

July – December 2021



TRAINING NEWSLETTER

500 DAVIS STREET, #100
SAN LEANDRO, CA 94577

For logistical reasons, pre-payment with registration is required.

SAME DAY REGISTRATIONS ARE NOT PERMITTED

The RCEB Community Training & Education Committee (CTEC) is a committee of Regional Center staff who meet the identified training needs of service providers.

Due to COVID Restrictions, CTEC trainings for 2021 will be held virtually via ZOOM. **It is required that you participate on video. If you are not able to be seen on video during the training, you will not get credit for the training.**

To help residential homes obtain CEUs during shelter in place, below are a few places other than RCEB to obtain T17 CEUs/ARM Credits on-line for your employees. Please ensure you get clear documentation on who completed what trainings and the classes pertain to the people living in your home.

<http://www.ancor.org/training-events/webinars/2018-ancor-nadd-dual-diagnoses-webinar-series>

The webinars on [Community Support of Individuals at Risk of Challenging Sexual Behavior](#), and [Role of the Interdisciplinary Team when Psychotropic Medications Are Used to Manage Psychiatric Conditions](#) seem interesting.

www.openfuturelearning.org

People with disabilities who have been labelled as having "challenging behavior" are often overboard and terrified, and we barely seem to notice. Watch: Our online learning module "Jumping Into the Chaos of Things" by David Pitonyak will help your staff to understand the needs of people who have difficult behavior in a profoundly straightforward way.

<http://afirm.fpg.unc.edu/afirm-modules>

The AFIRM modules that have been created by CAPTAIN. Our hope is to promote these modules within our homes and day programs. The modules are all based on evidence-based practices like prompting, reinforcement, self-management, task analysis, etc. Each module is about 1.5 – 2 hours long, has a pre- and post-test, and you can choose to earn a certificate for passing the module.

<http://disabilityworkshops.com/>

They have two online courses on IDD and sexuality: The “Developmental Disability and Sexuality 101” course has 6 modules, each about 90 min long. Each module has a handout that must be filled out to show participating and objectives learned.

The “Talking with Your Kids: Developmental Disability and Sexuality” course has the same layout as the above course but its target audience is parents. This portion for children group homes only.

PLEASE NOTE: All Certificates of Continuing Education provided by Regional Center of the East Bay meet the qualifications for approval by the California Department of Social Services for ARF and GH Administrators. Certificates will not qualify for approval by the California Department of Social Services for RCFE Administrators.

“The ABC’s of Behavior”

Thursday, July 22, 2021 @ 10am – Noon, Virtually *

This training is for anyone who is working with or caring for with individuals with behavioral challenges. In this training you will learn: How to define the challenging behavior; how to information that will help you understand why challenging behavior is happening; what are the ABC’s and functions of challenging behavior. Some general strategies that can help with dealing with challenging behavior.

2 hours ARM credits; Attendance limited to 15; \$30/participant, check/money order payable to: RCEB.

PCT Trainings

All trainings will be held from 9AM-4PM Virtually

August Series: 8/3/21, 8/4/21, 8/5/21

As 2020 has put a hold on in-person Person-Centered Thinking trainings, we would like to offer the virtual-led model of this training. Person-Centered Thinking revolves around the core principle of balancing What’s Important To someone and What’s Important For someone. Through this training, attendees will learn practical skills that they can take back to their respective workplaces that center the person being supported, while continuing to effectively improve the supports that are currently in place.

NOTE: As this training has been moved to a virtual space, attendees can expect to invest about 18 hours of training delivered via Zoom. Each training series will consist of 3 dates and times and attendees are expected to attend **ALL** parts of the series to receive their credit. Moreover, we are also requesting **one person per computer screen with a webcam**, as you are able, since this is a highly interactive training with breakout groups throughout the training. Finally, more training series will be released as we continually assess the impact of COVID-19 on PCT training offerings.

Where:

All training will be held via Zoom. Once registered, you will receive confirmation of the training with the Zoom link.

January Series Registration Link:

<https://us02web.zoom.us/meeting/register/tZ0lceCuqTMqGtVzjCaR2aXqo7AjL9Chm5P0>

Continuing Education credits: 18 units (Please see note above regarding the expectations of attending all trainings to receive the continuing education credits)

Cost: \$75 per person (Please make checks payable to RCEB)

Special Incident Report Writing Workshop

Thursday, August 19, 2021 @ 2-4pm, Virtually*

The Who, What, When, Where and How of Special Incident reporting/writing. A class for service providers, direct care staff and administrators. . **2 hours ARM credits.**

Attendance is limited to 15; \$30/participant, check/money order payable to: RCEB.

“Safer Options – Sexuality & Avoiding Abuse”

Thursday, September 23, 2021 @ 9-Noon, Virtually*

This class is designed to help the participants be more comfortable discussing issues, supports, and ideas around the services we provide. It will include training on noticing signs of abuse and how to help the people we serve protect themselves and get help. Often because of our discomfort talking about sex, the people we serve may be at higher risk for abuse. It has also caused inappropriate, problematic, and frustrated sexual expressions. **3 hours ARM Credits.**

Attendance is limited to 15; \$45/participant, check/money order payable to: RCEB

“Functional Communication Training”

Thursday, October 21, 2021 @ 10am – 1pm, Virtually*

Functional Communication Training (FCT) is an evidence-based practice that replaces problem behaviors with more appropriate and effective communication. This training provides information about autism spectrum disorder (ASD) and evidence-based practices. This training also provides information about how to determine why a problem behavior is happening, how to select a more appropriate communication behavior, and how to effectively teach this new behavior to other individuals. **3 hours ARM credits; Attendance is limited to 15; Fee: \$30/participant,**

check/money order payable to: RCEB

Special Incident Report Writing Workshop

Thursday, November 18, 2021 @ 2-4pm, Virtually*

The Who, What, When, Where and How of Special Incident reporting/writing. A class for service providers, direct care staff and administrators. **2 hours ARM credits.**

Attendance is limited to 15; \$30/participant, check/money order payable to: RCEB.

PCT Trainings

All trainings will be held from 9AM-4PM Virtually

December Series: 12/7/21, 12/8/21, 12/9/21

As 2020 has put a hold on in-person Person-Centered Thinking trainings, we would like to offer the virtual-led model of this training. Person-Centered Thinking revolves around the core principle of balancing What’s Important To someone and What’s Important For someone. Through this training, attendees will learn practical skills that they can take back to their respective workplaces that center the person being supported, while continuing to effectively improve the supports that are currently in place.

NOTE: As this training has been moved to a virtual space, attendees can expect to invest about 18 hours of training delivered via Zoom. Each training series will consist of 3 dates and times and attendees are expected to attend **ALL** parts of the series to receive their credit. Moreover, we are also requesting **one person per computer screen with a webcam,** as you are able, since this is a highly interactive training with breakout groups throughout the training. Finally, more training series will be released as we continually assess the impact of COVID-19 on PCT training offerings.

Where:

All training will be held via Zoom. Once registered, you will receive confirmation of the training with the Zoom link.

December Series Registration Link:

<https://us02web.zoom.us/join/register/tZ0pdOqvrjsuHdUTzMUPGjPGOneOmp5avhiC>

Continuing Education credits: 18 units (Please see note above regarding the expectations of attending all trainings to receive the continuing education credits)

Cost: \$75 per person (Please make checks payable to RCEB)

Important reminders:

1. **Visual capability is required in order to attend.**
2. **Please log-in on time. Anyone who tries to “join” 30 minutes after the training has started, will not be admitted and no refund will be issued.**
3. Classes are open to service providers only, as applicable.
4. Please silence cell phones and other background noises during training.
5. Certificates will be sent to the address listed on the registration form.

Note: Please make a copy of your completed registration form before mailing

**For logistical reasons, pre-payment with registration is required.
Mail completed Registration Form with check or money order to:**

**Regional Center of the East Bay
500 Davis Street, #100
San Leandro, CA 94577**

PLS. NOTE

**Attn: CTEC Trainings
Community Services Dept**

Registration confirmation will be done by e-mail, so it is important to include this information on the Registration Form.

24-Hour Cancellation Notice is required via email or phone in order to receive a refund.

NOTE: ONE CHECK PER TRAINING TOPIC

REGISTRATION FORM

(May be copied for additional enrollment – PLEASE PRINT AND PROVIDE COMPLETE INFORMATION WITH PAYMENT– Registration Form with incomplete information will be returned

Name/s of Person/s Attending:

IDENTIFY TITLE AND DATE OF TRAINING

- | | |
|----------|-------|
| 1. _____ | _____ |
| 2. _____ | _____ |
| 3. _____ | _____ |
| 4. _____ | _____ |
| 5. _____ | _____ |

Facility Name: _____

E-mail address (will be used for confirmation): _____

Address: _____

Daytime Phone (include area code): _____

Fax: (include area code): _____

**REGISTER EARLY
SPACE HAS BEEN LIMITED
TO 15 ATTENDEES ONLY.**

To request ASL interpretation, please contact Karen Shuttleworth (information below) 3 weeks in advance so that arrangements can be made. **48 hour notice is required to cancel the service. If the requesting service provider does not cancel before that time, they will be responsible for the fees accrued by RCEB.**

**RCEB CTEC Newsletter is located on our website: www.rceb.org
under “For Providers”**

**For Questions call: Karen Shuttleworth
(510) 618-7710 or
kshuttleworth@rceb.org**