

## **“Salah is the key to Paradise.”**

(Mishkat)

### Key points

- The 2<sup>nd</sup> pillar of Islam
- The first thing you will be questioned about on the Day of Judgement
- There are many forms of worship, but Namaz is the best and most important of them. According to a Hadith, the Prophet (sallallahu alayhi wasalam) said, “The thing Almighty Allah loves the most, is praying Namaz on time.”

### Conditions of Salah

- Our body must be covered. A woman’s body must be completely covered, except her face, hands up to the wrists and feet up to the ankles.
- The place of Salah must be clean.
- Our body and clothes must be clean and pure.
- We must pray Salah at the correct time.
- We must face the Qiblah.
- We must make Niyah (intention) before starting Salah.
- We must say Allahu Akbar to start Salah

### 7 Fardh of Namaz

1. **Takbeer Tahreema** – To say Allahu Akbar for the first time when Salah begins.
2. **Qiyaam** (standing position) - To stand up straight facing the Qiblah.
3. **Qiraat** – To recite at least three short ayahs or one long ayah of the Holy Quran.
4. **Ruku** (to bow down) – To bend down with hands placed on the knees. For women, knees should be slightly bent and no finger gaps.
5. **Sajdah** (to prostrate) – To place the forehead, nose and hands firmly on the ground.
6. **Qadah Akheera** – The last sitting in which Tashahud, Durood e Ibraheem and Dua-e-Maasura are recited.
7. **Khurooj-Bi-Sunihi** – To end the prayer with Salaam.

Note: if any of the **7 Fardh** acts are missed out or not done properly then your Namaz is invalid and you must repeat it again.

### Salah Timetable

	Sunnat	Farz	Sunnat	Nafil	Witr	Nafil	Total
<b>Fajr</b>	2SM	2	-	-	-	-	4
<b>Zuhr</b>	4SM	4	2SM	2	-	-	12
<b>Asr</b>	4SGM	4	-	-	-	-	8
<b>Maghrib</b>	-	3	2SM	2	-	-	7
<b>Isha</b>	4SGM	4	2SM	2	3	2	17

### Key

**Sunnat-e-Mukkadah** = Done regularly by the Prophet (sallallahu alayhi wasalam). Not Farz or Waajib, but it is close to Waajib. It is considered bad to neglect (miss) it and you are sinful and will be punished. E.g. Four Sunnat of Zuhr.

## Salah

**Sunnat-e-Ghair Mukkadah = Not** done regularly by the Prophet (sallallahu alayhi wasalam) and left without any excuse. A person who leaves this Sunnah is not punished but will not receive any rewards.

### Benefits:

- Prophet (sallallahu alayhi wasalam) said: “The key to paradise is Salah and the key to Salah is Wudu.” Tirmidi
- Namaz strengthens your Imaan – makes your faith stronger.
- Praying Salah helps you stay connected with Allah (Subhana Watala). It removes sins just as water removes dirt.
- It prepares a person to live a life full of goodness and obedience to Allah (subhana watala).
- It builds courage and determination.

### Punishments during the life:

- Allah (Subhana Watala) takes away your blessings (makes you misfortunate.)
- Allah (Subhana Watala) does not accept Duas.
- Allah (Subhana Watala) does not reward you for your good deeds.

Salah

**Activity 1**

Fill in the gaps below with the correct number of Rak'ahs.

**Fajr**

$$\begin{array}{|c|} \hline \text{Sunnah} \\ \hline \end{array} = \begin{array}{|c|} \hline \text{Fardh} \\ \hline \end{array} \begin{array}{|c|} \hline 4 \\ \hline \text{Rak'ahs} \\ \hline \end{array}$$

**Zuhr**

$$\begin{array}{|c|} \hline \text{Sunnah} \\ \hline \end{array} \begin{array}{|c|} \hline 4 \\ \hline \text{Fardh} \\ \hline \end{array} \begin{array}{|c|} \hline \text{Sunnah} \\ \hline \end{array} \begin{array}{|c|} \hline \text{Nafl} \\ \hline \end{array} = \begin{array}{|c|} \hline \text{Rak'ahs} \\ \hline \end{array}$$

**Asr**

$$\begin{array}{|c|} \hline \text{Sunnah} \\ \hline \end{array} \begin{array}{|c|} \hline 4 \\ \hline \text{Fardh} \\ \hline \end{array} = \begin{array}{|c|} \hline \text{Rak'ahs} \\ \hline \end{array}$$

**Maghrib**

$$\begin{array}{|c|} \hline \text{Fardh} \\ \hline \end{array} \begin{array}{|c|} \hline \text{Sunnah} \\ \hline \end{array} \begin{array}{|c|} \hline \text{Nafl} \\ \hline \end{array} = \begin{array}{|c|} \hline 7 \\ \hline \text{Rak'ahs} \\ \hline \end{array}$$

**Isha**

$$\begin{array}{|c|} \hline \text{Sunnah} \\ \hline \end{array} \begin{array}{|c|} \hline \text{Fardh} \\ \hline \end{array} \begin{array}{|c|} \hline 2 \\ \hline \text{Sunnah} \\ \hline \end{array} \begin{array}{|c|} \hline \text{Nafl} \\ \hline \end{array} \begin{array}{|c|} \hline 3 \\ \hline \text{Witr} \\ \hline \end{array} \begin{array}{|c|} \hline \text{Nafl} \\ \hline \end{array} = \begin{array}{|c|} \hline \text{Rak'ahs} \\ \hline \end{array}$$

Salah

**Activity 2:**

**Help these people find out whether they have met the conditions of Salah.**

1. Zainab started performing Salah. Her body was clean but the place where she was praying was not clean.

Does her Salah count?

2. Sanaa was praying her Maghrib Salah but was not facing the Qiblah.

Does her Salah count?

3. Aisha started performing her Zuhr Salah, her body was covered and clean but forgot to say Allahu Akbar at the start of her Salah.

Does her Salah count?