

Sub-Committee Meetings

VIRTUAL Public Relations

Includes meeting list, phone line, newsletter, and website.

2nd and 4th Saturday each month
11:00 am—12:30 pm
2009 Dewey Ave.

VIRTUAL H & I

3rd Saturday of each month 1:00 pm—3:00 pm
2009 Dewey Ave.

VIRTUAL Steering

2nd & 4th Thursday of each month
7:00 pm—8:30 pm
2009 Dewey Ave.

Activities

1st Saturday of each month
10:00 am—11:30 am
2009 Dewey Ave.

OPENED RACNA 26

1st Monday of the month
6:30 pm—8:30 pm
2009 Dewey Ave.

Literature

3rd Sunday of each month
1:00 pm—3:00 pm
2009 Dewey Ave.

Rochester Area Service Committee

P.O. Box 31845, Rochester, NY 14604

VIRTUAL Officer Meeting

2nd Sunday of each month: 12:30 pm-2 pm
2009 Dewey Ave.

VIRTUAL Area Meeting

2nd Sunday of each month: 2 pm - 5 pm
2009 Dewey Ave.

Buffalo.....716-878-2316

Finger Lakes.....315-847-3842

Heart of NY.....315-472-5555

Triple Cities.....315-847-3842

Route 13.....315-847-3842

Greater NYC.....212-929-NANA

PHONE NUMBERS

Tradition Number 6:

“An NA Group ought never endorse, finance or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.”

Just For Today, my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just For Today, I will have faith in someone in NA , who believes in me and wants to help me with my recovery.

Just For Today, I will have a program and try to follow it to the best of my ability.

Just For Today , through NA, I will try to get a better perspective on my life.

Just For Today, I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life, so long as I follow that way, I have nothing to fear.

PHONE NUMBERS

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

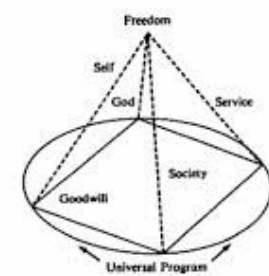
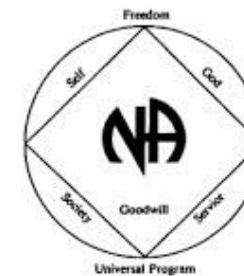
Basic Text, page 65

Narcotics Anonymous

Meeting Directory Rochester, New York

24 HOUR HELPLINE (585) 235-7889
NNY Region Hotline (315) 847-3842:
[Get Text Download of Meetings]

March 2021



Website

<https://rochesterny-na.org> or
<https://recoveryispossible.us>




Contact:

publicrelations@rochesterny-na.org or
publicrelations@recoveryispossible.us





NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you give your-self a break. Our program is a set of principles written to simply that we can follow them in our daily lives. The most important thing about them is they work.

KEEP COMING BACK. IT WORKS

Sunday

- 11:00 AM 12:30 PM; D **Feelings Group of NA**
285 Clarissa St., Rochester
- 12:00 PM 1:30 PM; D **The Message of Hope**
 48 Cameron Street, Rochester
Entry at rear of building
- 5:30 PM 6:30 PM; O, D, S, WC **Couch Potatoes in Recovery**
 Community Center 1190 South Winton Rd, Room 26, Rochester
- 6:00 AM 7:30 PM **Basically Speaking**
350 Chili Ave, Rochester
- 7:30 PM 9:00 PM; O, IP, S, St **Recovery and Relapse**
 48 Cameron St., Rochester
Entry at rear of building




Monday

- 12:00 AM 1:30 AM; BT, D **The Courage to Change**
285 Clarissa St., Rochester
- 12:00 AM 2:00 PM **The Not Yet Group**
13 Vienna Street, Rochester
- 6:00 PM 7:30 PM **Page 18**
70 Liberty Pole Way, Rochester
- 6:45 PM 8:00 PM; D **Gates to Recovery**
 4195 Lyell Rd, Rochester
- 7:00 PM 8:30 PM **Talking Heads**
 350 Chili Ave, Rochester
- 7:00 PM 8:30 PM **All in the Family**
 17 S. Fitzhugh St., Rochester
- 7:00 PM 8:30 PM; D **Eye of the Hurricane**
 1008 Main St., East Rochester



Tuesday

- 12:00 PM 1:30 PM **The Not Yet Group**
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM **The Courage to Change**
285 Clarissa St., Rochester

Tuesday (CONT)

- 6:00 PM 7:30 PM **AIDS and Recovery**
 1124 Culver Rd., Rochester
- 6:30 PM 8:00 PM; BT, SD **Speakers & Stories**
 4195 Lyell Rd, Rochester
- 7:00 PM 8:30 PM; D **Honest Open-Minded and Willing**
 70 Liberty Pole Way, Rochester
- 7:00 PM 8:30 PM **Experience Strength and Hope**
149 Brooks Ave, Rochester Back Entrance

Wednesday

- 12:00 PM 1:00 PM **Downtown Recovery**
321 State Street, Rochester
MCC Campus 4th Floor Room 408
- 12:00 PM 1:30 PM **The Not Yet Group**
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM; BT, D **The Courage to Change**
285 Clarissa St., Rochester
- 6:00 PM 7:30 PM **Principles Before Personalities**
79 North Clinton Ave., Rochester
- 6:30 PM 8:00 PM **Just Say No**
350 Chili Ave, Rochester
- 7:00 PM 9:00 PM; D, IP, JT, SD, St, Tr, WC **B There or B Square**
 111 N. Chestnut St., Rochester
- 7:30 PM 9:00 PM; OD, WC **Meeting From Another Planet**
 220 South Winton Rd., Rochester



Thursday

- 12:00 PM 1:30 PM **The Not Yet Group**
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM **The Courage to Change**
285 Clarissa St., Rochester

Thursday (CONT)

- 7:00 PM 8:30 PM; D, IP, WC **Unity Through Traditions & Steps** 431 W. Main St., Rochester
- 7:00 PM 8:30 PM; SD **NA Speaker & Discussions**
 94 Central Park, Rochester
- 7:00 PM 8:00 PM; BT **Back to Brockport**
 14 State St., Brockport

Friday

- 9:00 AM 10:30 AM; SD **We Do Recover**
33 Chestnut St., Rochester
- 12:00 PM 2:00 PM **The Not Yet Group**
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM; BT, D **The Courage to Change**
285 Clarissa St., Rochester
- 2:00 PM 3:30 PM; O **The Heartbeat of Recovery**
803 West Ave. Suite 196, Rochester
- 7:00 PM 8:30 PM; D, To, TC **Freedom Friday**
29 E. State Street, Albion
- 7:00 PM 8:30 PM; O, BT, D, IP, WC **I Just Don't Know**
30 Amity St., Spencerport
- 7:00 PM 8:30 PM **Friday Nights Light**
 306 East Main Street, Batavia
- 7:00 PM 8:30 PM; O, BT, D, Rr, S **Tired of Running**
70 Liberty Pole Way, Rochester
- 7:00 PM 8:30 PM; O **Unity is our Strength**
 435 Jefferson Ave. Rochester
- 8:00 PM 9:30 PM **The Missing Piece**
1035 Dewey Ave., Rochester

Saturday

- 10:00 AM 11:30 AM; O, D, SD, St, Tr **Phenomenal Women**
442 West Main St., Rochester
- 11:00 AM 12:30 PM **The Breakfast Club**
243 Rosedale St., Rochester
- 12:30 AM 2:00 PM **A Step Forward**
 2 Riverside St., Rochester
- 1:00 PM 2:30 PM; BT, St **No Matter What**
 70 Liberty Pole Way, Rochester
- 3:00 PM 4:30 PM; O, IP, Rr, So **I Can't, We Can**
 2841 Culver Rd., Rochester
- 4:00 PM 5:30 PM; D, SD, To **Dawn of a New Reality**
350 Chili Ave, Rochester
- 5:00 PM 6:30 PM; O **New Beginnings: Through Steps and Traditions**
 1 Seneca Parkway, Rochester
- 6:00 PM 7:30 PM; BT, SD, St, T **Ultimate Weapon**
70 Liberty Pole Way, Rochester
- 6:00 PM 7:30 PM; O, BT, SD, St, WC **Who's An Addict**
48 Cameron St., Rochester
- 7:00 PM 8:30 PM; TC **Saturday Night Live**
212 Webster Ave, Rochester


Unflagged meetings are currently CLOSED due to COVID-19

Meeting Format Legend

AB—Ask-It-Basket	BT— Basic Text
D—Discussion	IP—Informational Pamphlet
JT—Just For Today	O—Open
Rr—Round Robin	SD—Speaker/Discussion
So—Speaker Only	St—Step
To—Topic	Tr—Tradition
WC—Wheelchair	