

On-The-Go
Smart Snacks!

Nature Knows®

Ready-To-Eat Fresh Fruits & Vegetables

All Natural With
No Preservatives

Healthy Plant Based Snacks and Ingredients Served Up Fresh in our
100% Sustainable Formats. Good for You and our Earth!



Healthy Profits with our Top 10 Product Innovation 2017 awarded by
Canadian Federation Innovation Grocery, CFGI



Helping you provide healthy snacks or side item. Offer with a Combo meal, Corporate meetings & Events, Schools, Hotels, Vending, Cafés, Kids meals, Airlines, Catering, Sports arenas, Convenience & Gas stores, Hospitals, QSR, Golf course or anywhere On The Go!

- ✓ Washed and Ready to Eat
- ✓ Half to full serving of fruit or vegetables
- ✓ Easy to Open
- ✓ Save Labour and Improve Food Safety
- ✓ Single serve convenience
- ✓ Delicious and fun to eat
- ✓ No mess, hand held
- ✓ No Waste-Shelf Life up to 18 days
- ✓ All Natural, NO Preservatives
- ✓ Nut Free, Gluten Free, Dairy Free
- ✓ 100% Compostable Pouches & Recyclable Single Boxes
- ✓ UPC per portion
- ✓ Array of local/Seasonal CA produce

Proud to partner together and support your healthy success!

Good for you snacks for all ages. Good for the planet in our 100% compostable formats.



Ideal pre-portioned ingredients to add with Smoothies, Salads, Yogurt Parfaits, Oatmeal, Cereals, or On the Side of Any Meal or Snack To Go!

Nature Knows Product Description	Pack Size/Format	Product Code
New Fresh Apple Slices	60 x 55g pouch	TBC
Fresh Red Seedless Grapes	60 x 55g pouch	628055756316
Fresh Sweet Tomatoes	60 x 55g pouch	628055756323
Fresh Baby Carrots	60 x 55g pouch	628055756347
Fresh Baby Carrots & Celery	60 x 55g pouch	628055756729
Fresh Snap Peas	60 x 55g pouch	628055756705
Fresh Blueberries	48 x 75g box	628055756002
Fresh Red Seedless Grapes	48 x 115g box	628055756019
Fresh Snap Peas	48 x 115g box	628055756286
Fresh Sweet Tomatoes	48 x 115g box	628055756033



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THE ONTARIO PRODUCE MARKETING ASSOCIATION

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