



ESARN KHEAW THAI RESTAURANT
314 UXBRIDGE ROAD
SHEPHERDS BUSH
LONDON, W12 7LJ
TEL: 020 8743 8930
WWW.ESARNKHEAW.COM

Starters

1. ข้าวเกรียบ **£2.00**
Thai Spicy Prawn Crackers
Served with sweet chilli sauce.
2. ไส้กรอกอีสาน **£5.00**
Esarn Kheaw Sausages (Esarn Speciality)
Home made Thai sausages made with pork and rice, served with fresh ginger, salted peanuts and chilli.
3. ชุบหน่อไม้ **£5.00**
Bamboo Shoots Salad - served warm
(Esarn Speciality)
Bamboo shoots with chilli, fish sauce, onion, coriander and sesame seeds.
4. ส้มตำอีสาน, ส้มตำข้าว, ส้มตำจานจัด, ส้มตำปู, ส้มตำไทย หรือ ส้มตำไทยปู **£6.00**
Spiced Papaya Salad "Som Tam" (Esarn Speciality)
Green papaya with fresh chilli, garlic, lemon juice, crushed peanuts, dried shrimp and fish sauce.
5. ปอเปี๊ยะทอด **£4.80**
Spring Rolls
Vegetarian spring rolls, served with a sweet chilli sauce.
6. ทอดมันปลา **£6.00**
Fish Cakes
Deep fried fish cakes, served with a sweet cucumber relish.
7. สzech (เนื้อ หรือ ไก่) **£5.00**
Sateh Chicken or Beef
Thai style chicken / beef sateh, served with peanut sauce and a sweet cucumber relish.
8. เนื้อแดดเดียว **£5.00**
Sun Dried Beef
Crispy fried marinated Thai style beef jerky.
9. ขนมหจิบ **£5.00**
Khanom Jeep
Steamed pork, prawn and chicken dumplings, served with a dark sweet soya bean sauce.

10. เกี้ยวกรอบ **£4.80**
Crispy Wanton
Deep fried crispy wonton filled with minced pork, served with a sweet chilli sauce.
11. กุ้งทอด หรือ ผักซบแป้งทอด
Finger Dips
Vegetables **£4.80**
Prawns & vegetables **£6.00**
Deep fried prawns / vegetables in batter with sesame seeds, served with a sweet chilli sauce.
12. ซีโรงหมู **£4.80**
Pork Spare Ribs
Marinated rib of pork served with sweet chilli sauce.
13. ปีกไก่ยัดไส้ **£4.80**
Stuffed Chicken Wings
Deep fried chicken wings, stuffed with glass noodles and marinated chicken meat, served with sweet chilli sauce.
14. หมี่กรอบ **£4.80**
Mee Krob
Crispy fried noodles, mixed with a sweet and sour sauce, garnished with tofu, deep fried egg and pickled garlic.
15. ไก่ใบเตย **£5.00**
Kai Bai Tuay
Deep fried marinated chicken, wrapped in pandan leaf, served with a hot chilli sauce.
16. เต้าหู้ทอด **£4.80**
Deep Fried Tofu
Served with sweet chilli sauce topped with crushed peanuts and coriander.
17. ยำเห็ด **£7.00**
Spiced Mushroom Salad - served warm
Charcoal grilled button mushrooms with onions, coriander, chilli oil paste, lemon juice, carrot slices and fish sauce.
- Thai Spicy Soups**
*Shrimp present in ALL chilli oil pastes
18. ต้มยำ (เห็ด, เต้าหู้ รุนเส้น, ไก่, กุ้ง หรือ ทะ)
Tom Yum Soup
Mushroom **£5.50 (หม้อ Pot - £19.80)**
Tofu & glass noodles **£5.50 (หม้อ Pot - £19.80)**
Chicken **£5.95 (หม้อ Pot - £21.40)**
Prawn **£7.95 (หม้อ Pot - £28.60)**
Seafood **£8.95 (หม้อ Pot - £32.20)**
*Prawns, squid, mussels
Spicy soup with mushrooms / tofu & glass noodles / chicken / prawns / seafood with lemon juice, lime leaves, lemon grass, galanga, chilli oil paste, mushrooms and fish sauce.
- *หม้อ Pot to share between 4/5 people
19. ต้มขา (เห็ด, เต้าหู้ รุนเส้น, ไก่, กุ้ง หรือ ทะ)
Tom Kha Soup

- Mushroom** **£5.50 (หม้อ Pot - £19.80)**
Tofu & glass noodles **£5.50 (หม้อ Pot - £19.80)**
Chicken **£5.95 (หม้อ Pot - £21.40)**
Prawn **£7.95 (หม้อ Pot - £28.60)**
Seafood **£8.95 (หม้อ Pot - £32.20)**
*Prawns, squid, mussels
Coconut soup with mushrooms / tofu & glass noodles / chicken / prawns / seafood with coconut milk, lemon juice, lime leaves, lemon grass, galanga, chilli oil paste, tamarind juice, mushrooms and fish sauce.
*หม้อ Pot to share between 4/5 people

Esarn Specialities

20. เนื้อน้ตก หรือ หมูน้ตก, ชกเล็กเปิด หรือ ชกเล็กไก่
Spiced North East Style - served warm
Chicken or pork **£8.95**
Beef or Duck **£10.95**
Charcoal grilled sirloin strips of beef / chicken breast / duck breast / pork neck end with lemon juice, onion, coriander, chilli and fish sauce.
21. ลาบ (เนื้อ, ไก่ หรือ หมู) **£8.95**
Laab - served warm (Beef, chicken or pork)
Minced beef / chicken / pork with lemon juice, onion, coriander, chilli and fish sauce.
22. ลาบปลาดุก **£10.95**
Spiced Catfish North East Style - served warm
Minced catfish dip with lemon juice, lime leaves, onion, coriander, chilli and fish sauce.
23. แหนมหมูสด **£8.95**
Spiced Minced Pork Thai Style - served warm
Minced pork with sliced pork skins, lemon juice, lime leaves, coriander, spring onion, ginger, peanuts, fresh chilli and fish sauce.
24. เสือร้องไห้ **£10.95**
Tiger Cry
Grilled strips of sirloin steak, served with a hot chilli sauce.
25. ต้มหวาน (วัว) หรือ ต้มไก่ **£8.95**
Sweet Ox liver
Chicken Liver North East Style
Grilled strips of ox liver / marinated chicken livers, served with a hot chilli sauce.
26. ต้มเครื่องในวัว หรือ ต้มกระดูกหมู
Ox tripe Soup / Pork Rib Soup **£9.95 (หม้อ Pot - £35.85)**
Ox tripe / pork ribs with innards cooked in it's own broth with galanga, coriander, spring onion and fish sauce. Dressed with

- hot chilli sauce and a spicy vinaigrette.
27. หมูย่างเมืองอบ **£8.95**
Grilled Pork Chop (Boneless)
Grilled pork chop slices served with a hot chilli sauce.
28. แกงอ่อมไก่เมืองอบ **£9.95**
Gaeng Om
Chicken cooked with homemade chilli paste, ground toasted rice, fresh dill, lemon basil, oyster mushrooms, bamboo shoots, chicken stock and Thai fermented fish stock. *Recommended for adventurous eaters.
29. ไก่ย่างเมืองอบ **£10.95**
Grilled Poussin
Grilled marinated baby chicken, served with sweet chilli sauce.
30. น้ำพริกปลาสด **£10.95**
Num Prik Pla Sod - served warm
Spicy catfish dip, with a Thai fermented fish stock, served with fresh vegetables.
31. ลาบปลาระพง **£11.95**
Laab Sea Bass
Deep fried whole Sea bass, topped with a "Laab" style sauce made with red onions, white onions, ground toasted rice, lemon juice, fish sauce, coriander, saw leaf parsley, chilli and spring onions.
32. ขนมหจิบ **£3.95**
Khanom Jeen Noodles
Boiled white wheat flour noodles
- Seafood**
33. กุ้งเผา (6) **£10.95**
Grilled Prawns (6)
Grilled prawns (with shell) marinated with oyster sauce, pepper and garlic, served with a spicy vinaigrette sauce.
34. ปลาดุกผัดพริก **£11.95**
Stir Fried Catfish
Stir fried catfish with chilli, sweet basil, green pepper, corns, peppers, onion and oyster sauce.
35. ปลาจารดพริก **£11.95**
Pla Lard Prik
Crispy fried whole Sea bass covered with a stir-fried holy basil and chilli sauce.
36. ปลาเจียนทอด หรือ นึ่ง **£11.95**
Pla Jien
Deep fried / steamed whole Sea bass with shitake mushrooms, ginger, spring onion, coriander, sesame oil and soya bean sauce.
37. ปลาเปรี้ยวหวาน **£11.95**
Sweet and Sour Sea Bass
Crispy fried whole Sea bass covered with

sweet and sour sauce, pineapple, cucumber, onion, sugar snap, tomato, mushrooms and baby corn.

38. ปลาหมึกนึ่งมะนาว **£20.50**

Steamed Sea Bass With Chilli and Lime

Steamed whole Sea bass with fresh chilli, lime, pickled garlic, sliced garlic, celery, lemongrass, soya sauce and fish sauce.

39. ยำปลาหมึก, พล่ากุ้ง หรือ ยำทะเล

Yum Salad - served warm

Squid £9.95

Prawn £10.95

Seafood *Prawns, squid, mussels £11.95

Blanched squid / prawn / seafood with lemon juice, lemon grass, onion, chilli, chilli oil paste, coriander and fish sauce.

40. กุ้งแช่น้ำปลา **£10.95**

Koong Numpla - served cold

Raw prawns garnished with a spicy vinaigrette sauce and fresh garlic slices.

41. กุ้งผัดกระเทียม **£10.95**

Koong Pad Kratiem

Stir fried prawns (with shell) marinated with oyster sauce, garlic and pepper.

Stir Fry Dishes

42. ผัดน้ำมันหอย (เนื้อ, ไก่, หมู หรือ กุ้ง)

Stir Fry with Oyster Sauce

Beef, chicken or pork £8.95

Prawns £10.95

Stir fried beef / chicken / pork / prawn with garlic, young vegetables and oyster sauce.

43. ผัดขิง (ผักและตำหู้, เนื้อ, ไก่, หมู หรือ กุ้ง)

Stir Fry with Ginger

Vegetables & Tofu £6.95

Beef, chicken or pork £8.95

Prawns £10.95

Stir fried vegetables & tofu / beef / chicken / pork / prawns with garlic, fresh ginger, chilli, young vegetables and oyster sauce.

44. ผัดพริกโบราณพรา (ผักและตำหู้, เนื้อ, ไก่, หมู, กุ้ง หรือ ปลาหมึก)

Stir Fry with Holy Basil

Vegetables & Tofu £6.95

Beef, chicken or pork £8.95

Prawns or squid £10.95

Stir fried vegetables & tofu / beef / chicken / pork / prawns / squid with garlic, holy basil, chilli and oyster sauce.

45. ผัดพริกขิง (เนื้อ, ไก่ หรือ หมู)

Pad Prik Khing

Beef, chicken or pork £8.95

Beef / chicken / pork stir-fried with chilli paste, long bean and fish sauce.

46. ผัดเม็ดมะม่วงหิมพานต์ (ผักและตำหู้ หรือ ไก่)

Stir Fry with Cashew Nuts

Vegetables & Tofu £6.95

Chicken £8.95

Stir fried vegetables & tofu / chicken with cashew nuts, onion, red and green peppers, toasted chilli and oyster sauce.

47. ผัดเปรี้ยวหวาน (ผักและตำหู้, เนื้อ, ไก่, หมู หรือ กุ้ง)

Sweet and Sour

Vegetables & Tofu £6.95

Beef, chicken or pork £8.95

Prawns £10.95

Stir fried vegetables & tofu / beef / chicken / pork / prawns with a sweet and sour sauce, pineapple, cucumber, onion, sugar snap, tomato and baby corn.

Thai Curry

*Shrimp present in ALL curry pastes | Soya sauce available instead of fish sauce

48. แกงเผ็ดเปิดยาง **£9.95**

Gaeng Pet Ped Yang

Roasted duck curry cooked in coconut milk with grapes, pineapple and Thai red curry paste.

49. แกงเขียวหวาน (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)

Green Curry

Vegetables £7.00

Beef, chicken or pork £8.95

Prawns £10.95

Vegetables / beef / chicken / pork / prawns cooked in coconut cream with, aubergine, bamboo shoots, sweet basil, fish sauce and Thai green curry paste.

50. แกงเผ็ด (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)

Red Curry

Vegetables £7.00

Beef, chicken or pork £8.95

King prawns £10.95

Vegetables / beef / chicken / pork / prawns cooked in coconut cream with bamboo shoots, aubergine peas, holy basil, fish sauce and Thai red curry paste.

51. แกงเนื้อมัสมั่น **£9.95**

Gang Neau Massaman

Cubes of beef cooked in coconut cream with massaman curry paste, peeled new potatoes, peanuts, tamarind juice and button onions.

52. แพนง (ผักและตำหู้, เนื้อ, ไก่, หมู หรือ กุ้ง)

Panang Curry

Vegetables & Tofu £7.00

Beef, chicken or pork £8.95

Prawns £10.95

Stir fried vegetables & tofu / beef / chicken / pork / prawns with panang curry paste, lime leaves, coconut cream and fish sauce.

53. แกงป่า (ผัก, เนื้อ, ไก่ หรือ หมู)

Jungle Curry

Vegetables £7.00

Minced beef, chicken or pork £8.95

Prawn £10.95

Vegetables / minced beef / minced chicken / minced pork / prawn with jungle curry paste, mixed vegetables, young green peppercorns, wild ginger and holy basil in a clear spicy broth.

Noodle Dishes

54. ผัดไทย (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)

Pad Thai

Vegetables £7.00

Beef, chicken or pork £7.95

Prawns £8.95

Stir fried white rice noodles with spring greens, vegetables / beef / chicken / pork / prawns, crushed peanuts, egg, bean sprouts and fish sauce.

55. ผัดราดหน้า (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)

Pad Lard Nar

Vegetables £7.00

Beef, chicken or pork £7.95

Prawns £8.95

Stir fried large rice noodles topped with mixed vegetables / beef / chicken / pork / prawns and a gravy oyster sauce.

56. ผัดซีอิ้ว (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)

Pad See-Ew Noodles

Vegetables £7.00

Beef, chicken or pork £7.95

Prawns £8.95

Stir fried noodles with mixed vegetables / beef / chicken / pork / prawn, egg in a dark soya sauce.

57. ผัดก๋วยเตี๋ยวซีอิ้ว (ผัก, เนื้อ, ไก่, หมู หรือ กุ้ง)

Spicy Stir Fried Noodles

Vegetables £7.00

Beef, chicken or pork £7.95

Prawns £8.95

Stir fried white rice noodles with spring greens / beef / chicken / pork / prawns, bean sprouts, dark soya sauce, fish sauce, holy basil, egg and fresh chilli.

58. ก๋วยเตี๋ยวน้ำ (เนื้อ, ไก่ หรือ หมู)

Thai Noodle Soup

Beef, chicken or pork £7.95

White rice noodle soup with beef / chicken / pork, bean sprouts and garnished with deep fried garlic, sesame oil and coriander.

Rice

59. ข้าวผัดอีสานเขียว

Esarn Kheaw Fried Rice £8.95

Stir fried rice with prawns, sweet corn, peppers, onions, carrots, egg and pineapples.

60. ข้าวผัดไข่

Egg Fried Rice £3.95

Stir fried rice with sweet corn, peppers, onions, carrots and egg.

61. ข้าวผัดปลา **£2.50**

Steamed Jasmine Rice

62. ข้าวเหนียว **£3.50**

Sticky Rice

Traditional rice from the North East of Thailand. Served in a bamboo basket.

Sides

*Soya sauce is optional instead of oyster sauce or fish sauce

63. ผัดผักรวม **£6.95**

Stir Fried Mixed Vegetables

Stir fried vegetables with garlic and oyster sauce.

64. ผัดผักบรอกโคลี **£6.95**

Stir Fried Broccoli

Stir fried broccoli with oyster sauce, garlic and fresh chilli.

65. ผัดผักเขียว **£6.95**

Stir Fried Mixed Greens

Stir fried broccoli, sugar snaps and mange tout in garlic and oyster sauce.

66. ไช้ยัดไส้ผัก หรือ ไช้ยัดไส้หมูสับ **£6.95**

Stuffed Omelette

Vegetables or minced pork

Thai style stuffed omelette with vegetables / minced pork with onions, peppers, mushrooms and fish sauce.

67. ไช้จิวา หรือ ไช้จิวาหมูสับ

Omelette

Plain or minced pork £6.95

Thai style plain / minced pork omelette.

68. ผัดก๋วยเตี๋ยวปลา **£3.95**

Plain Noodles

Stir fried plain white rice noodles with dark soya bean sauce.

69. ไช้ลูกเขย **£6.95**

Son In-Laws Eggs

Deep fried golden eggs with a caramelised tamarind sauce, garnished with deep fried garlic, shallots and coriander.

Some menu items may contain or come into contact with some allergens, please ensure to let your server know of any allergies you have and we will do our best to provide you with an allergen free meal. Please be aware that we use common fryer oil and cooking equipment/utensils. Due to these circumstances, we are unable to guarantee that any menu item can be **completely** free of allergens.