



Katrina

STUDYING

Sports and Physical Education BA (Hons)

YEAR

2nd year

FUTURE CAREER FOCUS:

Sports Development or Education

Q&A

DID YOU KNOW WHAT YOU WANTED TO DO WHEN YOU WERE AT SCHOOL?

Before I even left school, I wanted to be a teacher and educator of Physical Education due to my love of sport and physical activities. I always looked up and had respect for my teachers of all subjects and I knew that I wanted to be like them and help students in education.

WHAT WAS THE HARDEST THING FOR YOU ABOUT GOING TO UNIVERSITY?

The hardest thing about university was the fear of the workload and how much time I would have to complete it all. However, this fear was overcome by being organised, managing my time efficiently and being prepared for everything academically!

WHAT WAS YOUR EDUCATION PATHWAY?

I have 10 GCSE passes at Grade D and above including: Mathematics, English Literature, English Language, Science, Physical Education, Health and Social Care, Information and Creative Technology, Religious Studies, French and Geography. I also completed a Pearson BTEC Level 1/Level 2 First Award NQF in SPORT. In sixth form I studied Pearson BTEC Level 3 Diploma Sport (Development, Coaching and Fitness), Advanced Subsidiary English Literature, Extended Project Qualification and AS-Level Sociology

HOW DID YOU MAKE YOUR FIRST FRIEND AT UNIVERSITY?

I officially made a friend, whom is now a close friend of mine, when I attended my first ever lecture for my course. We were put into a group together and immediately spoke to each other as if we had known each other for a while.

We are both very different people, but our interests included sport and education so, we had something to talk about and bond over.

WOULD YOU RECOMMEND GOING TO UNIVERSITY?

When I graduate and leave university, I would like to work either in the sport industry, sport development, or education sector. I've always enjoyed working alongside and with young people!

WHERE IS YOUR FAVOURITE PLACE ON CAMPUS?

My favourite place on the university's Bedford campus is the library. I must admit I do spend a lot of time in there on the silent/second floor when I'm not in any lectures. I honestly like the peace and quiet there and I always get a lot of university work completed!

YOU DIDN'T GO TO UNIVERSITY WHAT DO YOU THINK YOU WOULD BE DOING?

If I didn't go to university, I think I would have been in a teaching assistant job in a primary or secondary school. I may also have been doing a qualification to do with sports coaching or any volunteering. Even after I graduate, I will be looking into volunteering more, working and supporting young people in the education or sport industry.

WHAT IS IT LIKE LIVING ON CAMPUS?

It is honestly such a great experience! It is great to be in charge of yourself and to do things in your own way. These things included for example actually fending for myself and cooking meals for myself.

I really liked having the responsibilities of living on campus. Although, it is not my home and where my family is, it is really important for myself that I develop and learn completely new things.

WHAT IS YOUR GO TO MEAL TO COOK?

My go to meal to cook has to be stuffed peppers with spinach, kidney beans, mincemeat and rice! I absolutely love to cook this meal because it's easy, healthy and quick to do!

ARE YOU INVOLVED IN ANY SPORTS AT UNIVERSITY?

I was in the university's netball team, trained with them and played competitive matches with them. In my first year of university, I also occasionally trained with the tennis team in order to increase my fitness levels. In my second year I joined the university's women's tennis team and I was chosen to be the vice-captain.

For the third and final year of my journey at university, I have been elected to be the university's tennis president! This future position is honestly such an honour and has made me so excited and motivated to get more people involved with tennis and the sporting side of university. Taking part in sports at university has had so many positives and has allowed me to make new friends, increase my fitness levels and given me some personal time to myself where I can engage in sport!