

Highland Games, Embro
Overall Finish List
July 01, 2018

10K						
Place	Name	City	Bib No	Age Group Place	Time	Pace
1	Zachary McPhee	Mitchell	34	1st M overall	37:55	3:48/K
2	David Harmsworth	Waterloo	55	2nd M overall	38:56	3:54/K
3	Jake McClure	Seaforth	36	3rd M overall	41:10	4:07/K
4	Scott Finch	Kintore	37	1 M 40-49	42:05	4:13/K
5	Jim Burrows	London	33	1 M 50-59	44:57	4:30/K
6	Ben Lawton	London	58	2 M 50-59	45:21	4:32/K
7	Brian Innes	Ottawa	57	1 M 30-39	45:51	4:35/K
8	Johannes Dewit	Woodstock	52	1 M 20-29	46:50	4:41/K
9	Chad Baese	Ingersoll	43	2 M 40-49	48:55	4:54/K
10	Jon-Michael Falconer	Mitchell	31	2 M 30-39	49:27	4:57/K
11	Jennifer Rogers	Stratford	100	1sr F overall	50:49	5:05/K
12	David Gale	London	54	1 M 60-64	51:39	5:10/K
13	Kathy Mantel	Princeton	22	2nd F overall	51:45	5:11/K
14	Ben De Wit	Woodstock	51	2 M 20-29	52:07	5:13/K
15	Tuquer Franco	Woodstock	42	3 M 40-49	52:17	5:14/K
16	Becky Jones-Eaton	Embro	38	3rd F overall	54:18	5:26/K
17	Jon Milton	Paris	41	3 M 30-39	55:01	5:30/K
18	Lauren Benoit	Kirkton	50	1 F 20-29	55:56	5:36/K
19	John Hazeleger	Embro	56	2 M 60-64	59:06	5:55/K
20	Matthew Mason	Woodstock	59	4 M 30-39	1:00:57	6:06/K
21	Leo Young	London	62	1 M 70-74	1:01:08	6:07/K
22	Jenn Scott	Woodstock	49	1 F 30-39	1:02:23	6:14/K
23	Geoff Galloway	Mossley	48	3 M 50-59	1:03:58	6:24/K
24	Ken Anderson	Kitchener	39	1 M 75-79	1:05:07	6:31/K
25	Serena Roberts	Woodstock	40	2 F 30-39	1:09:43	6:58/K
26	Brian Doyle	Hamilton	53	4 M 50-59	1:11:43	7:10/K
27	Richard Manuel	Woodstock	30	4 M 40-49	1:12:46	7:17/K
28	Lee McQuagge	Talahassee	44	1 F 40-49	1:19:39	7:58/K
29	Joey McQuagge	Talahassee	45	5 M 30-39	1:19:39	7:58/K
30	Heather Rivet	London	61	3 F 30-39	1:21:45	8:11/K
31	Amanda Aspden	Cathcart	46	4 F 30-39	1:26:32	8:39/K
32	Steffen Kampe	St. Thomas	32	1 M 80-84	1:27:18	8:44/K
5K						
Place	Name	City	Bib No	Age Group Place	Time	Pace
1	Ethan Aarts	Lakeside	122	1st M overall	18:39	3:44/K
2	Andrew Jones	London	117	2nd M overall	19:04	3:49/K
3	Jeffrey Orchard	London	35	3rd M overall	20:15	4:03/K
4	Paul Braun	Kitchener	139	1 M 50-59	20:54	4:11/K
5	Matthew Westacott	Scarborough	29	1 M 30-39	21:28	4:18/K
6	Hedzer Bergsma	Embro	124	1 M 0-19	21:36	4:19/K
7	Harry Bakker	Embro	138	2 M 30-39	22:02	4:24/K

8	Teresa Novick	London	116	1st F overall	22:23	4:29/K
9	John Van Esbroeck	St. Thomas	28	2 M 50-59	22:39	4:32/K
10	Stew Slater	Lakeside	119	1 M 40-49	23:32	4:42/K
11	Kennedy Finch	Kintore	129	2nd F overall	23:42	4:44/K
12	Scott Vording	Embro	136	2 M 40-49	23:57	4:47/K
13	Robert Campbell	Mount Brydges	114	3 M 50-59	24:12	4:50/K
14	Willem Bergsma	Embro	125	2 M 0-19	24:46	4:57/K
15	Daniel Kraft	Port Elgin	14	1 M 20-29	24:50	4:58/K
16	Arnold Mantel	Princeton	21	4 M 50-59	24:58	5:00/K
17	Mike Thompson	Woodstock	128	2 M 20-29	25:25	5:05/K
18	Jon Janssens	Woodstock	13	3 M 30-39	25:39	5:08/K
19	Henry Drost	Woodstock	127	1 M 60-64	25:41	5:08/K
20	Tammy Whitehead	London	115	3rd F overall	26:20	5:16/K
21	Edwin Sebel	Woodstock	27	3 M 40-49	27:10	5:26/K
22	Aaron Lonsberry	Ingersoll	17	3 M 0-19	27:28	5:30/K
23	Melissa Howe	Woodstock	132	1 F 30-39	27:55	5:35/K
24	Jessica Janssens	Woodstock	12	2 F 30-39	27:55	5:35/K
25	Janet Thompson	Woodstock	126	1 F 65-69	27:58	5:36/K
26	Leslie Galloway	Mossley	140	1 F 20-29	28:05	5:37/K
27	Patti MacDonald	Woodstock	19	3 F 30-39	28:17	5:39/K
28	Paul Knoops	Embro	123	3 M 20-29	28:23	5:41/K
29	David Farmer	Mississauga	121	1 M 70-74	28:44	5:45/K
30	Tanya Hall	London	11	1 F 40-49	28:57	5:47/K
31	Jane Barton	Embro	134	2 F 40-49	29:36	5:55/K
32	Michelle Brown	London	2	3 F 40-49	29:41	5:56/K
33	Russ Berker	St Marys	133	2 M 60-64	29:59	6:00/K
34	Leanne Burgin-Ball	Lakeside	135	1 F 50-59	30:13	6:03/K
35	Mari Veliz	Lakeside	118	4 F 40-49	30:41	6:08/K
36	Sherita Guetter	Beachville	10	4 F 30-39	30:56	6:11/K
37	Karen De Bruyn	Salford	8	2 F 20-29	31:10	6:14/K
38	Chevy Schooley	Harrietsville	137	4 M 20-29	31:43	6:21/K
39	Harold Burgin	St. Marys	5	1 M 75-79	34:03	6:49/K
40	Scott Marshall	Gospie	130	4 M 30-39	34:05	6:49/K
41	Victoria Camboia	Beachville	6	5 F 30-39	35:22	7:04/K
42	Steven Howe	Woodstock	131	4 M 40-49	37:28	7:30/K
43	Douglas Rivet	London	26	5 M 30-39	37:58	7:36/K
44	Dana Frizelle	Ingersoll	120	5 F 40-49	41:55	8:23/K
45	Debra Kraft	Port Elgin	15	2 F 50-59	44:39	8:56/K

2K Grade 8 and under

Place	Name	City	Bib No	Age Group	Place	Time	Pace
1	Daniel Ogilvie	Sebringville	170	1 M		07:25	3:43/K
2	Kelly Mantel	Princeton	83	1 F		08:22	4:11/K
3	Mark Barton	Embro	172	2 M		08:46	4:23/K
4	Elliot Barton	Embro	173	3 M		08:55	4:28/K
5	Jacob Brown	London	80	4 M		09:39	4:50/K
6	Tyler Brown	London	81	5 M		10:47	5:24/K
7	Heather Ogilvie	Sebringville	171	2 F		10:49	5:25/K

8	Lily Barton	Embro	174	3 F	11:34	5:47/K
9	Caleb Westacott	Scarborough	84	6 M	11:51	5:56/K
10	Jordan Westacott	Scarborough	85	7 M	11:58	5:59/K
11	Rebekah Westacott	Scarborough	86	4 F	14:39	7:20/K
12	Sophia Aspden	Cathcart	175	5 F	14:43	7:22/K
13	Daisy Guetter	Beachville	9	6 F	37:06	18:33/K