



BETWEEN THE FLAGS

Package - \$24pp + GST

Morning Tea - A selection of bacon and egg rolls, BLT's, superfood slices, breakfast pastries, daily baked muffins, seasonal fruit, yoghurt and granola pots. A choice of either Vittoria coffee or tea.

BONDI RESCUE

Package - \$40pp + GST

Morning Tea - A selection of bacon and egg rolls, BLT's, superfood slices, breakfast pastries, daily baked muffins, seasonal fruit, yoghurt and granola pots. A choice of either Vittoria coffee or tea.

Lunch - Gourmet salads, chickpea, flaxseed and sesame seed fritter burger, chicken burger, wagyu burger and a selection of fresh wraps. The wrap selection includes a chickpea, flaxseed and sesame seed fritter wrap with grilled halloumi and roasted veggies, a pesto chicken wrap, a smoked salmon and cream cheese wrap and a tuna pate and cucumber wrap. A choice of either Vittoria coffee or tea.

You may also order from our lunch menu (see below). Vegan and gluten-free options available.

LIFESAVER

Package - \$50pp + GST

Morning Tea - A selection of bacon and egg rolls, BLT's, superfood slices, breakfast pastries, daily baked muffins, seasonal fruit, yoghurt and granola pots. A choice of either Vittoria coffee or tea.

Lunch - Gourmet salads, chickpea, flaxseed and sesame seed fritter burger, chicken burger, wagyu burger and a selection of fresh wraps. The wrap selection includes a chickpea, flaxseed and sesame seed fritter wrap with grilled halloumi and roasted veggies, a pesto chicken wrap, a smoked salmon and cream cheese wrap and a tuna pate and cucumber wrap. A choice of either Vittoria coffee or tea.

You may also order from our lunch menu (see below). Vegan and gluten-free options available.

Afternoon Tea - A selection of fruit danishes, protein bliss balls, superfood slices, daily baked muffins, seasonal fruit, yoghurt and granola pots. A choice of either Vittoria coffee or tea.

OPTIONAL EXTRAS - \$9

Green Juice – spinach, cucumber, kale, green apple juice, celery

Energiser - seasonal fresh fruit, ginger, mint.

Protein Shake - vanilla whey protein, milk, honey

Peanut Nutter - almond mylk, peanut butter, honey, dates, cinnamon

Fruit Smoothie – banana or mango or berry

Please note, if groups are less than 15 people you have the option to order individual meals (lunch only) off the lunch menu. Please see below for your meal options.

Please note if numbers exceed 15 people and additional service fee of \$150 will be charged to supply personal (a buffet will be offered).

LUNCH OPTIONS

Seared Salmon Fillet - quinoa, smashed peas, seared asparagus, blackcurrants, cucumber, pomegranate, rocket, ginger reduction

Poke Bowl – sashimi salmon, zucchini noodles, avocado, beetroot Vermicelli, boiled egg, corn, edamame beans, shallotte, miso dressing

Farmers Bowl - roasted sticky pumpkin, figs, buffalo mozzarella, candied walnuts, zucchini flowers, baby beetroot, pomegranate molasses, rocket, citrus and honey dressing

Vegan Burger - chickpea, flaxseed and sesame seed patty, tomato, candid onion, beetroot, sour cherry barbecue sauce, veganaise, fat chips

Green Goodness Bowl - smashed avocado, chickpea, flaxseed and sesame seed fritters, hard boiled eggs, veganaise, super greens, miso reduction, quinoa soy sourdough

Moroccan Spiced Lamb - baba ganoush, lime yogurt, roasted cauliflower, sticky pumpkin, eggplant, zucchini, kale

Cheeseburger - wagyu, pickles, tomato, leaves, onion, tomato sauce, fat chips.

Smashed Avo - scrambled eggs, danish feta, quinoa sourdough, cherry tomato, chilli, pesto, zaatar

Chicken Salad - zucchini noodles, quinoa, crumbled danish feta, kale, red cabbage, edamame, pepita seed, roasted almond, pomegranate, tomato, ginger reduction

Upon request, some dishes may be made gluten free and vegan.