Your program participants would most likely fall under your supervision and insurance, and would therefore be exempt from that requirement.