



**DR. ASHISH RANADE INSTITUTE OF INDIAN
MUSIC AND RESEARCH**

Sangeet Parichay
(Introductory course)
(Hindustani classical vocal)

7 natural notes of Indian music

Aroh : Sa,Re,Ga,Ma,Pa,Dha,Ni,**Sa**

Avroh : **Sa**,Ni,Dha,Pa,Ma,Ga,Re,Sa

Exercises (Palta's):

1.

1	2	3	4	5	6	7	8
SS	RR	GG	MM	PP	DD	NN	SS
SS	NN	DD	PP	MM	GG	RR	SS

2.

1	2	3	4	5	6	7	8
SR	RG	GM	MP	PD	DN	NS	-
SN	ND	DP	PM	MG	GR	RS	-

3.

1	2	3
S	R	G
R	G	M
G	M	P
M	P	D
P	D	N
D	N	S
S	N	D
N	D	P
D	P	M
P	M	G
M	G	R
G	R	S

4.

1	2
S	G
R	M
G	P
M	D
P	N
D	S
S	D
N	P
D	M
P	G
M	R
G	S

5.

1	2	3	4
S	R	G	M
R	G	M	P
G	M	P	D
M	P	D	N
P	D	N	S
S	N	D	P
N	D	P	M
D	P	M	G
P	M	G	R
M	G	R	S

6.

Aroh				
Sa	Re	Ga	Sa	Ga
Re	Ga	Ma	Re	Ma
Ga	Ma	Pa	Ga	Pa
Ma	Pa	Dha	Ma	Dha
Pa	Dha	Ni	Pa	Ni
Dha	Ni	Sa	Dha	Sa
Avroh				
Sa	Ni	Dha	Sa	Dha
Ni	Dha	Pa	Ni	Pa
Dha	Pa	Ma	Dha	Ma
Pa	Ma	Ga	Pa	Ga
Ma	Ga	Re	Ma	Re
Ga	Re	Sa	Ga	Sa

7.

Aroh			
Sa	Re	Sa	Re
Re	Ga	Re	Ga
Ga	Ma	Ga	Ma
Ma	Pa	Ma	Pa
Pa	Dha	Pa	Dha
Dha	Ni	Dha	Ni
Ni	Sa	Ni	Sa
Avroh			
Sa	Ni	Sa	Ni
Ni	Dha	Ni	Dha
Dha	Pa	Dha	Pa
Pa	Ma	Pa	Ma
Ma	Ga	Ma	Ga
Ga	Re	Ga	Re
Re	Sa	Re	Sa

SARAGAMGEET 1 --Asthai

1	2	3	4	5	6	7	8
S	G	S	G	S	G	MG	RS
N	R	N	R	N	R	GR	SN
S	G	S	G	SR	GM	P	-
MG	R S	GR	SN	S	S	S	-
S	S	RS	NS	R	R	GR	SR
G	G	MG	RS	N	R	S	-
G	G	MG	RG	M	M	M	-
G	G	MG	RS	R	R	R	-
P	P	DP	MG	M	M	PM	GR
G	G	MG	RS	N	R	S	-

Antara :

1	2	3	4	5	6	7	8
S	ND	P	M	G	M	P	-
S	ND	P	M	G	M	P	D N
S	ND	P	M	G M	G M	R	-
MG	RS	GR	SN	S	S	S	-

SARAGAMGEET 2

Asthai :

1	2	3	4	5	6	7	8	9	10	11	12
GM	PD	N	S	D	P	M	G	R	P	P	P
D	P	M	P	M	G	R	G	R	S	N	S
N	D	N	S	R	S	S	N	SN	DP	MG	R S
Antara											
G	P	N	D	N	-	S	-	N	R	S	S
S	R	G	R	S	S	S	N	D	P	M	G
GM	P	PD	N	SR	G	SR	GR	SN	DP	MG	RS

Definitions and Concepts

Aroh - The ascending order of the notes is called as Aroh

Avroh - The descending order of the notes is called as Avroh

Saptak (Octave) - A group of 12 notes is called as Saptak (Octave).

There are three octaves .

Lower Octave

Middle octave

Higher octave

Komal Swar - The notes which has lower frequency than the natural tone

Teevra Swar - The notes which has higher frequency the the natural tone

Lay - The speed is called as Laya .it is a measurement of distance between two beats.

Raga - A melodious combination of notes is called as Raga .Minimum 5 notes are necessary to build a Raga.

Vaadi Swar - Important note of the Raga is called as Vaadi Swar

Samvaadi Swar - The subimportant note to the Vaadi Swar is called as Samvaadi

Jaati - The total no.of notes included in Raga is called as Jaati

Varjya Swar - The notes which are skipped in the formation of the Raga is called as Varjya Swar.

Taal - Group of rhythmic beats is called Taal .

Pakad (Mukhyang) - The identical phrase of the Raga is called as Pakad.