

# Karen Mildenhall Speaker One Sheet



## Karen Mildenhall

*Purposeful Leadership & Strategy  
Execution Mastery*

CEO/President

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**KML**Leadership  
Solutions, LLC

Great energy! Specific tools were given that I could implement immediately.

- Charles Schwab Manager

### Sample Speaking Topics

Ignite Change Today Even When you are Not the Boss

Become the Light at the End of the Tunnel – You are the Solution!

Top Secrets to Amp-Up Your Executive Presence

Keep Your Mouth Shut Communication: 3 Ways to Connect

Audiences connect with the thought-provoking topics and gain practical solutions to their leadership challenges. Participants enhance their influence and effectiveness - no matter their job titles.

Karen's authentic approach and energetic style keep audiences engaged. ***She delivers highly-rated talks that will help your group become authentic leaders and achieve their ambitions.***

***kmladership.com***

### About Karen

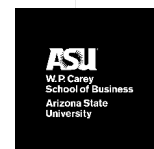
Karen is an expert on leadership and business turn-around. She helps boards, senior leaders, and high potential leaders in mid-sized to large organizations who are stuck and want to succeed.

Before founding KM Leadership Solutions, she served 27 years in executive leadership positions in the financial service industry with Fortune 500 companies. Her hunger for challenge lead her to become a business turn-around ace.

Karen often found herself as one of the few women in senior leadership and usually the youngest (a temporary condition) at the corporate leadership table.

She earned her undergraduate of Brigham Young University and studied in the Exec MBA program at Loyola University Maryland. She is an ICF accredited Certified Professional Coach.

### As seen in:



Karen speaks to groups of all sizes – from 5 to 5,000 attendees.

She speaks about topics that inspire leaders to move forward with strength and enjoy their leadership journey.

*Karen doesn't lecture, she engages.*  
-Arizona State University  
Exec MBA student



*After hearing Karen at the AZ Women's Leadership Forum, I told my boss, "We need her to speak with our new service center managers!"*  
- HR Director at a Global Financial Services Firm



## Workshop Topics

Karen provides customized interactive workshops for organizations across the globe. Participants grow their skills and immediately apply what they learn to impact their firms positively bringing forward their strengths.

- *Engaging Your Team's Hearts, Minds, and Guts*
- *The Smart Way to Lead - Mastering the Three Keys of Influence Leadership*
- *Help! I'm Terrified to Give a Presentation: Secrets of Delivering Powerful Business Presentations*
- *Growing Or Plateauing? How Leaders Get Back on Track*
- *How to Create a Strategy That Your Organization Actually Executes!*

*Karen moved our board of directors forward light-years in just four hours. She is prepared, thorough, collaborative, and highly adaptable... the consummate professional.*  
- Executive Director, Co+Hoots Foundation