MEDICATION GUIDE

(Narcotic medication)

Dosing: ____________________________

Q: When should I be taking the medication?
A: Only as needed when pain is at a level 5 and climbing higher

Gabapentin _________ mg

Dosing: ____________________________

Q: What is this medication for?
A: Usually used for anti-seizure, Gabapentin has been shown to provide great pain relief and is taken to help with sleep.

Valium (Diazepam) _________ mg

Dosing: ____________________________

Q: What is this medication for?
A: Used to treat muscle spasms that commonly occur at the neck, shoulders, back and along the rib cages that can cause sensation of pain.

Tylenol _________ mg

Dosing: ____________________________

Max dosing: 4000 mg/day

Q: What is this medication for?
A: Used to treat pain and is alternated with Ibuprofen

Ibuprofen _________ mg

Dosing: ____________________________

*Do NOT take with empty stomach*

Q: What is this medication for?
A: Used to treat pain and is alternated with Tylenol

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