

## Breakfast Menu

Please help yourself to the continental breakfast buffet, where you will find:

A Selection of Cereal & Muesli

Fresh Fruit

Yoghurt

Seasonal Berries

Handmade Jam

Local Honeycomb

Fresh Fruit Juices

Fresh white, granary or malted toast will be served to your table, alongside a selection of teas or fresh filter coffee.

Hot breakfast is all cooked to order, and is made using the best local produce:

### Full Cumbrian Breakfast

Cumberland sausage, grilled local bacon, black pudding, tomato, fried egg, sautéed mushrooms and homemade potato rosti

### Eggs Benedict

Poached eggs on a toasted English muffin, served with local ham and topped with hollandaise sauce

### Smoked Salmon and Cream Cheese Bagel

A toasted bagel, with cream cheese and locally smoked salmon

### American Pancakes

Served traditionally – with crispy bacon and maple syrup – or as a sweet option, with just the maple syrup

### Grilled Kippers

Grilled kippers, served with butter and a fresh lemon wedge

### Free Range Eggs

Scrambled, boiled or poached eggs with your choice of toast

### Porridge

A good way to start the day – ours is served plain, but feel free to top it up using the continental buffet!