

TOULOUS *Bushey*

All our dishes are prepared in kitchens where nuts, flour, etc are commonly used so unfortunately we cannot guarantee our dishes will be free of traces of these products. Olives may contain stones.

Fish and meat may contain bones. All dishes may contain items not mentioned in the menu description.

All prices include vat at the current rate. All tips paid in cash are retained by waiters and these are shared by them with other employees.

WRAPS

+ in soft tortilla, salad & crisps

VEGGIE 9.95

Beetroot tortilla wrap, selection of roasted vegetables, feta & rocket

TRICOLORE 8.95

Mozzarella, cherry tomato, avocado & pesto

FALAFEL 9.95

Beetroot tortilla wrap, chickpea balls, hummus & salad with tabuleh on the side

FISH FINGER 9.95

Breaded cod, lettuce, gherkins, tartar sauce

CHICKEN SCHNITZEL 9.50

Chicken schnitzel, hummus & Israeli salad

CHICKEN & PESTO 9.50

Char-grilled chicken, salad, olives, pesto & parmesan

DUCK 10.95

Aromatic pulled duck, cos lettuce, cucumber, spring onions & hoisin sauce

BOEREWORS 9.95

South African beef & lamb sausage with salad, caramelised onions & mustard mayo

BREADS

+ salad & crisps

SMOKED SALMON & CREAM CHEESE 8.95

OPEN BAGEL

On a toasted bagel with Israeli salad

AUBERGINE, EGG & HUMMUS BAGEL 8.95

Aubergine, sun blush tomatoes, hard boiled egg & hummus

CLUB SANDWICH 10.95

Char-grilled chicken, mayo, avocado, crispy bacon & lettuce on toasted white or brown

SALT BEEF 10.95

Piled high with mustard on rye, pickled cucumber & salad

MELTS

CHEESE & TOMATO TOASTIE 7.95

TUNA MAYO & CHEESE TOASTIE 7.95

+ white, granary
+ salad & crisps
+ Gluten free +.50

LEAVES

+ house dressing

HOUSE 11.95

Chicken, bacon, avocado, hard boiled egg, cherry tomato, cucumber, roasted red onion & parmesan cheese

ROASTED VEGETABLES 11.95

Selection of roasted vegetables, artichoke, sun-blushed tomatoes & feta

BOSCO 11.50

Warm mushrooms, mozzarella, roasted vegetables, sun-blushed tomatoes & avocado with balsamic glaze

ROOTS 11.50

Butternut squash, sweet potato, roasted vegetables, halloumi & quinoa with toasted pumpkin seeds

SUPERFOOD 11.50

Feta, avocado, broccoli, cucumber, beans, edamame & quinoa

ASIAN SALAD 12.95

Teriyaki grilled salmon, cos lettuce, avocado, cucumber, edamame, broccoli & sesame seeds with teriyaki dressing

AROMATIC DUCK SALAD 12.95

Aromatic pulled duck, cos lettuce, avocado, spring onions, edamame, cucumbers & pomegranate with hoisin dressing

CRAB SMOKED SALMON & AVOCADO 12.95

White crab meat with smoked salmon, avocado & cherry tomatoes

NICOISE 11.50

Tuna, olive, hard boiled egg, french beans, cucumber, tomato, new potatoes & cos lettuce

CHICKEN CAESAR 10.95

Char-grilled chicken, cos lettuce, parmesan & roasted croutons with caesar dressing

BAKED POTATOES

+ salad

Cheese 8.95

Baked Beans 8.95

Cheese & Crispy Bacon 9.95

Cheese & Baked Beans 9.95

Tuna Mayo 10.95

Roasted Vegetables 11.95

BURGERS + MAINS

+ toasted brioche bun, lettuce, tomato, mayo & coleslaw

CLASSIC 9.95

8oz beef

CHICKEN FILET 9.95

Char-grilled chicken

FISH FINGER 9.95

Breaded cod, tartare sauce & gherkins

HALLOUMI & MUSHROOM 9.95

Grilled halloumi and mushroom

SHARING MEDITERRANEAN PLATTER FOR TWO 15.95

Falafel, hummus, taramasalata, tzatziki, halloumi, olives, tabuleh, leaves & pita

ISRAELI PLATTER 11.95

Smoked salmon, halloumi, avocado, hummus, olives, Israeli salad & pita

VEGETARIAN PLATTER 10.95

Falafel, halloumi, avocado, hummus, olives, Israeli salad & pita

SALT BEEF PLATTER 12.95

Salt beef with a pickled cucumber, coleslaw & salad

SALMON TERIYAKI 13.95

Teriyaki grilled salmon filet, pad broccoli & jasmine rice

MAC & CHEESE 9.95

Topped with creamy cheese sauce with melted grated cheese + bacon 1.50

SIDE ORDERS

Skinny fries 3.95

Sweet potato fries 3.95

Coleslaw 2.95

Mixed salad 4.95

Marinated olives 2.95

All food is freshly cooked to order

Allergen information available on request

020 8387 0800 • 92 High Road, Bushey Heath, Herts WD23 1GE

hi@toulous.co.uk • toulous.co.uk



@wearetoulous



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COLD DRINKS

FENTIMANS

+ victorian lemonade, pink lemonade, wild english elderflower, mandarin & seville jigger

3.95

Bottled coca cola 33cl

2.75

Bottled diet coke 33cl

2.75

Small bottle water

1.95

Kids apple juice

1.75

FRESH FRUIT JUICE

+ orange, carrot, apple

3.25

+ two mixed

3.50

+ all three

3.75

THICK MILKSHAKE

+ chocolate, strawberry, banana

3.95

+ crunchy, aero mint, malteser, kitkat, oreo

4.95

FRESH FRUIT SMOOTHIES

+ Berry burst

4.50

+ Exotic summer fruits

+ Tropical feel good

+ Detox Green

ICED COFFEE

3.95

BEERS

Peroni, Corona

3.95

WINE 175ML

+ Red, White, Rosé

5.95

HOT DRINKS

COFFEE

Americano

2.50

Espresso

1.90/2.20

Cappuccino

2.35/2.75

Hot chocolate

2.50

Latte or Flat White

2.75

Mocha

2.75

Cortado

2.50

Extra shot

.30

Flavoured syrup

.50

FRESH LOOSE LEAF JING TEA

Inspired by Asia's great tea cultures, picked & packed at source for unrivalled freshness

Served in glass filtered pots

Assam English breakfast

2.50

Ceylon Earl Grey

2.75

Fresh mint

2.25

Rooibos

2.75

Fresh lemon & Assam English

2.75

Blackcurrant & Hibiscus

2.75

Organic Jade Sword

2.75

Decaffeinated Ceylon

2.75

Whole camomile flowers

2.75

Alternative milk available

.30

KIDS MENU FOR UNDER 8'S **6.95**

+ kids apple juice

Fish goujons & chips

Chicken goujons & chips

Vienna's & chips

Penne plain, cheese, napoli

+ one scoop ice cream

(vanilla, strawberry or chocolate)

SWEET

Selection of gateaux, tarts & loaf cakes, please enquire

LOAF CAKES

3.95

Selection of and poppy seed, chocolate, pecan banana and honey, blueberry crumble

CAKES & GATEAUX

4.95

Selection of cheesecakes, apple & cinnamon cake, coffee & walnut, chocolate fudge, apple crumble

TEA CAKE OR TWO CRUMPETS

3.95

+ butter & jam

PANCAKE

6.95

Three buttermilk pancakes served with sliced banana, chocolate sauce, vanilla ice cream & biscuit crumb

WAFFLES

6.95

Two hot waffles served with caramel sauce, sliced banana & vanilla ice cream

FROZEN

ICE CREAM

PER SCOOP 1.50

+ chocolate, vanilla or strawberry

One, two scoop or three scoops

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