

ECHO Canada Adult Intellectual & Developmental Disabilities: Mental Health in the Time Of COVID-19

ECHO is a virtual, interactive education and capacity building model that supports health care providers in delivering high quality, evidence-based mental health and addictions care in their local communities.

This program is for mental health/primary care providers and developmental service providers across Canada who support adults with intellectual/developmental disabilities and mental health concerns. This curriculum will specifically address the mental health challenges that this population can face during the time of the COVID-19 pandemic. Topics that will be presented during this program include: providing virtual mental health supports, depression and anxiety, evaluating suicide risk, facilitating supported decision-making, emergency preparedness and promoting resilience for people with intellectual and developmental disabilities, caregivers and providers.

Schedule

Starting November 6
Fridays
10:00 - 11:30 am EST
6 weeks

Curriculum

Review sample curriculum [here](#)

To register, please [click here](#).



Connect with health care and developmental service providers across Canada to gain new skills, knowledge, and confidence in mental health and addictions care! It's fun and offered at no cost!