

Psychology Practice Team

Dr. Femke Bannink Mbazzi, director of the practice, is a Dutch and English speaking clinical and educational psychologist with over 16 years work experience in Uganda. She is EMDRIA US and EMDR Belgium certified and a consultant for the Konterra Group, Eutelmed, and CoRSU hospital. She is affiliated to Ghent University and the MRC/UVRI & LSHTM Uganda Research Unit.

Anne Dewailly is a French and English speaking psychotherapist with over 17 years working experience with clients with depression, anxiety, and posttraumatic stress disorders. She is a licensed EMDR Europe supervisor and Vice-President of Trauma Aid France.

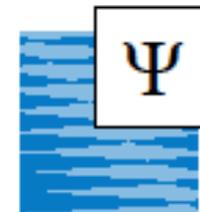
Johnny Ely is an Australian psychotherapist with over 20 years working experience in cognitive, behavioural, and person centered therapy. He provides therapy in English.

Vivian Kudda is a Ugandan clinical psychologist in training with 4 years working experience with children and adults in hospital and refugee settings. She conducts child assessments in English and speaks Luganda too. She completed EMDR training.

Elizabeth Kawesa is a Ugandan clinical psychologist with 4 years working experience with children in educational and hospital settings. She conducts child assessments and provides child therapy in English, Luganda, and Ruyankole.

Psychology Practice

May 2019



Psychology Practice is based at The Surgery and provides psychotherapy and assessment for children, youth, adults, couples and families with psychological and psychiatric problems, such as:

Depressive disorders	Bereavement
Anxiety disorders	Posttraumatic stress disorder
Adjustment problems	Behavioural problems
Burnout and work problems	Anger management
Autistic Spectrum Disorders	Attention Deficit and
Learning disorders	Hyperactivity Disorder
Relational and family problems	Parenting challenges
Eating disorders	Sleeping problems

The first meeting will focus on assessment of the issues presented, and development of a treatment plan. For children and adolescents a full psychological assessment may be recommended.

Further appointments consist of therapy sessions designed to reduce symptoms, cope with problems or stressful conditions, and restoration of balance in your life, relationships and work.

Different methods of **psychological treatment** can be used to achieve this, including cognitive behavioural (CBT), acceptance and commitment therapy (ACT), dialectic behavior therapy (DBT), emotion focused (EFT), person centered therapy, systemic brief therapy, solution focused, eye movement desensitization and reprocessing (EMDR), narrative, play and systemic therapy.

Depending on the type of issues, therapeutic method, and preferred choice of therapist and day and time of treatment of the client, subsequent appointments with one of our therapists are scheduled.

Costs and duration

Therapy plans typically consist of 5 to 10 sessions, 45 minutes each. Costs per session are as following:

- 100 USD individual adults
- 120 USD children, couples, family sessions
- 200 – 400 USD school and home visits

A 24 hour cancellation policy applies for every appointment.

Child neuropsychological and educational psychological assessments range from 1,600 – 1,800 USD and include interviews with parents, teachers, and the child; intelligence, achievement and other psychometric tests; socio-emotional and behavioural assessment; and classroom observations. The full assessment process takes 6 - 8 weeks. For more details please refer to the child assessment brochure on The Surgery website.

The Psychology Practice closely collaborates with **The Surgery's** general practitioners for **referrals, admissions, and prescriptions** when medication or admission is recommended. The Surgery's consultation and admission rates apply for these services.

Other services the Psychology Practice offers are trainings, supervision, monitoring and evaluation in psychosocial programs, child protection, HIV counselling, stress management, community based rehabilitation, and inclusive education.

Appointments

Psychology Practice is open from Monday to Saturday 8.30am till 5.30pm on appointment only. For more information and appointments: info@psychologypractice.org. For (emergency) medical services: The Surgery 0772756003 or reception@thesurgeryuganda.org.