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**General Knowledge – Part 15**

**SITES AND SCHEDULES OF WINTER OLYMPIC GAMES**

Year	Place	Year	Place
1924	Chamonix , France	1928	St. Moritz, Switzerland
1932	Lake Placid, New York	1936	Garmisch – Partenkirchen, Germany
1948	St. Moritz, Switzerland	1952	Oslo, Norway
1956	Cortina d’ Ampezzo, Italy	1960	Squaw Valley, California
1964	Innsbruck, Austria	1968	Grenoble , France
1972	Sapporo, Japan	1976	Innsbruck, Austria
1980	Lake Placid, New York	1984	Sarajevo, Yugoslavia
1988	Calgary, Alberta	1992	Albertville, France
1994	Lillehammer, Norway	1998	Nagano, Japan
2002	Salt Lake City, USA	2006	Turin, Italy
2010	Vancouver, Canada	<b>2014</b>	Sochi,Russia(Scheduled)
2018	PyeongChang, South Korea(Scheduled)		

**POPULAR STADIUMS AND SPORTS IN WORLD WITH CITY NAMES**

Stadium	Sports	Place
<b>Indraprastha Stadium</b>	Indoor Games	Delhi
<b>Jawaharlal Nehru Stadium</b>	Athletics	Delhi
<b>Ferozeshah Kotla Ground</b>	Cricket	Delhi
<b>Ambedkar Stadium</b>	Football	Delhi
<b>Shivaji Stadium</b>	Hockey	Delhi
<b>National Stadium</b>	Hockey	Delhi
<b>National Stadium</b>	Hockey & others	Mumbai
<b>Wankhede Stadium</b>	Cricket	Mumbai
<b>Brabourne Stadium</b>	Cricket	Mumbai
<b>Eden Garden</b>	Cricket	Kolkata
<b>Green Park Stadium</b>	Cricket	Kanpur
<b>Keenan Stadium</b>	Cricket	Jamshedpur
<b>Nehru ( Chepak) Stadium</b>	Cricket	Chennai
<b>Varabati Stadium</b>	Cricket	Cuttack
<b>Aintree , Doncaster , Epsom</b>	Horse racing	England(U.K)
<b>Flemington</b>	Horse racing	Melbourn (Australia)
<b>Headingley manchester</b>	Cricket	England( U.K)
<b>Lords,Ovel,Leeds</b>	Cricket	England( U.K)



<b>Black Heath</b>	Rugby Football	London(U.K)
<b>Wimbledon</b>	Lawn Tennis	London(U.K)
<b>Wembley Stadium</b>	Football	London(U.K)
<b>Brookland</b>	Football	England (U.K)
<b>Twickenham</b>	Rugby football	England (U.K)
<b>Putney Mart Lake</b>	Boat race	England (U.K)
<b>Trent Bridge</b>	Cricket	England (U.K)
<b>White City</b>	Dog race	England (U.K)
<b>Hurlington</b>	Polo	England (U.K)
<b>Henlay</b>	Regata	England
<b>Brisbane, Melbourne, Perth, Sydney</b>	Cricket	Australia
<b>Yankee Stadium</b>	Boxing	New York (USA)
<b>Brookalyn</b>	Baseball	New York (USA)
<b>Forest Hill</b>	Tennis	(USA)
<b>Sendy Lodge</b>	Golf	Scotland

**INDIAN NATIONAL TROPHIES ASSOCIATED WITH SPORTS**

<b>Games/Sports</b>	<b>Trophies/Awards</b>
<b>Badminton</b>	Agarwal Cup
<b>Hockey</b>	Agha Khan Cup
<b>Hockey</b>	All-India Women's Guru Nanak Championship
<b>Football</b>	Bandodkar Trophy
<b>Basketball</b>	Bangalore Blues Challenge Cup
<b>Table Tennis</b>	Barna-Bellack Cup
<b>Hockey</b>	Beighton Cup
<b>Hockey</b>	Bombay Gold Cup
<b>Weight-lifting</b>	Burdwan Trophy
<b>Athletics</b>	Charminar Trophy
<b>Badminton</b>	Chadha Cup
<b>Cricket</b>	C. K. Naydu Trophy
<b>Football</b>	Chakoia Gold Trophy
<b>Badminton</b>	Divan Cup
<b>Cricket</b>	Deodhar Trophy
<b>Cricket</b>	Duleep Trophy
<b>Football</b>	D. C. M. Cup
<b>Football</b>	Durand Cup
<b>Hockey</b>	Dhyan Chand Trophy
<b>Football</b>	Dr. B. C. Roy Trophy (Junior)
<b>Polo</b>	Ezra Cup
<b>Football</b>	F. A. Cup
<b>Cricket</b>	G. D. Birla Trophy
<b>Cricket</b>	Ghulam Ahmed Trophy

Hockey	Gurmeet Trophy
Hockey	Gura Nanak Cup
Hockey	Gyanuati Devi Trophy
Bridge	Holkar Trophy
Cricket	Irani Trophy
Football	I. F. A. Shield
Hockey	Indira Gold Cup
Air Racing	Jawaharlal Challenge
Best Services Sportsman	Jaswant Singh Trophy
Hockey	Kuppuswamy Naidu Trophy
Hockey	Lady Rattan Tata Trophy
Hockey	MCC Trophy
Cricket	Moinuddaula Gold Cup
Hockey	Murugappa Gold Cup
Hockey	Modi Gold Cup
Badminton	Narang Cup
Hockey	Nehru Trophy
Football	Nixan Gold Cup
Hockey	Obaid Ullah Gold Cup
Polo	Prithi Singh Cup
Cricket	Rani Jhansi Trophy
Cricket	Ranjit Trophy
Hockey	Rangaswami Cup
Hockey	Ranjit Singh Gold Cup
Tennis	Rajendra Prasad Cup
Table Tennis	Ramanujan Trophy
Hockey	Rene Frank Trophy
Polo	Radha Mohan Cup
Football	Raghibir Singh Memorial
Cricket	Rohinton Baria Trophy
Football	Rovers Cup
Football	Sanjay Gold Cup
Football	Santosh Trophy
Football	Sir Ashutosh Mukherjee
Football	Subroto Cup
Hockey	Scindia Gold Cup
Hockey	Sahni Trophy
Cricket	Sheesh Mahal Trophy
Football	Todd Memorial Trophy
Hockey	Tommy Eman Gold Cup
Football	Vittal Trophy
Cricket	Vizzy Trophy
Cricket	Vijay Merchant Trophy
Rowing	Wellington Trophy
Cricket	Wills Trophy

**International Trophies**

<b>Trophies</b>	<b>Associated with</b>
Ashes	Cricket (Australia-England)
Canada Cup	Golf (World Championship)
Corbillon Cup	World Table Tennis(Women)
Davis Cup	Lawn Tennis
Derby	Horse Race (England)
Merdeka Cup	Football (Asian)played in Malaysia
Swaythling Cup	World Table Tennis(Men)
Thomas Cup	World badminton
Tunku Abdul Rahman Cup	Badminton (Asian)
Uber Cup	World Badminton (Women)
Wimbledon Trophy	Lawn Tennis (England)
Jules Rimet Trophy(thereafter called FIFA)	World Football

**Indian National Trophies**

<b>Trophies</b>	<b>Associated with</b>
Aga Khan Cup	Hockey (Western India)
Beighton Cup	Hockey (Calcutta)
D.C.M.Trophy	Football
Dhyan Chand Trophy	Hockey
Dr.B.C.Roy Trophy	National Football (Junior)
Duleep Trophy	Cricket
Durand Cup	Football
I.F.A.Shield	Football (Calcutta)
Irani Cup	Cricket
Jayalakshmi Cup	National Table Tennis Chamionship (Women)
Nehru Cup	Football
Ruia Challenge Gold Trophy	Bridge
Rangaswamy Cup	National Hockey Championship
Ranji Trophy	National Cricket Championship
Rohinton Baria Trophy	Cricket (Inter-University)
Rovers Cup	Football
Santosh Trophy	National Football Championship
Subroto Mukherji Cup	Football (Inter-School)
Vizzy Trophy	Cricket
Wellington Trophy	Rowing
Federation Cup	Football

**SPORTS AND PERSONALITIES**

<b>No.</b>	<b>Personality</b>	<b>Associated With</b>
1.	Anand Amritraj	Tennis (lawn)
2.	Ajit Wadekar	Cricket
3.	Ashok Mankad	Cricket

4.	Bhim Singh	Wrestling
5.	Bhuvaneshwari Kumari	Shooting
6.	Bill Lawry	Cricket
7.	Bishamber Singh	Wrestling
8.	Bishen Singh Bedi	Cricket
9.	Borde, Chandu	Cricket
10.	Cassius Clay	Boxing (Heavy-weight)
11.	Chandgi Ram	Wrestling
12.	Chandrasekhar, B.S.	Cricket
13.	Chaudhary, S.	Shooting
14.	Chuni Goswami	Football
15.	Cowdrey	Cricket
16.	Dara Singh	Wrestling
17.	Dawn Frazer	Swimming
18.	Dhyan Chand	Hockey
19.	Dilip Sardesai	Cricket
20.	Dipu Ghosh	Badminton
21.	Don Bradman	Cricket
22.	Emarson, Roy	Lawn Tennis
23.	Fairfax, John	Rowing
24.	Foxbury Dick	High Jump
25.	Frank Warrell	Cricket
26.	Gabriel, John	Weighlifting
27.	Gavaskar, S.	Cricket
28.	Geeta Nadkarni	Table Tennis
29.	Griffith	Cricket
30.	Gurbux Singh	Hockey
31.	Gurdial Singh	Basketball
32.	Illingworth	Cricket
33.	Imran Khan	Cricket
34.	Jackie Stewart	Car Race
35.	Jaideep Mukherjee	Lawn Tennis
36.	Jamie Paulson	Badminton
37.	Joe Frazier	Boxing
38.	Joginder Singh	Shot put
39.	Kanhai	Cricket
40.	Karnehm, Jack	Billiards
41.	Karni Singh, Maharaja	Rifle-shooting
42.	Kohli, M.S.	Mountaineering
43.	Krishnan, Ramanathan	Lawn Tennis
44.	Kapil Dev	Cricket
45.	Syed Kirmani	Cricket
46.	Rod Laver	Lawn Tennis
47.	Maharaja of Jaipur	Polo
48.	Maharaja of Bikaner	Rifle Shooting
49.	Mahender Lal	Hockey
50.	Mihir Sen	Ocean Swimming
51.	Milkha Singh	Athletics
52.	Mustaq Ali	Cricket
53.	Nawab of Pataudi	Cricket
54.	C.K. Nayudu	Cricket

55.	Neela Kulkarni	Hockey
56.	Parveen Kumar	Athletics
57.	Prema Saini	Hockey
58.	Premjit Lall	Lawn Tennis
59.	Prithipal Singh	Hockey
60.	Prakash Padukone	Bad Minton
61.	Rima Dutta	Aquatics
62.	Ruma Mukherjee	Table Tennis
63.	Sachin Tendulkar	Cricket
64.	G.Sobers	Cricket
65.	Ted Denter	Cricket
66.	Tenzing Norgay	Mountaineering
67.	Uday Chand	Wrestling
68.	Sudesh Kumar	Wrestling
69.	P.R.Umrigar	Cricket
70.	Vijat Amritraj	Lawn Tennis
71.	Viswanath	Cricket
72.	Wilson Jones	Billiards
73.	Yusuf Khan	Football
74.	Edgar Herrman	Car Race

**FIRST IN SPORTS**

First Olympic team medal	Gold for Hockey at the 1928 Summer Olympics Amsterdam, beating the Netherlands.
First Olympic individual medal (in British India)	Norman Pritchard, 1900
First Olympic individual medal	Bronze by K.D. Jadhav for wrestling at the 1952 Summer Olympic Helsinki.
First Person to swim across the English Channel	Mihir Sen,
First Women to swim across the English Channel	Mihir Sen, 1958
First Formula I race driver	Narain Karthikeyan
First Formula I team	Force India F1
First A1 GP race victory	Narain Karthikeyan, Zhuhai, China, 2007
First Asian Games organised	Delhi (1951)
<b>First in CHESS</b>	
First Chess Grandmaster	Viswanathan Anand in 1988, at the age of 18
First FIDE World Chess Champion	Viswanathan Anand in December 2000
First Undisputed World Chess Champion	Viswanathan Anand in September 2007
<b>First in TENNIS</b>	
First Tennis Grand Slam title	Mahesh Bhupati (partnering with Japanese Rika Hiraki) in the Mixed Doubles category of the 1997 French Open
First Tennis Grand Slam win by a women	Nirupama Vaidyanathan beat Italian Gloria Pizzichini in the First round of 1998 Australian Open First Women in 4th round (highest as of 2008) of a tennis
Grand Slam event	Sania Mirza in the Singles Category of the 2005 US Open
First Tennis Grand Slam	Leander Paes in the Singles category of the 1990 Wimbledon Championship.

Junior title	He is also the only medal fetcher for India in the Atlanta Olympics. He won a bronze medal, the only medal that put India in the medal tally.
First Tennis Grand Slam Junior title by a women	Sania Mirza (partnering with Russian Alisa Kleybanova) in the Doubles category of the 2003 Wimbledon Championships.
<b>First in CRICKET</b>	
First Cricket tournament	The Bombay Triangular which Later became the Bombay Quadrangular (1912-1936)
First Cricket Test Match	Against England at Lord's June,25, 1932
First Cricket Captain	CK Nayudu for the 1932 tour of England
First Cricketer to score a century	Lala Amarnath in 1933 against England in South Bombay
First Cricketer to score a triple century	Vijay Hazare
First Test Cricket cricket hat-trick	Harbhajan Singh against Austrlia in March 2001
First Cricketer World Cup Championship Win	At the 1983 Cricket World Cup
First Batsman to complete 10,000 runs in Test Cricket	Sunil Gavaskar (he was the first in the world to achieve this feat.)
First Batsman to complete 10,000 runs in ODI Cricket	Sachin Tendulkar (he was the first in the world to achieve this feat.)
First Cricketer to score 75 Test and ODI centuries	Sachin Tendulkar

**CRICKET**

- It is believed that Cricket was started in England in 1300 AD.
- It started as a game of shepherds and became popular among other classes in 18th century AD.
- After some time a club known as "Merylebone Cricket Club(MCC)" was formed at Lords in London.
- Cricket became popular in Australia due to British influence there.
- The first official cricket test match was played in the year 1877 between Australia and England in Melbourne.
- When some other countries started played Cricket Imperial Cricket Conference was formed in 1909 which gave birth to International Cricket Conference in 1956.
- The first One Day International cricket match was played in the year 1971 between England and Australia in Melbourne.
- The first World Cup on one day matches was played in 1975 in London. West Indies wont the World Cup beating Australia 17 runs.
- The apex institutions of world cricket is the 'International Cricket Council'(ICC) and its headquarters is now in Dubai from August 1, 2005. Earlier it was in Lords(England).
- Australia won the maximum of four World Cups till date.
- In India Cricket was introduced by British royalty. Parsee community of India was the first to take part in Cricket in 1848.
- Later on Parsee team visited England in 1886. Matches between European and Parsee teams, called Presidency matches, were started in Poona (now Pune) and Bombay (now Mumbai)
- Raja Bhupindra Singh of Patiala donated the Ranji Trophy in 1934 for the national championship of Cricket.
- The Board of Council for Cricket in India was formed in 1927.

**MEASUREMENT IN CRICKET.**

Length of Pitch - 22 yards (20.11 meters)



Length of Crease - 1.22 - 1.83 meters (4 ft)  
 Weight of Ball - 155 to 163 gram  
 Circumference of the Ball - 22.4-22.9 cm (9 inch)  
 Length of Bat - 96.5 cm (38 inch)  
 Width of Bat - 10.8 cm (4.25 inch)  
 Length of the Stumps - 71.1 cm (28 inch)  
 Length of Bells - 11.1 cm (each bail)

**Winner of the world Cup Cricket Since 1975.**

Year	Place	Winner	Runner Up
1975	England	West Indies	Australia
1979	England	West Indies	England
1983	England	India	West Indies
1987	India and Pakistan	Australia	England
1992	Australia and New Zealand	Pakistan	England
1996	India,Pakistan,Sri Lanka	Sri Lanka	Australia
1999	England	Australia	Pakistan
2003	South Africa	Australia	India
2007	West Indies	Australia	Sri Lanka
2011	India, Sri Lanka, Bangladesh	India	Sri Lanka

India Pakistan, Sri Lanka and Bangladesh jointly host the 2011 cricket World Cup, which comes to the sub continent after a gap of 15 years. International Cricket Cup (ICC) awarded the right to host the cricket's mega event to Asia at its meeting in Dubai on April 30,2006.

India, Pakistan and Sri Lanka were the co-hosts for the 1996 world cup.

India will host 22 matches, Pakistan 14, Sri Lanka 9 and Bangladesh 6.

The 2015 World Cup has been awarded jointly to Australia and New Zealand, while England will be the host for the 2019 edition of the Cup.

Some Important terminologies of Cricket:- played on, Appeal, Bye, Leg Bye, Power Play, Follow on, Dusara, Beamer, Hooper Shot, Lost Ball, Duck worth Luis, Retired Hurt, Chinaman, Batsman, Bowler, Wicket Keeper, Fielder, LBW (Leg Before Wicket), Catch, Hit Wicket, Throw, Maiden over, Four, Sixer, Wide, Swing, Stroke, Cover, Mid on, Mid off, Mid Wicket, over the wicket, round the wicket, Leg spinner, Off spinner, Over throw, Over slip, Gulley, Cover point, Long off, Long on, Third man, Short pitch, Hook, Dead ball, Run out, Popping crease, Pitch, Bouncer (or Bumper), Full toss, Yorker, Yorked, Googley, Wicket Maiden, Snick, Duck, Hat-Trick, Rubber, The Ashes, Scoring a Ton etc.

**ICC Twenty-20 Cricket World Cup**

- The first ICC twenty-20(T-20) World Cup Cricket held in South Africa in September (11-24), 2007
- Inaugural match was played between the host S. Africa and West Indies.
- In the final match played at Wanderers stadium in Johannesburg, India thrashed Pakistan by 5 runs and clinched the first T-20 World Cup trophy.
- M.S. Dhoni was the Captain of the Indian Team.

**BADMINTON**





- Modern Badminton was probably developed in the 17th century and obtained its name from the place 'Badminton' in Gloucestershire (England)
- The International Badminton Federation (IBF) was established in 1934.
- The trophy for the international matches was named Thomas Cup after the name of the first president of the IBF Sir George Thomas. Thomas Cup competition (for men) in 1948-49. Uber cup Championship (for women) started in 1956.
- World Badminton Championship started in 1977.

**Some Important Measurement in Badminton**

<b>Length of court</b>	44 feet
<b>Width of the court</b>	20 feet (for doubles) and 17 feet (for singles)
<b>Height of the net</b>	5 feet
<b>Weight of Shuttle cock</b>	4.74 to 5.50 gram
<b>Overall length of the Racket</b>	680 mm (2.5 ft) maximum
<b>Overall width of the Racket</b>	230 mm (9 inches) maximum
<b>Overall length of the Racket head</b>	290 mm (11.5 inches) maximum
<b>Weight of the racket</b>	85 to 140 grams

Some important terminology in Badminton :- Badminton court, End, Trans Lines, Back gallery, Service Court, Let, Forward stroke, Backward Stroke, Toss or Lob, Clear, Smash, Net Strokes, Rally, Setting, First hand or Second hand, Side out, Base of operation, Rotation, Long service, Net Fault, Double fault, Foot fault, Service break, Match Point, Set point, High service, Cross shot, Service change, Drive, Drop shot, Duce, Advance etc.

**BASKETBALL**

- The game Basketball was invented by Dr. James Naismith of USA in 1891 at Springfield College.
- International Basketball Federation was set up in 1932.
- Basketball Federation of India was formed in 1950. Its first World Championship was played in 1950.

**Some important measurements in Basketball**

<b>Length of the court</b>	28 meter
<b>Width of the court</b>	15 meter
<b>Height of the basket from ground</b>	3.05 meter
<b>Weight of the ball</b>	600 to 650 grams

Some important terminology in Basketball :- Dribbling, Front court, Second dribble, Two count stop, Travelling or shifting, Pivoting, Held ball, Jump ball, Violation, Foul, Feinting or Dodging, Shooting, Set shot, Ring, Guard point, Dead ball, Basket Rudnick, Hook Pass, Goal, Centre line, Free throw line, Onstead, Fast break, Lay-up shot, Man to man defence, Pack, Three point, Turn over, Assist, Throw, Goal Tending, Steal, Tap etc.

**FOOTBALL**

- It is believed that Football is also British origin. However, it is said that a game similar to Football was played in 500 BC by the Greeks of Spart and they called this game 'Harpaston'. The first football club of the world 'Sheffield Football Club' was founded in the year 1857 in England. Football was introduced in India by the Britishers in 1848 and the first football club of India was 'Dalhousie Club'. The indian Football Association, the oldest football association in the east, was formed in 1878. The Apex institution of football is 'Federation of Internationale de Football Association' (FIFA), which



was formed by sever countries on May 21, 1904. The headquarters of FIFA is in Paris (France). In order to distinguish this game from carrying cum kicking game i.i Rugby, it was given the name of "Soccer". This name was given to this game (Football) by an association named London Football Association which was formed in 1863 in England. The Football World Cup, organised by the FIFA, is the biggest competition.

- Football was included as a competitive game in Olympic Games officially in 1908.
- India took part in the world Olympic Football Competition in 1948 in London.
- Besides Olympic competitions, World Cup Football Championship were planned by two Frenchmen i.e. m Jules Rimet and Henry Delaunay.
- Jules Rimet was president of the French Football Federation and remained president of FIFA from 1924 to 1954.
- The first World Cup was organised at Monte Video (Uruguay) in 1930.
- The Trophy for this championship was named as "Jules Rimet Cup". This trophy became the permanent property of Brazil, as this country had won the world title third time (1958, 1962 and 1970).
- From 1974 (Xth Championship of Germany) onwards, the trophy was named as "The FIFA World Cup". This was a new trophy cast in 18 ct. gold.
- In India Indian Football Association (IFA) organised National Football Championship.
- The trophy awarded in thier competition is called Santosh Troppy, which was donated in the memory of Manmath Nath Roy Chaudhary of Santosh (now a part of Bangladesh)
- Durand Cup tournament was first organised at Shimla and is being held in Delhi since 1940.
- A new chapter was added to the annals of the country's (India's) soccer with the launch of the Football Players' Association (FPA) of India in Kolkata on August 13, 2006.
- FIFA announced (in April 17, 2007) an assistance of \$1 million to Indian football by launching 'Win in India with India' project that will initially run for a period of four year.
- The All India Football Federation (AIFF) has started the 'Goal Project' in Manipur and the second was launced in Delhi.

**World Cup: Football**

<b>Year</b>	<b>Host</b>	<b>Winner</b>	<b>Runner-up</b>	<b>Third place</b>	<b>Number of teams</b>
<b>1930</b>	Uruguay	<b>Uruguay</b>	Argentina	United States	13
<b>1934</b>	Italy	<b>Italy</b>	Czechoslovakia	Germany	16
<b>1938</b>	France	<b>Italy</b>	Hungary	Brazil	16/15
<b>1950</b>	Brazil	<b>Uruguay</b>	Brazil	Sweden	16/13
<b>1954</b>	Switzerland	<b>West Germany</b>	Hungary	Austria	16
<b>1958</b>	Sweden	<b>Brazil</b>	Sweden	France	16
<b>1962</b>	Chile	<b>Brazil</b>	Czechoslovakia	Chile	16
<b>1966</b>	England	<b>England</b>	West Germany	Portugal	16
<b>1970</b>	Mexico	<b>Brazil</b>	Italy	West	16

1974	West Germany	West Germany	Netherlands	Germany	16
1978	Argentina	Argentina	Netherlands	Brazil	16
1982	Spain	Italy	West Germany	Poland	24
1986	Mexico	Argentina	West Germany	France	24
1990	Italy	West Germany	Argentina	Italy	24
1994	United States	Brazil	Italy	Sweden	24
1998	France	France	Brazil	Croatia	32
2002	South Korea & Japan	Brazil	Germany	Turkey	32
2006	Germany	Italy	France	Germany	32
2010	South Africa	Spain	Netherlands	Germany	32
2014	Brazil	Germany	Argentina		

**Some Important Measurement of the playground**

<b>Length of the ground (Field)</b>	91 to 120 meters
<b>Width of the ground (Field)</b>	45 to 91 meters
<b>Weight of the ball</b>	396 to 453 grams
<b>cicumference of the ball</b>	98 to 71 cm

Some Important Terminology in Football :- Abbey, Dribble, Extra time, Full back, Half back, Striker, Centre, Forward, Penalty kick, Free kick, Scissor kick, Goal kick, Direct kick, Corner kick, Referee, Tie breaker, Hat trick, Hand ball, Sweeper, Back, Throw in, Hand-ball (Fault), Touch line, Place Kick, or Kick off, Direct Free Kick, Indirect Free Kick, Tackle, Off side, Sliding Tackle, Drop Ball, Sudden death, Penalty shoot out etc.]

**HOCKEY**

- Blackheath Rugby and Hockey Club' is the first hockey club in the world which was set up in the year 1861 in England.
- London ws the first city in England to popularize this game in the 1870s.
- In the year 1886, Hockey Association of England was formed in London.
- the apex institution of hockey is 'Federation Internationale de Hockey', which was established on January 7, 1924, with headquarters at Vienna (Austria), which was later shifted to Paris (France). The first International Hockey Match was played between Wales and Ireland in Rayle on June 26, 1895.
- Hockey was introduced in the Olympic Games for the first time in 1908 in London.
- Indian Hockey Federation (IHF) was formed on the 7th November, 1925 at Gwalior.



- Since 1944, National Hockey Championship is organised by the IHF every year.
- All India Women's Hockey Federation was formed in 1947.
- India took that part in Olympics for the first time in 1928 (in Amsterdam Olympics)
- In Olympics, India has won the hockey title a maximum of 8 times. The first World Cup Hockey was played in Barcelona in 1971.

Year	Place	Winner	Runners Up	India's Position
1971	Barcelona	Pakistan	Spain	Third
1972	Amsterdam	Holland	India	Second
1975	Kuala Lumpur	India	Pakistan	First
1978	Buenos Aires	Pakistan	Holland	Sixth
1982	Mumbai	Pakistan	West Germany	Fifth
1986	London	Australia	England	Twelfth
1990	Lahore	Holland	Pakistan	Tenth
1994	Sydney	Pakistan	Holland	Fifth
1998	Utrecht	Holland	Spain	Ninth
2002	Kuala Lumpur	Germany	Australia	Tenth
2006	Germany	Germany	Australia	Eleventh
2010	New Delhi	Germany	Australia	Eight
2014	Hague	Australia	Netherlands	Ninth

**Some important measurement in Hockey**

<b>No. of Players</b>	11 players in each team
<b>Length of Playing field</b>	91.44 meters
<b>Width of the Playing field</b>	50 to 55 meters
<b>Weight of the Ball</b>	155 to 163 grams
<b>Circumference of the Ball</b>	223- 224 cm
<b>Colour of the Ball</b>	White
<b>Weight of the Hockey (Stick)</b>	280 grams (max)

Some important Terminology in Hockey :- Advantage, Back-stick, Bully, Carry, Dribble, Dodge, Goal line, Green Card, Flick, Free hit, Face of Stick, Jab Stroke, Lung Stroke, Melle, Off side, Penalty shoot out, Short Corner, Striking circle or Shooting circle, Square pass, Tackling, Through pass, Under cutting, Stick, Penalty stroke, Scoop, Side line, Tie breaker, Penalty, Under cutting, Volley, Centre forward, Roll in, Push in, Shooting, Half volley, Full back etc.

**LAWN TENNIS**

- The game Tennis was introduced by Major Wingfeild in Wales in 1870.
- All England Championship (popularly known as Wimbledon Championship) started in 1877 for men only. Tennis competitions for women (in Wimbledon Championship) were introduced in 1884.

**Some important measurements in Lawn Tennis**

<b>Length of the court</b>	78 feet or 23.77 m (singles)
<b>Width of the court</b>	27 feet or 8.23 m (singles), 36 feet or 10.97 m (doubles)
<b>Height of the net</b>	3 feet (0.914 m)
<b>Weight of the ball</b>	56.0 to 59.4 gram
<b>Maximum length of the frame of the racket</b>	32 inches (81.28 cm)
<b>Colour of the ball</b>	White or Yellow

Some important terminology in Lawn Tennis :- Ace, Advantage, A let, Back hand drive, Deuce, Chip Shot, Volley, Half Volley, Let fault, Foot fault, Double Fault, Smash, Service, Grand Slam, Singles sticks, Love, Slice.

### TABLE TENNIS

- This game was started in England in 1880s. International Table Tennis Association' was established in 1926.
- The first match of the Table Tennis World Championship was played in 1927.
- Table Tennis was introduced in the Olympic Games much later in 1988 at Seoul (S. Korea).
- Table Tennis Association of India was formed in 1938.

#### Some important measurements in Table Tennis

<b>Length of the table</b>	2.74 metre (9 feet)
<b>Width of the table</b>	1.52 metre (5 feet)
<b>Height of the table</b>	76 cm
<b>Weight of the ball</b>	2.4 to 2.53 gram
<b>Diameter of the ball</b>	37.2 to 38.2 mm
<b>Colour of the ball</b>	White or Yellow

Some important terminology in Table Tennis :- Foil, End line, Late control, Flat hit, Block stroke, Service, Penholder grip, Back spin, Centre line, Half Court, Side spin, Swing stroke, Push Stroke, Rally, Let, Reverse, Top Spin, Drop shot, Lob, Chopped return, Counter hitting etc.

### VOLLEYBALL

- Volleyball, the game played with an inflated bladder and a high net was invented in 1895 at Holyoke Y.M.C.A.Gymnasium in United States of America by a Physical Director William J. Morgan.
- Its first name was 'MINTONNETTE' which was later named as Volleybal by Dr. A.T. Halsted of Springfield College because the ball had to be volleyed with hands from one side to the other.
- 'International Volleyball Association' was formed in 1947 with its headquarter in Paris (France).
- The first World Volleyball Championship was held in 1949 at Prague.
- Thr first Asain Volleyball Championship was held at Tokyo (Japan) in 1955 (India beats Japan in the final.)
- The Volleyball Federation of India was formed in 1950.

#### Some important measurement in Volleyball

<b>Length of Court</b>	18 meter
<b>Width of Court</b>	9 meter
<b>Weight of ball</b>	250 -260 grams
<b>Circumference of the ball</b>	65-67 cm
<b>Net</b>	1m (+/- 3cm) wide and 9.5 m long
<b>Net's height</b>	2.43 m (for men) and 2.24 m (for women)

**Ball Internal Pressure** 0.40 to 0.45 Kg/cm

Some important terminology in Volleyball :- Antennae, Attack hit, Back zone players, Dribbling, Libero, Front Zone players, Blocking, Smash, Rotation, Boosting, Net fault, Volley Pass, Forearm pass, Service, Hook serve, Set up, Referee etc.

### HISTORY OF COMMONWEALTH GAME

**History:** Reverend Ashley Cooper was the first person to propose the idea of having a Pan-Britannic sporting contest to foster a spirit of goodwill and understanding within the British Empire. In 1928, a key Canadian athlete, Bobby Robinson, was given the task of organizing the first ever Commonwealth Games. These Games were held in 1930, in the city of Hamilton, Ontario, Canada and saw the participation of 400 athletes from eleven countries.

Since then, the Commonwealth Games have been held every four years, except for the period during the Second World War. The Games have been known by various names such as the British Empire Games, Friendly Games and British Commonwealth Games. Since 1978, they have been known as the Commonwealth Games. Originally having only single competition sports, the 1998 Commonwealth Games at Kuala Lumpur saw a major change when team sports such as cricket, hockey and netball made their first appearance.

In 2001, the Games Movement adopted the three values of Humanity, Equality and Destiny as the core values of the Commonwealth Games. These values inspire and connect thousands of people and signify the broad mandate for holding the Games within the Commonwealth.

After Olympics, Commonwealth Games is the second largest sports festival in the world. The Games are held once in four years but only in between the Olympic years. The Games were originally known as the British Empire Games. The first Commonwealth Games were held in 1930 at Hamilton, Canada. The 10th Commonwealth Games were held at Christchurch, New Zealand in 1974, the 11th in Edmonton (Canada) in 1978, the 12th in Brisbane (Australia) in 1982, the 13th in Edinburgh (Scotland) in 1986, the 14th in Auckland (New Zealand) in 1990 and the 15th in Victoria (Canada) in 1994, where about 3,350 athletes from a record 64 nations (including South Africa, which joined the family of Commonwealth athletes after 36 years) participated. Namibia also, which gained its independence in 1990, made its debut while Hong Kong made its final appearance in the Games before being ceded to China in 1997.

#### Commonwealth Game Venues And Number Of Participating Countries

S. No	Venue	Year	No of Countries
1	Hamilton, Canada	1930	11
2	London, United Kingdom	1934	16
3	Sydney, Australia	1938	15
4	Auckland, New Zealand	1950	12
5	Vancouver, Canada	1954	24
6	Cardiff, United Kingdom	1958	35
7	Perth, Australia	1962	35
8	Jamaica, West Indies	1966	34
9	Edinburgh, United Kingdom	1970	42
10	Christchurch, New Zealand	1974	38
11	Edmonton, Canada	1978	48
12	Brisbane, Australia	1982	47
13	Edinburgh, United Kingdom	1986	26

14	Auckland, New Zealand	1990	55
15	Victoria, Canada	1994	64
16	Kuala Lumpur, Malaysia	1998	70
17	Manchester, United Kingdom	2002	72
18	Melbourne, Australia	2006	71
19	New Delhi, India	2010	71
20	Glasgow, Scotland	2014	71

### INDIAN OLYMPIC MEDAL WINNER

#### Vijay Kumar

Event: Shooting

Medal: Silver

Venue: London

Year: 2012

#### Shushil Kumar

Event: Wrestling

Medal: Silver

Venue: London

Year: 2012

#### Mery Kom

Event: Boxing

Medal: Bronze

Venue: London

Year: 2012

#### Saina Nehwal

Event: Badminton

Medal: Bronze

Venue: London

Year: 2012

#### Gagan Narang

Event: Shooting

Medal: Bronze

Venue: London

Year: 2012

#### Yogeshwar Dutt

Event: Wrestling

Medal: Bronze

Venue: London

Year: 2012

#### Abhinav Bindra

Event: Shooting

Medal: Gold

Venue: Beijing

Year: 2008

#### Sushil Kumar

Event: Wrestling

Medal: Bronze

Venue: Beijing

Year: 2008

#### Vijendra Kumar

Event: Boxing

Medal: Bronze

Venue: Beijing

Year: 2008

#### Rajyavardhan Singh Rathore

Event: Shooting (Double Trap)

Medal: Silver

Venue: Athens

Year: 2004

#### Leander Paes

Event: Tennis (Single)

Medal: Bronze

Venue: Atlanta

Year: 1996

#### Khashaba Dadasaheb Jadhav

Event: Wrestling

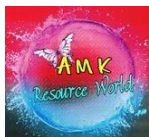
Medal: Bronze

Venue: Helsinki

Year: 1952

**VENUES (CITIES) OF SUMMER OLYMPIC**

YEAR	CITY
1896	Athens
1900	Paris
1904	St. Louis
1908	London
1912	Stockholm
1920	Antwerp
1924	Paris
1928	Amsterdam
1932	Los Angeles
1936	Berlin
1948	London
1952	Helsinki
1956	Melbourne
1960	Rome
1964	Tokyo
1968	Mexico City
1972	Munich
1976	Montreal
1980	Moscow
1984	Los Angeles
1988	Seoul
1992	Barcelona
1996	Atlanta
2000	Sydney
2004	Athens
2008	Beijing
2012	London
2016	Rio de Janeiro - Brazil

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