

# Sub-Committee Meetings

**VIRTUAL Public Relations**

Includes meeting list, phone line, newsletter, and website.

2nd and 4th Saturday each month

11:00 am—12:30 pm  
2009 Dewey Ave.

**VIRTUAL H & I**

3rd Saturday of each month 1:00 pm—3:00 pm  
2009 Dewey Ave.

**VIRTUAL Steering**

2nd & 4th Thursday of each month  
7:00 pm—8:30 pm  
2009 Dewey Ave.

**Activities**

1st Saturday of each month  
10:00 am—11:30 am  
2009 Dewey Ave.

**OPENED RACNA 26**

1st Monday of the month  
6:30 pm—8:30 pm  
2009 Dewey Ave.

**Literature**

3rd Sunday of each month  
1:00 pm—3:00 pm  
2009 Dewey Ave.

**Rochester Area Service Committee**

P.O. Box 31845, Rochester, NY 14604

**VIRTUAL Officer Meeting**

2nd Sunday of each month: 12:30 pm-2 pm  
2009 Dewey Ave.

**VIRTUAL Area Meeting**

2nd Sunday of each month: 2 pm - 5 pm  
2009 Dewey Ave.

- Buffalo.....716-878-2316
- Finger Lakes.....315-847-3842
- Heart of NY.....315-472-5555
- Triple Cities.....315-847-3842
- Route 13.....315-847-3842
- Greater NYC.....212-929-NANA

**PHONE NUMBERS**


**Tradition Number 6:**

*“An NA Group ought never endorse, finance or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.”*

**Just For Today**, my thoughts will be on my recovery, living and enjoying life without the use of drugs.

**Just For Today**, I will have faith in someone in NA , who believes in me and wants to help me with my recovery.

**Just For Today**, I will have a program and try to follow it to the best of my ability.

**Just For Today**, through NA, I will try to get a better perspective on my life.

**Just For Today**, I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life, so long as I follow that way, I have nothing to fear.

**PHONE NUMBERS**


**What is our message?**

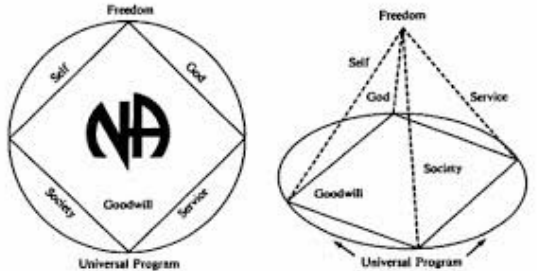
The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.  
Our message is hope and the promise of freedom.  
Basic Text, page 65

# Narcotics Anonymous

**Meeting Directory  
Rochester, New York**

**24 HOUR HELPLINE (585) 235-7889**  
NNY Region Hotline (315) 847-3842:  
[Get Text Download of Meetings]

**March 2021**



**Website**

<https://rochesterny-na.org> or <https://recoveryispossible.us>

**Contact:**

publicrelations@rochesterny-na.org or publicrelations@recoveryispossible.us

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you give your-self a break. Our program is a set of principles written to simply that we can follow them in our daily lives. The most important thing about them is they work.

**KEEP COMING BACK. IT WORKS**

**Sunday**

- 11:00 AM 12:30 PM; D **Feelings Group of NA**  
285 Clarissa St., Rochester
- 12:00 PM 1:30 PM; D **The Message of Hope**  
Hybrid 48 Cameron Street, Rochester  
Entry at rear of building
- 5:30 PM 6:30 PM; O, D, S, WC **Couch Potatoes in Recovery**  
VIRTUAL 1190 South Winton Rd, Room 26, Rochester
- 6:00 AM 7:30 PM **Basically Speaking**  
350 Chili Ave, Rochester
- 7:30 PM 9:00 PM; O, IP, S, St **Recovery and Relapse**  
OPENED 48 Cameron St., Rochester  
Entry at rear of building

**Monday**

- 12:00 AM 1:30 AM; BT, D **The Courage to Change**  
285 Clarissa St., Rochester
- 12:00 AM 2:00 PM **The Not Yet Group**  
13 Vienna Street, Rochester
- 6:00 PM 7:30 PM **Page 18**  
70 Liberty Pole Way, Rochester
- 6:45 PM 8:00 PM; D **Gates to Recovery**  
OPENED 4195 Lyell Rd, Rochester
- 7:00 PM 8:30 PM **Talking Heads**  
VIRTUAL 350 Chili Ave, Rochester
- 7:00 PM 8:30 PM **All in the Family**  
VIRTUAL 17 S. Fitzhugh St., Rochester
- 7:00 PM 8:30 PM; D **Eye of the Hurricane**  
OPENED 1008 Main St., East Rochester

**Tuesday**

- 12:00 PM 1:30 PM **The Not Yet Group**  
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM **The Courage to Change**  
285 Clarissa St., Rochester

**Tuesday (CONT)**

- 6:00 PM 7:30 PM **AIDS and Recovery**  
Hybrid 1124 Culver Rd., Rochester
- 6:30 PM 8:00 PM; BT, SD **Speakers & Stories**  
VIRTUAL 4195 Lyell Rd, Rochester
- 7:00 PM 8:30 PM; D **Honest Open-Minded and Willing**  
OPENED 48 Cameron St., Rochester
- 7:00 PM 8:30 PM **Experience Strength and Hope**  
149 Brooks Ave, Rochester Back Entrance

**Wednesday**

- 12:00 PM 1:00 PM **Downtown Recovery**  
321 State Street, Rochester  
MCC Campus 4th Floor Room 408
- 12:00 PM 1:30 PM **The Not Yet Group**  
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM; BT, D **The Courage to Change**  
285 Clarissa St., Rochester
- 6:00 PM 7:30 PM **Principles Before Personalities**  
79 North Clinton Ave., Rochester
- 6:30 PM 8:00 PM **Just Say No**  
350 Chili Ave, Rochester
- 7:00 PM 9:00 PM; D, IP, JT, SD, St, Tr, WC **B There or B Square**  
OPENED 111 N. Chestnut St., Rochester
- 7:30 PM 9:00 PM; OD, WC **Meeting From Another Planet**  
VIRTUAL 220 South Winton Rd., Rochester

**Thursday**

- 12:00 PM 1:30 PM **The Not Yet Group**  
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM **The Courage to Change**  
BT, D 285 Clarissa St., Rochester

**Thursday (CONT)**

- 7:00 PM 8:30 PM; D, IP, WC **Unity Through Traditions & Steps**  
431 W. Main St., Rochester
- 7:00 PM 8:30 PM; SD **NA Speaker & Discussions**  
OPENED 94 Central Park, Rochester
- 7:00 PM 8:00 PM; BT **Back to Brockport**  
OPENED 14 State St., Brockport

**Friday**

- 9:00 AM 10:30 AM; SD **We Do Recover**  
33 Chestnut St., Rochester
- 12:00 PM 2:00 PM **The Not Yet Group**  
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM; BT, D **The Courage to Change**  
285 Clarissa St., Rochester
- 2:00 PM 3:30 PM; O **The Heartbeat of Recovery**  
803 West Ave. Suite 196, Rochester
- 7:00 PM 8:30 PM; D, To, TC **Freedom Friday**  
29 E. State Street, Albion
- 7:00 PM 8:30 PM; O, BT, D, IP, WC **I Just Don't Know**  
30 Amity St., Spencerport
- 7:00 PM 8:30 PM **Friday Nights Light**  
OPENED 306 East Main Street, Batavia
- 7:00 PM 8:30 PM; O, BT, D, Rr, S **Tired of Running**  
70 Liberty Pole Way, Rochester
- 7:00 PM 8:30 PM; O **Unity is our Strength**  
OPENED 435 Jefferson Ave. Rochester
- 8:00 PM 9:30 PM **The Missing Piece**  
1035 Dewey Ave., Rochester

**Saturday**

- 10:00 AM 11:30 AM; O, D, SD, St, Tr **Phenomenal Women**  
442 West Main St., Rochester
- 11:00 AM 12:30 PM **The Breakfast Club**  
243 Rosedale St., Rochester
- 12:30 AM 2:00 PM **A Step Forward**  
OPENED 2 Riverside St., Rochester
- 1:00 PM 2:30 PM; BT, St **No Matter What**  
VIRTUAL 70 Liberty Pole Way, Rochester
- 3:00 PM 4:30 PM; O, IP, Rr, So **I Can't, We Can**  
OPENED 2841 Culver Rd., Rochester
- 4:00 PM 5:30 PM; D, SD, To **Dawn of a New Reality**  
350 Chili Ave, Rochester
- 5:00 PM 6:30 PM; O **New Beginnings: Through Steps and Traditions**  
OPENED 1 Seneca Parkway, Rochester
- 6:00 PM 7:30 PM; BT, SD, St, T **Ultimate Weapon**  
70 Liberty Pole Way, Rochester
- 6:00 PM 7:30 PM; O, BT, SD, St, WC **Who's An Addict**  
OPENED 48 Cameron St., Rochester
- 7:00 PM 8:30 PM; TC **Saturday Night Live**  
VIRTUAL 212 Webster Ave, Rochester

**Unflagged meetings are currently CLOSED due to COVID-19**

**Meeting Format Legend**

AB—Ask-It-Basket	BT— Basic Text
D—Discussion	IP—Informational Pamphlet
JT—Just For Today	O—Open
Rr—Round Robin	SD—Speaker/Discussion
So—Speaker Only	St—Step
To—Topic	Tr—Tradition
WC—Wheelchair	