



Kids at Hope University- Professional Development Series

Kids at Hope University is the training arm of Kids at Hope. It offers a series of trainings, classes, seminars, symposiums, institutes, on line courses and workshops all designed to support the success of all children, No Exceptions.

Current Trainings:

Module I (4 hours) Hopeology – Introduction to Kids at Hope-*Unleashing the Power of Kids at Hope

Exploring the science of hope, optimism and success and how it can be instilled in all children without exception. Exploring a cultural strategic framework and how an entire campus/organization/community can support the success of every child. Practical application of evidence based protocols in support of a child's success is also discussed.

Target Audience: Any caring adult interested in child and youth development.

Prerequisites: None

***Module I ONLINE (3.5 hours) A Self Paced Introduction to Kids at Hope**

Exploring the science of hope, optimism and success and how it can be instilled in all children without exception. Exploring a cultural strategic framework and how an entire campus/organization/community can support the success of every child. Practical application of evidence based protocols in support of a child's success is also discussed.

Target Audience: Any caring adult interested in child and youth development.

Offered through Digital Chalk – online registration required:

[KIDS AT HOPE MODULE I ONLINE](#)

Prerequisites: None

***Module II (2 days/12 hrs) Train the Trainer Certification Academy (Module I)**

This two day certification training event prepares individuals and teams to present Module I to their colleagues and other interested parties. The academy explores the knowledge, principles and technical skills related to Module I. Graduates of the Train the Trainer Certification Academy are faculty members of Kids at Hope University and are granted the rights to issue a certificate in Hopeology to those who complete the Module I course.

Target Audience: Individuals and/or teams who wish to become Kids at Hope certified trainers. Trainers will be certified to deliver Module I training.

Prerequisites: Preferably completion of Module I or permission from Kids at Hope.

Module III (6 hrs) Strategic Collective Efficacy: *Advancing the Culture of Success

Module III is designed for those individuals who have had experience with Kids at Hope and are ready to move to the next level of mastery by enhancing their knowledge as well as providing a range of implementation options to further support Kids at Hope's three overriding outcomes: *Inspiring, Empowering and Transforming*. Module III is dedicated to the skill set, theoretical framework, principles and practices that achieve collective efficacy and by doing so, a defined culture of success emerges.

Target Audience: Individuals and/or teams interested in advancing their knowledge about Kids at Hope including exploring implementation strategies.

Prerequisites: To attend Module III participants must have completed Module I- Introduction- *Unleashing the Power of Kids at Hope* or Module II – Train the Trainer Certification Academy in addition to having a minimum of six months of experience with the implementation of Kids at Hope.

***Module IV (2 days/12 hrs) The Transformational Journey...to extraordinary results**

This two day experience is designed for people who are not interested in becoming certified trainers, but who still want the deeper emotional understanding of the importance of KAH. Included in this module are a series of exercises allowing the participant to internalize the principles and practices of KAH and their application as well as how it relates to the KAH cultural framework. There is also ample time set aside to explore implementation strategies related to the Three Universal Truths and Top Five Practices. Kids at Hope University has been working with Dr. Bob Maurer, President of the Center for Excellence and director of behavioral sciences at the UCLA Medical Center. Dr. Maurer is helping us better understand how significant change can take place one very small step at a time and still experience great results.

Target Audience: Individuals and/or teams not interested in becoming certified Kids at Hope trainers but want a deeper understanding of the dynamics and implementation strategies.

Prerequisites: Module I

***Module V (3 hrs) Little Kids at Hope – Exploring Early Childhood Development**

A three hour introductory training focused on the elements of hope, optimism and success for children ages 3-6 and how to utilize the Kids at Hope strategic cultural framework to support the emotional, intellectual, social and physical development of preschool age children

Target Audience: Individuals and/or teams interested in learning about the concepts of hope, optimism and success and how they are introduced during the early childhood years.

Prerequisites: None

***Module VI (2.5 hrs) Successful Parenting-Successful Children**

A 2.5 hour focused and highly participatory workshop designed to introduce parents and primary caretakers to the value and power of adopting the Kids at Hope strategic cultural framework as part of the home environment.

Target Audience: Parents, caregivers and individuals and/or teams interested in learning about the concepts of hope, optimism and success and their importance to successful parenting.

Prerequisite: None

***Module VII (2 days/12 hrs) Train the Trainer Certification Academy: Successful Parenting-Successful Children**

The Parent Train the Trainers Certification Academy is designed to prepare individuals to facilitate the popular Kids at Hope Successful Parenting - Successful Children workshop. Graduates are part of the Kids at Hope University Faculty and are granted the rights to issue a certificate of completion.

Target Audience: Individual and/or teams interested becoming certified to teach Module VI- Successful Parenting- Successful Children.

Prerequisites: Module I or II or VI or permission from Kids at Hope.

Time Traveler's Guide to the Future

A one day exploration of Kids at Hope cultural strategies designed specifically for adults who work with teens and young adults. You will learn how to help young people frame goals for themselves; navigate the pathways to achieve their goals through social/emotional aptitude, communication/relationship skills, decision-making and problem solving tactics; and develop strategies for making course corrections while maintaining momentum.

Target Audience: Certified Hopeologists who work with teens.

Prerequisites: Module I or II or permission from Kids at Hope.

Seminars/Institutes/Symposiums:

****Annual Youth Development Master's Institute**

Kids at Hope in conjunction with Arizona State University offers a one week intensive Kids at Hope Youth Development Master's Institute. The week long institute attracts world leaders in the fields of child and youth development and education. The institute is recognized for its exciting keynote speakers, workshops, site visits and the latest information about hope, optimism, success and resiliency. The Institute is typically planned for early May is held in Phoenix, AZ. (\$1,500 per person)

****Regional Youth Development Master's Seminar**

2.5 day Regional Youth Development Master Seminars (also known as Mini Masters) are opportunities for defined geographic regions to host a major event. Kids at Hope International works with a local steering and host committee in organizing the seminar. National and international speakers and workshop presenters are recruited along with local expertise

****The Soul, Science & Culture of Hope – A Symposium with Erin Gruwell & Rick Miller**

Erin Gruwell, whose story of courage and passion was the inspiration of the major motion picture, Freedom Writers, starring Academy Award winner Hilary Swank, and Rick Miller, Founder of Kids at Hope, a researched based organization that studies family, schools and community cultures to better understand how youth succeed or struggle physically, emotionally, and intellectually are visiting communities across the US and Canada to share the change needed to help all young people succeed, No Exceptions! Entitled The Soul, Science, and Culture of HOPE this 2.5 hour symposium will explore Erin and the Freedom Writers journey from poverty and despair to hope and promise and how their story relates to the science of hope.

****A Day with Dr. Robert Maurer – The Challenge of/to Change *facilitated by Rick Miller, Founder, Kids at Hope***

What happens when everyone aligns their core beliefs to the core values of their organization? What does an organization look like when its personnel suspend self interest for a greater achievement than any one person could accomplish alone? What occurs when change is embraced rather than feared? As importantly, why do some people embrace change and others fear it? How do you help people commit to making small changes that over time add up to great achievement? Dr. Robert Maurer, Director of Behavioral Sciences at the UCLA-Santa Monica Medical Center and one of our country's most distinguished and effective translators of the psychology of personal and organization success, will explore these themes by providing unique insights and implementation strategies.

Professional Certificate in Youth Development

Earn a *Professional Certificate in Youth Development* by completing Module I, Module II, Module III, Module V and Module VII (37 hours). Final essay also required.

Each training, workshop, class, institute and seminar explores child and youth development from a cross and interdisciplinary perspective ensuring that parents, professionals and volunteer coaches, tutors, mentors and other caring adults possess evidenced based principles and practices needed to help all children succeed.

FEES

***Training Fees:** Communities/organizations/agencies may sponsor any of the aforementioned Modules. The cost to host a Kids at Hope University Training Module is \$2,500 per day plus customary and reasonable travel expenses (outside the Phoenix metropolitan area). Two day Train the Trainer is \$5,000. Fees include tuition and all training material/supplies for up to 30 people. From time to time Kids at Hope University may sponsor a community wide training. Call for more information.

Module I Online Course Fee: \$59.00 per person.

****Seminar/Institute/Symposium Fees:** Fees for these events vary – please contact Kids at Hope for more information.

For more information contact Kids at Hope:

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